



# TEHAMA COUNTY SENIOR RESOURCES



## TEHAMA COUNTY ADULT PROTECTIVE SERVICES

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### **Tehama County DSS – Adult Protective Services**

“Aims to maintain the health and safety of elder and dependent adults who are victims of abuse or neglect. APS investigates reports of abuse involving elder adults (ages 60 and older) and dependent adults (ages 18-59 with disabilities).”

**Location:** 310 S. Main Street  
Red Bluff, CA 96080

**Contact:** (530) 527-1911

**After- Hours Abuse Hotline:** (800) 323-7711

**Website:**

<https://www.tcdss.org/index.php/adult-services>

Last Verified On: 03/14/2025

## ADULT DAY CENTERS

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### **NORTH VALLEY SERVICES - DAYTIME ACTIVITY CENTER**

“North Valley Services is dedicated to promoting opportunities for persons with disabilities in the environment of their choice.”

**Location:** 350 Vista Way, Red Bluff, CA 96080

**Contact:** (530) 527-6905

Last Verified On: 03/14/2025



# TEHAMA COUNTY SENIOR RESOURCES

## ADULT ADVOCACY PROGRAMS

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### Corning Healthcare District – Elder Services

“Information about senior health and safety, nutrition, caregiver referrals, advance directives and physical activities. Referrals to local services. HICAP (Health Insurance Counseling and Advocacy Program) - Medicare guidance.”

**Location:** 175 Solano Street  
Corning, CA 96021

**Contact:** (530) 824-5451

**Website:**

<https://www.corninghealthcaredistrict.com/>

Last Verified On: 03/14/2025

## HOSPICE & PALLIATIVE CARE

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### St. Elizabeth Community Hospital

“Hospice care focuses on the patient and highlights the quality rather than the length of life. It affirms life and does not hasten nor postpone death. St. Elizabeth Hospice nurses help their patients to continue an alert, pain-free life and to manage other symptoms so that their last days may be spent with dignity and quality, surrounded by their loved ones.”

**Location:** 2550 Sister Mary Columba Drive  
Red Bluff, CA 96080

**Contact:** (530) 529-8000

**Website:** <https://www.dignityhealth.org/north-state/locations/stelizabethhospital>

Last Verified On: 03/14/2025

## HOUSING FOR SENIORS

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### Senior Guidance

“SeniorGuidance.org provides comprehensive resources on various senior living options.”

**Contact:** (888) 595-9101

**Website:**

<https://www.seniorguidance.org/senior-housing/california/tehama-county.html>

Last Verified: 03/14/2025



# TEHAMA COUNTY SENIOR RESOURCES

## IN-HOME SUPPORTIVE SERVICES (IHSS)

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### Tehama County DSS - In-Home Supportive Services

“The IHSS program is for eligible Medi-Cal elderly and disabled individuals who need assistance with activities so they can remain safely in their home.”

**Location:** 310 S. Main Street  
Red Bluff, CA 96080

**Website:**

<https://www.tcdss.org/index.php/how-do-i/apply-for-ihss>

**Contact:** (530) 527-4836

Last Verified: 03/14/2025

## SENIOR CENTERS

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### Corning Senior Center

“Provides facility for seniors to socialize and participate in a variety of activities. Hosts a hot meal Monday through Friday at 11:30am.”

**Location:** 1015 4th Avenue  
Corning, CA 96021

**Contact:** (530) 824-4727

**Website:**

<https://www.facebook.com/groups/969542736434547/>

Last Verified On: 03/14/2025

## SENIOR MEALS

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### TCCAA – Senior Nutrition Program

“Provides nutritious meals Monday through Friday at senior centers in Red Bluff (12 noon) and Corning (11:30 am) by appointment. Seniors (ages 60 and up) unable to attend one of the dining sites may qualify for home-delivered meals (Meals on Wheels) in Red Bluff, Corning or Los Molinos..”

**Location:** 1500 S. Jackson Street  
Red Bluff, CA 96080

**Contact:** (530) 527-2414

**Website:** <https://tehamacountycaa.com/>

Last Verified On: 03/14/2025

### St. Elizabeth Community Hospital - Cafe Raymond

“Provides healthy, nutritious meals planned and prepared by a certified Executive Chef and Registered Dietitian for breakfast and lunch. Offers senior discounts.”

**Location:** 2550 Sister Mary Columba Drive  
Red Bluff, CA 96080

**Contact:** (530) 529-8000

**Website:** <https://www.dignityhealth.org/north-state/locations/stelizabethhospital/services/hospice>

Last Verified On: 03/14/2025





# TEHAMA COUNTY SENIOR RESOURCES

## SUPPORT SERVICES

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### Friendship Line California

“Operates confidential hotline and warmline for seniors and adults with a disability. Provides suicide prevention and crisis intervention for handling depression, loneliness, isolation, or anxiousness.”

**Contact:** (888) 670-1360

**Website:** <https://www.ioaqing.org/>

Last Verified On: 03/14/2025

## TRANSPORTATION RESOURCES

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### Partnership Transportation Services – Non-Medical Transportation (NMT)

For PHC members who need assistance getting to medical appointments by car, bus, train, or taxi.

**Contact:** (866) 828-2303

**Website:**

<http://www.partnershiphp.org/Members/Medi-Cal/Pages/Benefits.aspx#phpFaqltem31>

Last Verified On: 03/14/2025

### Partnership Transportation Services – Non-Emergency Medical Transportation (NEMT)

For PHC members who need assistance getting to medical appointments by wheelchair van, gurney, airway management, and/or medical observation during transport.

**Contact:** (866) 828-2303

**Website:**

<http://www.partnershiphp.org/Members/Medi-Cal/Pages/Benefits.aspx#phpFaqltem32>

Last Verified On: 03/14/2025