YOLO COUNTY DISABILITIES RESOURCES

ADULT DAY CENTERS

Yolo Adult Day Health Center

"We assist individuals and families who: have trouble with everyday tasks, need assistance in managing medication, need ongoing physical, occupational or speech therapy, are isolated, depressed, confused, or suffering memory loss due to disease or a related condition." **Location:** 20 North Cottonwood Street Woodland, CA 95695 **Contact:** (530) 666-8828 **Website:**

https://www.dignityhealth.org/sacramento/servi ces/yolo-adult-day-health-services/yolo-adultday-health-center Last Verified On: 02/11/2025

Golden Days Adult Day Health

"Provides personalized services designed to meet the needs of every patient. The dedicated health professionals offer the assistance you need while respecting your independence." **Location:** 1215 Merkley Avenue West Sacramento, CA 95691 **Contact:** (916) 371-6011 Last Verified On: 02/11/2025



ADULT PROTECTIVE SERVICES

Yolo County Adult Protective Services, Woodland

"Provides limited intervention in the form of information and referral, assessment, and case management services to elderly (65 and older) and dependent adults (18-64) who are at suffering from or at risk of abuse, exploitation, or neglect, including self-neglect." **Location:** 137 North Cottonwood Street Woodland, CA 95695 **Contact:** (530) 661-2727 **Toll Free:** (888) 675-1115 **Website:**

https://www.yolocounty.org/government/genera I-government-departments/health-humanservices/adults/adult-protective-services Last Verified On: 02/11/2025

Yolo County Adult Protective Services, West Sacramento

Location: 500 A Jefferson Boulevard, Suite 100

West Sacramento, CA 95605 **24-Hour Hotline:** (530) 661-2727 **Website:**

https://www.yolocounty.org/government/genera I-government-departments/health-humanservices/adults/adult-protective-services Last Verified On: 02/11/2025

ASSISTANCE DOGS

Canine Companions for Independence

"Providing highly trained assistance dogs and ongoing support to ensure quality partnerships." **Contact:** (800) 572-2275 **Form:** <u>http://www.cci.org/assistance-dogs/is-adog-right-for-you.html</u> **Email:** <u>info@cci.org</u> **Website:** <u>http://www.cci.org/</u> Last Verified On: 02/11/2025

Canine Companions for Independence, Jean and Charles Schulz Campus

"Providing highly trained assistance dogs and ongoing support to ensure quality partnerships." **Contact:** (707) 577-17-00 **Toll Free:** (800) 572-2275 **Form:** <u>http://www.cci.org/assistance-dogs/is-adog-right-for-you.html</u> **Email:** <u>info@cci.org</u> **Website:** <u>http://www.cci.org/</u> Last Verified On: 02/11/2025





CAREGIVERS

In-Home Supportive Services (IHSS), Woodland

"Assistance to eligible aged, blind, and disabled individuals receiving Medi-Cal benefits who are unable to remain safely in their own homes without assistance." **Location:** 25 North Cottonwood Street Woodland, CA 95695 **Contact:** (530) 661-2955 (intake line) **Website:** https://www.yolocounty.org/government/genera

I-government-departments/health-humanservices/adults/in-home-supportive-services Last Verified On: 02/11/2025

In-Home Supportive Services (IHSS), West Sacramento

Location: 500 A Jefferson Boulevard, Suite 100 West Sacramento, CA 95605 Contact: (916) 375-6200 ext. 2955 (intake line) Website: <u>https://www.yolocounty.org/healthhuman-services/adults/in-home-supportiveservices</u> Last Verified On: 02/11/2025

DISABILITY & ADVOCACY SUPPORT SERVICES

California Phones, CA Telephone Access Program

"California Phones, from the California Telephone Access Program (CTAP) provides free specialized phones and accessories for your mobile phone to all qualified Californians. These devices make it easier to hear, dial, and call. A Program of the California Public Utilities Commission." **Contact:** (800) 806-1191

Website: http://www.californiaphones.com/ Last Verified On: 02/11/2025

FINANCIAL ASSISTANCE RESOURCES

PG&E Medical Baseline Program

"Assistance program for residential customers who depend on power for certain medical and independent living needs." **Contact:** (800) 743-5000 **Website:** <u>https://www.pge.com/medicalbaseline</u>

Last Verified On: 02/11/2025



INDEPENDENT LIVING

Ability Tools

"Provide services for Californians with disabilities of all ages: AT exchange market place, device lending libraries, financial loan program for AT, information & referral, reuse program in affiliation with organizational partners."

Contact: (800) 390-2699 (option 1) **TTY:** (800) 900-0706 **Website:** <u>http://www.abilitytools.org/</u> Last Verified On: 02/11/2025

Summer House, Inc.

"Supports adults with developmental disabilities throughout Yolo County California." **Contact:** (530) 662-2763 **Email:** juliekirby@summerhouseinc.org **Website:** <u>http://summerhouseinc.org/</u> Last Verified On: 02/11/2025

Resources for Independent Living

"Promoting the socio-economic independence of persons with disabilities by providing peersupported, consumer-directed independent living services and advocacy." **Location:** 420 I Street, Level B: Suite 3 Sacramento, CA 95814 **Contact:** (916) 446-3074 **Email:** <u>https://www.ril-sacramento.org/contactus/</u>

Website: <u>https://www.ril-sacramento.org</u> Last Verified On: 02/11/2025

Department of Rehabilitation (DOR

"The California Department of Rehabilitation (DOR) works in partnership with consumers and other stakeholders to provide services and advocacy resulting in employment, independent living, and equality for individuals with disabilities."

Location: 1100 Main Street, #340 Woodland, CA 95695 Contact: (530) 668-6824 Website: <u>https://www.dor.ca.gov/</u> Last Verified On: 02/11/2025

Youth Organizing (YO!) Disabled & Proud

"Connects, organizes and educates youth with disabilities! YO! gives youth leadership opportunities, social networks, resources and more."

Location: 1000 G Street, Suite 100 Sacramento, CA 95814 Toll-Free: (866) 296-9753 TDD: (800) 900-0706

Website: <u>http://www.yodisabledproud.org/</u> Last Verified On: 02/11/2025

CalABLE

"CalABLE is a savings and investment plan offered by the state of California to individuals with disabilities."

Contact: (833) 225-2253

Email: calABLESupport@CalABLE.ca.gov Website: <u>https://calable.ca.gov/</u> Last Verified On: 02/11/2025





NON-TRAUMATIC AND TRAUMATIC BRAIN INJURY (TBI) RESOURCES

American Stroke Association

"The American Stroke Association is dedicated to prevention, diagnosis and treatment to save lives from stroke: ...guide healthcare professionals and provide information to enhance the quality of life for stroke survivors." **Stroke Family Warmline**: (888) 478-7653 **Website:**

http://www.strokeassociation.org/STROKEOR G/

Last Verified On: 02/11/2025

American Veterans with Brain Injury (AVBI)

"AVBI is an organization that offers support to the families of American service members and Veterans who have sustained brain injuries through a web-based peer support network and information. ... AVBI members have access to web-based exercise programs to improve brain health and cognitive performance. These programs encourage selfimprovement & recovery of service members & veterans who have sustained a brain injury. There are many other programs and supports for those with brain injury through AVBI." **Website:** <u>http://www.avbi.org/</u> Last Verified On: 02/11/2025

Brain and Spinal Cord Injury Resource Center

BrainandSpinalCord.org is a resource for brain and spinal cord injury survivors and their families to learn more information about medical conditions, rehabilitation, and legal options."

Contact: (866) 510-5970 Website: <u>http://www.brainandspinalcord.org/</u> Last Verified On: 02/11/2025

Brain Injury.com

"Brain Injury.com is the largest collection of medical and legal information about brain injury on the web. This website provides a nationwide network of legal services to serve those with cases involving brain injury, and they provide cutting edge information for those in need." **Contact**: (866) 882-7246

Website: <u>http://www.braininjury.com/</u> Last Verified On: 02/11/2025

Brain Injury Association of America (BIAA)

"BIAA's mission is to advance awareness, research, treatment, and education and to improve the quality of life for all people affected by brain injury." Phone: (703) 761-0750

Website: <u>https://www.biausa.org/</u> Last Verified On: 02/11/2025

Brainline

"BrainLine offers information and support to anyone whose life has been affected by brain injury or PTSD: people with brain injuries, their family and friends, and the professionals who work with them. BrainLine also provides military-specific information and resources on traumatic brain injury and post-traumatic stress disorder (PTSD) to veterans, service members, and their families."

Website: <u>http://www.brainline.org/</u> Last Verified On: 02/11/2025





VISUAL IMPAIRMENT RESOURCES

CDSS Department of Social Services Blind Services

"The Office of Services to the Blind (OSB) provides information and referral on services, programs, entitlements, and products of benefit to individuals who are blind or low vision and their families or service providers. OSB staff assists such individuals in understanding the availability of services, their eligibility for services, and the purpose and scope of the various service programs."

Contact: (916) 657-3327

Website: <u>https://www.cdss.ca.gov/blind-</u> services

Last Verified On: 02/11/2025

Free Slate and Stylus Program National Federation of the Blind

"The National Federation of the Blind will distribute a plastic, four-line, twenty-eight cell slate along with a saddle stylus to those that need them. That includes those that are blind and low vision who know Braille or want to learn Braille."

Contact: (410) 659-9314

Website: <u>https://www.nfb.org/programs-</u> services/free-slate-and-stylus-program Last Verified On: 02/11/2025

Free White Cane Program National Federation of the Blind

"The white cane gives blind people the ability to achieve a full and independent life, allowing us to travel freely and safely." **Contact**: (410) 659-9314 **Website**: https://www.nfb.org/programs-

services/free-white-cane-program Last Verified On: 02/11/2025

