

TEHAMA COUNTY SUBSTANCE USE RESOURCES

TEHAMA COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES

“Tehama County Health Services Agency promotes healthy communities and offers assessments, treatment planning, medication assisted treatment for opioid & alcohol use, group counseling, women only groups, child care, youth under eighteen groups, case management, family education and recovery support in a safe confidential environment.”

Substance Use Recovery Services

“Provide substance use disorder education, prevention, screening, assessment, outpatient and intensive outpatient treatment (i.e. gender specific treatment groups, co-occurring substance use, behavioral health groups, dual diagnosis community support groups), care coordination, and recovery services to Tehama County residents.”

Location: 1850 Walnut Street
Red Bluff, CA 96080

Contact: (530) 527-8491

Website:

<https://www.tehamacohealthservices.net/services/substance-use-recovery-services/>

Last Verified On: 10/20/2023

Tobacco Use Prevention

“The mission of the California Tobacco Control Program is to keep tobacco out of the hands of youth, help tobacco users quit, and assist everyone in being able to live, work, and play in tobacco free environments.”

Location: 1850 Walnut Street
Red Bluff, CA 96080

Contact: (530) 527-8491

Website:

<https://www.tehamacohealthservices.net/prevention/tobacco/>

Last Verified On: 10/20/2023



Prevention Project

“School-based student-driven activities, where students identify projects that promote pro-social behavior and/or the prevention of drug and alcohol use.”

Location: 1850 Walnut Street
Red Bluff, CA 96080

Contact: (530) 527-7893

24 Hr. Crisis Access Line: 1-800-240-3208

Website:

<https://www.tehamacohealthservices.net/prevention/substance-use-prevention/>

Last Verified On: 10/20/2023

Treatment Courts

“Provide behavioral health, substance use treatment, and recovery services to individuals who are involved in the criminal justice system and who have been identified as having a mental illness and/or substance use disorder. We provide an alternative to incarceration.”

Location: 1850 Walnut Street
Red Bluff, CA 96080

Contact: (530) 527-8491

<https://www.tehamacohealthservices.net/services/treatment-courts/>

Last Verified On: 10/20/2023



TEHAMA COUNTY SUBSTANCE USE RESOURCES

ANONYMOUS SUPPORT SERVICES

Northern California Fellowship of Alcoholics Anonymous

24-Hour Hotline: (530) 225-8955

Website: <https://aanorcal.org>

Last Verified On: 10/20/2023

Al-Anon District 4 Northern California

“Offering help and hope for anyone who has ever been affected by someone else's drinking. Serving Lassen, Modoc, Shasta, Siskiyou, Tehama & Trinity Counties.”

District 4 Contact: (530) 378-9185

Website: <https://norcal-al-anon.blogspot.com/>

Last Verified On: 10/20/2023

River Cities Area of Narcotics Anonymous

Website: <http://www.rivercitiesna.org/>

Last Verified On: 10/20/2023

Tehama County Co-Dependents (CoDa) Anonymous

Website: <http://locator.coda.org>

Last Verified On: 10/20/2023

PERINATAL SUBSTANCE USE RESOURCES

Pregnant and Parenting Women

“Provide gender specific Substance Use Recovery services to pregnant and/or parenting mothers who want a healthy Drug & Alcohol-free life for themselves and their children.”

Contact: (530) 527-7893

Website:

<https://www.tehamacohealthservices.net/services/substance-use-recovery-services/pregnant-parenting-women/>

Last Verified On: 10/20/2023

Home Visiting: Healthy Beginnings/Families of Tehama

“Home visiting programs help to strengthen and nurture parent-child relationships by providing parents with resources and connecting them to support systems within the community. Screenings for substance use.”

Contact:

Website:

<https://www.tehamacohealthservices.net/prevention/home-visiting/>

Last Verified On: 10/20/2023

MotherToBaby

“We specialize in answering questions about the safety/risk of exposures, such as medications, vaccines, chemicals, herbal products, substances of abuse, maternal health conditions and much more, during pregnancy or breastfeeding.”

Contact: (866) 626-6847

Website: <https://mothertobaby.org/pregnancy-breastfeeding-exposures/>

Last Verified On: 10/20/2023

LifeNet: Family Resource and Pregnancy Center

“LifeNet is a non-profit lay counseling and pregnancy help center offering support and accurate information to girls, women, or men regarding their pregnancy, sexual health, and relationships. All our services are free and confidential.”

Location: 715 Jackson Street Suite B
Red Bluff, CA 96080

Contact: (530) 727-9888

Website: <https://lifenethelp.org/>

Last Verified On: 10/20/2023



TEHAMA COUNTY SUBSTANCE USE RESOURCES

ALCOHOL SUPPORT

Alcohol Rehab Help

“If you or a loved one is struggling with alcohol addiction, you can rely on us to guide you to the best rehabilitation and treatment resources.”

24/7 Helpline: (928) 436-6654

Website: <https://alcoholrehabhelp.org/>

Last Verified On: 10/20/2023

Celebrate Recovery Ministries

Assembly of God

“The purpose of Celebrate recovery is to fellowship and celebrate God’s healing power in our lives through the 12 Steps and 8 Recovery Principles.”

Location: 625 Luther Road
Red Bluff, CA 96080

Contact: (530) 527-0445

Website: <https://www.highpointassembly.org/>

Last Verified On: 10/25/2023

ALCOHOL SUPPORT, Continued

Neighborhood Church of Anderson/Cottonwood

“Neighborhood Recovery is for anyone who feels stuck in life, trapped by either their circumstances or addictions.”

Location: 4684 Rhonda Road
Anderson, CA 96007

Contact: (530) 378-9025

Website:

<https://neighborhoodac.org/ministries/neighborhood-recovery>

Last Verified On: 10/23/2023

QUIT SMOKING ASSISTANCE

Kick It California

“We’re a free program that helps Californians quit tobacco and nicotine with the help of proven, science-based strategies. Take the first step toward quitting.”

Call and Chat Counseling:

English: 1-800-300-8086

Español: 1-800-600-8191

Chinese: 1-800-838-8917

Korean: 1-800-556-5564

Vietnamese: 1-800-778-8440

Quit Pouches:

<https://www.kickitca.org/pouches>

Website: <https://www.kickitca.org/>

Last Verified On: 09/04/2024

Alexa Skills Stop Vaping Coach

“With the Stop Vaping Coach skill, get quit vaping tips or sign up to speak with a quit coach.”

Website:

https://www.amazon.com/dp/B07YBTN1GY/ref=sr_1_1?keywords=stop%20vaping%20coach&qid=1569431942&s=gateway&sr=8-1&fbclid=IwAR0Bqqyt0UWfJ7MYVSYHQ2NMAbvvhO0UMkCbv7dP7vHPj9fEZwliaP-SEZI

Last Verified On: 10/20/2023



TEHAMA COUNTY SUBSTANCE USE RESOURCES

TREATMENT PROVIDERS

The Salvation Army: Adult Rehabilitation

“A faith-based work therapy program for those struggling with alcohol and substance abuse.”

Contact: (530) 342-2199

Website:

<https://www.salvationarmyusa.org/usn/rehabilitation/>

Last Verified On: 10/23/2023

STANS Wellness & Recovery Center: Northern Valley Catholic Social Service

“Peer-driven center available to adult and older adult members of the community living with persistent mental health challenges. Recovery-oriented activities and services.”

Location: 1900 Walnut Street Building J
Red Bluff, CA 96001

Contact: (530) 691-2966

Website: <https://nvcss.org/programs/stans-wellness-recovery-center/>

Last Verified On: 10/20/2023

Project RESTORE: Empower Tehama

“If you’re between the ages of 18 and 30, have a mental health or substance abuse issue and have been charged with a crime or any legal infraction, either as a juvenile or an adult – you are eligible to schedule an assessment for PROJECT RESTORE, a program designed to provide young adults with wraparound services to change the direction of their lives.

Services include Group and individual therapy, access to mental health, substance use recovery and anger management services, referrals to Job training center, flexible housing assistance and connections to other helpful resources.”

Location: 2842 South Market Street
Redding, CA 96001

Contact: (539) 727

Website: <https://empowertehama.org/project-restore>

Last Verified On: 10/23/2023

MEDICATION ASSISTED TREATMENT PROGRAMS (MAT) & NARCOTIC TREATMENT PROGRAMS (NTP)

Medication Support Services: Tehama County Health Services Agency

“Provide clients with ongoing support, monitoring, education, and other resources necessary to ensure adherence to medication treatment plans. The need for Medication Assisted Treatment is determined by a thorough Substance Use Assessment and referral to a medical provider.”

Location: 1850 Walnut Street
Red Bluff, CA 96080

Contact: (530) 527-8491

Website:

<https://www.tehamacohealthservices.net/services/medication-support-services/>

Last Verified On: 10/20/2023

Corning Healthcare District: Tehama County Health Services Agency

“Addiction Recovery Services.”

Location: 275 Solano St Suite 103
Corning, CA 96021

Contact: (530) 824-5451

Website:

<https://www.corninghealthcaredistrict.com/services>

Last Verified On: 10/20/2023

Vista Way in Red Bluff: Tehama County Health Services Agency

Addiction Treatment

Location: 1445 Vista Way
Red Bluff, CA 96080

Contact: (530) 527-5500

Last Verified On: 10/20/2023



TEHAMA COUNTY SUBSTANCE USE RESOURCES

SUPPORT SERVICES

Colusa County Recovery

“Virtual Recovery: Anytime, Anywhere.

Welcome to Colusa County Recovery, your virtual companion and online resource. We are your launchpad to hope, shared experiences, mutual empowerment, and essential recovery tools – all from the comfort and privacy of your own space.”

Text/Call: (530) 845-2364

Email: colusacountyrecovery@gmail.com

Website:

<https://www.colusacountyrecovery.com/>

Last Verified On: 07/09/2024