

MARIN COUNTY CRISIS RESOURCES

Available resources and services for those experiencing a crisis.
In the case of a life threatening emergency, call 911.

24-HOUR CRISIS SERVICES

Marin County Crisis Stabilization Unit

“Provides services to Marin County residents and visitors experiencing a mental health crisis, such as suicidal depression or psychotic behavior.”

Location: 250 Bon Air Road
Greenbrae, CA 94904

Contact: (415) 473-6666

Website: <https://www.marinhhs.org/crisis-stabilization-unit-csu>

Last Verified On: 02/07/2025

Marin County Crisis Text Line

“Offers free, 24/7, confidential crisis counseling via text and is a great place to turn when experiencing anxiety, depression, substance use, suicidal ideation, or anything in between. While available to any age, Crisis Text Line predominantly attracts those most comfortable texting for support, teens age 17 and under.

Text: “MARIN” to 741741

Website: <https://bhersprevention.org/>

Last Verified On: 02/07/2025

Your Life Your Voice

“You don’t have to face your problems alone. If you are having thoughts of harming yourself or you are being abused, please call us. These are serious issues that are best handled in one-on-one conversations with counselors. Counselors are ready for your call 24/7.”

Contact: (800) 448-3000

Text: VOICE to 20121

Website:
<https://www.yourlifeyourvoice.org/Pages/home.aspx>

Last Verified On: 02/07/2025



Marin Crisis Response Team (MCRT)

“Respond to mental health and substance abuse crises and psychiatric emergencies in the community throughout Marin County.”

Available: Monday – Saturday, 1 p.m. – 9 p.m.

Contact: (415) 473-6392

TTY: (415) 473-3344

Website: <https://www.marinhhs.org/mobile-crisis-team>

Last Verified On: 02/07/2025

Strength After – Disaster Distress Helpline

“If you are experiencing emotional distress or other mental health concerns after a disaster, the Disaster Distress Helpline is here for you 24/7.”

Contact/Text: (800) 985-5990

Website: <https://strengthafterdisaster.org/>

Last Verified On: 02/07/2025

National Runaway Safeline

“Get support. We are here to listen and here to help. We will listen to your story. We are available 24/7 for youth and families in crisis.”

Contact: (800) 786-2929

Website: <https://www.1800runaway.org/youth-teens/>

Last Verified On: 02/07/2025



MARIN COUNTY CRISIS RESOURCES

DOMESTIC VIOLENCE / ABUSE RESOURCES

Marin County Children and Family Services – Emergency Response

“Available 24 hours a day, 7 days a week, and 365 days a year to receive and assess allegations of child abuse, neglect, or exploitation.”

Location: 3250 Kerner Boulevard
San Rafael, CA 94901

Emergency Response: (415) 473-7153

Website: <https://www.marinhhs.org/children-family-services-emergency-response>

Last Verified On: 02/07/2025

Love is Respect

“Love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources.”

Contact: (866) 331-9474

Text: LOVEIS to 22522

Website: <https://www.loveisrespect.org/>

Last Verified On: 02/07/2025

Center for Domestic Peace

“24/7 English & Spanish Hotlines, Safety Planning, Emergency Shelter, Transitional Housing, Drop-In Support Groups, Domestic Violence Response Teams, Information and Referrals, Advocacy, Court Accompaniment, and Classes and Training for men and women to learn how to stop their violence.”

Location: 734 A Street

San Rafael, CA 94901

24-Hour Hotline (Bilingual): (415) 924-6616

Text: (415) 526-2557. Monday – Friday 9 a.m. – 5 p.m.

Website:

<https://centerfordom.wpengine.com/get-help-now/>

Last Verified On: 02/07/2025

Marin County Adult Protective Services

“Social workers investigate and seek to correct situations of abuse and neglect.”

Location: 10 N. San Pedro Road
San Rafael, CA 94903

24-Hour Hotline: (415) 473-2774

Website: <https://www.marinhhs.org/adult-protective-services>

Last Verified On: 02/07/2025

Community Violence Solutions

“Provides support services to child and adult victims of sexual assault and their families.”

Location: 4340 Redwood Highway, Ste. F-109
San Rafael, CA 94903

Crisis Hotline: (800) 670-7273

Contact: (415) 259-2850

Website: <https://cvsolutions.org/>

Last Verified On: 02/07/2025

Mobile Crisis Response Team (MCRT)

“Provides an alternative to law enforcement for an individual experiencing a behavioral health crisis in the community.”

Hours: Monday – Friday from 8 a.m. – 9 p.m.
and Saturdays from 1 p.m. – 9 p.m.

Contact: (415) 473-6392

Email: MCRTMail@marincounty.org

Website:

https://www.marinhhs.org/sites/default/files/files/servicepages/2015_08/mcrt_brochure_8.31.15_final.pdf

Last Verified On: 02/07/2025



MARIN COUNTY CRISIS RESOURCES

FOSTER CARE & KINSHIP SUPPORT SERVICES

Family Urgent Response System (FURS)

“FURS is a free 24/7/365 Hotline for current and former foster youth (up to age 21) and their caregivers with immediate, trauma-informed support when they need it. FURS assists to prevent placement disruptions, promotes healing as a family and is a safe, judgement free, and private space to talk about your worries and vent.”

Call or Text Hotline: (833) 939-3877

Contact: (916) 657-1858

Website:

<https://cdss.ca.gov/inforesources/cdss-programs/foster-care/furs>

Last Verified On: 02/07/2025

SEXUAL VIOLENCE RESOURCES

Male Survivor

“Facilitate dialogue among survivors, as well as between survivors and professional therapists, on our online forums, online 24/7 chat and at in-person events.”

Website: <https://malesurvivor.org/>

Last Verified On: 02/07/2025

The Rape, Abuse & Incest National Network (RAINN)

“Largest anti-sexual violence organization. Carries out programs to prevent sexual violence, help survivors. And ensure that perpetrators are brought to justice.”

24/7 Help Hotline: (800) 656-4673

Website: <https://www.rainn.org/>

Last Verified On: 02/07/2025

National Sexual Violence Resource Center

“Provide leadership in preventing and responding to sexual violence”

Contact: (877) 739-3895

Website: <https://www.nsvrc.org/>

Last Verified On: 02/07/2025

Helping Survivors

“Helping Survivors is an organization on a mission to help heal, educate, and empower people who have been impacted by sexual assault and abuse. We provide individuals with accurate, trustworthy and up-to-date information regarding their legal, financial, and healthcare options for individuals after experiencing sexual assault and abuse.”

National Sexual Assault Hotline: (800) 656-4673

Website: <https://helpingsurvivors.org/>

Last Verified On: 02/07/2025



MARIN COUNTY CRISIS RESOURCES

PET ASSISTANCE

RedRover

“Preserving the human-animal bond by financial assistance, resources and support to low-income individuals and survivors of domestic violence and their pets, so families can escape abuse together and stay together.”

Contact: (916) 429-2457

Website: <https://redrover.org/relief/>

Last Verified On: 02/07/2025