

YUBA COUNTY SUBSTANCE USE RESOURCES

YUBA COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES

Yuba County HHSA

“The Yuba County Health and Human Services Department provides a wide array of services through a diverse system of holistic programs. It is responsible for planning, managing, coordinating, and delivering a continuum of these services in a manner that is responsive to the needs of the community.”

Location: 5730 Packard Avenue, Suite 100,
Marysville, CA 95901

(530) 749-6311

Contact: (530) 749-6311

Website:

https://www.yuba.org/departments/health_and_human_services/index.php

Last verified on: 02/01/2025



ANONYMOUS SUPPORT SERVICES

Northern California Fellowship of Alcoholics Anonymous

24-Hour Hotline: (530) 225-8955

Website: <https://aanorcal.org>

Last Verified on: 02/01/2025

Al-Anon District 4 Northern California

District 4 Contact: (530) 378-9185

Website: <https://northstatealanon.org/>

Last Verified On: 02/01/2025

River Cities Area Narcotics Anonymous

Website: <https://sites.google.com/rivercities-na.org/home>

Last Verified On: 02/01/2025

ALCOHOL SUPPORT

Alcohol Rehab Help

“If you or a loved one is struggling with alcohol addiction, you can rely on us to guide you to the best rehabilitation and treatment resources.”

24/7 Helpline: (928) 436-6654

Website: <https://alcoholrehabhelp.org/>

Last Verified On: 02/01/2025



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PERINATAL SUBSTANCE USE RESOURCES

A Woman's Friend Pregnancy Resource Clinic

“A Woman’s Friend Pregnancy Resource Clinic is a licensed community care clinic providing medical consultations, pregnancy testing, ultrasound exams, STD & STI education, prenatal education, nutrition information, fetal development education, referrals and practical support. We know that you may be facing a life changing choice and our staff is here to help walk you through your options. Our registered nurses and support staff are highly trained and dedicated to meeting your health care needs. We are here to offer you a safe place to ask questions and get answers.”

Location: 961 Live Oak Blvd, Yuba City, CA 95991

Contact: (530) 741-0556

Website: <https://www.awomansfriend.org/>

Last Verified On: 02/01/2025

MotherToBaby

“We specialize in answering questions about the safety/risk of exposures, such as medications, vaccines, chemicals, herbal products, substances of abuse, maternal health conditions and much more, during pregnancy or breastfeeding. Our no-cost information service is available to mothers, health professionals, and the general public via chat, text, phone, and email in both English and Spanish.”

Contact: (866) 626-6847

Website: <https://mothertobaby.org/pregnancy-breastfeeding-exposures/>

Last Verified On: 02/01/2025

QUIT SMOKING ASSISTANCE

Kick It California

“We’re a free program that helps Californians quit tobacco and nicotine with the help of proven, science-based strategies. Take the first step toward quitting.”

Call and Chat Counseling:

English: 1-800-300-8086

Español: 1-800-600-8191

Chinese: 1-800-838-8917

Korean: 1-800-556-5564

Vietnamese: 1-800-778-8440

Quit Pouches:

<https://www.kickitca.org/pouches>

Website: <https://www.kickitca.org/>

Last Verified On: 02/01/2025

Alexa Skills Stop Vaping Coach

“With the Stop Vaping Coach skill, get quit vaping tips or sign up to speak with a quit coach.”

Website:

https://www.amazon.com/dp/B07YBTN1GY/ref=sr_1_1?keywords=stop%20vaping%20coach&qid=1569431942&s=gateway&sr=8-1&fbclid=IwAR0Bqqyt0UWfJ7MYVSYHQ2NMAbvvhO0UMkCbv7dP7vHPj9fEZwliaP-SEZI

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SUPPORT SERVICES

Colusa County Recovery

“Virtual Recovery: Anytime, Anywhere.
Welcome to Colusa County Recovery, your virtual companion and online resource. We are your launchpad to hope, shared experiences, mutual empowerment, and essential recovery tools – all from the comfort and privacy of your own space.”

Text/Call: (530) 845-2364

Email: colusacountyrecovery@gmail.com

Website:

<https://www.colusacountyrecovery.com/>

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