



# SIERRA COUNTY VISION RESOURCES



## VISION SERVICES

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### **Vision Service Plan (VSP)**

“You can see any vision care provider that is contracted with Partnership HealthPlan of California. Exams every 24 months or as medically necessary. Lenses every 24 months, or as medically necessary. Frames every 24 months.”

**Contact:** (800) 877-7195

**Website:** <https://www.vsp.com/>

Last Verified On: 02/03/2025

### **District 4- C1 Lions Vision Program**

“Vision Screenings and glasses for our youth and at-risk populations.”

**Contact:** (530) 722-0715

**Website:**

<https://www.enterpriselionsclubredding.org/eye-glass-program>

Last verified on: 02/03/2025

### **Disability Action Center (DAC)**

“The Older Individuals who are Blind (or going blind) Program is for those 55 years or older who are experiencing vision problems. We provide services to maintain enjoyment in life and enhance your daily activities. As a part of our program we offer: Independent living skills training, transportation information, peer and group support, information and adaptive aids on the many technologies designed for people with vision impairment.”

**Contact:** (530) 893-8527

**Website:** <https://actionctr.org/?s=vision>

Last verified on: 02/03/2025

## VISUAL IMPAIRMENT RESOURCES

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### Free Slate and Stylus Program National Federation of the Blind

“The National Federation of the Blind will distribute a plastic, four-line, twenty-eight cell slate along with a saddle stylus to those that need them. That includes those that are blind and low vision who know Braille or want to learn Braille.”

**Contact:** (410) 659-9314

**Website:** <https://www.nfb.org/programs-services/free-slate-and-stylus-program>

Last Verified On: 02/03/2025

### Free White Cane Program

#### National Federation of the Blind

“The white cane gives blind people the ability to achieve a full and independent life, allowing us to travel freely and safely.”

**Contact:** (410) 659-9314

**Website:** <https://www.nfb.org/programs-services/free-white-cane-program>

Last Verified On: 02/03/2025