

SUTTER COUNTY CRISIS RESOURCES

Available resources and services for those experiencing a crisis.
In the case of a life threatening emergency, call 911.

24-HOUR MENTAL HEALTH CRISIS SERVICES

CA Youth Crisis Line (CYCL)

“CYCL operates 24/7 as the statewide emergency response system for youth (ages 12-24) and families in crisis. Professionally trained staff and volunteer counselors provide crisis intervention counseling and resource referrals to service providers in the caller’s local community. Thoughts of suicide, depression, bullying, health and identity questions, trauma, human trafficking or any teen-related struggle are discussed with a crisis counselor in confidence and without judgement. We do not provide advice. We listen with compassion.”

Call or Text: (800) 843-5200

Website: <https://calyouth.org/cycl/>

Last Verified On: 02/07/2025

National Runaway Safeline

“Our crisis services center team is available 24/7365. Reach out to us in a way that works best for you. We are here to listen and here to help.”

Contact: (800) 786-2929

Website: <https://www.1800runaway.org/youth-teens/>

Last Verified On: 02/07/2025

Your Life Your Voice

“If you are having thoughts of harming yourself or you are being abused, please call us. These are serious issues that are best handled in one-on-one conversations with counselors.”

Contact: (800) 448-3000

Text: VOICE to 20121

Website:

<https://www.yourlifeyourvoice.org/Pages/home.aspx>

Last Verified On: 02/07/2025



Strength After

“If you are experiencing emotional distress or other mental health concerns after a disaster, the Disaster Distress Helpline is here for you 24/7/365.”

Contact: (800) 985-5990

Website: <https://strengthafterdisaster.org/>

Last Verified On: 02/07/2025

Sutter - Yuba Behavioral Health – 24 Hour Crisis Line

“Serves adults and children of all ages within both Sutter and Yuba Counties.”

Location: 1965 Live Oak Blvd
Yuba City, CA

24-Hour Crisis Line: (888) 923-3800

Website:

<https://www.suttercounty.org/government/count-y-departments/health-and-human-services/acute-psychiatric-services/psychiatric-emergency-services-also-known-as-crisis>

Last Verified On: 02/07/2025

The Trevor Project, LGBTQ Youth

“We provide information & support to LGBTQ young people 24/7, all year round.”

Contact: (866) 488-7386

Text: START to 678-678

Website: <https://www.thetrevorproject.org/>

Last Verified On: 02/07/2025



SUTTER COUNTY CRISIS RESOURCES

DOMESTIC VIOLENCE & ABUSE RESOURCES

Love is Respect

“Love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources.”

Contact: (866) 331-9474

Text: LOVEIS to 22522

Website: <https://www.loveisrespect.org/>

Last Verified On: 02/07/2025

Sutter County HHSA - Adult Protective Services

“Adult Protective Services is committed to helping seniors (60 and older) and dependent adults (ages 18-59) live in a safe environment free from abuse and exploitation. APS investigates, intervenes and provides services to those who are unable to protect their own interests or to care for themselves. Social workers investigate allegations of abuse, neglect, exploitation and abandonment, and also help provide information and referrals for housing, food, clothing and case management.”

Location: 1445 Veterans Memorial Cir.
Yuba City, CA 95993

Contact: (530) 822-5990

Website:

<https://www.suttercounty.org/government/count-y-departments/health-and-human-services/adult-services-branch/adult-social-services/adult-protective-services-aps>

Last Verified On: 02/07/2025

Helping Survivors

“Helping Survivors is an organization on a mission to help heal, educate, and empower people who have been impacted by sexual assault and abuse. We provide individuals with accurate, trustworthy and up-to-date information regarding their legal, financial, and healthcare options for individuals after experiencing sexual assault and abuse.”

National Sexual Assault Hotline: (800) 656-4673

Website: <https://helpingsurvivors.org/>

Last Verified On: 02/07/2025

The Rape, Abuse & Incest National Network (RAINN)

“Largest anti-sexual violence organization. Carries out programs to prevent sexual violence, help survivors, and ensure that perpetrators are brought to justice.”

24/7 Help Hotline: (800) 656-4673

Website: <https://www.rainn.org/>

Last Verified On: 02/07/2025

RedRover

“Provides emergency sheltering, training, consultations for animals displaced by natural disasters and other crises.”

Contact: (916) 429-2457

Website: <https://redrover.org/relief/>

Last Verified On: 02/07/2025

Sutter County Child Welfare Services

“Child Welfare Services provides services to children who have been abused, neglected or who are at risk of being abused or neglected. Our focus is child safety and well-being, strengthening families and providing permanency.”

Location: 1531 Butte House Road, Suite A,
Yuba City, CA 95993

Contact: (530) 822-7151

Report Abuse or Neglect 24/7: (530) 934-7227

Website:

<https://www.suttercounty.org/government/count-y-departments/health-and-human-services/children-s-services-branch/child-welfare-services>

Last Verified On: 02/07/2025

Casa de Esperanza

“Casa de Esperanza is dedicated to empowering survivors of domestic violence and sexual assault.”

Contact 24/7: (530) 674-2040

Website:

<https://www.domesticshelters.org/help/ca/yuba-city/95992/casa-de-esperanza>

Last Verified On: 02/07/2025



SUTTER COUNTY CRISIS RESOURCES

FOSTER AND KINSHIP SUPPORT SERVICES

Family Urgent Response System (FURS)

“FURS is a free 24/7/365 Hotline for current and former foster youth (up to age 21) and their caregivers with immediate, trauma-informed support when they need it. FURS assists to prevent placement disruptions, promotes healing as a family and is a safe, judgement free, and private space to talk about your worries and vent.”

Call or Text Hotline: (833) 939-3877

Website: <https://www.cal-furs.org/>

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