

MARIN COUNTY SUPPORT GROUP RESOURCES

BEREAVEMENT SUPPORT GROUPS

By the Bay Health – Grief Support

“A safe place where you can feel comforted and understood, while learning to manage the changes and challenges that come with all types of loss.”

Location: 17 E. Sir Francis Drake Boulevard
Larkspur, CA 94939

Contact: (415) 526-5699

Website: <https://bythebayhealth.org/grief-support/>

Last Verified On: 02/01/2025

Compassionate Friends – Marin County Chapter

“Provides highly personal comfort, hope, and support to every family experiencing the death of a son or a daughter, a brother or a sister, or a grandchild.”

Location: Hillside Church, Lucas Valley
Conference Room

2000 Las Gallinas Ave.
San Rafael, CA 94903

Dates/Hours: 3rd Monday of every month from
7:30 p.m. – 9 p.m.

Website: <http://www.tcfmarin.org/home.aspx>

Last Verified On: 02/01/2025

PARENT SUPPORT GROUPS

Marin County Family Support Meetings

“Group of clinical staff and family partners who offer time each week to provide support, guidance, and a safe place.”

Location: 250 Bon Air Road
Greenbrae, CA 94904

Dates/Hours: Every Thursday from 7 p.m. –
8:30 p.m.

Contact: (888) 818-1115

Website: <https://www.marinhhs.org/family-support-meetings>

Last Verified On: 02/01/2025



Helping After Neonatal Death (HAND) Support Groups

“Offers several different types of meetings to support bereaved parents at all stages of loss and grief.”

Location: Marin Community Clinic
3110 Kerner Blvd,
San Rafael, CA 94901

Contact: (650) 367-6993

24/7 Support: (650) 579-0350

Website: <https://handsupport.org/meeting>

Last Verified On: 02/01/2025



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PERINATAL SUPPORT GROUPS

Young Moms Marin

“A support group that provides parenting and personal support to teen and young mothers, ages 14-27 years old.”

Dates/Hours: Every Friday of the month from 4:30 p.m. – 6:30 p.m.

Contact: (415) 686-3273

Website: <https://youngmomsmarin.org/>

Facebook:

<https://www.facebook.com/youngmomsmarin/>

Last Verified On: 02/01/2025

RESOURCE DIRECTORIES

Marin County Community Resource Guide

Website:

<https://www.marinhhs.org/resources/Care/Support-Groups>

Last Verified On: 02/01/2025

SUBSTANCE ABUSE SUPPORT GROUPS

Marin County Alcoholics Anonymous (AA)

24-Hour Helpline: (415) 499-0400

Website: <https://aasf.org/meetings?tsml-time=upcoming&tsml-region=219>

Last Verified On: 02/01/2025

Marin County Narcotics Anonymous (NA)

“Nonprofit fellowship of men and women for whom drugs had become a major problem.”

Contact: (877) 612-7837

Website: <http://www.mcfna.org/meetings>

Last Verified On: 02/01/2025

Marin County Co-Dependents (CoDA) Anonymous Meetings

“Program of recovery from codependence, where each of us may share our experience, strength, and hope in our efforts to find freedom”

Website: <http://www.sfbaycoda.net/Marin.htm>

Last Verified On: 02/01/2025

Co-Occurring Support Group

“Based upon the hope that recovery is possible, this group is designed for people with co-occurring substance use disorder and mental health challenges that are striving to maintain their wellness and recovery.”

Time: Tuesdays 6:30 p.m. – 7:30 p.m.

Location: 3270 Kerner Blvd. Ste. C, San Rafael, CA

Contact: (415) 457-4554

Website: <https://www.mhamarin.org/services-2>

Last Verified On: 02/01/2025



MARIN COUNTY SUPPORT GROUP RESOURCES

SUPPORT HOTLINES

Miracle Messages Buddy Program

“Miracle Friends, is a phone and text-based buddy system that matches trained volunteers with individuals experiencing homelessness for weekly phone calls and texts, to provide basic companionship and social support... Miracle Friends supports unhoused neighbors and formerly homeless senior citizens.”

Hotline: 1-800 – MISS-YOU

Website: <https://www.miraclemessages.org>

Last Verified On: 02/01/2025

SUPPORT SERVICES

Miracle Messages Program

“Miracle Messages provides reunion services for individuals experiencing homelessness. A person experiencing homelessness records a message to a loved one (or vice versa). Then, our network of volunteer "digital detectives" attempt to locate the loved one and deliver the message. To date, we've reunited 400+ families (average time separated: 15 years), with 15% of reunions resulting in stable housing and 80% in a positive outcome.”

Hotline: 1-800 – MISS-YOU

Website: <https://www.miraclemessages.org>

Last Verified On: 02/01/2025

YOUTH GROUPS

Thriving Together Support Group for Youth Ages 16-26

“This group was created to be a place where you can connect with each other and talk about what they are going through.”

Dates/Hours: Every Tuesday at 2 p.m. on the Bright Heart Health Platform

Website: <https://www.marinhhs.org/bhrs-community-events>

Link:

https://brighthearthealth.zoom.us/j/4997689110?x_zm_rtaid=KRTuVswsQGOQUyGoaXNWIw.1614704655395.f93b2bc0f6e3650c11f48b00b852a3b1&x_zm_rtaid=424#success

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