

TEHAMA COUNTY CHILDREN & FAMILY RESOURCES

CHILD DEVELOPMENT RESOURCES

Help Me Grow Tehama

“Help Me Grow Tehama is a family centered hub connecting families to resources, supporting cross-system collaboration with a goal of strengthening children and families resulting in a community where children and families thrive with hope and resilience.”

Self-Referral:

<https://docs.google.com/forms/d/e/1FAIpQLSc8RsCGS85DqZKfxPu1eYJvY09LZH4loqdi8dn0JJfS7qkxqQ/viewform>

Website: <https://www.first5tehama.org/help-me-grow/>

Contact: (530) 528-1395

Last Verified On: 02/04/2025

Rowell Family Empowerment TCHSA –Tehama County Health Services Agency

“Public Health recognizes that parenting is no easy task and our home visiting programs help to strengthen and nurture parent-child relationships by providing parents with resources and connecting them to support systems within the community.”

Location: 1860 Walnut Street Suite C
Red Bluff, CA 96080

Contact: (530) 527-8491

Website:

<https://www.tehamacohealthservices.net/prevention/home-visiting/>

Last Verified On: 02/04/2025



Tehama Head Start

Website: <https://www.nccdi.com/head-start.html>

Location: 225 S. Jackson St. Red Bluff CA
96080

Last Verified On: 02/04/2025

CHILDCARE RESOURCES

California Department of Education – Resource and Referral

“The Family and Community Support Services Division is centered around families, children, child care providers and local agencies. We have the expertise to help you find a quality child care setting and to connect you to programs that help cover child care costs.”

Location: 409 Walnut Street, Red Bluff, CA 96080

Contact: (530) 529-3131

Website:

<https://www.cde.ca.gov/sp/cd/re/tehamarr.asp>

Last Verified On: 02/04/2025

FAMILY RESOURCE CENTERS

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Lifenet

“LifeNet is a 501(c)(3) nonprofit organization serving the Tehama County community. Volunteers and staff provides education, support and material resources for young people, families, pregnant women and their children, born and unborn, in a loving Christ-centered environment offering an alternative to abortion. All services are provided to clients at no cost to them.”

Contact: (530) 727-9888

Website: <https://www.lifenettehama.org/>

Last Verified On: 02/04/2025

FINANCIAL ASSISTANCE RESOURCES

Andrew McDonough B+ Foundation Family Assistance Program

“Helping Families of Children under the age of 21 with cancer. The B+ Foundation Family Assistance Program gives qualified families money for expenses that are attributable to their child’s cancer diagnosis. The goal of the program is to lessen the financial burden so families can focus on helping their children get well.”

Contact: (302) 563-8389

Website: <https://bepositive.org/need-help/>

Last Verified On: 02/04/2025

California ALL

“If you have been financially affected by COVID-19, you may be eligible for: Unemployment Insurance, Eviction Protection, Mortgage Relief, Food Assistance and No credit score changes.”

Contact: (833) 422-4255

Website: <https://covid19.ca.gov/get-financial-help/>

Last Verified On: 02/04/2025

PG&E Medical Baseline Program

“Assistance program for residential customers who depend on power for certain medical and independent living needs.”

Contact: (800) 743-5000

Website:

<https://www.pge.com/medicalbaseline>

Last Verified On: 02/04/2025

CalKIDS

“The California Kids Investment and Development Savings Program (CalKIDS) was launched in 2022 by the State of California with a clear mission: make it easier for more children to save for their future education. Administered by the ScholarShare Investment Board, CalKIDS takes the initiative by automatically offering newborns and eligible low-income public school children in California an initial seed deposit, along with other potential financial incentives. This ensures that they can start their college and career savings journey right from the beginning.”

Contact: (888) 445-2377, Monday-Friday, 8:00am – 5:00pm PST

Website: <https://calkids.org/>

Confirm Eligibility: <https://calkids.org/get-started/>

Claim CalKIDS Account:

<https://calkids.outcometracker.app/p/CalKids/calkids/registration/>

Last Verified On: 02/04/2025

FOSTER CARE & KINSHIP SUPPORT SERVICES

Family Urgent Response System (FURS)

“FURS is a free 24/7/365 Hotline for current and former foster youth (up to age 21) and their caregivers with immediate, trauma-informed support when they need it. FURS assists to prevent placement disruptions, promotes healing as a family and is a safe, judgement free, and private space to talk about your worries and vent.”

Call or Text Hotline: (833) 939-3877

Contact: (916) 657-1858

Website: <https://www.cal-furs.org/>

(Spanish) Sitio Web:

<https://www.cdss.ca.gov/Portals/9/Child-Welfare-Programs/Foster-Care/FURs/FURS-Hotline-Flyer-Youth-SP.pdf>

Last Verified On: 02/04/2025

HOME VISITING PROGRAMS

TCHSA –Tehama County Health Services Agency- Home Visiting

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Location: 1860 Walnut Street Suite C
Red Bluff, CA 96080

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Website:

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MENTAL HEALTH RESOURCES

Beacon Health Options

“Beacon’s system is built on a strong support structure of doctors, nurses, advocates, and mentors fulfilling members’ behavioral, physical, and social health needs.”

Contact: (855) 765-9703

Website:

<https://www.beaconhealthoptions.com/>

Last Verified On: 02/04/2025

CalHOPE Warm Line

NAMI Helpline

“Education, support and advocacy for families & individuals affected by the challenges of living with mental illness.”

Contact: (800) 950-6264

Text: NAMI to 741741

Website: <https://www.nami.org/>

Last Verified On: 02/04/2025

BrightLife Kids (CalHOPE)

“Personalized support for California families. Kids ages 0–12 get free, expert coaching for sleep issues, worry, social skills, and more. Live, 1:1 video sessions, secure chat, on-demand content, and more.”

Contact: (888) 275-5357

Website:

<https://www.hellobrightline.com/brightlifekids/>

Last Verified On: 02/04/2025

PET ASSISTANCE

Brown Dog Foundations

“The Brown Dog Foundation provides financial assistance to pet owners in temporary financial crisis whose pet faces a treatable, but life-threatening condition or illness.”

Contact: Email

grants@browndogfoundation.org

Website: <http://www.browndogfoundation.org/>

Last Verified On: 02/04/2025

Canine Companions for Independence®

“We unite people with dogs in a powerful program that leads to greater independence and confidence.”

Contact: (800) 572-2275

Form: <http://www.cci.org/assistance-dogs/is-a-dog-right-for-you.html>

Email: info@cci.org

Website: <https://canine.org/>

Last Verified On: 02/04/2025

CDSS Assistance Dog Special Allowance Program

“The California Department of Social Services offers the Assistance Dog Special Allowance, which provides a monthly stipend of \$50 to eligible people who use a guide, service, or signal dog. The allowance is to help cover the food, grooming, and health costs of the dog.”

Contact: 916-657-2628

Website:

<https://www.cdss.ca.gov/cdssweb/entres/forms/english/pub294.pdf>

Last Verified On: 02/04/2025

SUPPORT SERVICES

Bridges to Success

“Bridges to Success has created several, free online groups to help ease tension and make parenting easier during Shelter in Place.”

Contact: (530) 225-0350

Website:

<https://www.shastacoe.org/programs-services/bridges-to-success>

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