



# MENDOCINO COUNTY SENIOR RESOURCES



## ADULT DAY PROGRAMS

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### Redwood Coast Senior Center – Programs for Seniors

“Friendly Visitor Program, Alzheimers Day Program”

**Location:** 490 North Harold Street  
Fort Bragg, CA 95437

**Contact:** (707) 964-0443

**Website:** <https://www.rcscenter.org>

Last Verified On: 06/15/2023

## ADULT PROTECTIVE SERVICES & PREVENTION

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### Mendocino County Adult and Aging Services

“APS helps elders and dependent adults when these adults are unable to meet their own needs or are victims of abuse, neglect, or exploitation.”

**24-Hour Toll Free Line:** (877) 327-1799

**APS Confidential Fax:** (707) 467-5886

**Website:** <https://www.mendocinocounty.org/departments/social-services/adult-aging-services>

Last Verified On: 06/15/2023

#### Ukiah Office

**Location:** 747 S. State Street  
Ukiah, CA 95482

**Contact:** (707) 463-7900

Last Verified On: 06/15/2023

#### Fort Bragg

**Location:** 764 S. Franklin Street  
Fort Bragg, CA 95437

**Contact:** (707) 962-1000

Last Verified On: 06/15/2023

#### Willits Office

**Location:** 472 E. Valley Street  
Willits, CA 95470

**Contact:** (707) 456-3700

Last Verified On: 06/15/2023



# MENDOCINO COUNTY SENIOR RESOURCES

## ADVANCE CARE PLANNING

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### Hospice of Ukiah

“The Mission of Hospice of Ukiah is to provide end of life and comfort care, free of charge, to everyone in our community who needs it.”

**Location:** 620 South Dora Street, Suite 101  
Ukiah, CA 95482

**Contact:** (707) 462-4038

**Website:** <http://www.hospiceofukiah.com/>

Last Verified On: 06/15/2023

## LEGAL SERVICES

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### Mendocino County Public Guardian/Public Administrator

“The Public Guardian / Public Administrator Unit initiates the Court process to invoke and renew conservatorships, handles the affairs of individuals who die without family to administer their estates, and provides case management for conserved persons with mental health disabilities, dementia, or severe frailty.”

**Location:** 501 Low Gap Road  
Ukiah, CA 95482

**Contact:** (707) 468-7056

**Website:**

<https://www.mendocinocounty.org/Home/Components/ServiceDirectory/ServiceDirectory/293/26>

Last Verified On: 06/15/2023

### Disability Services & Legal Center

“DSLCL Ukiah provides assistance with benefits, housing, legal issues and more for residents of Mendocino and Lake Counties, California.”

**Location:** 415 B Talmage Road, Suite B  
Ukiah, CA 95482

**Contact:** (707) 463-8876

**Website:** <http://mydslc.org/ukiah-branch-staff/>

Last Verified On: 06/15/2023

### Legal Services of Northern California

“Provides crucial civil legal services to tens of thousands of needy and vulnerable individuals, while also engaging in complex, sophisticated advocacy—through litigation, legislation, administrative advocacy, and community development work”

**Location:** 421 North Oak Street  
Ukiah, CA 95482

**Contact:** (707) 462-1471

**Toll-Free:** (877) 529-7700

**Website:** <https://lsnc.net/>

Last Verified On: 06/15/2023





# MENDOCINO COUNTY SENIOR RESOURCES

## CASE MANAGEMENT SERVICES

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### Ukiah Multipurpose Senior Services Program (MSSP)

“Provides social and health case management to assist persons aged 65 and over eligible for Medi-Cal and certifiable for skilled nursing care, to remain safely at home.”

**Location:** 301 South State Street  
Ukiah, CA 95482

**Contact:** (707) 468-9347

**Website:**

<http://communitycare707.com/mssp.html>

Last Verified On: 06/15/2023

## INDEPENDENT LIVING SUPPORT SERVICES

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### Disability Services & Legal Center

“DSLCL is one of California’s 28 Centers for Independent Living (CIL/ILC) that promotes the Independent Living philosophy through education, community partnerships and advocacy.”

**Location:** 415 B Talmage Road  
Ukiah, CA 95482

**Contact:** (707) 463-8875

**Website:** <http://mydslc.org>

Last Verified On: 06/15/2023

### Ukiah Independent Plus: Supported Living Service

**Location:** 301 South State Street  
Ukiah, CA 95482

**Contact:** (707) 463-8725

**Website:**

<http://communitycare707.com/default.aspx>

Last Verified On: 06/15/2023

## IN-HOME SUPPORTIVE SERVICES

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### Mendocino County In-Home Support Services

“The IHSS program is designed to enable Medi-Cal eligible elderly and disabled individuals to safely remain in their own home with the assistance of a provider”

**24-Hour Toll Free Line:** (877) 327-1799

**Website:**

<https://www.mendocinocounty.org/departments/social-services/adult-aging-services/in-home-supportive-services>

Last Verified On: 06/15/2023



# MENDOCINO COUNTY SENIOR RESOURCES

## PALLIATIVE CARE & HOSPICE

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### Hospice of Ukiah

“The Mission of Hospice of Ukiah is to provide end of life and comfort care, free of charge, to everyone in our community who needs it.”

**Location:** 620 South Dora Street, Suite 101  
Ukiah, CA 95482

**Contact:** (707) 462-4038

**Website:** <http://www.hospiceofukiah.com/>

Last Verified On: 06/15/2023

## RESPIRE CARE

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### The Community Care Respite Program

“Provides relief to families who have the constant responsibility for caring for a person with a developmental disability.”

**Contact:** (707) 964-4027

**Website:**

<http://communitycare707.com/respite.html>

Last Verified On: 06/15/2023

### Redwood Caregiver Resource Center

“Offering support and assistance to caregivers of adults with brain impairments through education, research, services and advocacy.”

**Location:** 1140 Sonoma Avenue, Suite 1B  
Santa Rosa, CA 95401

**Contact:** (707) 542-0282

**Toll Free:** (800) 834-1636

**Website:** <http://www.redwoodcrc.org>

Last Verified On: 06/15/2023

## RESOURCES FOR THE BLIND

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### Earle Baum Center For The Blind

“Helps people and families regain confidence, master new skills, contribute to their communities and engage with technology...serving people with sight loss in Sonoma, Napa, Lake, and Mendocino Counties.”

**Location:** 4539 Occidental Road  
Santa Rosa, CA 95401

**Contact:** (707) 523-3222

**Website:** <https://earlebaum.org>

Last Verified On: 06/15/2023

### Ukiah Support Group

“Open to visually impaired adults”

**Location:** 1051 N. Bush Street,  
Ukiah, CA

**Dates/Hours:** Every 1<sup>st</sup> Tuesday of the month  
1:00 pm – 3:00 pm

**Contact:** (707) 523-3222

**Note:** Schedule may change on short notice.  
Call to confirm.

**PDF Flyer:** <https://earlebaum.org/wp-content/uploads/Low-Vision-Support-Group-Ukiah-Flier-REVISED-WEB.png>

**Website:** <https://earlebaum.org/support-groups/>

Last Verified On: 06/15/2023



# MENDOCINO COUNTY SENIOR RESOURCES

## RECREATION & ACTIVITIES

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### Disabled Discount Lifetime Park Pass

“For persons with permanent disabilities, this pass entitles the bearer to a 50% discount for vehicle day use, family camping, and boat use fees at California State Park operated units.”

**Location:** California State Parks  
Sonoma-Mendocino Coast District Office  
12301 North Highway 1, Mendocino, CA 95460  
**Phone:** (707) 937-5804

**Website:**  
[https://www.parks.ca.gov/?page\\_id=1049](https://www.parks.ca.gov/?page_id=1049)  
Last Verified On: 06/15/2023

### Golden Bear Annual Park Pass

“Under the law, any qualifying person receiving Supplemental Security Income (SSI) [CA State Welfare and Institutions Code Section 12200]; any person receiving aid under the CalWORKS Program; or any person 62 years of age or older with income limitations specified on the current application form is eligible to receive the Golden Bear Pass.”

**Location:** California State Parks  
Sonoma-Mendocino Coast District Office  
12301 North Highway 1, Mendocino, CA 95460  
**Phone:** (707) 937-5804

**Website:**  
[https://www.parks.ca.gov/?page\\_id=1049](https://www.parks.ca.gov/?page_id=1049)  
Last Verified On: 06/15/2023

### Free Annual Fishing License

“Available for a person who is blind, developmentally disabled, or mobility impaired. Your first Free Sport Fishing License must be obtained from the CDFW License and Revenue Branch.”

**Website:**  
<https://wildlife.ca.gov/Licensing/Fishing>  
Last Verified On: 06/15/2023

### Free Annual Fishing License-Native American

“Available for any Native American who is a resident of the State and is financially unable to pay the fee required for a resident sport fishing license. The Free Sport Fishing License for Low Income Native Americans is only available at CDFW License Sales Offices.”

**Website:**  
<https://wildlife.ca.gov/Licensing/Fishing>  
Last Verified On: 06/15/2023

### Reduced Fee Annual Fishing License

“Available for low-income California residents, 65 years of age and older who meet the specified annual income requirements. The Reduced-Fee Sport Fishing License for Low Income Seniors is only available at CDFW License Sales Offices.”

**Website:**  
<https://wildlife.ca.gov/Licensing/Fishing>  
Last Verified On: 12/22/2022

### Reduced Fee Annual Fishing License-Disabled Veteran

“Available for any resident or nonresident honorably discharged disabled veteran with a 50 percent or greater service-connected disability. After you prequalify for your first Disabled Veteran Reduced Fee Sport Fishing License, you can purchase disabled veteran licenses anywhere licenses are sold.”

**Website:**  
<https://wildlife.ca.gov/Licensing/Fishing>  
Last Verified On: 06/15/2023

### Reduced Fee Annual Fishing License-Recovering Service Member

“Available for any recovering service member of the US military.”

**Website:**  
<https://wildlife.ca.gov/Licensing/Fishing>  
Last Verified On: 06/15/2023





# MENDOCINO COUNTY SENIOR RESOURCES

## SENIOR CENTERS

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### Ukiah Senior Center

“Enhance and improve the quality of life for all Ukiah seniors, their families, and their caregivers, and to enable seniors to remain as independent as possible.”

**Location:** 499 Leslie Street  
Ukiah, CA 95482

**Contact:** (707) 462-4343 ext. 102

**Website:** [www.ukiahseniorcenter.org](http://www.ukiahseniorcenter.org)

Last Verified On: 06/15/2023

### Redwood Coast Seniors

“Redwood Coast Senior Center provides stimulating activities, essential programs, and services for Seniors. Located in Fort Bragg, on the magnificent Mendocino Coast, our historic Community Center supports optimal wellness and healthy aging.”

**Location:** 490 North Harold Street  
Fort Bragg, CA 95437

**Contact:** (707) 964-0443

**Website:** <https://www.rcscenter.org/>

Last Verified On: 06/15/2023

### Willits Harrah Senior Center

“Asset community with seniors and disabled 55+ years old within the greater Willits City area.”

**Location:** 1501 Baechtel Road  
Willits, CA 95490

**Contact:** (707) 459-6826

**Website:** [www.willitsseniorcenter.com](http://www.willitsseniorcenter.com)

Last Verified On: 06/15/2023

### Anderson Valley Senior Center

“Congregate meals, transportation, social programs for individuals age 60+.”

**Location:** Veteran’s Hall, 14400 Hwy 128  
Boonville, CA 95415

**Contact:** (707)882-2137

**Website:**

<http://www.avseniorcenter.blogspot.com/>

Last Verified On: 06/15/2023

## SUPPORT SERVICES

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### Miracle Messages Buddy Program

“Miracle Friends, is a phone and text-based buddy system that matches trained volunteers with individuals experiencing homelessness for weekly phone calls and texts, to provide basic companionship and social support... Miracle Friends supports unhoused neighbors and formerly homeless senior citizens.”

**Hotline:** 1-800 – MISS-YOU

**Website:** <https://www.miraclemessages.org>

Last Verified On: 06/15/2023

### Miracle Messages Program

“Miracle Messages provides reunion services for individuals experiencing homelessness. A person experiencing homelessness records a message to a loved one (or vice versa). Then, our network of volunteer "digital detectives" attempt to locate the loved one and deliver the message. To date, we've reunited 400+ families (average time separated: 15 years), with 15% of reunions resulting in stable housing and 80% in a positive outcome.”

**Hotline:** 1-800 – MISS-YOU

**Website:** <https://www.miraclemessages.org>

Last Verified On: 06/15/2023