

YOLO COUNTY CRISIS RESOURCES

Available resources and services for those experiencing a crisis.

In the case of a life threatening emergency, call 911.

CRISIS LINES

24/7 Yolo County Mental Health Services, Davis

“Screening Process for obtaining mental health services begins with a Mental Health and Substance Use Disorder Screening.”

Locations:

600 A Street, Suite A
Davis, CA 95616

Toll Free: (888) 965-6647

TDD: (800) 735-2929

Website:

<https://www.yolocounty.org/government/general-government-departments/health-human-services/mental-health/mental-health-services>

Last Verified On: 02/07/2025

24/7 Yolo County Mental Health Services, West Sacramento

“Screening Process for obtaining mental health services begins with a Mental Health and Substance Use Disorder Screening.”

Locations:

500 B Jefferson Boulevard, Suite 150
West Sacramento, CA 95606

Toll Free: (888) 965-6647

TDD: (800) 735-2929

Website:

<https://www.yolocounty.org/government/general-government-departments/health-human-services/mental-health/mental-health-services>

Last Verified On: 02/07/2025

Yolo County Adult Protective Services, West Sacramento

Location: 500 A Jefferson Boulevard, Suite
100 West Sacramento, CA 95605

Intake Line 24/7: (530) 661-2727

Website: <https://www.yolocounty.org/health-human-services/adults/adult-protective-services>

Last Verified On: 02/07/2025



24/7 Yolo County Mental Health Services, Woodland

“Screening Process for obtaining mental health services begins with a Mental Health and Substance Use Disorder Screening.”

Locations:

137 North Cottonwood Street
Woodland, CA 95695

Toll Free: (888) 965-6647

TDD: (800) 735-2929

Website:

<https://www.yolocounty.org/government/general-government-departments/health-human-services/mental-health/mental-health-services>

Last Verified On: 02/07/2025

Yolo County Adult Protective Services, Woodland

Location: 137 North Cottonwood Street
Woodland, CA 95695

Intake Line 24/7: (530) 661-2727

Toll Free: (888) 675-1115

Website: <https://www.yolocounty.org/health-human-services/adults/adult-protective-services>

Last Verified On: 02/07/2025

ASK – Teen/Runaway Line

Davis: (530) 753-0797

West Sacramento: (916) 371-3779

Woodland: (530) 668-8445

Last Verified On: 02/07/2025

YOLO COUNTY CRISIS RESOURCES

CRISIS LINES

Yolo County Suicide Prevention, 24-Hour Crisis Lines

“Confidential telephone counseling and referral information is provided any time of day or night by trained crisis volunteers. Immediate crisis intervention over the phone can decrease the need for more intensive counseling services.”

Toll-Free: (888) 233-0228

Davis: (530) 756-5000

Woodland: (530) 666-7778

West Sacramento: (916) 372-6565

Website:

<http://www.suicidepreventionyolocounty.org/>

Last Verified On: 02/07/2025

Empower Yolo Sexual Assault/Domestic Violence Crisis

“Trained advocates are available 24/7 to provide crisis intervention, emotional support, advocacy, information, and referrals.”

West Sacramento: (916) 371-1907

Woodland: (530) 662-1333

Website: <https://empoweryolo.org/>

Last Verified On: 02/07/2025

Mental Health Urgent Clinic

Location: 500 Jefferson Boulevard
West Sacramento, CA 95605

Contact: (855) 897-2033

Hours: 12:00pm – 9:00pm, Monday-Saturday

Website: <https://www.yolocounty.org/health-human-services/mental-health/mental-health-services>

Last Verified On: 02/07/2025

National Maternal Mental Health Hotline

“Free, confidential, 24/7 mental health support for moms and their families before, during, and after pregnancy. We have English- and Spanish-speaking counselors.”

Call/text: 1 (833) 852-6262

Website: <https://mchb.hrsa.gov/national-maternal-mental-health->

[hotline/faq#:~:text=Call%20or%20text%20the%20National,%2D833%2D852%2D6262](https://mchb.hrsa.gov/national-maternal-mental-health-hotline/faq#:~:text=Call%20or%20text%20the%20National,%2D833%2D852%2D6262)

Last Verified On: 02/07/2025

National Alliance on Mental Illness (NAMI), NAMI Yolo County

“We educate, advocate, listen, and lead.”

Contact: (530) 756-8181

Email: friends@namiyolo.org

Website: <https://www.nami.org/Local-NAMI/Details?state=XX&local=0011Q000022G9vIQAS>

Last Verified On: 02/07/2025

National Suicide Prevention Lifeline, English

“Provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.”

Contact: (800) 273-8255

Website: <https://suicidepreventionlifeline.org/>

Last Verified On: 02/07/2025

National Suicide Prevention Lifeline, Spanish

“Lifeline ofrece 24/7, gratuito servicios en español, no es necesario hablar ingles si usted necesita ayuda.”

Contact: (888) 628-9454

Website:

<https://suicidepreventionlifeline.org/help-yourself/en-espanol/>

Last Verified On: 02/07/2025

Your Life Your Voice

“If you are having thoughts of harming yourself or you are being abused, please call us. These are serious issues that are best handled in one-on-one conversations with counselors. Counselors are ready for your call 24/7.”

Contact: (800) 448-3000

Text: VOICE to 20121

Website:

<https://www.yourlifeyourvoice.org/Pages/home.aspx>

Last Verified On: 02/07/2025



YOLO COUNTY CRISIS RESOURCES

DOMESTIC VIOLENCE & ABUSE RESOURCES

Empower Yolo

“Trained advocates are available 24/7 to provide crisis intervention, emotional support, advocacy, information, and referrals.”

24-Hour Crisis Line: (530) 662-1133

24-Hour Crisis Line: (916) 371-1907

Main Line: (530) 661-6336

Website: <http://empoweryolo.org/crisis-support/>

Last Verified On: 02/07/2025

Empower Yolo, Dowling Center

“Trained advocates are available 24/7 to provide crisis intervention, emotional support, advocacy, information, and referrals.”

Location: 175 Walnut Street

Woodland, CA 95695

Contact: (530) 661-6336

Website: <http://empoweryolo.org/>

Last Verified On: 02/07/2025

EMERGENCY CHILD RESPITE SERVICES

Empower Yolo, Knights Landing Resource Center

“Trained advocates are available 24/7 to provide crisis intervention, emotional support, advocacy, information, and referrals.”

Location: 9586 Mill Street

Knights Landing, CA 95645

Contact: (530) 735-1776

Website: <http://empoweryolo.org/>

Last Verified On: 02/07/2025

Empower Yolo, West Sacramento

“Trained advocates are available 24/7 to provide crisis intervention, emotional support, advocacy, information, and referrals.”

Location: 1025 Triangle Court, Suite 600

West Sacramento, CA 95645

Website: <http://empoweryolo.org/>

Last Verified On: 02/07/2025

Empower Yolo, D-Street House

“Trained advocates are available 24/7 to provide crisis intervention, emotional support, advocacy, information, and referrals.”

Location: 441 D Street

Davis, CA 95616

Contact: (530) 757-1261

Website: <http://empoweryolo.org/>

Last Verified On: 02/07/2025

Love is Respect

“Love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources.”

Contact: (866) 331-9474

Text: LOVEIS to 22522

Website: <https://www.loveisrespect.org/>

Last Verified On: 02/07/2025

Yolo Crisis Nursery

“Provides safe, temporary care for children up through age 5. We help parents manage emergencies, keep up with their jobs, learn a new job, get medical care, or just get a break.”

Location: 1107 Kennedy Place, Suite 5

Davis, CA 95616

Contact: (530) 758-6680

Email: info@yolocrisisnursery.org

Website: <http://www.yolocrisisnursery.org>

Last Verified On: 02/07/2025

YOLO COUNTY CRISIS RESOURCES

PET SERVICES

CDSS Assistance Dog Special Allowance Program

“The California Department of Social Services offers the Assistance Dog Special Allowance, which provides a monthly stipend of \$50 to eligible people who use a guide, service, or signal dog. The allowance is to help cover the food, grooming, and health costs of the dog.”

Contact: 916-657-2628

Website: <https://www.cdss.ca.gov/assistance-dogs>

Last Verified On: 02/07/2025

Find My Lost Pet

“Find an animal lost in times of disaster”

Website: <https://www.findmylostpet.com/>

Last Verified On: 02/07/2025

Finding Rover

“Making sure they all get home.”

Website: <https://findingrover.com/>

Last Verified On: 02/07/2025

PROTECTIVE SERVICES

Yolo County Adult Protective Services, Reporting Lines

“Adult Protective Services (APS) is a state-mandated program that provides limited intervention in the form of information and referral, assessment, and case management services to elderly (65 and older) and dependent adults (18-64) who are at suffering from or at risk of abuse, exploitation, or neglect, including self-neglect.”

Location: 137 North Cottonwood Street
Woodland, CA 95695

Contact: (530) 661-2727

Toll Free: (888) 675-1115

After Hours Emergency: 911

Website:

<https://www.yolocounty.org/government/general-government-departments/health-human-services/adults/adult-protective-services>

Last Verified On: 02/07/2025

Pet Harbor

“Our goals are to benefit the animals by providing mechanisms for them to be adopted if they are available or found if they are lost...Benefit the public by empowering them to adopt a new animal companion, find a lost pet or re-unite an owner with a lost pet that we have found...”

Website: <http://petharbor.com/>

Last Verified On: 02/07/2025

RedRover Domestic Violence Safe Escape Grant

“The Safe Escape grant program helps families with pets safely escape domestic violence together.”

Application: <https://redrover.org/relief/dv-safe-escape-grants/safe-escape-application/>

Website: <https://redrover.org/relief/dv-safe-escape-grants/>

Last Verified On: 02/07/2025

Child Welfare Services (CPS), Yolo County

“Intervenes on behalf of children who need protection from abuse and neglect.”

Abuse Reporting Hotline: (530) 669-2345

Emergency: 911

Online Form:

<https://www.yolocounty.org/home/showdocument?id=55319>

Website:

<https://www.yolocounty.org/government/general-government-departments/health-human-services/children-youth/child-welfare-services-cws>

Last Verified On: 02/07/2025

SEXUAL ASSAULT RESOURCES

National Sexual Violence Resource Center, NSVRC

“NSVRC provides research & tools to advocates working on the frontlines to end sexual harassment, assault, and abuse with the understanding that ending sexual violence also means ending racism, sexism, and all forms of oppression.”

Contact: (877) 739-3895

Website: <https://www.nsvrc.org/>

Last Verified On: 02/07/2025

Helping Survivors

“Helping Survivors is an organization on a mission to help heal, educate, and empower people who have been impacted by sexual assault and abuse. We provide individuals with accurate, trustworthy and up-to-date information regarding their legal, financial, and healthcare options for individuals after experiencing sexual assault and abuse.”

National Sexual Assault Hotline: (800) 656-4673

Website: <https://helpingsurvivors.org/>

Last Verified On: 02/07/2025

RAINN

“RAINN (Rape, Abuse & Incest National Network...in partnership with more than 1,000 local sexual assault service providers across the country and operates the DoD Safe Helpline for the Department of Defense.

RAINN also carries out programs to prevent sexual violence, help survivors, and ensure that perpetrators are brought to justice.”

National Sexual Assault Hotline: (800) 656-4673

Website: <https://www.rainn.org/>

Last Verified On: 02/07/2025