



# MENDOCINO COUNTY CRISIS RESOURCES

Available resources and services for those experiencing a crisis.

**In the case of a life threatening emergency, call 911.**

## 24 HOURS CRISIS SERVICES

### National Runaway Safeline

"Get support. We are here to listen and here to help. We will listen to your story. We are available 24/7 for youth and families in crisis."

**Contact:** (800) 786-2929

**Website:** <https://www.1800runaway.org/youth-teens/>

Last Verified On: 02/07/2025



## DOMESTIC VIOLENCE/ABUSE RESOURCES

### Mendocino County Victim Witness Program

"Provides assistance to crime victims and witnesses involved in the criminal justice system."

**Contact:** (707) 463-4218

**Website:**

<https://www.mendocinocounty.org/government/district-attorney/investigation-services>

Last Verified On: 02/07/2025

### Project Sanctuary – Fort Bragg Office

"The mission is to prevent domestic violence and sexual assault through advocacy, crisis response, community collaboration, education, and shelter."

**Location:** 461 North Franklin Street  
Fort Bragg, CA 95437

**Crisis Line:** 707 964-4357 (HELP)

**Contact:** (707) 961-1507

**Website:** <https://www.projectsanctuary.org/>

Last Verified On: 02/07/2025

### Project Sanctuary – Ukiah Office

"The mission is to prevent domestic violence and sexual assault through advocacy, crisis response, community collaboration, education, and shelter."

**Location:** 564 S. Dora Street, Suite A-1  
Ukiah, CA 95482

**Crisis Counselor:** 707 463-4357 (HELP)

**Contact:** (707) 462-9196

**Website:** <https://www.projectsanctuary.org/>

Last Verified On: 02/07/2025

### Love is Respect

"Love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources."

**Contact:** (866) 331-9474

**Text:** LOVEIS to 22522

**Website:** <https://www.loveisrespect.org/>

Last Verified On: 02/07/2025



# MENDOCINO COUNTY CRISIS RESOURCES

## MENTAL HEALTH CRISIS RESOURCES

### Strength After

"If you are experiencing emotional distress or other mental health concerns after a disaster, the Disaster Distress Helpline is here for you 24/7. Our mission is to provide a hub to share stories of hope and recovery encompassing all types of natural and human-caused disaster. Strength After...highlights the resilience of individuals and communities while providing a resource for other survivors and responders."

**Contact:** (800) 985-5990

**Website:** <https://strengthafterdisaster.org/>

Last Verified On: 02/07/2025

### Your Life Your Voice

"You don't have to face your problems alone. If you are having thoughts of harming yourself or you are being abused, please call us. These are serious issues that are best handled in one-on-one conversations with counselors. Counselors are ready for your call 24/7."

**Contact:** (800) 448-3000

**Text:** VOICE to 20121

**Website:**

<https://www.yourlifeyourvoice.org/Pages/home.aspx>

Last Verified On: 02/07/2025

### Manzanita Services – Peer Support Wellness, Willits

"Serving adults experiencing behavioral health challenges"

**Location:** 286 School Street

Willits, CA 95490

**Contact:** (707) 456-9020

**Website:**

<http://www.manzanitaservices.org/content/willits-center>

Last Verified On: 02/07/2025

### Manzanita Services – Peer Support Wellness, Ukiah

"Serving adults experiencing behavioral health challenges"

**Location:** 564 South Dora Street, Suite D

Ukiah, CA 95482

**Contact:** (707) 463-0405

**Website:**

<http://www.manzanitaservices.org/content/ukiah-center>

Last Verified On: 02/07/2025

### North Bay Suicide Prevention Hotline

"24/7, free and confidential crisis support for callers having thoughts of suicide, as well as friends and family worried about loved ones."

**Contact:** (855) 587-6373

**Website:**

<https://buckelew.org/services/suicide-prevention/>

Last Verified On: 02/07/2025

### National Suicide Prevention Lifeline

"Provides 24/7, free and confidential support for people in distress, prevention and crisis resources."

**Hotline English:** (800) 273-8255 (TALK)

**Hotline Spanish:** (888) 628-9454

**Website:** <https://suicidepreventionlifeline.org/>

Last Verified On: 02/07/2024

### 24/7 Toll Free Crisis Line-Mendocino County

"Mendocino County Behavioral Services Crisis Line"

**Contact:** (855) 838-0404

**Website:**

<https://handupnohandoutmendo.com/mental-health-treatment>

Last Verified On: 02/07/2025



# MENDOCINO COUNTY CRISIS RESOURCES

## FOSTER CARE & KINSHIP SUPPORT SERVICES

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### **Family Urgent Response System (FURS)**

“FURS is a free 24/7/365 Hotline for current and former foster youth (up to age 21) and their caregivers with immediate, trauma-informed support when they need it. FURS assists to prevent placement disruptions, promotes healing as a family and is a safe, judgement free, and private space to talk about your worries and vent.”

**Call or Text Hotline:** (833) 939-3877

**Contact:** (916) 657-1858

**Website:**

<https://cdss.ca.gov/inforesources/cdss-programs/foster-care/furs>

Last Verified On: 02/07/2025

## PET ASSISTANCE

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### **RedRover**

“Preserving the human-animal bond by financial assistance, resources and support to low-income individuals and survivors of domestic violence and their pets, so families can escape abuse together and stay together.”

**Contact:** (916) 429-2457

**Website:** <https://redrover.org/relief/>

Last Verified On: 02/07/2025

## PROTECTIVE SERVICES

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### **Mendocino County Adult Protective Services – Ukiah Office**

**Location:** 747 S. State Street

Ukiah, CA 95482

**Contact:** (707) 463-7900

**24-Hour Emergency Line:** (877) 327-1799

**Website:**

<https://www.mendocinocounty.org/government/health-human-services-agency/adult-aging-services>

Last Verified On: 02/07/2025

### **Mendocino County Adult Protective Services – Fort Bragg**

**Location:** 764 S. Franklin Street

Fort Bragg, CA 95437

**Contact:** (707) 962-1102

**24-Hour Emergency Line:** (877) 327-1799

**Website:**

<https://www.mendocinocounty.org/government/health-human-services-agency/adult-aging-services>

Last Verified On: 02/07/2025



# MENDOCINO COUNTY CRISIS RESOURCES

## PROTECTIVE SERVICES, Continued

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### **Mendocino County Adult Protective Services – Willits Office**

**Location:** 472 E. Valley Street  
Willits, CA 95490

**Contact:** (707) 456-3700

**24-Hour Emergency Line:** (877) 327-1799

**Website:**

<https://www.mendocinocounty.org/government/health-human-services-agency/adult-aging-services>

Last Verified On: 02/07/2025

### **Mendocino County Child Protective Services**

**Location:** 727 South State Street  
Ukiah, CA 95482

**Contact:** (707) 463-7990

**Website:**

<https://www.mendocinocounty.org/government/mendocino-sheriff/community-resources/local-resources/cps-child-protective-services>

Last Verified On: 02/07/2025

## SEXUAL ASSAULT RESOURCES

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### **Male Survivor**

“Facilitate dialogue among survivors, as well as between survivors and professional therapists, on our online forums, online 24/7 chat and at in-person events.”

**Website:** <https://malesurvivor.org/>

Last Verified On: 02/07/2025

### **National Sexual Violence Resource Center**

“Provide leadership in preventing and responding to sexual violence”

**Contact:** (877) 739-3895

**Website:** <https://www.nsvrc.org/>

Last Verified On: 02/07/2025

### **The Rape, Abuse & Incest National Network (RAINN)**

“Largest anti-sexual violence organization. Carries out programs to prevent sexual violence, help survivors. And ensure that perpetrators are brought to justice.”

**24/7 Help Hotline:** (800) 656-4673

**Website:** <https://www.rainn.org/>

Last Verified On: 02/07/2025

### **Helping Survivors**

“Helping Survivors is an organization on a mission to help heal, educate, and empower people who have been impacted by sexual assault and abuse. We provide individuals with accurate, trustworthy and up-to-date information regarding their legal, financial, and healthcare options for individuals after experiencing sexual assault and abuse.”

**National Sexual Assault Hotline:** (800) 656-4673

**Website:** <https://helpingsurvivors.org/>

Last Verified On: 02/07/2025