

CHILD DEVELOPMENT RESOURCES

First 5

"First 5 California will convene, partner in, and help lead the movement to create and implement a comprehensive, integrated, and coordinated system for California's children prenatal through age 5 and their families. It will promote, support, and optimize early childhood development."

Contact: (916) 263-1050 Email: <u>info@ccfc.ca.gov</u>

Website: https://www.first5california.com/en-

us/

Last Verified On: 02/14/2025

Head Start

"We envision a future where Head Start is recognized as the gold standard in child development and the provider of choice for California's most vulnerable children and families."

Contact: (916) 444-7760

Website: https://headstartca.org/

Last Verified On: 02/14/2025

Child Inc.

"Child Inc, founded in 1972, is a nonprofit organization operating to provide low-income families with early childhood education, mental health services, disabilities services, nutritional services, medical and dental services, social services and parent engagement activities."

Contact: (512) 451-7361
Website: https://childinc.org/
Last Verified On: 02/14/2025



FIRST 5 Mendocino

"We strengthen early childhood systems and supports needed to ensure that Mendocino County's young children are safe, healthy and ready to thrive in school and life."

Location: 419 Talmage Rd. Suite J,

Ukiah, CA 95482

Contact: (707) 462-4453

Email: admin@first5mendo.org

Website: https://first5mendocino.org/

Last Verified On: 04/14/2025

Talk, Read, Sing Literacy Program

"COMING SOON! The Talk, Read Sing literacy program will begin January 1, 2023. You can help your child's language skills by talking, reading, and singing with them every day. It's easy to do and can make a big difference in

how your child learns and grows!" **Location:** 419 Talmage Rd. Suite J.

Ukiah, CA 95482

Contact: (707) 462-4453

Website: https://first5mendocino.org/for-families/early-learning-care/talk-read-sing-play/

Last Verified On: 04/23/2025





CHILD DEVELOPMENT RESOURCES, Continued

Healthy Families Mendocino County

"Relationship based program supporting families with children from pregnancy through

five years of age."

Location: 501 Low Gap Road

Ukiah, CA 95482

Contact: (707) 472-2757

Email: healthyfamilies@mendocinocounty.org

Website:

https://www.mendocinocounty.gov/department

s/public-health/nursing/healthy-families-

mendocino-county
Last Verified On: 04/14/2025

NCO Head Start Child Development Program

"The Head Start Child Development Program (HSCDP) is a comprehensive, family-focused child development program providing health, mental health, nutrition, education, disabilities services, and other services to families."

Location: 550 N. State Street

Ukiah, CA 95482

Contact: (707) 462-2582 Toll Free: (800) 326-3122

Website:

https://www.ncoinc.org/programs/head-start-

child-development/

Last Verified On: 02/07/2025

CHILDCARE RESOURCES

California Department of Social Services Child Care and Development Programs

"This page offers an overview of California's subsidized child care and development programs."

Location: 744 P Street M.S. 9-8-360

Sacramento, CA 95814

Website:

https://www.cdss.ca.gov/inforesources/calwork

s-child-care/subsidized-programs

Last Verified On: 02/14/2025

CHILDREN ADVOCACY SERVICES

California CASA – Court Appointed Special Advocate Association

"California Court Appointed Special Advocate Association ensures that children & youth in the foster care system have a voice and the services they need for a stable future."

Location: 3525 Del Mar Heights Road #243

San Diego, CA 92130 Contact: (510) 663-8440

Website: https://www.californiacasa.org/

Last Verified On: 02/14/2025

California Child Protective Services – CPS

"Description of resource pulled straight from the resource's website, with quotations."

Contact: (866)-263-0368

Website:

https://www.cdss.ca.gov/reporting/report-

abuse/child-protective-services





DIAPER RESOURCES

Raise and Shine FRC

"If you are in need of diapers, you can come to

our office to pick some up."

Location: 419 Talmage Road, Suite K, Ukiah

Contact: (707) 462-1233

Website: https://raiseandshine.org/family-

resource-center/

Last Verified On: 02/07/2025

DOMESTIC VIOLENCE RESOURCES

Love is Respect

"Love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources."

Contact: (866) 331-9474 **Text:** LOVEIS to 22522

Website: https://www.loveisrespect.org/

Last Verified On: 02/07/2025

EDUCATIONAL RESOURCES

California Chafee Grant for Foster Youth

"The California Chafee Grant for Foster Youth (Chafee Grant) awards up to \$5,000 a year to eligible foster youth."

Website: https://chafee.csac.ca.gov/

Last Verified On: 02/14/2025

Dolly Parton's Imagination Library

"Dolly Parton's Imagination Library is dedicated to inspiring a love of reading by gifting books free of charge to children from birth to age five, through funding shared by Dolly Parton and local community partners in the United States."

Website: https://imaginationlibrary.com/check-

availability/

Last Verified On: 02/07/2025

CalKIDS

"CalKIDS takes the initiative by automatically offering newborns and eligible low-income public school children in California an initial seed deposit, along with other potential financial incentives. This ensures that they can start their college and career savings journey right from the beginning."

Contact: (888) 445-2377
Website: https://calkids.org/
Last Verified On: 02/14/2025





FAMILY RESOURCES CENTERS (FRC)

Action Network – Point Arena

"Offer services, programs, and activities to help meet the growing needs of individuals and families of all ages and all backgrounds."

Location: 200 Main Street Point Arena, CA 95468 Contact: (707) 882-1691

Website: https://www.actionnetwork.info/

Last Verified On: 02/07/2025

Nuestra Alianza De Willits

"Making a healthier place to live - Realizando

un lugar más saludable para vivir" **Location:** 291 School Street Room 1

Willits, CA 95490

Contact: (707) 456-9418

Website: http://nuestraalianzadewillits.org/

Last Verified On: 02/07/2025

The Arbor Youth Resource Center

"A place where transition-age youth can come to find supports and services to help them move from adolescence to adulthood successfully. We do this by providing social, emotional, and physical support and care."

Location: 810 North State Street

Ukiah, CA 95482

Contact: (707) 462-7267

Website:

https://www.redwoodcommunityservices.org/vr

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Last Verified On: 02/07/2025

Laytonville Healthy Start Center

"Help create a safe, supportive community environment that promotes prosperity, selfreliance, and positive relationships among

community members."

Location: 44400 Willis Avenue

Laytonville, CA 95454 Contact: (707) 984-8089

Website:

http://www.laytonville.org/healthystart/

Last Verified On: 02/07/2025

Potter Valley Youth & Community Center

"We provide information about local programs, a free clothing closet equipped with clothing of all sizes, computer access, faxing/printing, application assistance and much more!"

Location: 10270 Main Street Potter Valley, CA 95469 Contact: (707) 743-1789

Email: Assistance@BePositive.org **Website:** http://www.pvycc.org/

Last Verified On: 02/07/2025

Raise and Shine FRC

"Raise & Shine is a Family Resource Center (FRC) that serves Early Start families. At Raise & Shine, you can expect family-driven support from staff who understand what you are going through, practical and emotional support, referrals to services for you or your child, and helpful trainings or workshop."

Location: 419 Talmage Road, Suite K, Ukiah

Contact: (707) 462-1233

Website: https://raiseandshine.org/family-

resource-center/

Last Verified On: 02/07/2025

The Mending Basket Resource Center

"All groups are offered on Zoom at this time and can assist Native American families with court orders, CPS, and ICWA mandates for family strengthening, and active efforts for reunification."

Location: 1712 D South Main St., Willits

Contact: (707) 459-2015

Website: https://itccinc.org/the-mending-

basket-resource-center/ Last Verified On: 02/07/2025





FAMILY RESOURCES CENTERS (FRC), Continued

Vision Family Resource Center

"Services to local families include direct support, classes for parents and children, application assistance, application translation assistance, long-term case management, referrals and resources, community events, and public computer access.

Location: 102 Scott St., Ukiah **Contact:** (707) 467-3210

Hours: Monday – Friday, 10 a.m. – 5 p.m. (extended hours available upon request)

Email: visionfrc@ncoinc.org

Website: https://www.ncoinc.org/vision-frc/

Last Verified On: 02/07/2025

Round Valley Indian Health Center – Round Valley Family Resource Center

"Connect families in Round Valley with existing community service providers and resources that promote the physical, mental and emotional well-being of our families. We believe that families are an essential part of Round Valley. When all families have access to a comprehensive variety of resources and services that promote health and well-being, the entire community will benefit."

Location: 76471 Henderson Lane

Covelo, CA 95428

Contact: (707) 983-6262

Website:

http://www.roundvalleyindianhealthcenter.com/f

<u>amily-resource-center</u> Last Verified On: 02/07/2025

Family Resource Center

"Provides a variety services including parenting classes which are open to the general public, Intake Support groups and Family Empowerment groups for parents who have dependency court cases, supervision of visits between foster children and their parents, transportation for children to and from their visits, and housing advocacy and support for our homeless clients."

Ukiah Location: 10 Cherry Court

Ukiah, CA 95482

Contact: (707) 467-5810

Willits Location: 474 East Valley Street

Willits, CA 95490

Contact: (707) 456-3710

Website:

https://www.mendocinocounty.org/government/social-services/children-s-services/services-and-programs/family-resource-center-frc





FINANCIAL ASSISTANCE RESOURCES

CalKIDS

"The California Kids Investment and Development Savings Program (CalKIDS) was launched in 2022 by the State of California with a clear mission: make it easier for more children to save for their future education. Administered by the ScholarShare Investment Board, CalKIDS takes the initiative by automatically offering newborns and eligible low-income public school children in California an initial seed deposit, along with other potential financial incentives. This ensures that they can start their college and career savings iourney right from the beginning."

Contact: (888) 445-2377, Monday-Friday,

8:00am – 5:00pm PST **Website:** https://calkids.org/

Confirm Eligibility: https://calkids.org/get-

started/

Claim CalKIDS Account:

https://calkids.outcometracker.app/p/CalKids/c

alkids/registration/

Last Verified On: 02/07/2025

The B+ Foundation Family Assistance Program

"Our program gives qualified families money for expenses that are attributable to their child's cancer diagnosis. The goal of the program is to lessen the financial burden so families can focus on helping their children get well."

Contact: (302) 563-8389

Email: Assistance@BePositive.org

Website: https://bepositive.org/need-help/

Last Verified On: 02/14/2025

FOSTER CARE & KINSHIP SERVICES

Tapestry Family Services-Foster Care Programs

"Tapestry Family Services is a full-service foster family agency established to serve children with varying levels of need. Tapestry provides two levels of foster care: Treatment Foster Care and Intensive Services Foster Care"

Location: 169 Mason Street Suite 300

Ukiah, CA 95482

Contact: (707) 463-3300

24 Hour Crisis Line: (855) 838-0404

Website: https://tapestryfs.org/

Last Verified On: 02/07/2025

Redwood Community Services – Foster Family Agency

"Redwood Community Services has been providing foster care services since its incorporation in 1995. Our Foster Care programs are designed to create a supported living environment for youth in the foster care system."

Location: 631 S. Orchard Ave.,

Ukiah, CA 95482

Contact: (707) 467-2010

Website:

https://www.redwoodcommunityservices.org/ffa





FOSTER CARE & KINSHIP SERVICES, Continued

BrightLife Kids (CalHOPE)

"Personalized support for California families. Kids ages 0–12 get free, expert coaching for sleep issues, worry, social skills, and more. Live, 1:1 video sessions, secure chat, ondemand content, and more."

Contact: (888) 275-5357

Website:

https://www.hellobrightline.com/brightlifekids/

Last Verified On: 02/07/2025

Family Urgent Response System (FURS)

"FURS is a free 24/7/365 Hotline for current and former foster youth (up to age 21) and their caregivers with immediate, traumainformed support when they need it. FURS assists to prevent placement disruptions, promotes healing as a family and is a safe, judgement free, and private space to talk about your worries and vent."

Call or Text Hotline: (833) 939-3877

Contact: (916) 657-1858

Website:

https://cdss.ca.gov/inforesources/cdss-

programs/foster-care/furs

(Spanish) Sitio Web:

https://www.cdss.ca.gov/Portals/9/Child-Welfare-Programs/Foster-Care/FURs/FURS-

Hotline-Flyer-Youth-SP.pdf Last Verified On: 02/07/2025

Redwood Community Services – Foster Family Agency

"Redwood Community Services has been providing foster care services since its incorporation in 1995. Our Foster Care programs are designed to create a supported living environment for youth in the foster care system."

Location: 631 S. Orchard Ave.,

Ukiah, CA 95482

Contact: (707) 467-2010

Website:

https://www.redwoodcommunityservices.org/ffa

Last Verified On: 02/07/2025

Mendocino County – Information about Foster Care

"Becoming a Resource Family starts with a willingness to open your heart and home to a child or youth who needs you. When you chose to become a Resource Family (foster parent), you become a very important member of a team of professionals who are dedicated to the welfare of children and youth."

Location: 501 Low Gap Road

Ukiah, CA 95482

Contact: (707) 467-5893

Website:

https://www.mendocinocounty.org/government/social-services/children-s-services/foster-care

Last Verified On: 02/07/2025

TLC Child & Family Services

"TLC provides comprehensive quality foster care and adoption services, residentially-based services, special education services, transitional housing and counseling." **Location:** 1800 N. Gravenstein Highway

Sebastopol, CA 95472
Contact: (707) 823-7300
Website: https://tlc4kids.org
Last Verified On: 02/07/2025

Tapestry Family Services-Foster Care Programs

"Tapestry Family Services is a full-service foster family agency established to serve children with varying levels of need. Tapestry provides two levels of foster care: Treatment Foster Care and Intensive Services Foster Care"

Location: 169 Mason Street Suite 300

Ukiah, CA 95482

Contact: (707) 463-3300

24 Hour Crisis Line: (855) 838-0404

Website: https://tapestryfs.org/





HOME VISITING PROGRAMS

CalWORKs Home Visiting Program

"CalWORKs HVP aims to support positive health development and well-being outcomes for pregnant and parenting people, families, and infants born into poverty, expand their future educational, economic, and financial capability opportunities, and improve the likelihood that they will exit poverty."

Email: CalWORKsHVP@dss.ca.gov

Website: https://www.cdss.ca.gov/calworks-

home-visiting-program/families

Last Verified On: 02/14/2025

MENTAL HEALTH SERVICES

Carelon Behavioral Health (formerly Beacon)

"Behavioral health services company that serves the full spectrum of mental health and wellness needs, from mild-to-moderate anxiety and depression to substance use disorder, suicide prevention, and crisis solutions."

Contact: (855) 765-9703

Website: https://www.carelon.com

Last Verified On: 05/31/2024

Bright Life Kids (CalHOPE)

"Personalized support for California families. Kids ages 0–12 get free, expert coaching for sleep issues, worry, social skills, and more. Live, 1:1 video sessions, secure chat, ondemand content, and more"

Contact: (888) 275-5357 Email: ce@hellobrightline.com

Website:

https://www.hellobrightline.com/brightlifekids/

Last Verified On: 02/14/2025

Your Life Your Voice

"You don't have to face your problems alone. If you are having thoughts of harming yourself or you are being abused, please call us. These are serious issues that are best handled in one-on-one conversations with counselors. Counselors are ready for your call 24/7."

Contact: (800) 448-3000 Text: VOICE to 20121

Website:

https://www.yourlifeyourvoice.org/Pages/home.

aspx





LIBRARY RESOURCES

California State Libray

"Description of resource pulled straight from the resource's website, with quotations."

Website: https://www.library.ca.gov/

Last Verified On: 02/14/2025

LEGAL SERVICES

California Family Law Facilitator's Office

"The Family Law Facilitator's Office is a selfhelp program staffed by attorneys, paralegals and clerks that provides free legal assistance to unrepresented family law litigants."

Website https://flf.sdcourt.ca.gov/

Last Verified On: 02/14/2025

PARENT EDUCATION & SUPPORT

Rural Communities Child Care-North Coast Opportunities

"Rural Communities Child Care (RCCC) is made up of several programs to provide child care subsidies for children from low-income families and continuing education for child care providers in Lake and Mendocino counties."

Location: 850 Lakeport Boulevard

Lakeport, CA 95453

Contact: (707) 263-4688 ext. 410 Email: childcare@ncoinc.org

Website:

https://www.ncoinc.org/programs/rural-

communities-child-care/ Last Verified On: 02/07/2025

FIRST 5 Mendocino

"We strengthen early childhood systems and supports needed to ensure that Mendocino County's young children are safe, healthy and ready to thrive in school and life."

Location: 419 Talmage Rd. Suite J,

Ukiah, CA 95482

Contact: (707) 462-4453
Email: admin@first5mendo.org
Website: https://first5mendocino.org/

Last Verified On: 04/14/2025

Tapestry Family Services

"Community-based nonprofit organization formed to develop and provide programs and services that support and advance the health, well-being, and needs of children, youth, and families.

Location: 169 Mason Street Suite 300 Ukiah,

CA 95482Contact: (707) 463-3300

Website: http://tapestryfs.org/ Last Verified On: 02/07/2025

Pinoleville Native American Head Start and Early Head Start

"Our Mission at the Pinoleville Native American Early Head Start Program is to be the pathway to cultural preservation and a place for all to grow."

Location: 500 Pinoleville Drive

Ukiah, CA 95482

Contact: (707) 463-1454

Website: http://ppnheadstart.com/home/head-

start/





CAR SEAT RESOURCES

Car Seat Installation

"Is your car seat installed correctly? Did you know we have certified car seat installation experts at First 5 Mendocino? Stop by our office on either of these dates/times and have your car seat checked or installed!"

Location: 419 Talmage Rd. Suite J,

Ukiah, CA 95482

When: 2nd Wednesday of each month

9:00AM - 12:00PM or 4th Wednesday of each

month 9:00AM - 12:00PM **Contact:** (707) 462-1233

Website: https://first5mendocino.org/for-families/child-health-development/child-safety/#1650474317666-f89ee5f4-76bd

Last Verified On: 04/23/2025

PET SERVICES

CDSS Assistance Dog Special Allowance Program

"The California Department of Social Services offers the Assistance Dog Special Allowance, which provides a monthly stipend of \$50 to eligible people who use a guide, service, or signal dog. The allowance is to help cover the food, grooming, and health costs of the dog."

Contact: 916-657-2628

Website: https://www.cdss.ca.gov/assistance-

dogs

Last Verified On: 02/07/2025

RedRover

"We provide financial assistance, resources and emotional support to pet guardians struggling with economic hardship when pets are in life-threatening situations."

Contact: (916) 429-2457

Website: https://redrover.org/relief/urgent-

care-grants/

Last Verified On: 02/07/2025

Petco Lovelost

"Our mission [is] to reunite lost pets. Together, we'll spread the word and help lost pets find their way home. Use a photo to search our national lost and found database for your missing pet."

Website: https://lost.petcolove.org/





UTILITY ASSISTANCE

California Alternate Rates for Energy (CARE) program.

"Qualified households can save 20 percent or more each month on their energy bill. Apply is easy and only takes a few minutes. Your income eligibility is based on current earnings going forward and not past income, so if you have had a change in circumstances you may now qualify."

Contact: (800) 743-5000

Website:

https://www.pge.com/medicalbaseline

Last Verified: 02/07/2025

California Phones, CA Telephone Access Program

"California Phones, from the California Telephone Access Program (CTAP) provides free specialized phones and accessories for your mobile phone to all qualified Californians. These devices make it easier to hear, dial, and call. A Program of the California Public Utilities Commission."

Website: https://californiaphones.org/contact-

us

Last Verified On: 02/07/2025

Family Electric Rate Assistance (FERA) Program

"Separate from CARE, income-qualified households with three or more persons can apply for a monthly discount on their electric bill"

Contact: (800) 743-5000

Website:

https://www.pge.com/medicalbaseline

Last Verified: 02/07/2025

PG&E Medical Baseline Program

"Assistance program for residential customers who depend on power for certain medical and independent living needs."

Contact: (800) 743-5000

Website:

https://www.pge.com/medicalbaseline

Last Verified On: 02/07/2025

Relief for Energy Assistance through Community Help (REACH)

"Provides income qualified customers with financial assistance during times of hardship. Customers impacted by the COVID-19 will be provided with up to an additional \$100 in bill payment assistance through March 4, 2021."

Contact: (800) 743-5000

Website:

https://www.pge.com/medicalbaseline

Last Verified: 02/07/2025

HOUSING RESOURCES

Front Door for Families

"Front Door for Families provides guidance to Mendocino County families with children who are experiencing homelessness, or are at risk of homelessness, to help them identify housing options in our community. Make an appointment with a housing guide today!" **Location:** 737 South State St., Ukiah

Contact: (707) 830-0789

Website: https://frontdoormendocino.org/





WOMEN, INFANTS, & CHILDREN PROGRAM (WIC)

"WIC is a nutrition program that helps mothers and young children eat well and stay healthy! WIC provides support and information about breastfeeding your baby."

Website: https://www.mendocinocounty.gov/departments/public-health/nursing/women-infants-

children

State Website: https://www.myfamily.wic.ca.gov/

Last Verified On: 04/07/2025

Ukiah WIC Office

Location: 1120 South Dora Street

Ukiah, CA 95482

Contact: (707) 472-2743 Last Verified On: 04/07/2025

Fort Bragg WIC Office

Location: 790 South Franklin Street

Fort Bragg, CA 95437 **Contact:** (707) 964-7106 Last Verified On: 04/07/2025 Willits WIC Office

Location: 474 East Valley Road

Willits, CA 95490

Contact: (707) 472-2743 **Toll Free:** (855) 843-2949 Last Verified On: 04/07/2025

RECREATION & ACTIVITIES

Disabled Discount Lifetime Park Pass

"For persons with permanent disabilities, this pass entitles the bearer to a 50% discount for vehicle day use, family camping, and boat use fees at California State Park operated units."

Cost: \$3.50 for lifetime pass **Location:** California State Parks

Sonoma-Mendocino Coast District Office

12301 North Highway 1, Mendocino, CA 95460

Contact: (707) 937-5804 Email: passinfo@parks.ca.gov

Website:

https://www.parks.ca.gov/?page_id=1049

Last Verified On: 02/07/2025

Golden Bear Annual Park Pass

"Any qualifying person receiving Supplemental Security Income (SSI); any person receiving aid under the CalWORKS Program; or any person 62 years of age or older with income limitations...eligible to receive the Golden Bear Pass. Entitles the bearer and spouse or registered domestic partner entry to most California State Park operated units where vehicle day use fees are collected at no charge."

Location: California State Parks

Sonoma-Mendocino Coast District Office

12301 North Highway 1, Mendocino, CA 95460

Phone: (707) 937-5804

Website:

https://www.parks.ca.gov/?page_id=23800





RECREATION & ACTIVITIES, Continued

Free Annual Fishing License

"Available for a person who is blind, developmentally disabled, or mobility impaired. Your first Free Sport Fishing License must be obtained from the CDFW License and Revenue Branch."

Website:

https://wildlife.ca.gov/Licensing/Fishing Renewal: Yearly at any license agent.

Last Verified On: 02/07/2025

California State Parks Adventure Pass

"This new pass provides free entry for fourth graders and their families at 19 select state parks throughout the state"

Location: California State Parks Sonoma-Mendocino Coast District Office 12301 North Highway 1, Mendocino. CA 95460

Phone: (707) 937-5804

Website:

https://www.parks.ca.gov/?page_id=23800

Last Verified On: 02/07/2025

California State Parks Library Pass

"A new pilot collaboration between State Parks and California State Libraries will provide free passes to every public library throughout the state. Library patrons can check these out and use them for free vehicle day-use access to parks across the state"

Location: California State Parks Sonoma-Mendocino Coast District Office

12301 North Highway 1, Mendocino, CA 95460 **Phone:** (707) 937-5804

Website:

https://www.parks.ca.gov/?page_id=23800

Last Verified On: 02/07/2025

Reduced Fee Annual Fishing License-Recovering Service Member

"Available for any recovering service member of the US military. After you prequalify for your Recovering Service Member Reduced-Fee Sport Fishing License, you can purchase recovering service member licenses anywhere licenses are sold."

Website:

https://wildlife.ca.gov/Licensing/Fishing Last Verified On: 02/07/2025

Reduced Fee Sport Fishing License - Low Income Senior

"Effective January 1, 2022, reduced-fee sport fishing licenses will be available for low-income California residents, 65 years of age and older, who receive Supplemental Security Income (SSI) or Cash Assistance Program for Aged, Blind, and Disabled Legal Immigrants (CAPI). The Reduced-Fee Sport Fishing License for Low Income Seniors is only available at CDFW License Sales Offices."

Website:

https://wildlife.ca.gov/Licensing/Fishing Last Verified On: 02/07/2025

Free Annual Fishing License-Native American

"Available for any American Indian or lineal descendant whose household income does not exceed federal poverty guidelines. The Free Sport Fishing License for Low Income Native Americans is only available at CDFW License Sales Offices."

Website:

https://wildlife.ca.gov/Licensing/Fishing





RECREATION & ACTIVITIES, Continued

Reduced Fee Annual Fishing License-Disabled Veteran

"Available for any resident or nonresident honorably discharged disabled veteran with a 50 percent or greater service-connected disability. After you prequalify for your first Disabled Veteran Reduced Fee Sport Fishing License, you can purchase disabled veteran licenses anywhere licenses are sold."

Website:

https://wildlife.ca.gov/Licensing/Fishing

Last Verified On: 02/07/2025

SUPPORT SERVICES

Pregnancy & Early Parenting Circles, Compiled by First 5 Mendocino

"Make friends and connect through parent circles in your part of Mendocino County. Ven a hacer nuevos amigos."

Last Verified On: 03/20/2024

Anderson Valley

"Prenatal to 2-year-old Parent Circle Fridays. Nuevo Grupo de Padres para familias embarazadas y familias con ninos menores de

2 anos. Viernes a." **Date:** Every Friday

Time: 1:30 p.m. – 2:30 p.m. **Contact:** Lucy (707) 895-2953

Location: 123000 Anderson Valley Way,

Boonville

Last Verified On: 02/07/2025

Caspar

"Village prenatal circle."

Date: First Friday of every month

Contact: Shauna Kenealey (541) 727-1907 **Location:** 456340 Pacifica Drive, Caspar

Last Verified On: 02/07/2025

Covelo

"Birth to 5 Family Playgroup."

Date: Every Tuesday **Time:** 11 a.m. – 1 p.m.

Contact: Gina (707) 472-7099

Location: Round Valley Family Resource

Center

Last Verified On: 02/07/2025

Fort Bragg

Date: Every Thursday

Time: 1 p.m.

Contact: Marriah, textline (707) 513-7575

Location: 208 Dana St., Fort Bragg

Last Verified On: 02/07/2025

Redwood Valley

"Mother's Support Group and Family Spirit." **Date:** Every second Friday. March 3 – June 23

Time: 12:30 p.m. – 2 p.m.

Location: Consolidated Tribal Health Project

Wellness Center





SUPPORT SERVICES, Continued

Redwood Valley

"Native American Fatherhood and Families

Association." **Date:** Fridays

Time: 10 a.m. – 11 a.m.

Contact: Nicolas Garcia (707) 234-2520 or

garcia@cthp.org

Location: Consolidated Tribal Health Project

Wellness Center

Last Verified On: 02/07/2025

Ukiah

"Care for Her. Call for information"

Contact: (707) 468-1010 Last Verified On: 02/07/2025

Ukiah

"Prenatal support tea time with community

doulas once a month." **Location:** 530 S. Main St. Last Verified On: 02/07/2025

Ukiah

"Postpartum Support Group."

Date: Fridays

Time: 11 a.m. – 1 p.m. **Location:** Todd Grove Park. Last Verified On: 02/07/2025

