

# **Gender-Affirming Health Care**

FOR OUR ADULT MEMBERS



## WE'RE HERE TO HELP

Do you see yourself as transgender, non-binary, or gender-diverse?

Are you struggling to understand your gender? You are not alone. Partnership HealthPlan of California is here to help you get the care and support you need. We are your partner in health, from everyday issues to gender-related needs.

## BENEFITS

Partnership covers all medically needed Medi-Cal-covered gender health care.
Partnership can link you to doctors and specialists (health care experts) who know a lot about gender health care. Call our Care Coordination team at (800) 809-1350 to learn more.

Talk to your doctor or our Care Coordination team about these covered Partnership benefits:

- Mental health care
- Hormone replacement therapy
- Surgeries and procedures

Partnership also can link you to other resources and gender health information.



### WHAT YOU CAN DO

- Schedule a visit if you have not been to the doctor in a long time. Your doctor can make sure you get the care you need.
- Talk to your doctor about getting a referral to specialists. This can include any gender health services that are identified as a need.
- You can change doctors at any time by calling Member Services.

#### SUPPORT AND RESOURCES

- Find a local or online support group where you can meet others who may be going through and feeling the same things as you.
- Ask your doctor about mental health care, hormone treatments, or surgery.
- Take an active role in your health care. You can find support groups, legal help, and more on our webpages.

Click the link below or scan the QR code, click on your county, and then click the LGBTQ+ icon.

www.PartnershipHP.org/ Community/Pages/ Community-Resources.aspx





PartnershipHP.org