



Hilton Garden Inn, Redding
 Thursday, May 28, 2015
 12:00 p.m. – 7:30 p.m.

PHC's Managing Pain Safely – Northern Region Forum

“United to champion the use/misuse of opioids in the communities we serve”

| Time | Topic | Title | Presenter(s) |
|-----------------------|-----------------------|---|---|
| 12:00 – 1:00 p.m. | Check In & Lunch | | |
| 1:15 p.m. – 1:35 p.m. | PHC's Mission | PHC's Managing Pain Safely Initiative <ul style="list-style-type: none"> • Progress to date • Continuing efforts | Marshall Kubota, Regional Medical Director <i>Partnership HealthPlan of California</i> |
| 1:35 p.m. – 1:55 p.m. | Setting the Stage | The opioid issue in Northern California <ul style="list-style-type: none"> • Specific Northern California Data • DPH Efforts | Andrew Deckert, M.D. <i>Public Health Officer Shasta County</i> |
| 1:55 pm. – 2:15 p.m. | Prescribing Trends | How did we get here? <ul style="list-style-type: none"> • Legislative/Regulatory impact on prescribing habits • Popularity of prescription drugs • Turning the tide with practical solutions | Ivan Petrzela, PharmD, JD, MBA <i>Principal Attorney, Gemini Law President of NoRxAbuse</i> |
| 2:15 p.m. – 2:35 p.m | GROUP EXERCISE | GROUP EXERCISE | Barbara Selig, Project Manager II <i>Partnership HealthPlan of California</i> |
| 2:35 p.m. – 2:50 p.m | Break | | |
| 2:50 p.m. – 3:10 p.m. | Prescribing Practices | The Rational and Irrational use of opioids <ul style="list-style-type: none"> • Prescribing practices • Clinical use of opioids | Leonard Soloniuk, MD, Pain Specialist <i>Soloniuk Pain Center</i> |
| 10 p.m. – 3:55 p.m. | Opioid Tapering | The Art & Very Little Science of Tapering | Andrea Rubinstein, MD, Chief of Pain Mgmt. <i>Kaiser Permanente, Santa Rosa</i> |



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| 3:55 p.m. – 4:15 p.m. | GROUP EXERCISE | GROUP EXERCISE | Marya Choudhry, QI Project Manager <i>Partnership HealthPlan of California</i> |
| 4:15 p.m. – 4:30 p.m. (15 minutes) | Break | | |
| 4:30 p.m. – 5:15 p.m. | Role Playing | Initiating successful patient conversation 1) Have audience members to be the patient | Candy Stockton, MD, Medical Director <i>Shingletown Medical Center</i> |
| 5:15 p.m. – 5:35 p.m. | GROUP EXERCISE | GROUP EXERCISE | Marya Choudhry, QI Project Manager <i>Partnership HealthPlan of California</i> |
| 5:35 p.m. – 5:55 p.m. | Local Efforts | How Shasta Community Health Center is tackling the issue of opioid abuse/misuse: <ul style="list-style-type: none"> • Interventions implemented • Support for providers/prescribers | David Canton, DO, MPH, JD Chief Medical Officer <i>Shasta Community Health Center</i> |
| 5:55 p.m. – 6:15 p.m. | Local Efforts | How Shingletown Medical Center is tackling the issue of opioid prescribing changes: <ul style="list-style-type: none"> • Getting the providers on board with addressing opiate prescribing changes • What challenges/impact to anticipate | Candy Stockton, MD, Medical Director <i>Shingletown Medical Center</i> |
| 6:15 p.m. – 6:30 p.m. | What's next | The road ahead . . . | |
| 6:30 p.m. – 7:30 p.m. | Optional – Networking Dinner | | |