



# NAPA COUNTY MENTAL HEALTH RESOURCES

## 24 HOUR CRISIS STABILIZATION UNIT

---

### **Crisis Stabilization Services Program**

“Provides immediate response on a short term basis to help individuals of all ages affected by problems and symptoms associated with acute mental health crises.”

Location: 2751 Napa Valley Corporate Way,  
Building B

Napa, CA 94558

Contact: (707) 253-4711

Website:

<https://www.countyofnapa.org/306/Mental-Health-Crisis-Services>

Last Verified On: 05/31/2024



### **24 Hour Mental Health Crisis Hotline**

**Contact:** (707)253-4711

Last Verified On: 05/31/2024

### **National Maternal Mental Health Hotline**

“Free, confidential, 24/7 mental health support for moms and their families before, during, and after pregnancy. We have English- and Spanish-speaking counselors.”

**Call/text:** 1 (833) 852-6262

**Website:** [https://mchb.hrsa.gov/national-](https://mchb.hrsa.gov/national-maternal-mental-health-)  
[maternal-mental-health-](https://mchb.hrsa.gov/national-maternal-mental-health-)

[hotline/fq#:~:text=Call%20or%20text%20the%20National,%2D833%2D852%2D6262](https://mchb.hrsa.gov/national-maternal-mental-health-hotline/fq#:~:text=Call%20or%20text%20the%20National,%2D833%2D852%2D6262)

Last Verified On: 09/20/2024

## ANONYMOUS SUPPORT SERVICES

---

### **Napa Recovery Resource Center (NRRC)**

“The NRRC is Napa Valley’s gathering place for 12-step meetings and supportive socializing. As Napa’s only dedicated recovery meeting venue, the Napa Recovery Resource Center also provides educational and recreational events, and activities for people seeking recovery. AA/NA English and Spanish Meetings”.

**Contact:** (707) 226-278

**Website:** <https://www.naparecovery.com/>

Last Verified On: 05/31/2024



# NAPA COUNTY MENTAL HEALTH RESOURCES

## MENTAL HEALTH PROGRAMS

---

### **Carelon Behavioral Health (formerly Beacon)**

“Behavioral health services company that serves the full spectrum of mental health and wellness needs, from mild-to-moderate anxiety and depression to substance use disorder, suicide prevention, and crisis solutions.”

**Contact:** (855) 765-9703

**Website:** <https://www.carelon.com>

Last Verified On: 05/31/2024

### **Napa County Mental Health Access**

“Public Health Services, Public Health Services, Mental Health Services, Child Welfare Services, Self Sufficiency Services and Comprehensive Services for Older Adults.”

**Location:** 2751 Napa Valley Corporate Drive, Building A

Napa, CA 94558

**Contact:** (707) 259-8151 or 1 (9800) 648-8650

**Emergency Contact:** (707) 253-4711

**Website:**

<https://www.countyofnapa.org/290/Mental-Health>

Last Verified On: 05/31/2024

### **Community Counseling – Side by Side**

“From short term, intensive crisis intervention to longer term case management support.”

**Location:** 1360 N. Dutton, Ste. C.  
Santa Rosa, CA 94501

**Contact:** (707) 569-0877

**Email:**

[CommCounselingSonomaNapa@sidebysideyouth.org](mailto:CommCounselingSonomaNapa@sidebysideyouth.org)

**Website:**

<https://www.sidebysideyouth.org/programs/community-counseling/>

Last Verified On: 05/31/2024

### **CalHOPE – BrightLife Kids**

“Mental Health coaching and resources for parents with kids ages 0-12.”

**Website:**

[https://www.hellobrightline.com/brightlifekids/?utm\\_medium=referral&utm\\_source=calhopewebsite](https://www.hellobrightline.com/brightlifekids/?utm_medium=referral&utm_source=calhopewebsite)

Last Verified On: 05/31/2024



# NAPA COUNTY MENTAL HEALTH RESOURCES

## MENTAL HEALTH SUPPORT SERVICES

---

### **Innovations Community Center**

“Providers, family members, and consumers work to create healing through storytelling, artistic expression, healthy living, spiritual practice, and social connections.”

**Location:** 3281 Solano Avenue  
Napa, CA 94558

**Contact:** (707) 259-8692

**Website:**

<http://www.innovationscommunitycenter.org>

Last Verified On: 05/31/2024

### **Puertas Abiertas**

“Puertas Abiertas provides direct support such as free mental health services and brief individual counseling as well as guided referrals and access to healthcare and social service providers, connecting clients to local nonprofit and government organizations that provide medical, dental, and mental health services.”

**Location:** 952 Napa Street  
Napa, CA 94559

**Contact:** (707) 224-1786

**Website:**

<https://www.puertasabiertasnapa.org/health-and-wellness>

Last Verified On: 05/31/2024

### **SafeSpace**

“SafeSpace is a youth-led, mental health-focused organization that empowers young people to engage openly with their local schools and communities. We create and implement initiatives to change the conversation around mental health by educating and encouraging our peers to speak up, support others, and seek help when needed.”

**Website:** <https://safespace.org/>

Last Verified On: 05/31/2024

### **SafeSpace Stories – Podcast**

“Weaving the voices of teens, mental health experts, and inspiring individuals into a cohesive experience, SafeSpace stories is your mental health resource.”

**Website:**

<https://www.safespacestories.org/projects-7>

**Apple Podcast:**

<https://podcasts.apple.com/us/podcast/safespace-stories/id1595738668>

**Spotify:**

[https://open.spotify.com/show/49338MHg6LAE\\_nBaOq1RSSC?si=b97a00f41db94211&nd=1](https://open.spotify.com/show/49338MHg6LAE_nBaOq1RSSC?si=b97a00f41db94211&nd=1)

Last Verified On: 05/31/2024

## ADULT MENTAL HEALTH SERVICES

---

### **Adult Mental Health Services**

“Provides a variety of services for adult 18 years of age and older including, emergency and crises services, mental health counseling, pre-screening and referrals, psychiatric medication, review and management and other programs.”

**Location:** 2751 Napa Valley Corporate drive  
building A  
Napa, CA. 94558

**Contact:** (707) 253-4306

**Website:**

<https://www.countyofnapa.org/316/Adult-Mental-Health-Services>

Last Verified On: 05/31/2024