

# PLUMAS COUNTY CHILDREN & FAMILY RESOURCES

## CHILD DEVELOPMENT RESOURCES

### First 5

“The First 5 Plumas and partnering grantees work to ensure Plumas County children have the best start in their first 5 years of life.”

**Contact:** (530) 394-7016

**Location:** 270 Hospital Rd Suite 206 Quincy, CA 95971

**Website:** [www.first5plumas.org](http://www.first5plumas.org)

Last Verified On: 02/06/2025

### Plumas Stars - Plumas Rural Services

“Supports individuals and agencies providing early learning and care to children. Serves Plumas County residents. Provides resources on website including: Free online development screening - Ages and stages questionnaire Resources and links for parents and providers.”

**Contact:** (530) 283-4453

**Website:** <http://www.plumasstars.org>

Last Verified On: 02/06/2025

### Plumas Rural Services – Early Head Start Resource Center

“Service that provides resources and support to families with infants and toddlers age birth to three who are, or may be at risk, for disabilities or developmental delays.”

**Location:** 711 East Main Street, Quincy, CA 95971

**Website:** <https://plumasruralservices.org/early-start>

**Contact:** (530) 283-2735

Last Verified On: 02/06/2025



### Sierra Cascade Family Opportunities – Head Start

“Sierra Cascade Family Opportunities provides free high quality child development services.”

**Contact:** (800) 404-1242

**Website:**

<https://www.facebook.com/headstart4u.org/>

Last Verified On: 02/06/2025

## CHILDCARE RESOURCES

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### **Plumas Rural Services – Child Care Resource & Referral**

“This is a county-wide child care information and referral program. Services are funded with state and federal grants through the California Department of Education, with additional funds from local resources.”

**Location:** 711 East Main Street, Quincy, CA 95971

**Website:** <https://plumasruralservices.org/Child-Care-Resource-Referral>

**Contact:** (530) 283-4453

Last Verified On: 02/06/2025

## FAMILY RESOURCE CENTERS

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### **Plumas Rural Services – Family Empowerment Center**

“This service provides information, training, support and advocacy to parents and guardians of children and young adults with ANY disability in Lassen, Modoc, Plumas and Sierra Counties.”

**Location:** 711 East Main Street, Quincy, CA 95971

**Website:**  
<https://plumasruralservices.org/Family-Empowerment-Center>

**Contact:** (530) 283-2735 ext. 880

Last Verified On: 02/06/2025



# PLUMAS COUNTY CHILDREN & FAMILY RESOURCES

## FINANCIAL ASSISTANCE RESOURCES

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### Andrew McDonough B+ Foundation Family Assistance Program

“Helping Families of Children under the age of 21 with cancer. The B+ Foundation Family Assistance Program gives qualified families money for expenses that are attributable to their child’s cancer diagnosis. The goal of the program is to lessen the financial burden so families can focus on helping their children get well.”

**Contact:** (302) 563-8389

**Website:** <https://bepositive.org/need-help/>

Last Verified On: 02/06/2025

### California ALL

“If you have been financially affected by COVID-19, you may be eligible for: Unemployment Insurance, Eviction Protection, Mortgage Relief, Food Assistance and No credit score changes.”

**Contact:** (833) 422-4255

**Website:** <https://covid19.ca.gov/get-financial-help/>

Last Verified On: 02/06/2025

### Plumas County Dept. of Social Services

“Our pledge is to provide services courteously and professionally. We will be respectful, compassionate, supportive, and impartial. Efficiency, integrity, and respect for individual dignity will govern how we deliver services to Plumas County citizens.”

**Location:** 270 County Hospital Road Suite 207., Quincy, CA 95971

**Contact:** (530) 283-6350

**Website:**

<https://www.plumascounty.us/94/Social-Services>

Last Verified On: 02/06/2025

### CalKIDS

“The California Kids Investment and Development Savings Program (CalKIDS) was launched in 2022 by the State of California with a clear mission: make it easier for more children to save for their future education. Administered by the ScholarShare Investment Board, CalKIDS takes the initiative by automatically offering newborns and eligible low-income public school children in California an initial seed deposit, along with other potential financial incentives. This ensures that they can start their college and career savings journey right from the beginning.”

**Contact:** (888) 445-2377, Monday-Friday, 8:00am – 5:00pm PST

**Website:** <https://calkids.org/>

**Confirm Eligibility:** <https://calkids.org/get-started/>

**Claim CalKIDS Account:**

<https://calkids.outcometracker.app/p/CalKids/calkids/registration/>

Last Verified On: 02/06/2025



# PLUMAS COUNTY CHILDREN & FAMILY RESOURCES

## FOSTER CARE & KINSHIP SUPPORT SERVICES

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### Family Urgent Response System (FURS)

“FURS is a free 24/7/365 Hotline for current and former foster youth (up to age 21) and their caregivers with immediate, trauma-informed support when they need it. FURS assists to prevent placement disruptions, promotes healing as a family and is a safe, judgement free, and private space to talk about your worries and vent.”

**Call or Text Hotline:** (833) 939-3877

**Contact:** (916) 657-1858

**Website:** <https://www.cal-furs.org/>

**(Spanish) Sitio Web:**

<https://www.cdss.ca.gov/Portals/9/Child-Welfare-Programs/Foster-Care/FURs/FURS-Hotline-Flyer-Youth-SP.pdf>

Last Verified On: 02/06/2025

## HOME VISITING PROGRAMS

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### Plumas Rural Services – Family Empowerment Center

“This service provides information, training, support and advocacy to parents and guardians of children and young adults with ANY disability in Lassen, Modoc, Plumas and Sierra Counties.”

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## MENTAL HEALTH RESOURCES

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### Carelon Behavioral Health (formerly Beacon)

“Behavioral health services company that serves the full spectrum of mental health and wellness needs, from mild-to-moderate anxiety and depression to substance use disorder, suicide prevention, and crisis solutions.”

**Contact:** (855) 765-9703

**Website:** <https://www.carelon.com>

Last Verified On: 02/06/2025

### Cal HOPE Warm Line

“Feeling stressed by Covid-19? Help is just a phone call away! Cal HOPE builds community resiliency and helps people recover from disasters through free outreach, crisis counseling, and support services.”

**Contact:** (833) 317-HOPE (4673)

**Website:**

<https://www.calhope.org/pages/current-services.aspx>

Last Verified On: 02/06/2025

### BrightLife Kids (CalHOPE)

“Our expert coaches help kids navigate everything from sleep to screen time to separation anxiety — and help boost your confidence with resources for parents, too.”

**Contact:** (888) 275-5357

**Website:** <https://www.hellobrightline.com/ca-families/>

Last Verified On: 02/06/2025

## PET ASSISTANCE

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### Brown Dog Foundations

“The Brown Dog Foundation provides financial assistance to pet owners in temporary financial crisis whose pet faces a treatable, but life-threatening condition or illness.”

**Contact:** [grants@browndogfoundation.org](mailto:grants@browndogfoundation.org)

**Website:** <http://www.browndogfoundation.org/>

Last Verified On: 02/06/2025

### Canine Companions for Independence®

“We unite people with dogs in a powerful program that leads to greater independence and confidence.”

**Contact:** (800) 572-2275

**Form:** <http://www.cci.org/assistance-dogs/is-a-dog-right-for-you.html>

**Email:** [info@cci.org](mailto:info@cci.org)

**Website:** <https://canine.org/>

Last Verified On: 02/06/2025

### CDSS Assistance Dog Special Allowance Program

“The California Department of Social Services offers the Assistance Dog Special Allowance, which provides a monthly stipend of \$50 to eligible people who use a guide, service, or signal dog. The allowance is to help cover the food, grooming, and health costs of the dog.”

**Contact:** 916-657-2628

**Website:**

<https://www.cdss.ca.gov/cdssweb/entres/forms/english/pub294.pdf>

Last Verified On: 02/06/2025



# PLUMAS COUNTY CHILDREN & FAMILY RESOURCES

## WOMEN, INFANTS, & CHILDREN PROGRAM (WIC)

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### Plumas County WIC – Quincy

“WIC provides benefits to access healthy foods, nutrition education and tips, breastfeeding support, health care referrals and community information. WIC helps your family eat well, be active, and stay healthy.”

**Location:** 711 E Main St, Quincy, CA 95971

**Contact:** (530) 283-4093

**Website:**

<https://plumasruralservices.org/women-infants-children>

**State Website:**

<https://www.myfamily.wic.ca.gov/>

Last Verified On: 04/09/2025