

MARIN COUNTY LGBTQ+ RESOURCES

HOTLINE PHONE NUMBERS

LGBT National Talk Line

“Provide a confidential safe space where callers of any age can speak about sexual orientation or gender identity/expression issues. This includes coming out issues, relationship concerns, bullying, workplace issues, HIV/AIDS anxiety, safer sex information, suicide, and much more.”

Contact: (888) 843-4564

Email: help@LGBThotline.org

Website: <https://lgbthotline.org/national-hotline/>

Last Verified On: 04/19/2024

Trevor Lifeline

“Website, chat, & text crisis support, specializing in LGBTQ youth suicide prevention.”

Contact: (866) 488-7386

Text: START to 678-678

Website: <https://www.thetrevorproject.org/get-help-now/>

Last Verified On: 04/19/2024

LGBT National Youth Talk Line

“Provide a confidential safe space where callers of any age can speak about sexual orientation or gender identity/expression issues. This includes coming out issues, relationship concerns, family, bullying, school issues, HIV/AIDS anxiety, safer sex information, suicide, and much more.”

Contact: (800) 246-7743

Email: help@LGBThotline.org

Website: <https://lgbthotline.org/youth-talkline/>

Last Verified On: 04/19/2024



LGBT National Senior Hotline

“Speak on many different issues and concerns including, but limited to, gender and/or sexuality identities, coming out issues, relationship concerns, work place and living condition issues, HIV/AIDS anxiety, safer sex information, suicide, isolation, community involvement and much more.”

Contact: (888) 234-7243

Email: help@LGBThotline.org

Website: <https://www.lgbthotline.org/>

Last Verified On: 04/19/2024

National Suicide Prevention Line

“Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.”

Call/Text: 988

Website:

<http://www.suicidepreventionlifeline.org/>

Last Verified On: 04/19/2024

LEGAL RESOURCES

California Courts – How to Change Your Names AND Gender (Adult)

“Official government information on name and gender changes, including instructions and downloadable forms.”

Website:

<https://www.courts.ca.gov/25797.htm?rdeLocalAttr=en>

Last Verified On: 04/19/2024

California Rural Legal Assistance, Inc.

“Employment, Housing, Public Benefits, K-12 Housing”

Contact: 1 (800) 337-0690

Website: <http://www.crla.org/>

Last Verified On: 04/19/2024

National Center for Lesbian Rights (NCLR)

“A national nonprofit law firm that protects the legal and human rights of lesbians, gay men, bisexual & transgender people across the United States through impact litigation, public policy, advocacy, public education, & direct legal services.”

Contact: (415) 392-6257

Website: <http://www.nclrights.org/>

Last Verified On: 04/19/2024

PHC MEMBER BENEFITS

Sensitive Services

Sensitive Services includes services for Family Planning, STD testing and treatment, AIDS/HIV testing, and Abortion (ending pregnancy) counseling and services.

You can go to your PCP directly, or any Medi-Cal provider for sensitive services. You do not need Prior Approval.

All members have the right to confidentiality when getting these services.

Website:

<http://www.partnershiphp.org/Members/Medi-Cal/Pages/Benefits.aspx#phpFaqltem28>

Last Verified On: 04/19/2024

RESOURCE DIRECTORIES

Pink Spots – The LGBTQ Directory

Website: <https://www.gaypinkspots.com/>

Last Verified On: 04/19/2024



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SENIOR RESOURCES

SAGE

“National organization offering supportive services and consumer resources for LGBTQ older adults and their caregivers.”

Contact: (212) 741-2247

Website: <https://www.sageusa.org/>

Last Verified On: 04/19/2024

National Resource Center on LGBTQ Aging

“Technical assistance resource center aimed at improving the quality of services and supports offered to lesbian, gay, bisexual and/or transgender older adults.”

Website: <https://www.lgbtagingcenter.org/>

Last Verified On: 04/19/2024

SOCIAL GROUPS

Marin LGBTQ Social Club

“All ages, orientations and gender identities are welcome to join and participate.”

Website: <https://www.meetup.com/Marin-LGBTQ-Social-Club/>

Last Verified On: 04/19/2024

Trevor Space

“An affirming international community for LGBTQ young people ages 13-24.”

Website: <https://www.trevorspace.org/>

Last Verified On: 04/19/2024

TRANSGENDER RESOURCES

Trans Lifeline

“Trans Lifeline connects trans people to the community support and resources we need to survive and thrive.”

Contact: (877) 565-8860

Website: <https://www.translifeline.org/>

Last Verified On: 04/19/2024

Trans Heart Line

“Trans HeartLine builds bridges between the Transgender community and the rest of the world through community education and advocacy, direct post-op housing and wrap around services related to gender affirmation surgery, and innovative and compassionate care.”

Contact: (415) 683-4932

Website: <https://www.transheartline.org>

Last Verified On: 04/19/2024

Transgender Map

“This free website shows how to make a gender transition”

Website: <https://www.transgendermap.com/>

Last Verified On: 04/19/2024

Trans Resilience - Resources

“Here are a few resources that may be useful for community organizations, trans individuals, or therapists and medical providers.”

Website: <https://www.trans-ilience.com/>

Last Verified On: 04/19/2024

TransPulse Resource Locator

“Worldwide database including doctors, therapists, and other businesses that welcome transgender clientele.”

Website: <https://www.transgenderpulse.com/resource-locator/>

Last Verified On: 04/19/2024