

MARIN COUNTY YOUTH RESOURCES

CRISIS HOTLINES

National Runaway Safeline

“Get support. We are here to listen and here to help. We will listen to your story. We are available 24/7 for youth and families in crisis.”

Contact: (800) 786-2929

Text: 66008

Website: <https://www.1800runaway.org/youth-teens/>

Last Verified On: 02/01/2025

EDUCATION & EMPLOYMENT

Career Point Marin

“Deciding whether to go to college, get specialized training, or find work is difficult for many young people. Employment and training services are available to eligible out of school youth between the ages of 14 to 24 who reside in Lake, Napa, Marin, or Mendocino counties.”

Contact: (415) 966-0860

Email: MarinAJCC@CareerPointNorthBay.org

Website:

<https://www.workforcealliancencorthbay.org/youth-services/>

Last Verified On: 02/01/2025

Marin County Office of Education - College and Career Readiness

“Marin County School to Career Partnership offers an Internship program for public high school students in Marin County. The program offers students the opportunity to gain hands-on workplace skills and to test their academic knowledge in a real-world setting. Internship sessions are available in the Fall, Spring, and Summer”

Website:

<https://www.marinschools.org/Page/5142>

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California Student Aid Commission

“If you are or were in foster care for at least one day, between the ages of 16 and 18 as a dependent or ward of the court and have financial need, you may qualify for up to \$5,000 a year for career and technical training or college. You don’t have to pay this money back. You may also be able to use your grant to help pay for child care, transportation and rent while you’re in school. You can use your Chafee Grant at any eligible California college or university or career or technical school, as well as schools in other states.”

Website: <https://chafee.csac.ca.gov/>

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DOMESTIC VIOLENCE RESOURCES

Center for Domestic Peace

“Get Help for Teens and Young Adults, Figure out if what’s going on in a relationship is healthy or not.”

Location: 734 A Street
San Rafael, CA 94901

Contact/Text: (415) 526-2557

Website:

<https://centerfordomesticpeace.org/teens/>

Last Verified On: 02/01/2025

Love is Respect

“Love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources.”

Contact: (866) 331-9474

Text: LOVEIS to 22522

Website: <https://www.loveisrespect.org/>

Last Verified On: 02/01/2025

FOSTER CARE & KINSHIP SUPPORT SERVICES

Family Urgent Response System (FURS)

“FURS is a free 24/7/365 Hotline for current and former foster youth (up to age 21) and their caregivers with immediate, trauma-informed support when they need it. FURS assists to prevent placement disruptions, promotes healing as a family and is a safe, judgement free, and private space to talk about your worries and vent.”

Call or Text Hotline: (833) 939-3877

Contact: (916) 657-1858

Website:

<https://cdss.ca.gov/inforesources/cdss-programs/foster-care/furs>

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MENTAL HEALTH RESOURCES

North Marin Community Services – Youth and Family Counseling

“Offer affordable and confidential mental health counseling to help teens overcome personal challenges. Substance abuse brief counseling also offered.”

Location: 680 Wilson Ave
Novato, CA 94949

Contact: (415) 892-1643 ext. 239

Website:

<https://www.northmarincs.org/wellness/counseling-and-therapy/>

Last Verified On: 02/01/2025

Carelon Behavioral Health (formerly Beacon)

“Beacon’s system is built on a strong support structure of doctors, nurses, advocates, and mentors fulfilling members’ behavioral, physical, and social health needs.”

Contact: (855) 765-9703

Website: <https://www.carelon.com>

Last Verified On: 02/01/2025

MENTAL HEALTH SUPPORT

CalHOPE – Soluna

“Mental Health coaching and resources for teens and young adults ages 13-25.”

Website: <https://solunaapp.com/>

Last Verified On: 02/01/2025

SafeSpace

“SafeSpace is a youth-led, mental health-focused organization that empowers young people to engage openly with their local schools and communities. We create and implement initiatives to change the conversation around mental health by educating and encouraging our peers to speak up, support others, and seek help when needed.”

Website: <https://safespace.org/>

Last Verified On: 02/01/2025

SafeSpace Stories – Podcast

“Weaving the voices of teens, mental health experts, and inspiring individuals into a cohesive experience, SafeSpace stories is your mental health resource.”

Website:

<https://www.safespacestories.org/projects-7>

Apple Podcast:

<https://podcasts.apple.com/us/podcast/safespace-stories/id1595738668>

Spotify:

<https://open.spotify.com/show/49338MHg6LAE nBaOq1RSSC?si=b97a00f41db94211&nd=1>

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Your Life Your Voice

“You don’t have to face your problems alone. If you are having thoughts of harming yourself or you are being abused, please call us. These are serious issues that are best handled in one-on-one conversations with counselors. Counselors are ready for your call 24/7.”

Contact: (800) 448-3000

Text: VOICE to 20121

Website:

<https://www.yourlifeyourvoice.org/Pages/home.asp>

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MARIN COUNTY YOUTH RESOURCES

PHC MEMBER BENEFITS

Sensitive Services

Sensitive Services includes services for Family Planning, STD testing and treatment, AIDS/HIV testing, and Abortion (ending pregnancy) counseling and services.

You can go to your PCP directly, or any Medi-Cal provider for sensitive services. You do not need Prior Approval.

All members have the right to confidentiality when getting these services.

Website:

<http://www.partnershiphp.org/Members/Medi-Cal/Pages/Benefits.aspx#phpFaqltem28>

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TRANSITIONAL AGE YOUTH (TAY) PROGRAM

TAY Space – Side by Side

“Community Center for youth ages 16-25 (transitional age youth) who struggle with mental and/or emotional disorders. Specifically designed to support this age group on managing their mental health; connecting to resources for housing, education, and employment; and building on their strengths to forge a self-sufficient future.”

Location: 615 B Street,
San Rafael, CA 94901

Contact: (415) 870-9298

Email: TAYSpace@sidebysideyouth.org

Website:

<https://www.sidebysideyouth.org/programs/tay-space/>

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MARIN COUNTY YOUTH RESOURCES

TEEN CLINICS

Huckleberry Teen Health Program

“Counseling, support groups, and case management services; and delivery of on-site services in a teen friendly environment.”

Location: 361 Third Street, Suite G
San Rafael, CA 94901

Contact: (415) 258-4944

24-Hour Teen Crisis Hotline: (415) 621-2929

TTY: (800) 735-2929

Website:

<https://www.huckleberryyouth.org/marin-health-care-health-education/>

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North Marin Community Services – Novato Teen Clinic

“Offers a free, confidential drop-in clinic for teens ages 12-21 to access reproductive and behavioral health care.”

Location: 6090 Redwood Boulevard
Novato, CA 94945

Contact/Text: (415) 985-5012

Website:

<https://www.northmarincs.org/wellness/novato-teen-clinic>

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