

# Together for YOUR Health

Partnership HealthPlan of California and your doctor are here to keep you healthy!

PHC complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (800) 863-4155. TTY: (800) 735-2929 or 711.

Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните (800) 863-4155 ТТҮ: (800) 735-2929 or 711.

Kung nagsasalita ka ng Tagalog,

maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa (800) 863-4155. TTY: (800) 735-2929 or 711.

注意:如果您使用繁體中文,您可以免費獲得語言援助服 務。 請致電 (800) 863-4155 (TTY: (800) 735-2929 or 711).

# **WELL-CARE SERVICES FOR** YOUR FAMILY

Talk to your doctor about how you can stay healthy. Your doctor's phone number is on the front of your Partnership HealthPlan of California ID card. These are some of the services you and your family can get:

## Men

- Asthma medication management
- Blood pressure checks
- Diabetes screening and care
- Depression screening and help
- Help for drug and alcohol addiction

# Children

- Asthma medication management
- Developmental screenings
- **Immunizations**
- Infant well-care visits (0-2)
- Yearly well-child and adolescent well-care visits (3-21)



# Women

- Asthma medication management
- Birth control
- Blood pressure checks
- Breast cancer screenings
- Cervical cancer screenings
- Screenings for sexually transmitted infections
- Depression screening and help
- Diabetes screening and care
- Help for drug and alcohol addiction
- Care during and after pregnancy:
  - o Prenatal and postpartum visits
  - **Immunizations**

If you are not sure who your primary care doctor is or if you need help getting an appointment, call (800) 863-4155 8 a.m.-5 p.m. Monday-Friday.

