



PLUMAS COUNTY SUPPORT GROUP RESOURCES

PLUMAS COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES

Plumas County Dept. of Social Services

"Our pledge is to provide services courteously and professionally. We will be respectful, compassionate, supportive, and impartial. Efficiency, integrity, and respect for individual dignity will govern how we deliver services to Plumas County citizens."

Location: 270 County Hospital Road Suite 207., Quincy, CA 95971

Contact: (530) 283-6350

Website:

<https://www.plumascounty.us/94/Social-Services>

Last Verified On: 01/15/2024

ANONYMOUS SUPPORT SERVICES

Northern California Fellowship of Alcoholics Anonymous

24-Hour Hotline: (530) 225-8955

Website: <https://aanorcal.org>

Last Verified On: 01/15/2024



Narcotics Anonymous

"Reach out to someone who can help find meeting information, access help and resources, and get 24-hour guidance."

Contact: (855) 640-8480

Website: <https://www.narcotics.com/na-meetings/california/grass-valley/>

Last Verified On: 01/15/2024

ALCOHOL SUPPORT

Alcohol Rehab Help

"If you or a loved one is struggling with alcohol addiction, you can rely on us to guide you to the best rehabilitation and treatment resources."

24/7 Helpline: (928) 436-6654

Website: <https://alcoholrehabhelp.org/>

Last Verified On: 01/15/2024



PLUMAS COUNTY SUPPORT GROUP RESOURCES

QUIT SMOKING ASSISTANCE

California QUITs

“Free, Quit Coach Live Support, Texting Program. Resources for Teens and Adults to quit vaping and tobacco.”

Call and Chat Counseling:

English Smokers: (800) 662-8887

English Vaping: (844) 866-8273

Spanish: (800) 456-6386

Chinese: (800) 838-88917

Korean: (800) 778-8440

Text: “Quit Vaping” to 66819

Text: “Quit” Smoking” to 66819

Website: <https://www.kickitca.org/>

Last Verified On: 01/15/2024

Alexa Skills Stop Vaping Coach

“With the Stop Vaping Coach skill, get quit vaping tips or sign up to speak with a quit coach.”

Website:

https://www.amazon.com/dp/B07YBTN1GY/ref=sr_1_1?keywords=stop%20vaping%20coach&qid=1569431942&s=gateway&sr=8-1&fbclid=IwAR0Bqqyt0UWfJ7MYVSYHQ2NMAbvvhO0UMkCbv7dP7vHPj9fEZwliaP-SEZI

Last Verified On: 01/15/2024

TREATMENT PROVIDERS

Plumas County Dept. of Social Services

“Our pledge is to provide services courteously and professionally. We will be respectful, compassionate, supportive, and impartial. Efficiency, integrity, and respect for individual dignity will govern how we deliver services to Plumas County citizens.”

Location: 270 County Hospital Road Suite 207., Quincy, CA 95971

Contact: (530) 283-6350

Website:

<https://www.plumascounty.us/94/Social-Services>

Last Verified On: 01/15/2024



PLUMAS COUNTY SUPPORT GROUP RESOURCES

MEDICATION ASSISTED TREATMENT PROGRAMS (MAT) & NARCOTIC TREATMENT PROGRAMS (NTP)

Medication Assisted Treatment - Plumas County

"Our pledge is to provide services courteously and professionally. We will be respectful, compassionate, supportive, and impartial. Efficiency, integrity, and respect for individual dignity will govern how we deliver services to Plumas County citizens."

Location: 270 County Hospital Road Suite 207., Quincy, CA 95971

Contact: (530) 283-6350

Website:

<https://www.plumascounty.us/2582/Medication-Assisted-Treatment>

Last Verified On: 01/15/2024