

Providing Compassionate Care to Patients with Mental Health Struggles

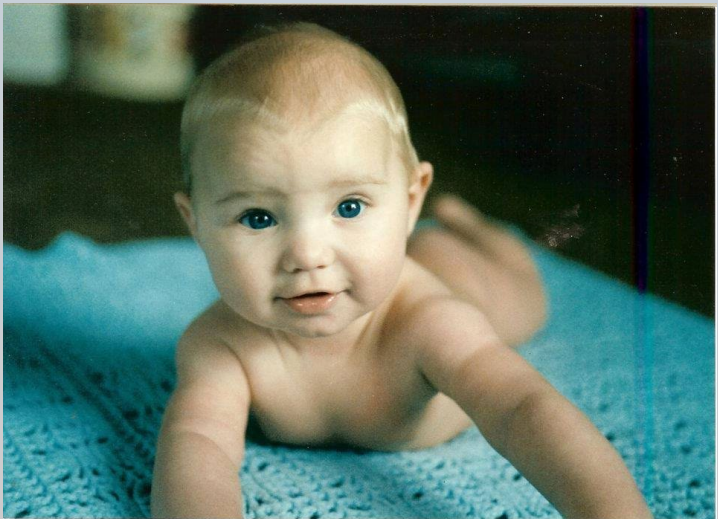
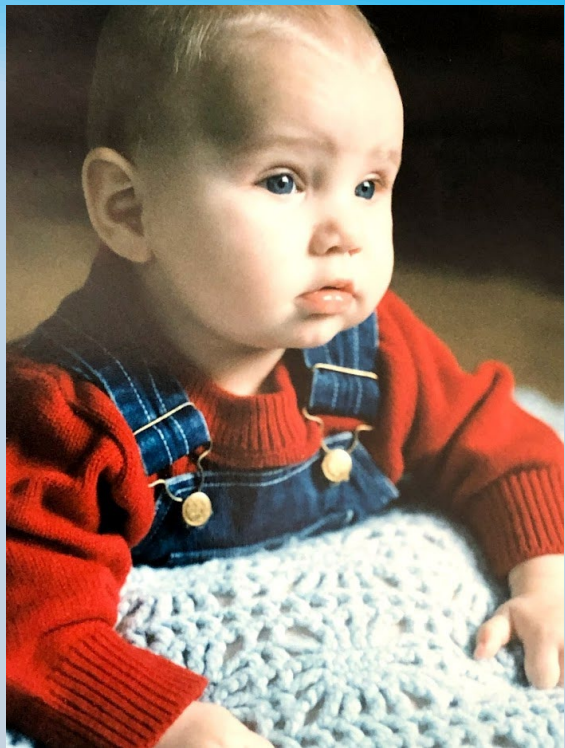
Valerie Gregg, BSN, RN, CMSRN

Hope is being able
to see that there is
light despite all of
the darkness.

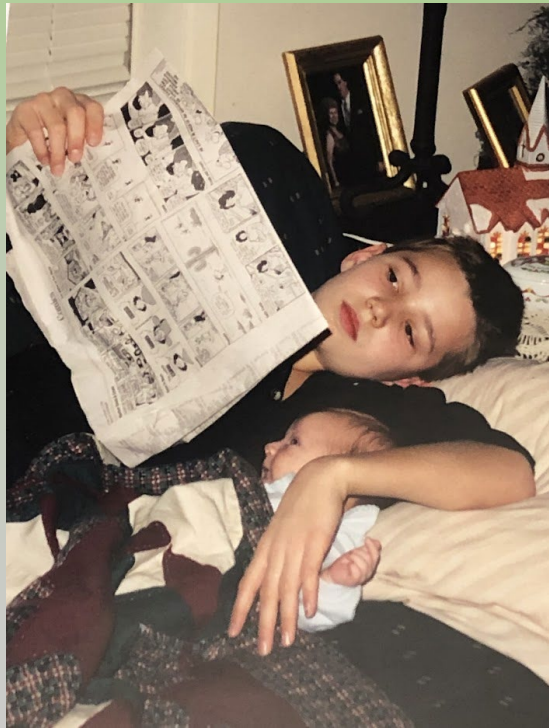
DESMOND TUTU



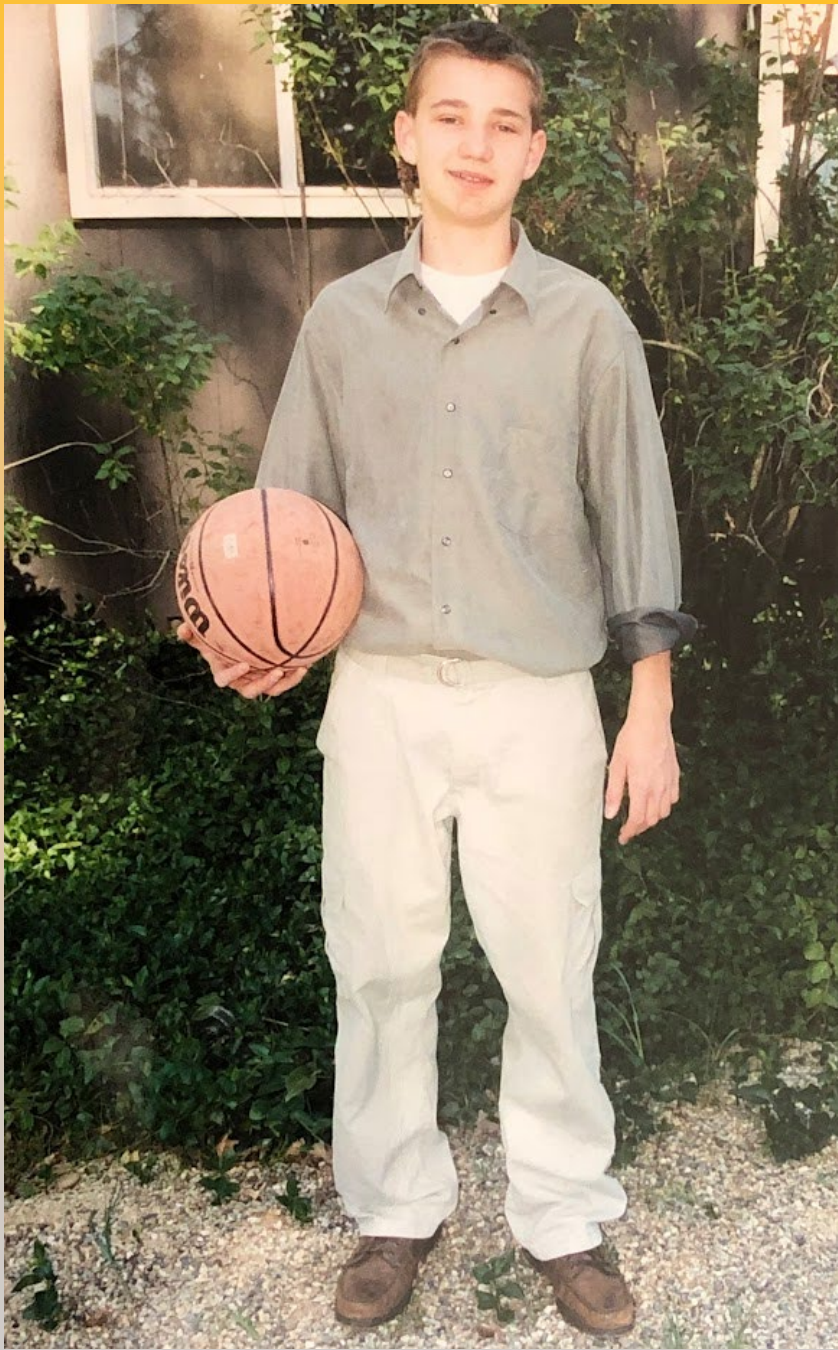
HealthyPlace.com









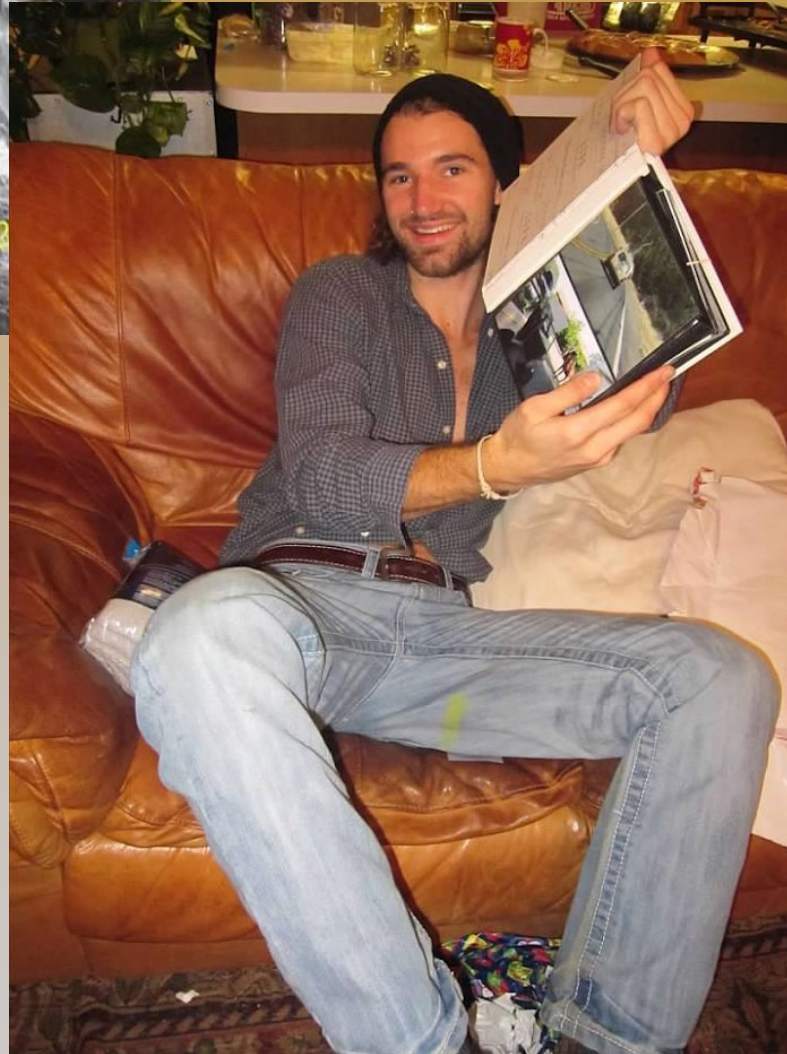








*Around the Country and
Around the World*





Giving Back to the Community





Giving Music and Dance Lessons



Just a few friends he
made on his cross-
country trip



Hospitality!



*Jake's
photos
from his
Instagram*



The world calls it insanity. I call it torment. The struggle is real and so is the enemy. That doesn't mean we give him power that is not his to have, but it does mean that we chosen warriors of light must suit up in full armor, sword in hand ready to defend those whose hope is all but gone. To bind up the broken hearted without stigmatizing them as one of the unworthies and perpetuating the madness in their heads. But instead to see a lost child of God looking for the answer but not knowing where to look, looking for love having never tasted it. So let the fruit of the Spirit grow in your heart so that you will have something to give, give freely as you have been freely given.

"The world calls it insanity. I call it torment. The struggle is real...

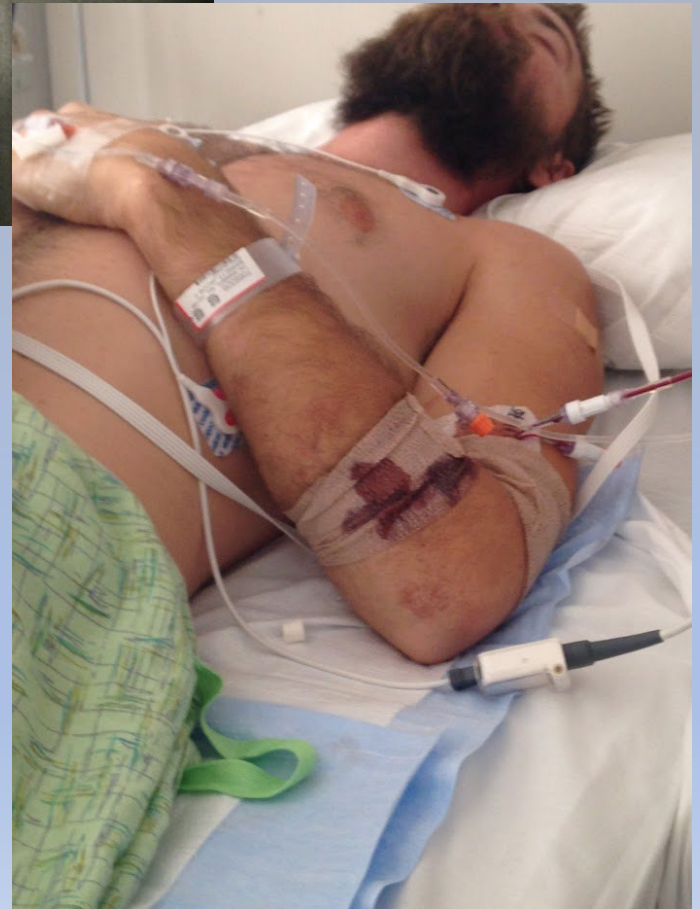
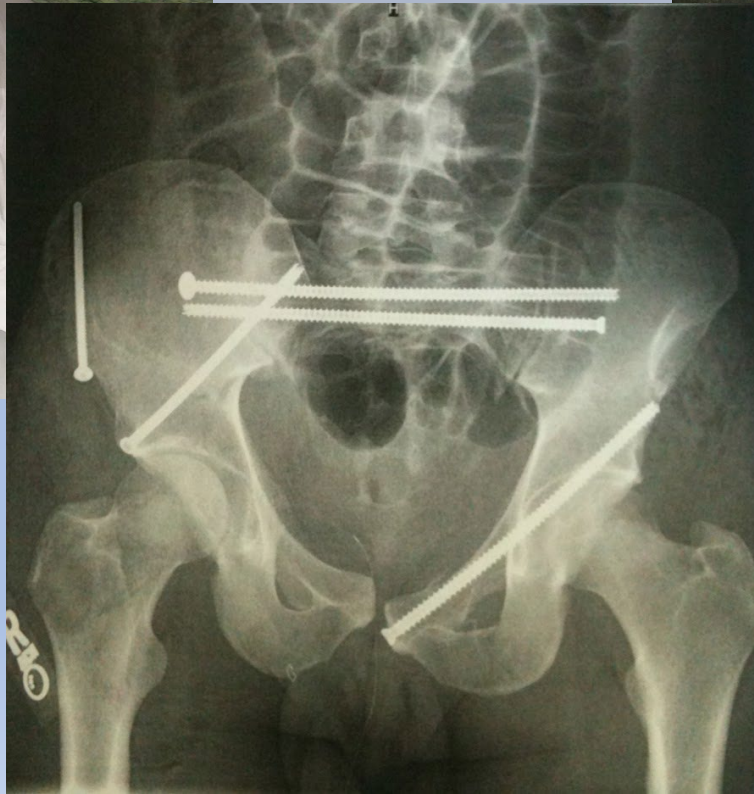
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“Bookend Boys”



Singing with Groups





https://www.youtube.com/watch?v=0_57AUW230I



MISSING



JACOB BARRETT

HEIGHT: 6'3" / EYE COLOR: BLUE

LAST SEEN AT HOME; 9:30AM, 12/4/18

CAR FOUND: FISHERMAN'S POINT

PICNIC AREA AT 10:20AM, 12/4/18





I love you. Get somewhere safe.



— Jonathan Harnisch

Points to Ponder

1. *You First - You can't take care of others if you're not taking care of you.*
2. *Expect the Unexpected - Mental health crises are unpredictable, be prepared*
3. *Your Words Matter - Reshaping our attitudes and speaking responsibly*
4. *Listen - Encourage conversation, but it's OK to be quiet and just listen*
5. *Explain Everything - Be specific and concise as much as possible*
6. *Advocate! – You may be this patient's only advocate*
7. *If They Could See Themselves Now – How would they feel about their current situation?*
8. *Somebody's Someone – These patients mean the world to someone*
9. *Encourage Support – Help them find the help they need*
10. *#LoveLikeJcub – If he could do it, so can we*



*For questions or comments, please send email to
lovelikejacob@gmail.com*

Thank you

*<https://www.youtube.com/watch?v=jlr6YlqQyJo>
[I Got Hope \(youtube.com\)](#)*