



MENDOCINO COUNTY SENIOR RESOURCES



ADULT DAY PROGRAMS

Redwood Coast Senior Center – Programs for Seniors

“Friendly Visitor Program, Alzheimer’s Day Program”

Location: 490 North Harold Street
Fort Bragg, CA 95437

Contact: (707) 964-0443

Website: <https://www.rcscenter.org>

Last Verified On: 02/01/2025

ADULT PROTECTIVE SERVICES & PREVENTION

Mendocino County Adult and Aging Services

“APS helps elders and dependent adults when these adults are unable to meet their own needs or are victims of abuse, neglect, or exploitation.”

24-Hour Toll Free Line: (877) 327-1799

APS Confidential Fax: (707) 467-5886

Website: <https://www.mendocinocounty.org/departments/social-services/adult-aging-services>

Last Verified On: 02/01/2025

Ukiah Office

Location: 747 S. State Street
Ukiah, CA 95482

Contact: (707) 463-7900

Last Verified On: 02/01/2025

Fort Bragg

Location: 764 S. Franklin Street
Fort Bragg, CA 95437

Contact: (707) 962-1000

Last Verified On: 02/01/2025

Willits Office

Location: 472 E. Valley Street
Willits, CA 95470

Contact: (707) 456-3700

Last Verified On: 02/01/2025

ADVANCE CARE PLANNING

Hospice of Ukiah

"The Mission of Hospice of Ukiah is to provide end of life and comfort care, free of charge, to everyone in our community who needs it."

Location: 620 South Dora Street, Suite 101
Ukiah, CA 95482

Contact: (707) 462-4038

Website: <http://www.hospiceofukiah.com/>

Last Verified On: 02/01/2025

LEGAL SERVICES

Mendocino County Public Guardian/Public Administrator

"The Public Guardian / Public Administrator Unit initiates the Court process to invoke and renew conservatorships, handles the affairs of individuals who die without family to administer their estates, and provides case management for conserved persons with mental health disabilities, dementia, or severe frailty."

Location: 501 Low Gap Road
Ukiah, CA 95482

Contact: (707) 468-7056

Website:

<https://www.mendocinocounty.org/Home/Components/ServiceDirectory/ServiceDirectory/293/26>

Last Verified On: 02/01/2025

Legal Services of Northern California

"Provides crucial civil legal services to tens of thousands of needy and vulnerable individuals, while also engaging in complex, sophisticated advocacy—through litigation, legislation, administrative advocacy, and community development work"

Location: 421 North Oak Street
Ukiah, CA 95482

Contact: (707) 462-1471

Toll-Free: (877) 529-7700

Website: <https://lsnc.net/>

Last Verified On: 02/01/2025

Disability Services & Legal Center

"DSLCL Ukiah provides assistance with benefits, housing, legal issues and more for residents of Mendocino and Lake Counties, California."

Location: 415 B Talmage Road, Suite B
Ukiah, CA 95482

Contact: (707) 463-8876

Website: <http://mydslc.org/ukiah-branch-staff/>

Last Verified On: 02/01/2025



MENDOCINO COUNTY SENIOR RESOURCES

CASE MANAGEMENT SERVICES

Ukiah Multipurpose Senior Services Program (MSSP)

“Provides social and health case management to assist persons aged 65 and over eligible for Medi-Cal and certifiable for skilled nursing care, to remain safely at home.”

Location: 301 South State Street
Ukiah, CA 95482

Contact: (707) 468-9347

Website:

<http://communitycare707.com/mssp.html>

Last Verified On: 02/01/2025

INDEPENDENT LIVING SUPPORT SERVICES

Disability Services & Legal Center

“DSLCL is one of California’s 28 Centers for Independent Living (CIL/ILC) that promotes the Independent Living philosophy through education, community partnerships and advocacy.”

Location: 415 B Talmage Road
Ukiah, CA 95482

Contact: (707) 463-8875

Website: <http://mydslc.org>

Last Verified On: 02/01/2025

Ukiah Independent Plus: Supported Living Service

Location: 301 South State Street
Ukiah, CA 95482

Contact: (707) 463-8725

Website:

<http://communitycare707.com/default.aspx>

Last Verified On: 02/01/2025

IN-HOME SUPPORTIVE SERVICES

Mendocino County In-Home Support Services

“The IHSS program is designed to enable Medi-Cal eligible elderly and disabled individuals to safely remain in their own home with the assistance of a provider”

24-Hour Toll Free Line: (877) 327-1799

Website:

<https://www.mendocinocounty.org/departments/social-services/adult-aging-services/in-home-supportive-services>

Last Verified On: 02/01/2025



MENDOCINO COUNTY SENIOR RESOURCES

PALLIATIVE CARE & HOSPICE

Hospice of Ukiah

"The Mission of Hospice of Ukiah is to provide end of life and comfort care, free of charge, to everyone in our community who needs it."

Location: 620 South Dora Street, Suite 101
Ukiah, CA 95482

Contact: (707) 462-4038

Website: <http://www.hospiceofukiah.com/>

Last Verified On: 02/01/2025

RESPIRE CARE

The Community Care Respite Program

"Provides relief to families who have the constant responsibility for caring for a person with a developmental disability."

Contact: (707) 964-4027

Website:

<http://communitycare707.com/respice.html>

Last Verified On: 02/01/2025

Redwood Caregiver Resource Center

"Offering support and assistance to caregivers of adults with brain impairments through education, research, services and advocacy."

Location: 1140 Sonoma Avenue, Suite 1B
Santa Rosa, CA 95401

Contact: (707) 542-0282

Toll Free: (800) 834-1636

Website: <http://www.redwoodcrc.org>

Last Verified On: 02/01/2025

RESOURCES FOR THE BLIND

Earle Baum Center For The Blind

"Helps people and families regain confidence, master new skills, contribute to their communities and engage with technology...serving people with sight loss in Sonoma, Napa, Lake, and Mendocino Counties."

Location: 4539 Occidental Road
Santa Rosa, CA 95401

Contact: (707) 523-3222

Website: <https://earlebaum.org>

Last Verified On: 02/01/2025

Ukiah Support Group

"Open to visually impaired adults"

Location: 1051 N. Bush Street,
Ukiah, CA

Dates/Hours: Every 1st Tuesday of the month
1:00 pm – 3:00 pm

Contact: (707) 523-3222

Note: Schedule may change on short notice.
Call to confirm.

PDF Flyer: <https://earlebaum.org/wp-content/uploads/Low-Vision-Support-Group-Ukiah-Flier-REVISED-WEB.png>

Website: <https://earlebaum.org/support-groups/>

Last Verified On: 02/01/2025



MENDOCINO COUNTY SENIOR RESOURCES

RECREATION & ACTIVITIES

Disabled Discount Lifetime Park Pass

“For persons with permanent disabilities, this pass entitles the bearer to a 50% discount for vehicle day use, family camping, and boat use fees at California State Park operated units.”

Location: California State Parks
Sonoma-Mendocino Coast District Office
12301 North Highway 1, Mendocino, CA 95460
Phone: (707) 937-5804

Website:

https://www.parks.ca.gov/?page_id=1049

Last Verified On: 02/01/2025

Golden Bear Annual Park Pass

“Under the law, any qualifying person receiving Supplemental Security Income (SSI) [CA State Welfare and Institutions Code Section 12200]; any person receiving aid under the CalWORKS Program; or any person 62 years of age or older with income limitations specified on the current application form is eligible to receive the Golden Bear Pass.”

Location: California State Parks
Sonoma-Mendocino Coast District Office
12301 North Highway 1, Mendocino, CA 95460
Phone: (707) 937-5804

Website:

https://www.parks.ca.gov/?page_id=1049

Last Verified On: 02/01/2025

Free Annual Fishing License

“Available for a person who is blind, developmentally disabled, or mobility impaired. Your first Free Sport Fishing License must be obtained from the CDFW License and Revenue Branch.”

Website:

<https://wildlife.ca.gov/Licensing/Fishing>

Last Verified On: 02/01/2025

Free Annual Fishing License-Native American

“Available for any Native American who is a resident of the State and is financially unable to pay the fee required for a resident sport fishing license. The Free Sport Fishing License for Low Income Native Americans is only available at CDFW License Sales Offices.”

Website:

<https://wildlife.ca.gov/Licensing/Fishing>

Last Verified On: 02/01/2025

Reduced Fee Annual Fishing License

“Available for low-income California residents, 65 years of age and older who meet the specified annual income requirements. The Reduced-Fee Sport Fishing License for Low Income Seniors is only available at CDFW License Sales Offices.”

Website:

<https://wildlife.ca.gov/Licensing/Fishing>

Last Verified On: 02/01/2025

Reduced Fee Annual Fishing License-Disabled Veteran

“Available for any resident or nonresident honorably discharged disabled veteran with a 50 percent or greater service-connected disability. After you prequalify for your first Disabled Veteran Reduced Fee Sport Fishing License, you can purchase disabled veteran licenses anywhere licenses are sold.”

Website:

<https://wildlife.ca.gov/Licensing/Fishing>

Last Verified On: 02/01/2025

Reduced Fee Annual Fishing License-Recovering Service Member

“Available for any recovering service member of the US military.”

Website:

<https://wildlife.ca.gov/Licensing/Fishing>

Last Verified On: 02/01/2025



MENDOCINO COUNTY SENIOR RESOURCES

SENIOR CENTERS

Ukiah Senior Center

“Enhance and improve the quality of life for all Ukiah seniors, their families, and their caregivers, and to enable seniors to remain as independent as possible.”

Location: 499 Leslie Street
Ukiah, CA 95482

Contact: (707) 462-4343 ext. 102

Website: www.ukiahseniorcenter.org

Last Verified On: 02/01/2025

Redwood Coast Seniors

“Redwood Coast Senior Center provides stimulating activities, essential programs, and services for Seniors. Located in Fort Bragg, on the magnificent Mendocino Coast, our historic Community Center supports optimal wellness and healthy aging.”

Location: 490 North Harold Street
Fort Bragg, CA 95437

Contact: (707) 964-0443

Website: <https://www.rcscenter.org/>

Last Verified On: 02/01/2025

Willits Harrah Senior Center

“Asset community with seniors and disabled 55+ years old within the greater Willits City area.”

Location: 1501 Baechtel Road
Willits, CA 95490

Contact: (707) 459-6826

Website: www.willitsseniorcenter.com

Last Verified On: 02/01/2025

Anderson Valley Senior Center

“Congregate meals, transportation, social programs for individuals age 60+.”

Location: Veteran’s Hall, 14400 Hwy 128
Boonville, CA 95415

Contact: (707)882-2137

Website:

<http://www.avseniorcenter.blogspot.com/>

Last Verified On: 02/01/2025

SUPPORT SERVICES

Miracle Messages Buddy Program

“Miracle Friends, is a phone and text-based buddy system that matches trained volunteers with individuals experiencing homelessness for weekly phone calls and texts, to provide basic companionship and social support... Miracle Friends supports unhoused neighbors and formerly homeless senior citizens.”

Hotline: 1-800 – MISS-YOU

Website: <https://www.miraclemessages.org>

Last Verified On: 02/01/2025

Miracle Messages Program

“Miracle Messages provides reunion services for individuals experiencing homelessness. A person experiencing homelessness records a message to a loved one (or vice versa). Then, our network of volunteer "digital detectives" attempt to locate the loved one and deliver the message. To date, we've reunited 400+ families (average time separated: 15 years), with 15% of reunions resulting in stable housing and 80% in a positive outcome.”

Hotline: 1-800 – MISS-YOU

Website: <https://www.miraclemessages.org>

Last Verified On: 02/01/2025