

# SONOMA COUNTY CRISIS RESOURCES

Available resources and services for those experiencing a crisis.  
**In the case of a life threatening emergency, call 911.**

## 24-HOUR CRISIS SERVICES

### Sonoma County Crisis Stabilization Unit

“Provides 24 hour-a-day, 7 day-a-week crisis intervention, assessment, medication, and up to 23 hours of supportive care for individuals in an acute mental health crisis.”

**Location:** 2225 Challenger Way  
Santa Rosa, CA 95407

**24-Hour Crisis Services:** (707) 576-8181

**Website:**

<https://sonomacounty.ca.gov/Health/Behavioral-Health/Crisis-Services/>

Last Verified On: 02/07/2024

### Strength After

“If you are experiencing emotional distress or other mental health concerns after a disaster, the Disaster Distress Helpline is here for you 24/7. Our mission is to provide a hub to share stories of hope and recovery encompassing all types of natural and human-caused disaster. Strength After...highlights the resilience of individuals and communities while providing a resource for other survivors and responders.”

**Contact:** (800) 985-5990

**Website:** <https://strengthafterdisaster.org/>

Last Verified On: 02/07/2024



### North Bay Suicide Prevention Hotline

“24/7, free and confidential crisis support for callers having thoughts of suicide, as well as friends and family worried about loved ones.”

**Contact:** (855) 587-6373

**Website:**

<https://buckelew.org/services/suicide-prevention/>

Last Verified On: 02/07/2024

### Your Life Your Voice

“You don’t have to face your problems alone. If you are having thoughts of harming yourself or you are being abused, please call us. These are serious issues that are best handled in one-on-one conversations with counselors. Counselors are ready for your call 24/7.”

**Contact:** (800) 448-3000

**Text:** VOICE to 20121

**Website:**

<https://www.yourlifeyourvoice.org/Pages/home.aspx>

Last Verified On: 02/07/2024

### National Runaway Safeline

“Get support. We are here to listen and here to help. We will listen to your story. We are available 24/7 for youth and families in crisis.”

**Contact:** (800) 786-2929

**Website:** <https://www.1800runaway.org/youth-teens/>

Last Verified On: 02/07/2024



# SONOMA COUNTY CRISIS RESOURCES

## DOMESTIC VIOLENCE / ABUSE RESOURCES

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### The US National Domestic Violence Hotline

**Hotline:** (800) 799-7233

**TTY Hotline:** (800) 787-3224

**Website:** <https://www.thehotline.org/>

Last Verified On: 02/07/2024

### Sonoma County Adult Protective Services (APS)

“Responds to reports of abuse, neglect, exploitation and self-neglect involving older adults age 65+ and disabled, dependent adults age 18+.”

**Location:** 3725 Westwind Blvd, First Floor  
Santa Rosa, CA 95403

**24/7 APS Hotline:** (707) 565-5940

**24/7 Toll Free APS Hotline:** (800) 667-0404

**Website:**

<https://sonomacounty.ca.gov/Human-Services/Adult-and-Aging/Adult-Protective-Services/>

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### Sonoma County Family, Youth, and Children’s Services

“Reporting allows professionals with the Family, Youth and Children’s Division to investigate and help children to safety.”

**Location:** 1202 Apollo Way  
Santa Rosa, CA 95407

**24/7 Child Protection Hotline:** (707) 565-4304

**24/7 Toll Free Child Protection Hotline:** (800) 870-7064

**Contact:** (707) 565-4300

**Website:**

<https://sonomacounty.ca.gov/Human-Services/Family-Youth-Children/Prevent-and-Report-Child-Abuse/>

Last Verified On: 02/07/2024

### Sonoma County Men Evolving Non-Violently (MEN)

“One-of-a-kind program that offers several services to help men who have decided they want to change their abusive or unproductive behavior.”

**24-Hour Hotline:** (707) 528-2636

**Website:**

<http://www.sonomacountymen.org/home.html>

Last Verified On: 02/07/2024

### Family Justice Center – Sonoma County

“Domestic Violence, Dating Violence, Sexual Assault, Child Abuse, Elder Abuse, Elder Financial Abuse, Stalking”

**Location:** 2755 Mendocino Ave, Suite 100  
Santa Rosa, CA 95403

**Contact:** (707) 565-8255

**Website:** <https://www.fjcsc.org/>

Last Verified On: 02/07/2024

### The Living Room Center

“Has three programs rooms to meet the needs of our participants. Each program room is staffed with qualified staff members and volunteers. Onsite intake is required to access full range of services.”

**Location:** 1207 Cleveland Avenue  
Santa Rosa, CA 95401

**Contact Drop-In Center:** (707) 579-0142

**Website:**

<http://www.thelivingroomsc.org/programs.aspx>

Last Verified On: 02/07/2024



# SONOMA COUNTY CRISIS RESOURCES

## DOMESTIC VIOLENCE / ABUSE RESOURCES, Continued

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### YWCA – Domestic Violence Services

“Supports families affected by domestic violence by providing safe shelter, therapy, advocacy, and on-going support.”

**Location:** 2755 Mendocino Ave,  
Santa Rosa, CA 95402

**24/7 Domestic Violence Crisis Hotline:** (707) 546-1234

**Contact:** (707) 546-9922

**Website:** <https://www.ywcasc.org/what-we-do/domestic-violence-services/>

Last Verified On: 02/07/2024

### Love is Respect

“Love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources.”

**Contact:** (866) 331-9474

**Text:** LOVEIS to 22522

**Website:** <https://www.loveisrespect.org/>

Last Verified On: 02/07/2024

## FOSTER CARE & KINSHIP SUPPORT SERVICES

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### Family Urgent Response System (FURS)

“FURS is a free 24/7/365 Hotline for current and former foster youth (up to age 21) and their caregivers with immediate, trauma-informed support when they need it. FURS assists to prevent placement disruptions, promotes healing as a family and is a safe, judgement free, and private space to talk about your worries and vent.”

**Call or Text Hotline:** (833) 939-3877

**Contact:** (916) 657-1858

**Website:**

<https://cdss.ca.gov/inforesources/cdss-programs/foster-care/furs>

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## SEXUAL ASSAULT RESOURCES

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### Verity

“Sonoma County’s Rape Crisis, Trauma, and Healing Center”

**Location:** 835 Piner Road, Suite D  
Santa Rosa, CA 95403

**24/7 Crisis Hotline:** (707) 545-7273

**Contact Office:** (707) 545-7270

**Website:** <http://www.ourverity.org/>

Last Verified On: 02/07/2024

### Male Survivor

“Committed to preventing, healing, and eliminating all forms of sexual victimization of boys and men through support, treatment, research, education, advocacy, and activism.”

**Website:** <https://malesurvivor.org/>

Last Verified On: 02/07/2024



# SONOMA COUNTY CRISIS RESOURCES

## SEXUAL ASSAULT RESOURCES, Continued

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### The Rape, Abuse & Incest National Network (RAINN)

“Largest anti-sexual violence organization. Carries out programs to prevent sexual violence, help survivors. And ensure that perpetrators are brought to justice.”

**24/7 Help Hotline:** (800) 656-HOPE (4673)

**Website:** <https://www.rainn.org/>

Last Verified On: 02/07/2024

**National Sexual Violence Resource Center**  
“Leading nonprofit in providing information and tools to prevent and respond to sexual violence.”

**Toll Free:** (877) 739-3895

**TTY:** (717) 909-0715

**Website:** <https://www.nsvrc.org/>

Last Verified On: 02/07/2024

## PET ASSISTANCE

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### RedRover

“Preserving the human-animal bond by financial assistance, resources and support to low-income individuals and survivors of domestic violence and their pets, so families can escape abuse together and stay together.”

**Contact:** (916) 429-2457

**Website:** <https://redrover.org/relief/>

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