

# NAPA COUNTY YOUTH RESOURCES

## YOUTH COUNSELING PROGRAMS

### Aldea Child & Family Services

“Psychological Assessments, Psychotherapy, Behavioral Support Services, Psychiatry, Therapeutic Visitation Services, Skills Training for Adolescents Reaching For Success (STARS), and Youth Diversion Services”

**Location:** 2310 First Street

Napa, CA 94559

**Contact:** (707) 255-1855

**Website:** <https://www.aldeainc.org/>

Last Verified On: 10/09/2023



## DOMESTIC VIOLENCE & INTIMATE PARTNER VIOLENCE

### Love is Respect

“Love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources.”

**Contact:** (866) 331-9474

**Text:** LOVEIS to 22522

**Website:** <https://www.loveisrespect.org/>

Last Verified On: 10/09/2023

## YOUTH EDUCATION & EMPLOYMENT

### Career Point Napa

“Deciding whether to go to college, get specialized training, or find work is difficult for many young people. Employment and training services are available to eligible out of school youth between the ages of 14 to 24 who reside in Lake, Napa, Marin, or Mendocino counties.”

**Location:** 2751 Napa Valley Corporate Drive Building A-106

Napa, CA 94558

**Contact:** (707) 253-4134

**Website:**

<http://careerpointnorthbay.org/youth-2/>

Last Verified On: 10/09/2023

### Career Point North Bay

“Deciding whether to go to college, get specialized training, or find work is difficult for many young people. Employment and training services are available to eligible out of school youth between the ages of 14 to 24 who reside in Lake, Napa, Marin, or Mendocino counties.”

**Location:** 55 1<sup>st</sup> Street

Lakeport, CA 95453

**Contact:** (707) 263-0630

**Website:** <http://careerpointnorthbay.org/youth-2/>

Last Verified On: 10/09/2023

# NAPA COUNTY YOUTH RESOURCES

## YOUTH EDUCATION & EMPLOYMENT, Continued

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### California Student Aid Commission

“If you are or were in foster care for at least one day, between the ages of 16 and 18 as a dependent or ward of the court and have financial need, you may qualify for up to \$5,000 a year for career and technical training or college. You don’t have to pay this money back. You may also be able to use your grant to help pay for child care, transportation and rent while you’re in school. You can use your Chafee Grant at any eligible California college or university or career or technical school, as well as schools in other states.”

**Website:** <https://chafee.csac.ca.gov/>

Last Verified On: 10/09/2023

## MENTAL HEALTH SUPPORT SERVICES

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### SafeSpace

“SafeSpace is a youth-led, mental health-focused organization that empowers young people to engage openly with their local schools and communities. We create and implement initiatives to change the conversation around mental health by educating and encouraging our peers to speak up, support others, and seek help when needed.”

**Website:** <https://safespace.org/>

Last Verified On: 10/09/2023

### CalHOPE – Soluna

“Mental Health coaching and resources for teens and young adults ages 13-25.”

**Website:** <https://solunaapp.com/>

Last Verified On: 01/25/2024

### SafeSpace Stories – Podcast

“Weaving the voices of teens, mental health experts, and inspiring individuals into a cohesive experience, SafeSpace stories is your mental health resource.”

**Website:**

<https://www.safespacestories.org/projects-7>

**Apple Podcast:**

<https://podcasts.apple.com/us/podcast/safespace-stories/id1595738668>

**Spotify:**

<https://open.spotify.com/show/49338MHq6LAE nBaOq1RSSC?si=b97a00f41db94211&nd=1>

Last Verified On: 10/09/2023

# NAPA COUNTY YOUTH RESOURCES

## YOUTH ENRICHMENT PROGRAMS

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### **Boys & Girls Clubs of Calistoga**

“Provide all young people a safe, positive and unique place to develop their natural talents, and to inspire them to achieve their full potential.”

**Location:** 1401 N Oak Street,  
Calistoga, CA 94515

**Contact:** (707) 709-6950

**Website:** <https://bgcshc.org/>

Last Verified On: 10/09/2023

### **Boys & Girls Club of St. Helena**

“Provide all young people a safe, positive and unique place to develop their natural talents, and to inspire them to achieve their full potential.”

**Location:** 1420 Tainter Street,  
St. Helena, CA 94574

**Contact:** (707) 963-8944

**Website:** <https://bgcshc.org/>

Last Verified On: 10/09/2023

### **Family Urgent Response System (FURS) – Youth FURS**

“Free 24/7/365 Hotline for current or former foster youth and their caregivers to call and get immediate help for any big or small issues you may be having. FURS also has a Mobile Response Team of caring and trained individuals that can come directly to where you are to help you solve problems and connect you to local services and support.”

**Hotline Call or Text:** (833) 939-3877

**Main Website:**

<https://www.cdss.ca.gov/inforesources/cdss-programs/foster-care/furs>

Last Verified On: 10/09/2023

### **Youth FURS Website:**

<https://cdss.ca.gov/inforesources/cdss-programs/foster-care/family-urgent-response-system/furs-youth-page>

Last Verified On: 10/09/2023

### **VOICES**

“Provides healthy, welcoming and lively community centers where transitioning foster youth have access to comprehensive housing, education, employment, and wellness services.”

**Location:** 780 Lincoln Avenue  
Napa, CA 94558

**Contact:** (707) 251-9432

**Website:** <https://www.voicesyouthcenter.org/>

Last Verified On: 10/09/2023