

# MODOC COUNTY CRISIS RESOURCES

**Note: Some services may have changed due to COVID-19,  
Please call to confirm hours and services available.**

Available resources and services for those experiencing a crisis.

**In the case of a life threatening emergency, call 911.**



## 24-HOUR CRISIS SERVICES

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### Modoc County Behavioral Health Crisis Line

**Location:** 441 North Main Street  
Alturas, CA 96101

**24-Hour Crisis Services:** (800) 699-4880

**24-Hour Crisis Services:** (530) 233-6312

**Website:**

[https://behavioralhealth.co.modoc.ca.us/get\\_help/](https://behavioralhealth.co.modoc.ca.us/get_help/)

Last Verified On: 02/01/2023

## 24-HOUR CRISIS HOTLINES

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### CA Youth Crisis Line (CYCL)

“CYCL operates 24/7 as the statewide emergency response system for youth (ages 12-24) and families in crisis. Professionally trained staff and volunteer counselors provide crisis intervention counseling and resource referrals to service providers in the caller’s local community. Thoughts of suicide, depression, bullying, health and identity questions, trauma, human trafficking or any teen-related struggle are discussed with a crisis counselor in confidence and without judgement. We do not provide advice. We listen with compassion.”

**Call or Text:** (800) 843-5200

**Website:** <https://calyouth.org/cycl/>

Last Verified On: 02/01/2023

## COUNTY EMERGENCY SERVICES

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### NIXLE

“Nixle provides an open communication forum that connect public safety, municipalities, schools, businesses and the communities they serve. Nixle enables real-time, two-way communication through text, email, voice messages, social media, and the Nixle mobile app.”

**Text:** Your zip code to 888-777

**Website:** <https://local.nixle.com/register/>

Last Verified On: 02/01/2023

### National Runaway Safeline

“Our crisis services center team is available 24/7365. Reach out to us in a way that works best for you. We are here to listen and here to help.”

**Contact:** (800) 786-2929

**Website:** <https://www.1800runaway.org/youth-teens/>

Last Verified On: 02/01/2023

### National Suicide Prevention Lifeline

“Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24/7.”

**Contact:** (800) 273-8255

**Website:** <https://suicidepreventionlifeline.org/>

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## 24-HOUR CRISIS HOTLINES, Continued

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### Strength After

“If you are experiencing emotional distress or other mental health concerns after a disaster, the Disaster Distress Helpline is here for you 24/7/365.”

**Contact:** (800) 985-5990

**Website:** <https://strengthafterdisaster.org/>

Last Verified On: 02/01/2023

### The Trevor Project, LGBTQ Youth

“We provide information & support to LGBTQ young people 24/7, all year round.”

**Contact:** (866) 488-7386

**Text:** START to 678-678

**Website:** <https://www.thetrevorproject.org/>

Last Verified On: 02/01/2023

### Your Life Your Voice

“If you are having thoughts of harming yourself or you are being abused, please call us. These are serious issues that are best handled in one-on-one conversations with counselors.”

**Contact:** (800) 448-3000

**Text:** VOICE to 20121

**Website:**

<https://www.yourlifeyourvoice.org/Pages/home.aspx>

Last Verified On: 02/01/2023

## DOMESTIC VIOLENCE & ABUSE RESOURCES

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### Adult Protective Services

“Adult Protective Services (APS) provides direct intervention, remedial and case management services, and other types of support to dependent and elderly adults who are at risk or victims of abuse, neglect, exploitation or fiduciary abuse.”

**Location:** 120 North Main Street

Alturas, CA 96101

**Contact:** (530) 233-6501

**After Hours Contact:** (530) 233-4416

**Toll Free Hotline:** (833) 401-0832

**Website:** <https://www.cdss.ca.gov/adult-protective-services>

Last Verified On: 02/01/2023

### Child Protective Services

“Child Protective Services provides protection, intervention, and ongoing support to children who are victims of or are threatened with abuse, neglect, or exploitation. Services are designed to preserve the family unit by strengthening parental capacity and creating a willingness to provide a safe and healthful child-rearing environment.”

**Location:** 120 North Main Street

Alturas, CA 96101

**Contact:** (530) 233-6501

**Toll Free Hotline:** (866) 233-4424

**Website:**

<https://www.cdss.ca.gov/reporting/report-abuse/child-protective-services>

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## DOMESTIC VIOLENCE & ABUSE RESOURCES

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### Love is Respect

“Love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources.”

**Contact:** (866) 331-9474

**Text:** LOVEIS to 22522

**Website:** <https://www.loveisrespect.org/>

Last Verified On: 02/01/2023

### The Rape, Abuse & Incest National Network (RAINN)

“Largest anti-sexual violence organization. Carries out programs to prevent sexual violence, help survivors, and ensure that perpetrators are brought to justice.”

**24/7 Help Hotline:** (800) 656-4673

**Website:** <https://www.rainn.org/>

Last Verified On: 02/01/2023

### Training, Employment & Community Help (T.E.A.C.H, Inc.)

“T.E.A.C.H. is dedicated to assisting and empowering individuals and families to improve their quality of life and self-sufficiency.

Programs administered include: ... domestic violence and sexual assault victim services.”

**Location:** 112 E. 2<sup>nd</sup> Street

Alturas, CA 96101

**24-Hour Crisis Line:** (855) 855-6745

**Contact:** (530) 233-3111

**Website:** <http://www.teachinc.org>

Last Verified On: 02/01/2023

## FOSTER AND KINSHIP SUPPORT SERVICES

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### Family Urgent Response System (FURS)

“FURS is a free 24/7/365 Hotline for current and former foster youth (up to age 21) and their caregivers with immediate, trauma-informed support when they need it. FURS assists to prevent placement disruptions, promotes healing as a family and is a safe, judgement free, and private space to talk about your worries and vent.”

**Call or Text Hotline:** (833) 939-3877

**Website:** <https://www.cal-furs.org/>

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## MENTAL HEALTH RESOURCES

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### Beacon Health Options

“Beacon’s system is built on a strong support structure of doctors, nurses, advocates, and mentors fulfilling members’ behavioral, physical, and social health needs.”

**Contact:** (855) 765-9703

**Website:**

<https://www.beaconhealthoptions.com/>

Last Verified On: 02/01/2023

### CalHOPE Warm Line

“The CalHOPE warm line connects callers to other people who have persevered through struggles with stress, anxiety, depression—emotions triggered by the COVID-19 pandemic. The peer counselors listen with compassion, provide non-judgmental support and guide you to additional resources that can give hope and help them cope.”

**Contact:** (833) 317-HOPE (4673)

**Website:** <https://www.calhope.org/>

Last Verified On: 02/01/2023

## PET ASSISTANCE

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### RedRover

“Provides emergency sheltering, training, consultations for animals displaced by natural disasters and other crises.”

**Contact:** (916) 429-2457

**Website:** <https://redrover.org/relief/>

Last Verified On: 02/01/2023

## SUPPORT SERVICES

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### Alyssa Araiza Wings of Angels Organization

“Committed to aiding families who have children suffering with pediatric cancer or life threatening illness by providing unique support in ways other organizations do not. Families served live in Shasta, Siskiyou, Trinity, Lassen, and Modoc counties in Northern California.”

**Location:** 6907 Weeks Road

Redding, CA 96002

**Contact:** (530) 378-2373

**Website:** <http://www.aawoa.com/>

Last Verified: 02/01/2023