

#### **EVALUATION & MANAGEMENT CODING AND DOCUMENTATION**

## Part I: Six Steps to Improved Evaluation & Management Coding and Documentation:

The AMA defines six (6) steps to selecting the appropriate Evaluation & Management (E&M) code for the services you provided.

**Step 1:** Identify the Category and Subcategory of Service

There are several categories and subcategories of service. Each category represents a specific type of Evaluation & Management service, such as "Office or Other Outpatient Services."

Within each category there are subcategories that define the type of service provided with more specificity. For example, the subcategories of "Office or Other Outpatient Services" would include "New Patient" and "Established Patient." Understanding these categories and subcategories are the first step to accurate coding.

For your reference, **Table 1** below includes the current categories and subcategories as provided by the AMA. It should be noted that, while all of the codes listed are reportable, reimbursement policies may vary from carrier to carrier.

Table 1

| Category/Subcategory                              | CPT Code(s) |  |  |  |
|---|-------------|--|--|--|
| Office or Other Outpatient Services               |             |  |  |  |
| New Patient                                       | 99201-99205 |  |  |  |
| Established Patient                               | 99211-99215 |  |  |  |
| Hospital Inpatient Services                       |             |  |  |  |
| Initial Hospital Care                             | 99221-99223 |  |  |  |
| Subsequent Hospital Care                          | 99231-99233 |  |  |  |
| Observation or Inpatient Care Services (Including | 99234-99236 |  |  |  |
| Admission and Discharge Services)                 | 99238-99239 |  |  |  |
| Hospital Discharge Services                       |             |  |  |  |
| Consultations                                     |             |  |  |  |
| Office Consultations                              | 99241-99245 |  |  |  |
| Inpatient Consultations                           | 99251-99255 |  |  |  |
| Emergency Department Services                     | 99281-99285 |  |  |  |
| Critical Care Services                            |             |  |  |  |
| Adult (over 24 months of age)                     | 99291-99292 |  |  |  |
| Nursing Facility Services                         |             |  |  |  |
| Initial Nursing Facility Care                     | 99304-99306 |  |  |  |
| Subsequent Nursing Facility Care                  | 99307-99313 |  |  |  |
| Nursing Facility Discharge Services               | 99315-99316 |  |  |  |
| Nursing Facility Assessment                       | 99301-99303 |  |  |  |

#### Table 1 (continued)

| Categ  | ory/Subcategory                               | CPT Code(s) |  |  |  |  |
|--------|---|-------------|--|--|--|--|
| Domic  | riliary, Rest Home or Custodial Care Services |             |  |  |  |  |
| •      | New Patient                                   | 99321-99328 |  |  |  |  |
| •      | Established Patient                           | 99331-99337 |  |  |  |  |
| Home   | Services                                      |             |  |  |  |  |
| •      | New Patient                                   | 99341-99345 |  |  |  |  |
| •      | Established Patient                           | 99347-99350 |  |  |  |  |
| Prolon | ged Services                                  |             |  |  |  |  |
| •      | With Direct Patient Contact                   | 99354-99357 |  |  |  |  |
| •      | Without Direct Patient Contact                | 99358       |  |  |  |  |
| Physic | ian Standby Services                          | 99360       |  |  |  |  |
| Prever | ntive Medicine Services                       |             |  |  |  |  |
| •      | New Patient                                   | 99381-99387 |  |  |  |  |
| •      | Established Patient                           | 99391-99397 |  |  |  |  |
| •      | Other Preventive Medicine Services            | 99420-99429 |  |  |  |  |
| Newbo  | orn Care                                      | 99435-99436 |  |  |  |  |
| Other  | E&M Services                                  | 99499       |  |  |  |  |

**Step 2:** Review the Reporting Instructions for the Selected Category and Subcategory

Once you have selected the appropriate category and subcategory of service, based upon the services and/or care you provided, you should consult the "reporting instructions" for that section in the CPT Coding Manual.

The sections of the CPT Coding Manual will include critical guidance in understanding the appropriate use of the codes, what is included under that code, and proper reporting. In addition, the instructions will advise you if an alternate code should be used.

Reading, understanding, and following the reporting instructions will ensure that you are reporting the appropriate code based upon the services you provided.

## Step 3: Review the Level of E&M Service Descriptor Examples

Evaluation & Management (E & M) Services are comprised of seven components and include:

- 1. History (Key Component)
- 2. Examination (Key Component)
- 3. Medical Decision Making (Key Component)
- 4. Counseling
- 5. Coordination of Care
- 6. Nature of Presenting Problem
- 7. Time

The first three components (history, examination, and medical decision making) are key components. Key components are a controlling factor and are critical to determining the level of service for E & M services.

Exception: The use of "time" as a component for determining the level of service is also relevant, as it pertains to visits where the majority of time is spent on counseling or coordination of care. This is covered more specifically in Step 6.

## Step 4: Determine the Extent of History Obtained

The AMA recognizes four (4) types of history that are defined as follows:

#### **Problem Focused**

- Chief complaint
- Brief history of present illness or problem

#### **Expanded Problem Focused**

- Chief complaint
- Brief history of present illness or problem
- Problem pertinent system review

#### **Detailed**

- Chief complaint
- Extended history of present illness
- Problem pertinent system review extended to include a review of a limited number of additional systems
- Pertinent past family and/or social history directly related to the patient's problem

## Comprehensive

- Chief complaint
- Extended history of present illness
- Review of systems which directly relate to the problem(s) identified in the history of present illness
- A review of all additional body systems
- Complete past, family and social history

## **Step 5:** Determine the Extent of Examination Performed

The AMA recognizes four (4) types of examinations that are defined as follows:

#### **Problem Focused**

- A limited examination of the affected body area or organ system (Table 2).

## **Expanded Problem Focused**

- A limited examination of the affected body area or organ system and other symptomatic or related organ system(s)

#### **Detailed**

- An extended examination of the affected body area(s) or organ system and other symptomatic or related organ system(s)

## Comprehensive

- A general, multi-system examination or a complete examination of a single organ system

Table 2

| Body Areas                         | Organ Systems                       |
|------------------------------------|-------------------------------------|
| Head                               | Eyes                                |
| Neck                               | Ears, Nose, Mouth, Throat           |
| Chest, including breast and axilla | Cardiovascular                      |
| Abdomen                            | Respiratory                         |
| Genitalia, groin, buttocks         | Gastrointestinal                    |
| Each Extremity                     | Genitourinary                       |
| Back                               | Musculoskeletal                     |
|                                    | Skin                                |
|                                    | Neurologic                          |
|                                    | Psychiatric                         |
|                                    | Hematologic, Lymphatic, Immunologic |

Step 6: Determine the Complexity of Medical Decision Making

Medical decision making refers to the complexity of establishing a diagnosis and/or selecting a management option. This is measured by:

- The number of possible diagnoses and/or the number of management options that must be considered; or
- The amount and/or complexity of medical records, diagnostic tests, and/or other information that must be obtained, reviewed and analyzed; or
- The risk of significant complications, morbidity and/or mortality, as well as comorbidities associated with the patient's presenting problem(s), the diagnostic procedure(s), and/or the possible management options.

The four specific types of medical decision making are:

- 1. Straightforward
- 2. Low Complexity

- 3. Moderate Complexity
- 4. High Complexity

To qualify for a given decision-making type, <u>two of the three elements</u> in Table 3 must be met or exceeded.

Table 3

| Type of<br>Decision<br>Making | # of Diagnoses or<br>Management<br>Options | Amount and/or<br>Complexity of Data to<br>be Reviewed | Risk of Complications<br>and/or Morbidity or<br>Mortality |
|-------------------------------|--|---|---|
| Straightforward               | Minimal                                    | Minimal or none                                       | Minimal   |
| Low<br>Complexity             | Limited                                    | Limited   | Low   |
| Moderate<br>Complexity        | Multiple                                   | Moderate  | Moderate  |
| High<br>Complexity            | Extensive                                  | Extensive   | High  |

## Note: Use of Time as a Controlling Factor

The AMA also provides for an option to bill based upon counseling and coordination of care. If counseling and/or coordination of care accounted for more than 50% of the time spent face-to-face with the patient and/or family, then time may be used as the key or controlling factor. However, how the time was spent and the amount of time must be documented in the medical record.

#### Part II: Consultations

Sometimes a consultation is billed, yet the actual service provided was not a consultative service. According to the AMA, a "consultation" is defined as a type of service that:

- Is provided by a physician,
- Requires an opinion or advice regarding the evaluation and management of a specific problem, and
- Is requested by another physician or other appropriate source.

The AMA cites several other key important factors when considering the use of a consultation code.

- 1. The consultant's opinion and any services that are ordered or performed must be documented in the patient's medical record and communicated by written report to the requesting physician or other appropriate source.
- 2. A consultation initiated by a patient and/or family member, and not requested by a physician or other appropriate source, is not reported using consultation codes but may be reported using the office visit, home services, or domiciliary/rest home care codes.

#### Part III: Basic E & M Documentation Guidelines

## Why Documentation is Important

Medical documentation serves multiple purposes. However, the most important purpose is to establish a chronological record of the patient's care to ensure high-quality care. The medical record helps facilitate the following:

- The ability of the treating physician, as well as other health care professionals, to evaluate and plan the patient's immediate care and treatment, in addition to monitor health status over time,
- Communication and continuity of care among providers involved in the patient's care,
- Accurate and timely claims review and payment,
- Appropriate quality of care evaluations, and
- Protect the provider from legal issues related to allegations of fraud, waste, abuse and medical malpractice.

#### **Basic Principles of Medical Record Documentation**

- 1. There is no specific format required for documenting the components of an E&M service.
- 2. The medical record should be complete and legible.
- 3. The documentation of each patient encounter should include:
  - a. The patient's name and appropriate demographic information
  - b. The chief complaint and/or reason for the encounter and relevant history, physical examination findings and prior diagnostic results,
  - c. Assessment, clinical impression or diagnosis,
  - d. Plan for care, and
  - e. Date and a verifiable legible identity of the health care professional who provided the service.
- 4. If not specifically documented, the rationale for ordering diagnostic and other ancillary services should be able to be easily inferred.
- 5. To the greatest extent possible, past and present diagnoses and conditions should be accessible to the treating and/or consulting physician. This should include those diagnoses and conditions from the prenatal and intrapartum period that affect the newborn.
- 6. Appropriate health risk factors, including allergies, should be identified
- 7. The patient's progress, response to and changes in treatment, planned follow-up care, and instructions and diagnosis should be documented.
- 8. The Current Procedural Terminology (CPT) and International Classification of Diseases (ICD) codes reported on the health insurance claim form (CMS 1500) or billing statement should be supported by the documentation in the medical record.
- 9. Any addendum to the medical record should be dated the day the information is added to the medical record and not dated for the date the service was provided.
- 10. Documentation should be timely. A service should be documented during the visit, or soon after it is provided, in order to maintain an accurate medical record.
- 11. The confidentiality of the medical record should be fully maintained, consistent with the requirements of medical ethics and of law.

# **Appendix B: Evaluation & Management Documentation Quick Reference**

| Components             | New Patient                              |     |     |  | Established F | ed Patient    |    |     |    |    |
|------------------------|--|-----|-----|--|---------------|---------------|----|-----|----|----|
|                        | Requires 3 components within shaded area |     |     | Requires 2 components within shaded area |               |               |    |     |    |    |
| History                | PF                                       | EPF | D   | С  | С             | May not       | PF | EPF | D  | С  |
| Examination            | PF                                       | EPF | D   | С  | С             | require       | PF | EPF | D  | С  |
| Complexity of Medical  | SF                                       | SF  | L   | M  | Н             | presence of a | SF | L   | M  | Н  |
| Decision Making        |  |     |     |  |               | physician     |    |     |    |    |
| Average Time (minutes) | 10                                       | 20  | 30  | 45                                       | 60            | 5             | 10 | 15  | 25 | 40 |
| Level of Service       | I  | II  | III | IV                                       | V             | I             | II | III | IV | V  |

## KEY

| Abbreviation | Description              |
|--------------|--------------------------|
| PF           | Problem Focused          |
| EPF          | Expanded Problem Focused |
| D            | Detailed                 |
| С            | Comprehensive            |
| SF           | Straight Forward         |
| L            | Low                      |
| M            | Moderate                 |
| Н            | High                     |