



SHASTA COUNTY COVID-19 RESOURCES

COVID-19 VACCINE INFORMATION

California Department of Public Health – My Turn

“It’s your turn. The vaccine is free to everyone ages 5 and up.”

Website: <https://myturn.ca.gov/>

Last Verified On: 07/27/2023

Digital COVID-19 Vaccine Record

“Get a digital copy of your vaccine card. Just enter a few details...to get a link to a QR code. Save it on your phone and use it as proof of vaccination wherever you go.”

Website: <https://myvaccinerecord.cdph.ca.gov/>

Last Verified On: 07/27/2023

COVID TESTING SITES

Get Tested

“Testing is available with and without symptoms”

Website:

<https://www.shastacounty.gov/health-human-services/page/get-tested>

Last Verified On: 07/27/2023

AMERICAN SIGN LANGUAGE RESOURCES

Covid-19 Information and Assistance Support in American Sign Language

Video Phone (VP): (833) 682-763

Hotline Online:

https://aging.ca.gov/covid19/American_Sign_Language/

Last Verified On: 07/27/2023

CHILDREN AND FAMILIES

Free Online Events and Activities for Kids at Home

“Provide some structure and schedule to your family’s day (updated regularly)”

Website:

<https://www.common sense media.org/blog/free-online-events-activities-kids-at-home-coronavirus>

Last Verified On: 07/27/2023

Go Noodle

“Movement and mindfulness videos created by child development experts. Available for free at school, home, and everywhere kids are!”

Website: <https://www.gonoodle.com/>

Last Verified On: 07/27/2023

Talking to Children About COVID-19 – PDF Website:

http://d31hzlhk6di2h5.cloudfront.net/20200323/ac/7f/33/fc/eff9279f0e70670742cc7cd7/Talking_to_Children_About_COVID-19_FINAL.pdf

Last Verified On: 07/27/2023

Hotline for HOPE.

“Finding hope during Covid-19! Parenting during a pandemic can be difficult, but you don’t have to do it alone. Call a Parent Partner. We’re here to offer support, resources and parenting tips.”

Contact: (530) 710-8609

Website: <https://hopeshasta.org/hotline-for-hope/>

Last Verified On: 07/27/2023



SHASTA COUNTY COVID-19 RESOURCES

DOMESTIC VIOLENCE RESOURCES

National Domestic Hotline

“24/7/365, the National Domestic Violence Hotline provides essential tools and support to help survivors of domestic violence.”

Hotline: (800) 799-7233

TTY: (800) 787-3224

Text: “START” to 88788

Website: <https://www.thehotline.org/>

Last Verified On: 07/27/2023

One Safe Place

“One SAFE Place is a Multi-services agency which provides legal services, safety, and emotional support to intimate partners, children, and seniors affected by domestic violence and sexual assault. Together, we will work toward a future where everyone in our community feels strong, healthy, and safe at home.”

Location: 2250 Benton Drive
Redding, CA 96003

Contact: (530) 244-0117

Website: <https://ospshasta.org/>

Last Verified On: 07/27/2023

FINANCIAL RESOURCES

COVID-19 Funeral Assistance

“Under the Coronavirus Response and Relief Supplemental Appropriations Act of 2021 and the American Rescue Plan Act of 2021, FEMA will provide financial assistance for COVID-19-related funeral expenses incurred after January 20, 2020.”

Website:

<https://www.fema.gov/disasters/coronavirus/economic/funeral-assistance#eligible>

Last Verified On: 07/27/2023

Tax aide - AARP

“Provides free on-site tax preparation and e-filing services for Shasta County residents with low-to-middle income, seniors and people with disabilities by appointment.”

Website: taxaide.aarpfoundation.org

Last Verified On: 07/27/2023

FOOD RESOURCES

Anderson-Cottonwood Christian Assistance, Inc.

“Provides a 3-day supply of food based on emergency needs of families. Clothing vouchers and RABA tickets are available on a limited basis. Services are for Southern Shasta County residents only. Picture ID and utility bill in your name is required.”

Location: 2979 East Center Street
Anderson, CA 96007

Contact: (530) 365-4220

Last Verified On: 07/27/2023

Fall River Mills Community Food Pantry

Location: 44203 St Hwy 299 East
McArthur, CA 96028

Contact: (530) 945-7455

Website: <https://m.facebook.com/Fall-River-Community-Food-Pantry-106004841724405/>

Last Verified On: 07/27/2023

Grassroots Emergency Food Closet

Location: Black Butte Elementary School,
Room 19

7752 Pondarosa Way
Shingletown, CA 96088

Contact: (530) 474-4220

Last Verified On: 07/27/2023



SHASTA COUNTY COVID-19 RESOURCES

FOOD RESOURCES, Continued

CalFresh

“Benefits include: helping people buy healthy food, help families to afford healthy foods, and most stores accept Electronic Benefit Transfer (EBT) cards, issued by CalFresh.”

Contact: (530) 229-8400

Website:

<https://www.co.shasta.ca.us/index/hhsa/financial-help/calfresh>

Last Verified On: 07/27/2023

First Baptist Church

Location: 1501 McConnell Ave.

Shasta Lake City, CA 96019

Contact: (530) 275-8052 or (530) 275-3568

Website:

https://www.co.shasta.ca.us/docs/libraries/hhsa-docs/food-and-financial-help/EmergencyFoodBrochure.pdf?sfvrsn=c12aac43_0

Last Verified On: 07/27/2023

Connected Living – Meals on Wheels Program

Location: 200 Mercy Oaks Drive

Redding, CA 96003

Contact: (530) 223-6034

Toll Free: (800) 400-6446

Website:

<http://connectedlivingnorthstate.org/meals/meals-on-wheels/>

Last Verified On: 07/27/2023

HOUSING RESOURCES

California Fair Property Insurance Plan

Mailing Address: P.O. Box 76924

Los Angeles, CA 90076

Contact: (800) 339-4099

Email:

<https://www.cfpnet.com/index.php/contact-us/>

Last Verified On: 07/27/2023

California’s COVID-19 Rent Relief

“CA COVID-19 Rent Relief program provides financial assistance for unpaid rent to eligible renters and landlords who have been impacted by COVID-19.”

Contact: (833) 430-2122

Website:

https://housing.ca.gov/covid_rr/index.html

Last Verified On: 07/27/2023

United Way- Covid-19 Tenant Relief Information

“Are you eligible for rental assistance? We can help you screen for eligibility and provide avenues for you to access rent relief.”

TEXT: “RENTSOS” to 211-211

Website:

<https://www.unitedwaysca.org/blog/entry/implications-of-the-new-statewide-eviction-moratorium>

Last Verified On: 07/27/2023



SHASTA COUNTY COVID-19 RESOURCES

MENTAL HEALTH RESOURCES

Carelon Behavioral Health (formerly Beacon)

“Behavioral health services company that serves the full spectrum of mental health and wellness needs, from mild-to-moderate anxiety and depression to substance use disorder, suicide prevention, and crisis solutions.”

Contact: (855) 765-9703

Website: <https://www.carelon.com>

Last Verified On: 07/27/2023

CalHOPE

“CalHOPE delivers crisis support for communities impacted by a national disaster.”

Contact: (833) 317-HOPE (4673)

Website: <https://calhope.dhcs.ca.gov/>

Last Verified On: 07/27/2023

PET ASSISTANCE

Brown Dog Foundations

“Bridging the gap between the cost of medical care and saving the family pet.”

Contact: Email

grants@browndogfoundation.org

Website: <http://www.browndogfoundation.org/>

Last Verified On: 07/27/2023

NAMI Helpline

“Education, support and advocacy for families & individuals affected by the challenges of living with mental illness.”

Contact: (800) 950-6264

Text: NAMI to 741741

Website: <https://www.nami.org/>

Last Verified On: 07/27/2023

SAMHSA Disaster Distress Helpline

“SAMHSA’s Disaster Distress Helpline provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters.”

Contact: (800) 985-5990

Website: <https://www.samhsa.gov/find-help/disaster-distress-helpline>

Last Verified On: 07/27/2023

CDSS Assistance Dog Special Allowance Program

“The California Department of Social Services offers the Assistance Dog Special Allowance, which provides a monthly stipend of \$50 to eligible people who use a guide, service, or signal dog. The allowance is to help cover the food, grooming, and health costs of the dog.”

Contact: (916) 657-2628

Website: <https://www.cdss.ca.gov/assistance-dogs>

Last Verified On: 07/27/2023

RESOURCES FOR UNDOCUMENTED INDIVIDUALS

I America

“COVID-19 Resources for Immigrants”

Website: <https://iamerica.org/es/recursos-del-covid-19-para-inmigrantes>

Last Verified On: 07/27/2023

Informed Immigrant

“Resource for Immigrants during the coronavirus crisis”

Website: <https://www.informedimmigrant.com/>

Last Verified On: 07/27/2023



SHASTA COUNTY COVID-19 RESOURCES

SENIOR RESOURCES

Institute on Aging - Senior Intervention hotline

“Friendship Line is...for people aged 60 years and older, and adults living with disabilities..a crisis intervention hotline and a warmline or non-emergency emotional support calls.”

Contact: 1-800-971-0016

Website: <https://www.ioaging.org/services/all-inclusive-health-care/friendship-line>

Last Verified On: 07/27/2023

TECHNOLOGY RESOURCES

EveryoneOn

“Find low-cost internet & computers in your area.”

Website: <https://www.everyoneon.org/>

Last Verified On: 07/27/2023

California LifeLine Program – COVID Information

Contact: (866) 272-0357

Website:

<https://www.californialifeline.com/en/covid>

Last Verified On: 07/27/2023

UTILITY ASSISTANCE

California Lifeline Program

“California LifeLine Program provides discounts on home phone and cell phone services to qualified households.”

Contact: (866) 272-0357

Website: <https://www.cpuc.ca.gov/lifeline/>

Last Verified On: 07/27/2023

PG&E CARE Program

“ Discount program that helps eligible customers pay their energy bills.”

Contact: (866) 743-2273

Website:

https://www.pge.com/en_US/residential/save-energy-money/help-paying-your-bill/longer-term-assistance/care/care.page

Last Verified On: 07/27/2023



SHASTA COUNTY COVID-19 RESOURCES

VETERAN RESOURCES

Annie App for Veterans

“Services that sends automated text messages to Veterans to help them stay focused on their self-care.”

Website: https://mobile.va.gov/app/annie-app-veterans?utm_source=vanityURL&utm_campaign=annie-app

Last Verified On: 07/27/2023

Connected Care

“Brings a VA digital technology to Veterans and health care professionals, extending access to care beyond the traditional office visit.”

Website: <https://connectedcare.va.gov/>

Last Verified On: 07/27/2023

Make the Connection

“Veterans and their loved ones talk about their experiences, challenges, and recovery.”

Contact: (800) 273-8255

Text: 838255

Website: <https://www.maketheconnection.net/>

Last Verified On: 07/27/2023

Nation’s Finest

“While we tailor our approach to the individual needs of each veteran, our services generally fall under a few broad categories: transitional housing, mental health, homelessness prevention, employment services...”

Location: 153 Hartnell Avenue, Suite 100
Redding, CA 96002

Contact: (530) 223-3211

Website: <https://nationsfinest.org/our-locations/>

Last Verified On: 07/27/2023

Veteran’s My HealthVet

“Committed to providing high-quality care while keeping you safe from coronavirus.”

Contact: (877) 327-0022

Website: <https://www.myhealth.va.gov/mhv-portal-web/home>

Last Verified On: 07/27/2023