

# MENDOCINO COUNTY LGBTQ+ RESOURCES

## HOTLINE PHONE NUMBERS

### LGBT National Talk Line

“Provide a confidential safe space where callers of any age can speak about sexual orientation or gender identity/expression issues. This includes coming out issues, relationship concerns, bullying, workplace issues, HIV/AIDS anxiety, safer sex information, suicide, and much more.”

**Contact:** (888) 843-4564

**Email:** [help@LGBThotline.org](mailto:help@LGBThotline.org)

**Website:** <https://lgbthotline.org/national-hotline/>

Last Verified On: 04/19/2024

### LGBT National Youth Talk Line

“Provide a confidential safe space where callers of any age can speak about sexual orientation or gender identity/expression issues. This includes coming out issues, relationship concerns, family, bullying, school issues, HIV/AIDS anxiety, safer sex information, suicide, and much more.”

**Contact:** (800) 246-7743

**Email:** [help@LGBThotline.org](mailto:help@LGBThotline.org)

**Website:** <https://lgbthotline.org/youth-talkline/>

Last Verified On: 04/19/2024

### National Suicide Prevention Line

“Provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.”

**Call/Text:** 988

**Website:**

<http://www.suicidepreventionlifeline.org/>

Last Verified On: 04/19/2024



### Trevor Lifeline

“Website, chat, & text crisis support, specializing in LGBTQ youth suicide prevention.”

**Contact:** (866) 488-7386

**Text:** START to 678-678

**Website:** <https://www.thetrevorproject.org/get-help-now/>

Last Verified On: 04/19/2024

### LGBT National Senior Hotline

“Speak on many different issues and concerns including, but limited to, gender and/or sexuality identities, coming out issues, relationship concerns, work place and living condition issues, HIV/AIDS anxiety, safer sex information, suicide, isolation, community involvement and much more.”

**Contact:** (888) 234-7243

**Email:** [help@LGBThotline.org](mailto:help@LGBThotline.org)

**Website:** <https://www.lgbthotline.org/senior-hotline>

Last Verified On: 04/19/2024



# MENDOCINO COUNTY LGBTQ+ RESOURCES

## LEGAL RESOURCES

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### California Courts – How to Change Your Names AND Gender (Adult)

“Official government information on name and gender changes, including instructions and downloadable forms.”

Website:

[https://www.courts.ca.gov/25797.htm?rdeLocal\\_eAttr=en](https://www.courts.ca.gov/25797.htm?rdeLocal_eAttr=en)

Last Verified On: 04/19/2024

### National Center for Lesbian Rights (NCLR)

“A national nonprofit law firm that protects the legal and human rights of lesbians, gay men, bisexual & transgender people across the United States through impact litigation, public policy, advocacy, public education, & direct legal services.”

**Contact:** (415) 392-6257

**Legal Helpline:** (800) 528-6257

**Website:** <http://www.ncrights.org/>

Last Verified On: 04/19/2024

## LGBTQ ADVOCACY & SUPPORT RESOURCES

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### Mendocino County AIDS/Viral Hepatitis Network (MCAVHN)

“Providing services and comfort to persons and families affected by HIV/AIDS, Hepatitis C, and the co-occurring disorders of mental illness and substance abuse.”

**Location:** 148 Clara St,  
Ukiah, CA 95482

**Contact:** (707) 462-1932

**Website:** <https://mcavhn.org/>

Last Verified On: 04/19/2024



# MENDOCINO COUNTY LGBTQ+ RESOURCES

## PHC MEMBER BENEFITS

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### Sensitive Services

Sensitive Services includes services for Family Planning, STD testing and treatment, AIDS/HIV testing, and Abortion (ending pregnancy) counseling and services.

You can go to your PCP directly, or any Medi-Cal provider for sensitive services. You do not need Prior Approval.

All members have the right to confidentiality when getting these services.

#### Website:

<http://www.partnershiphp.org/Members/Medi-Cal/Pages/Benefits.aspx#phpFaqltem28>

Last Verified On: 04/19/2024

## RESOURCE DIRECTORIES

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### Gay Mendocino County Travel Guide

“Known for its towering redwoods, world-renowned viticulture and striking seaside views, Mendocino County has long been a destination for travelers looking to get away for a while. Located just a couple hours’ drive from San Francisco, this relaxed destination can be a welcome respite from the city while being just as gay-friendly.”

**Contact:** (800) 429-8728

**Website:** <https://www.gaytravel.com/gay-guides/mendocino-county>

Last Verified On: 04/19/2024

### Pink Spots – The LGBTQ Directory

**Website:** <https://www.gaypinkspots.com/>

Last Verified On: 04/19/2024





# MENDOCINO COUNTY LGBTQ+ RESOURCES

## SENIORS

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### SAGE

“National organization offering supportive services and consumer resources for LGBTQ older adults and their caregivers.”

**Contact:** (212) 741-2247

**Website:** <https://www.sageusa.org/>

Last Verified On: 04/19/2024

### National Resource Center on LGBTQ Aging

“Technical assistance resource center aimed at improving the quality of services and supports offered to lesbian, gay, bisexual and/or transgender older adults.”

**Website:** <https://www.lgbtagingcenter.org/>

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## SUPPORT GROUPS

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### LGBTQ+ Support Groups - TransFamily Support Services

“Middle School Support Group, High School Support Group, Young Adult Support Group, Parent & Caregiver Support Group, Parents of Trans Little Support Group, and Gathering for Trans with Littles”

**Contact:** 858-304-0085

**Email:** [Info@TransFamilySOS.org](mailto:Info@TransFamilySOS.org)

**Website:**

<https://transfamilysos.org/services/support-groups/>

Last Verified On: 04/19/2024

## TRANSGENDER RESOURCES

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### Trans Lifeline

“Trans Lifeline connects trans people to the community support and resources we need to survive and thrive.”

**Contact:** (877) 565-8860

**Website:** <https://www.translifeline.org/>

Last Verified On: 04/19/2024

### Trans Resilience - Resources

“Here are a few resources that may be useful for community organizations, trans individuals, or therapists and medical providers.”

**Website:** <https://www.trans-ilience.com/>

Last Verified On: 04/19/2024

### Transgender Map

“This free website shows how to make a gender transition”

**Website:** <https://www.transgendermap.com/>

Last Verified On: 04/19/2024

### TransPulse Resource Locator

“Worldwide database including doctors, therapists, and other businesses that welcome transgender clientele.”

**Website:**

<https://www.transgenderpulse.com/resource-locator/>

Last Verified On: 04/19/2024