



SHASTA COUNTY FOOD RESOURCES



CALFRESH PROGRAMS

CalFresh

Benefits include: helping people buy healthy food, help families to afford healthy foods, and most stores accept Electronic Benefit Transfer (EBT) cards, issued by CalFresh.

Contact: (877) 328-9677

Website:

<https://www.co.shasta.ca.us/index/hhsa/financial-help/calfresh>

Last Verified: 04/25/2024

Disaster Supplemental Nutrition Program (DSNAP)

“If you’re a current SNAP client, you can request a supplement when your state operates a D-SNAP... The supplement brings your benefits up to the maximum for your household size. This way benefits are equal between D-SNAP and SNAP households after a disaster.”

California Contact: (877) 847-3663

Website:

<https://www.disasterassistance.gov/get-assistance/forms-of-assistance/5769>

Last Verified On: 04/25/2024

FARMERS’ MARKETS

Certified Farmers Markets

“To provide professional services that support and contribute to a safe, abundant, quality food supply; environmentally sound agricultural practices; and an equitable marketplace for California agriculture.”

Website:

<https://www.cdfa.ca.gov/is/docs/CurrentMrktsCounty.pdf>

Last Verified On: 04/25/2024



SHASTA COUNTY FOOD RESOURCES

FOOD PROGRAMS

Connected Living – Commodity Distribution

“For low or no income families in Shasta County, not just seniors. Please call for more information and additional site locations in Burney, Cottonwood, Happy Valley, Lakehead, Round Mountain, Shasta Lake and Shingletown. No fee. Drive-thru pick up only.”

Location: 100 Mercy Oaks Drive
Redding, CA 96003

Contact: (530) 226-3071

Last Verified On: 04/25/2024

Connected Living – Meals on Wheels Program

Location: 200 Mercy Oaks Drive
Redding, CA 96003

Contact: (530) 223-6034

Toll Free: (855) 844-6495

Website:

<http://connectedlivingnorthstate.org/meals/meals-on-wheels/>

Last Verified On: 04/25/2024

FOOD BANKS

Caring Choices

“Provides support and services for HIV/AIDS patients. Services include: Assistance with rent and utilities (for a month), gas and food vouchers, emergency food pantry, case management by a registered nurse and social worker and more...”

Contact: (530) 222-3371

Website: <http://www.caring-choices.org/>

Last Verified On: 03/07/2023

Fall River Mills Community Food Pantry

Location: 44203 St Hwy 299 East
McArthur, CA 96028

Contact: (530) 336-5231

Website: <https://m.facebook.com/Fall-River-Community-Food-Pantry-106004841724405/>

Last Verified On: 04/25/2024

USDA – Summer Meals Site Finder

Website: <https://usda-fns.maps.arcgis.com/apps/webappviewer/index.html?id=83b4d15211ed491a8ad5104291e601d2>

Last Verified On: 04/25/2024

Connected Living - Brown Bag Distribution

“The food distribution is for seniors aged 60 years or older and income qualified. Please call for more information and additional site locations in Burney, Cottonwood, Happy Valley, Lakehead, Round Mountain, Shasta Lake and Shingletown. Drive-thru pick up only.”

Contact: (530) 226-3071

Website:

<https://www.reddingseniorsource.com/food-distribution-pick-up>

Last Verified On: 04/25/2024

Connected Living Food Bank

Location: 200 Mercy Oaks Drive
Redding, CA 96003

Contact: (530) 223-6034

Toll Free: (800) 400-6446

Website:

<http://connectedlivingnorthstate.org/meals/food-bank/>

Last Verified On: 04/25/2024

Grassroots Emergency Food Closet

Location: Black Butte Elementary School,
Room 19

7752 Pondarosa Way
Shingletown, CA 96088

Contact: (530) 474-4220

Last Verified On: 04/25/2024



SHASTA COUNTY FOOD RESOURCES

FOOD BANKS, Continued

Shasta Lake Community Food Pantry

Location: 1501 McConnell Ave.

Shasta Lake City, CA 96019

Contact: (530) 275-8052 or (530) 275-3568

Website:

<https://www.co.shasta.ca.us/docs/libraries/hhs>

[a-docs/food-and-financial-](#)

[help/EmergencyFoodBrochure.pdf?sfvrsn=c12](#)

[aac43_0](#)

Last Verified On: 04/25/2024

FOOD AND EMERGENCY ASSISTANCE PROGRAMS

Anderson-Cottonwood Christian Assistance, Inc.

“Provides a 3-day supply of food based on emergency needs of families. Services are for Southern Shasta County residents only. Picture ID and utility bill in your name is required.”

Location: 2979 East Center Street
Anderson, CA 96007

Contact: (530) 365-4220

Last Verified On: 04/25/2024

Living Hope Ministries

“Food cooperative. Call for program details & hours due to frequent changes.”

Location: 3391 West Street
Redding, CA 96001

Contact: (530) 243-8066

Website: <http://www.livinghoperedding.com/>

Last Verified On: 04/25/2024

COMMUNITY MEALS & SOUP KITCHENS

Good News Rescue Mission

“We believe everyone deserves a second chance and that no one is beyond grace.”

Location: 2842 S. Market Street
Redding, CA 96001

Contact: (530) 241-5754

Website: <https://gnrm.org/>

Last Verified On: 04/25/2024



SHASTA COUNTY FOOD RESOURCES

WOMEN, INFANTS, AND CHILDREN (WIC) PROGRAMS

Women, Infants and Children (WIC)

“The Shasta County WIC program helps pregnant women, new moms and young children eat well, stay healthy and be active. With WIC you will receive: Healthy, no cost foods, Nutrition education for you and your family, Referrals to community services and information and support for breastfeeding.”

Website: <https://www.shastacounty.gov/health-human-services/page/women-infants-children-wic>

Last Verified On: 04/25/2024

McArthur WIC Office

Location: 44218 A Street
McArthur, CA 96056

Contact: (530) 225-5168

Last Verified On: 04/25/2024

Enterprise WIC Office

Location: 2757 Churn Creek Road, Suite B
Redding, CA 96002

Contact: (530) 225-5168

Last Verified On: 04/25/2024

Burney WIC Office

Location: 36911 Main Street
Burney, CA 96013

Contact: (530) 225-5168

Last Verified On: 04/25/2024

Anderson WIC Office

Location: 2889 E Center Street
Anderson, CA 96007

Contact: (530) 225-5168

Last Verified On: 04/25/2024

Shingletown WIC Office

Location: 7752 Ponderosa Way
Shingletown, CA 96088

Contact: (530) 225-5168

Last Verified On: 04/25/2024

WIC Downtown Redding – Atrium Office

Location: 1670 Market Street, Suite 300
Redding, CA 96001

Contact: (530) 225-5168

Last Verified On: 04/25/2024

Shasta Lake WIC Office

Location: 4216 Shasta Dam Boulevard
Shasta Lake, CA 96019

Contact: (530) 225-5168

Last Verified On: 04/25/2024