

MENDOCINO COUNTY CRISIS RESOURCES

Available resources and services for those experiencing a crisis.
In the case of a life threatening emergency, call 911.

24 HOURS CRISIS SERVICES

National Runaway Safeline

“Get support. We are here to listen and here to help. We will listen to your story. We are available 24/7 for youth and families in crisis.”

Contact: (800) 786-2929

Website: <https://www.1800runaway.org/youth-teens/>

Last Verified On: 02/07/2024



DOMESTIC VIOLENCE/ABUSE RESOURCES

Mendocino County Victim Witness Program

“Provides assistance to crime victims and witnesses involved in the criminal justice system.”

Contact: (707) 463-4218

Website:

<https://www.mendocinocounty.org/government/district-attorney/investigation-services>

Last Verified On: 02/07/2024

Project Sanctuary – Fort Bragg Office

“The mission is to prevent domestic violence and sexual assault through advocacy, crisis response, community collaboration, education, and shelter.”

Location: 461 North Franklin Street
Fort Bragg, CA 95437

Crisis Line: 707 964-4357 (HELP)

Contact: (707) 961-1507

Website: <https://www.projectsanctuary.org/>

Last Verified On: 02/07/2024

Project Sanctuary – Ukiah Office

“The mission is to prevent domestic violence and sexual assault through advocacy, crisis response, community collaboration, education, and shelter.”

Location: 564 S. Dora Street, Suite A-1
Ukiah, CA 95482

Crisis Counselor: 707 463-4357 (HELP)

Contact: (707) 462-9196

Website: <https://www.projectsanctuary.org/>

Last Verified On: 02/07/2024

Love is Respect

“Love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources.”

Contact: (866) 331-9474

Text: LOVEIS to 22522

Website: <https://www.loveisrespect.org/>

Last Verified On: 02/07/2024

MENDOCINO COUNTY CRISIS RESOURCES

MENTAL HEALTH CRISIS RESOURCES

Strength After

“If you are experiencing emotional distress or other mental health concerns after a disaster, the Disaster Distress Helpline is here for you 24/7. Our mission is to provide a hub to share stories of hope and recovery encompassing all types of natural and human-caused disaster. Strength After...highlights the resilience of individuals and communities while providing a resource for other survivors and responders.”

Contact: (800) 985-5990

Website: <https://strengthafterdisaster.org/>

Last Verified On: 02/07/2024

Your Life Your Voice

“You don’t have to face your problems alone. If you are having thoughts of harming yourself or you are being abused, please call us. These are serious issues that are best handled in one-on-one conversations with counselors. Counselors are ready for your call 24/7.”

Contact: (800) 448-3000

Text: VOICE to 20121

Website:

<https://www.yourlifeyourvoice.org/Pages/home.aspx>

Last Verified On: 02/07/2024

Manzanita Services – Peer Support Wellness, Willits

“Serving adults experiencing behavioral health challenges”

Location: 286 School Street

Willits, CA 95490

Contact: (707) 456-9020

Website:

<http://www.manzanitaservices.org/content/willits-center>

Last Verified On: 02/07/2024

Manzanita Services – Peer Support Wellness, Ukiah

“Serving adults experiencing behavioral health challenges”

Location: 564 South Dora Street, Suite D

Ukiah, CA 95482

Contact: (707) 463-0405

Website:

<http://www.manzanitaservices.org/content/ukiah-center>

Last Verified On: 02/07/2024

North Bay Suicide Prevention Hotline

“24/7, free and confidential crisis support for callers having thoughts of suicide, as well as friends and family worried about loved ones.”

Contact: (855) 587-6373

Website:

<https://buckelew.org/services/suicide-prevention/>

Last Verified On: 02/07/2024

National Suicide Prevention Lifeline

“Provides 24/7, free and confidential support for people in distress, prevention and crisis resources.”

Hotline English: (800) 273-8255 (TALK)

Hotline Spanish: (888) 628-9454

Website: <https://suicidepreventionlifeline.org/>

Last Verified On: 02/07/2024

24/7 Toll Free Crisis Line-Mendocino County

“Mendocino County Behavioral Services Crisis Line”

Contact: (855) 838-0404

Website:

<https://handupnothandoutmendo.com/mental-health-treatment>

Last Verified On: 02/07/2024



MENDOCINO COUNTY CRISIS RESOURCES

FOSTER CARE & KINSHIP SUPPORT SERVICES

Family Urgent Response System (FURS)

“FURS is a free 24/7/365 Hotline for current and former foster youth (up to age 21) and their caregivers with immediate, trauma-informed support when they need it. FURS assists to prevent placement disruptions, promotes healing as a family and is a safe, judgement free, and private space to talk about your worries and vent.”

Call or Text Hotline: (833) 939-3877

Contact: (916) 657-1858

Website:

<https://cdss.ca.gov/inforesources/cdss-programs/foster-care/furs>

Last Verified On: 02/07/2024

PET ASSISTANCE

RedRover

“Preserving the human-animal bond by financial assistance, resources and support to low-income individuals and survivors of domestic violence and their pets, so families can escape abuse together and stay together.”

Contact: (916) 429-2457

Website: <https://redrover.org/relief/>

Last Verified On: 02/07/2024

PROTECTIVE SERVICES

Mendocino County Adult Protective Services – Ukiah Office

Location: 747 S. State Street
Ukiah, CA 95482

Contact: (707) 463-7900

24-Hour Emergency Line: (877) 327-1799

Website:

<https://www.mendocinocounty.org/government/health-human-services-agency/adult-aging-services>

Last Verified On: 02/07/2024

Mendocino County Adult Protective Services – Fort Bragg

Location: 764 S. Franklin Street
Fort Bragg, CA 95437

Contact: (707) 962-1102

24-Hour Emergency Line: (877) 327-1799

Website:

<https://www.mendocinocounty.org/government/health-human-services-agency/adult-aging-services>

Last Verified On: 02/07/2024

MENDOCINO COUNTY CRISIS RESOURCES

PROTECTIVE SERVICES, Continued

Mendocino County Adult Protective Services – Willits Office

Location: 472 E. Valley Street
Willits, CA 95490

Contact: (707) 456-3700

24-Hour Emergency Line: (877) 327-1799

Website:

<https://www.mendocinocounty.org/government/health-human-services-agency/adult-aging-services>

Last Verified On: 02/07/2024

Mendocino County Child Protective Services

Location: 727 South State Street
Ukiah, CA 95482

Contact: (707) 463-7990

Website:

<https://www.mendocinocounty.org/government/mendocino-sheriff/community-resources/local-resources/cps-child-protective-services>

Last Verified On: 02/07/2024

SEXUAL ASSAULT RESOURCES

Male Survivor

“Facilitate dialogue among survivors, as well as between survivors and professional therapists, on our online forums, online 24/7 chat and at in-person events.”

Website: <https://malesurvivor.org/>

Last Verified On: 02/07/2024

National Sexual Violence Resource Center

“Provide leadership in preventing and responding to sexual violence”

Contact: (877) 739-3895

Website: <https://www.nsvrc.org/>

Last Verified On: 02/07/2024

The Rape, Abuse & Incest National Network (RAINN)

“Largest anti-sexual violence organization. Carries out programs to prevent sexual violence, help survivors. And ensure that perpetrators are brought to justice.”

24/7 Help Hotline: (800) 656-4673

Website: <https://www.rainn.org/>

Last Verified On: 02/07/2024

Helping Survivors

“Helping Survivors is an organization on a mission to help heal, educate, and empower people who have been impacted by sexual assault and abuse. We provide individuals with accurate, trustworthy and up-to-date information regarding their legal, financial, and healthcare options for individuals after experiencing sexual assault and abuse.”

National Sexual Assault Hotline: (800) 656-4673

Website: <https://helpingsurvivors.org/>

Last Verified On: 03/04/2024