

MODOC COUNTY SUBSTANCE USE RESOURCES

MODOC COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES

Behavioral Health

“Modoc County Behavioral Health provides assessment, diagnosis, and treatment to individuals requiring mental health, substance use disorder or dual diagnosis treatment. The outpatient treatment team consists of trained professionals including licensed therapists, behavioral health nurses, case managers, counsellors, and support staff.”

Location: 441 North Main Street
Alturas, CA 96101

Contact: (530) 233-6312

Toll Free: (800) 699-4880

Website:

<https://behavioralhealth.co.modoc.ca.us/>

Last Verified On: 07/12/2023



Sunrays of Hope, Inc. Wellness Center

“Sunrays of Hope is a wellness center and a drop-in center at the same time. As a wellness center, it works in providing opportunities in receiving emotional and tangible peer support, through times of personal or professional crises.”

Location: 113 E North Street
Alturas, CA 96101

Contact: (530) 233-9696

Last Verified On: 07/12/2023

MEDICATION ASSISTED TREATMENT PROGRAM (MAT)

Modoc Medical Clinic

(Referral may be required)

Location: 229 West McDowell Avenue
Alturas, CA 96101

Contact: (530) 233-7052

Website: <http://www.modocmedicalcenter.org/>

Last Verified On: 07/12/2023



MODOC COUNTY SUBSTANCE USE RESOURCES

ANONYMOUS SUPPORT SERVICES

Northern California Fellowship of Alcoholics Anonymous

24-Hour Hotline: (530) 225-8955

Website: <https://aanorcal.org>

Last Verified on: 07/12/2023

Narcotics Anonymous of Modoc County

Website: <http://www.na.org/meetingsearch>

Last Verified On: 07/12/2023

Al-Anon District 4 Northern California

District 4 Contact: (530) 378-9185

Website: <https://norcal-al-anon.blogspot.com/>

Last Verified On: 07/12/2023

Modoc County Co-Dependents (CoDA) Anonymous

Website: <http://locator.coda.org>

Last Verified On: 07/12/2023

PERINATAL SUBSTANCE USE RESOURCES

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MotherToBaby

“We specialize in answering questions about the safety/risk of exposures, such as medications, vaccines, chemicals, herbal products, substances of abuse, maternal health conditions and much more, during pregnancy or breastfeeding. Our no-cost information service is available to mothers, health professionals, and the general public via chat, text, phone, and email in both English and Spanish.”

Contact: (866) 626-6847

Website: <https://mothertobaby.org/pregnancy-breastfeeding-exposures/>

Last Verified On: 07/12/2023

ALCOHOL SUPPORT

Alcohol Rehab Help

“If you or a loved one is struggling with alcohol addiction, you can rely on us to guide you to the best rehabilitation and treatment resources.”

24/7 Helpline: (928) 436-6654

Website: <https://alcoholrehabhelp.org/>

Last Verified On: 07/12/2023



MODOC COUNTY SUBSTANCE USE RESOURCES

QUIT SMOKING ASSISTANCE

California QUITs

“Free, Quit Coach Live Support, Texting Program, Mobile Apps for iPhone and Android.”

Resources for Teens and Adults to quit vaping and tobacco.

Call and Chat Counseling:

English Smokers: (800) 662-8887

English Vaping: (844) 866-8273

Spanish: (800) 456-6386

Chinese: (800) 838-88917

Korean: (800) 778-8440

Text: “Quit Vaping” to 66819

Text: “Quit” Smoking” to 66819

Website: <https://www.kickitca.org>

Last Verified On: 07/12/2023

Alexa Skills Stop Vaping Coach

“With the Stop Vaping Coach skill, get quit vaping tips or sign up to speak with a quit coach.”

Website:

https://www.amazon.com/dp/B07YBTN1GY/ref=sr_1_1?keywords=stop%20vaping%20coach&qid=1569431942&s=gateway&sr=8-1&fbclid=IwAR0Bqqyt0UWfJ7MYVSYHQ2NMAbvvhO0UMkCbv7dP7vHPj9fEZwliaP-SEZI

Last Verified On: 07/12/2023