

SIERRA COUNTY SUBSTANCE USE RESOURCES

SIERRA COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES

Sierra County HHS – Social Services

The Behavioral Health Department offers a broad range of mental health, alcohol, and other drug (AOD) services to all residents of Sierra County. Our goal is to offer services in a supportive environment that focuses on recovery. Regardless of ability to pay, the Behavioral Health Department provides emergency crisis assessments and other services.

Location: 704 Mill St.
Loyalton, CA 96118

Contact: (530) 993-6700

Website:

<https://www.sierracounty.ca.gov/181/Behavioral-Health>

Last Verified On: 01/21/2025



ANONYMOUS SUPPORT SERVICES

Northern California Fellowship of Alcoholics Anonymous

24-Hour Hotline: (530) 225-8955

Website: <https://aanorcal.org>

Last Verified on: 01/21/2025

Al-Anon District 4 Northern California

District 4 Contact: (530) 378-9185

Website: <https://norcal-al-anon.blogspot.com/>

Last Verified On: 01/21/2025

River Cities Area Narcotics Anonymous

Website: <https://sites.google.com/rivercities-na.org/home>

Last Verified On: 01/21/2025

ALCOHOL SUPPORT

Alcohol Rehab Help

“If you or a loved one is struggling with alcohol addiction, you can rely on us to guide you to the best rehabilitation and treatment resources.”

24/7 Helpline: (928) 436-6654

Website: <https://alcoholrehabhelp.org/>

Last Verified On: 01/21/2025



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PERINATAL SUBSTANCE USE RESOURCES

Sierra County – Maternal, Child, & Adolescent Health

“MCAH provides women in Sierra County with assistance in accessing prenatal care, education to assure healthy pregnancies and babies, and referrals to county resources.”

Location: 202 Front Street

Loyalton, CA 96118

Contact: (530) 993-6700

Website:

<https://www.sierracounty.ca.gov/282/Maternal-Child-Adolescent-Health-MCAH>

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MotherToBaby

“We specialize in answering questions about the safety/risk of exposures, such as medications, vaccines, chemicals, herbal products, substances of abuse, maternal health conditions and much more, during pregnancy or breastfeeding. Our no-cost information service is available to mothers, health professionals, and the general public via chat, text, phone, and email in both English and Spanish.”

Contact: (866) 626-6847

Website: <https://mothertobaby.org/pregnancy-breastfeeding-exposures/>

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QUIT SMOKING ASSISTANCE

Kick It California

“We’re a free program that helps Californians quit tobacco and nicotine with the help of proven, science-based strategies. Take the first step toward quitting.”

Call and Chat Counseling:

English: 1-800-300-8086

Español: 1-800-600-8191

Chinese: 1-800-838-8917

Korean: 1-800-556-5564

Vietnamese: 1-800-778-8440

Quit Pouches:

<https://www.kickitca.org/pouches>

Website: <https://www.kickitca.org/>

Last Verified On: 01/21/2025

Alexa Skills Stop Vaping Coach

“With the Stop Vaping Coach skill, get quit vaping tips or sign up to speak with a quit coach.”

Website:

https://www.amazon.com/dp/B07YBTN1GY/ref=sr_1_1?keywords=stop%20vaping%20coach&qid=1569431942&s=gateway&sr=8-1&fbclid=IwAR0Bqqyt0UWfJ7MYVSYHQ2NMAbvvhO0UMkCbv7dP7vHPj9fEZwliaP-SEZI

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SUPPORT SERVICES

Colusa County Recovery

“Virtual Recovery: Anytime, Anywhere.
Welcome to Colusa County Recovery, your virtual companion and online resource. We are your launchpad to hope, shared experiences, mutual empowerment, and essential recovery tools – all from the comfort and privacy of your own space.”

Text/Call: (530) 845-2364

Email: colusacountyrecovery@gmail.com

Website:

<https://www.colusacountyrecovery.com/>

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