



SONOMA COUNTY FOOD RESOURCES



**Note: Some services may have changed due to COVID-19,
please call to confirm hours and services available**

CALFRESH PROGRAMS

CalFresh

Benefits include: helping people buy healthy food, help families to afford healthy foods, and most stores accept Electronic Benefit Transfer (EBT) cards, issued by CalFresh.

Petaluma: 5350 Old Redwood Highway,
Ste. 100
Petaluma, CA 94954

Santa Rosa: 2550 Paulin Drive,
Santa Rosa, CA 95403

Contact: (877) 699-6868

Website:

<https://sonomacounty.ca.gov/Human-Services/Economic-Assistance/Food-and-Nutrition/Apply-for-CalFresh/>

Last Verified On: 03/07/2023

Disaster Supplemental Nutrition Program (DSNAP)

“If you’re a current SNAP client, you can request a supplement when your state operates a D-SNAP... The supplement brings your benefits up to the maximum for your household size. This way benefits are equal between D-SNAP and SNAP households after a disaster.”

California Contact: (877) 847-3663

Website:

<https://www.disasterassistance.gov/get-assistance/forms-of-assistance/5769>

Last Verified On: 03/07/2023

FARMERS’ MARKETS

Certified Farmers Markets

“To provide professional services that support and contribute to a safe, abundant, quality food supply; environmentally sound agricultural practices; and an equitable marketplace for California agriculture.”

Website:

<https://www.cdfa.ca.gov/is/docs/CurrentMrktsCounty.pdf>

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FOOD PROGRAMS

Redwood Empire Food Bank – Food Connections Resource Center

“At our Food Connections Office, we can help
you apply for CalFresh.”

Location: 3990 Brickway Blvd.

Santa Rosa, CA 95403

Contact: (707) 523-7900

Email: info@refb.org

Website: <https://refb.org/our-work/programs/get-food/calfresh/>

Last Verified On: 03/07/2023

CONGREGATE MEALS

St. Vincent de Paul Free Dining Room

“Serves more than 75,000 hot, fresh, friendly
and free meals annually.”

Location: 610 Wilson Street

Santa Rosa, CA 95401

Contact: (707) 584-1579

Website: <https://www.svdps-sonoma.org/our-services>

Last Verified On: 03/07/2023

COTS – Mary Isaak Center – Mary’s Table

“Serve three hot meals each day to our shelter
residents and lunch is currently open to any
person struggling to make ends meet.”

Location: 900 Hopper Street

Petaluma, CA 94953

Contact: (707) 765-6530

Website: <https://cots.org/services/>

Last Verified On: 03/07/2023

FOOD PANTRIES

Text FOOD

“Text message based tool that will give you an
immediate response, connecting you to
information about where to get food near you.”

English: Text FOOD to (707) 353-6333

Spanish: Text COMIDA to (707) 353-6333

Website: <https://www.sonomacity.org/free-local-food-is-one-text-away/#:~:text=Text%20the%20word%20FOOD%20or,free%20food%20options%20close%20by>

Last Verified On: 03/07/2023

FISH of Santa Rosa

“Oldest and largest emergency food pantry in
Sonoma County. Gives wholesome groceries
to anyone needing a helping hand – struggling
families, seniors, disabled, homeless, students,
unemployed and working people.”

Location: 1710 Sebastopol Road,
Santa Rosa, CA 95407

Contact: (707) 527-5151

Hours: Monday – Friday from noon. – 2 p.m.

Email: info@fish-of-santa-rosa.org

Website: <https://fish-of-santa-rosa.org/>

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FOOD PANTRIES, Continued

FISH of Sonoma Valley – Food Room

“Food is available to anyone who calls in that day before noon. Nutritious groceries include enough for 3-5 days of meals and geared to accommodate the size of each family.”

Location: 18330 Sonoma Highway,
Sonoma, CA 95476

Contact: (707) 996-0111

Hours: Monday – Friday starting 1:30 p.m. – 3 p.m.

Website:

<http://www.friendsinsonomahelping.org/home.html>

Last Verified On: 03/07/2023

Catholic Charities of Santa Rosa – Food Distribution

“Distributions”

Contact: (707) 528-8712

Website:

<https://www.srcharities.org/distributions/?filter=food>

Last Verified On: 03/07/2023

HOME DELIVERED-MEALS

Home Delivered Meals – Ceres Community Project

“Home delivered prepared meals for people with medical conditions who require tailored nutrition. Program serves low-income people lacking family and care-giver support and is free for Partnership members. Program provides up to 24 weeks of meals for all family members.”

Location: 1003 Gravenstein Hwy North,
Sebastopol, CA 95472

Contact: (707) 829-5833 ext. 201

Número de teléfono: (707) 829-5833 ext. 203

Email: clients@ceresproject.org

Website: <https://www.ceresproject.org/get-meals-for-myself-or-loved-one>

Last Verified On: 03/07/2023

FISH of Sonoma Valley – Grocery Delivery

“FISH volunteers provide supplemental food deliveries for home-bound seniors. Any senior without transportation to pick up food at the FISH Food Closet may request to be added to these home delivery programs.”

When: 1st and 3rd Wednesday of each month

Contact: (707) 996-0111

Website:

<https://friendsinsonomahelping.org/help-from-fish.html>

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HOME DELIVERED-MEALS, Continued

California Food is Medicine Coalition

“CalFIMC coordinates agencies that provide nutrition services, focusing on medically tailored meals, that benefit vulnerable people. The Coalition serves as a resource for health plan partners, healthcare providers and policymakers. We believe MTM should be a covered health benefit.”

Website: <https://www.calfimc.org/mtm-statepilot-program>

Last Verified On: 03/07/2023

SENIOR MEALS

Petaluma People Service Center – Meals on Wheels

“Hot, nutritious meals delivered to homebound seniors, aged 60+ yrs. and older, who have no means of preparing meals for themselves. Routes in Petaluma, Penngrove and west to Two Rock.”

Location: 1500A Petaluma Boulevard South
Petaluma, CA 94952

Contact: (707) 765-8488

Website:
<http://petalumapeople.org/seniors/meals-on-wheels/>

Last Verified On: 03/07/2023

Council on Aging – Meals on Wheels

“Helps seniors stay in their homes, maintaining their independence and happiness...also receive access to other programs operated by Council on Aging including Social Services, Financial Services, Legal Services, Care & Case Management, Senior Peer Support, and Adult Day Social Programs.”

Location: 30 Kawana Springs Road
Santa Rosa, CA 95404

Contact: (707) 525-0143

Website:
<http://www.councilonaging.com/meals-on-wheels/>

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WOMEN, INFANTS, AND CHILDREN (WIC) PROGRAMS

“WIC is a nutrition program that helps pregnant women, mothers, and young children eat well and stay healthy. WIC services continue by phone only through COVID-19 Shelter in Place order.”

Locations:

Santa Rosa

Location: 1450 Guerneville Road
Santa Rosa, CA 95401

Contact: (707) 565-6590

Toll Free: (800) 816-3663

Website:

<http://sonomacounty.ca.gov/Health/Public-Health/Woman-Infants-Children/>

Last Verified On: 03/07/2023

Sonoma

Location: 19270 Sonoma Highway
Sonoma, CA 95476

Contact: (707) 565-6590

Toll Free: (800) 816-3663

Website:

<http://sonomacounty.ca.gov/Health/Public-Health/Woman-Infants-Children/>

Last Verified On: 03/07/2023

Petaluma

Location: 1179 North McDowell Boulevard
Petaluma, CA 94954

Contact: (707) 565-6590

Toll Free: (800) 816-3663

Website:

<http://sonomacounty.ca.gov/Health/Public-Health/Woman-Infants-Children/>

Last Verified On: 03/07/2023

Guerneville

Location: 16390 Main Street
Guerneville, CA 95446

Contact: (707) 565-6590

Toll Free: (800) 816-3663

Website:

<http://sonomacounty.ca.gov/Health/Public-Health/Woman-Infants-Children/>

Last Verified On: 03/07/2023

Cloverdale

Location: 223A S. Cloverdale Blvd.
Cloverdale, CA 95425

Contact: (707) 431-0831

Website: <https://www.wicprograms.org/co/ca-sonoma>

Last Verified On: 03/07/2023

Healdsburg

Location: 1381 University St.
Healdsburg, CA 95448

Contact: (707) 431-0831

Website: <https://www.wicprograms.org/co/ca-sonoma>

Last Verified On: 12/29/2022

Windsor

Location: 8465 Old Redwood Hwy, Suite 310,
Windsor CA, 95492

Contact: (707) 431-0831

Website: <https://www.wicprograms.org/co/ca-sonoma>

Last Verified On: 03/07/2023