

CHILD ABUSE RESOURCES

Marin County Child Abuse and Neglect Reporting Hotline

"Description of resource pulled straight from the resource's website, with quotations."

Contact: (415) 473-7153

Website: https://www.marinhhs.org/child-

abuse-neglect-reporting-hotline

Last Verified On: 02/25/2025



CHILD DEVELOPMENT RESOURCES

Family Works

"Provide one on one parenting support and life skills education for intellectually and

developmentally disabled adults."

Location: 365 Bel Marin Keys Blvd., Ste. 100

Novato, CA 94949

Contact: (415) 492-0720

Website: https://www.familyworks.org

Last Verified On: 02/07/2025

Community Action Marin – Child Development Program

"Provide quality early learning, play-based, and social-emotional experiences for children in our

care."

Location: 555 Northgate Drive

San Rafael, CA 94903 Contact: (415) 526-7500

Website: https://camarin.org/child-

development-program/ Last Verified On: 02/07/2025

Parent Services Project

"Engages and strengthens families to take leadership for the well-being of their children,

families, and communities"

Location: 79 Belvedere Street, Suite 101

San Rafael, CA 94901 Contact: (415) 454-1870

Website:

http://www.parentservices.org/program/literacy-

<u>child-development-supports/</u> Last Verified On: 02/07/2025

Matrix Parent Network and Resource Center

"Empowers families of children with special needs to successfully understand and access

the systems that serve them."

Location: 2400 Las Gallinas Avenue, Suite

100, San Rafael, CA 94903 **Contact:** (415) 884-3555

Website: https://www.matrixparents.org





CHILD DEVELOPMENT RESOURCES, Continued

First 5

"First 5 California will convene, partner in, and help lead the movement to create and implement a comprehensive, integrated, and coordinated system for California's children prenatal through age 5 and their families. It will promote, support, and optimize early childhood development."

Contact: (916) 263-1050 Email: info@ccfc.ca.gov

Website: https://www.first5california.com/en-

us/

Last Verified On: 02/14/2025

Head Start

"We envision a future where Head Start is recognized as the gold standard in child development and the provider of choice for California's most vulnerable children and families."

Contact: (916) 444-7760

Website: https://headstartca.org/

Last Verified On: 02/14/2025

Child Inc.

"Child Inc, founded in 1972, is a nonprofit organization operating to provide low-income families with early childhood education, mental health services, disabilities services, nutritional services, medical and dental services, social services and parent engagement activities."

Contact: (512) 451-7361
Website: https://childinc.org/
Last Verified On: 02/14/2025

CHILDCARE RESOURCES

California Department of Social Services Child Care and Development Programs

"This page offers an overview of California's subsidized child care and development programs."

Location: 744 P Street M.S. 9-8-360

Sacramento, CA 95814

Website:

https://www.cdss.ca.gov/inforesources/calwork

s-child-care/subsidized-programs





CHILDREN ADVOCACY SERVICES

California CASA – Court Appointed Special Advocate Association

"California Court Appointed Special Advocate Association ensures that children & youth in the foster care system have a voice and the services they need for a stable future."

Location: 3525 Del Mar Heights Road #243

San Diego, CA 92130 Contact: (510) 663-8440

Website: https://www.californiacasa.org/

Last Verified On: 02/14/2025

California Child Protective Services - CPS

"Description of resource pulled straight from the resource's website, with quotations."

Contact: (415) 473-7153

Website:

https://www.cdss.ca.gov/reporting/report-

abuse/child-protective-services

Last Verified On: 02/14/2025

CHILDREN & FAMILY SUPPORT SERVICES

North Marin Community Services – Individual and Family Counseling

"Offer affordable and confidential mental health counseling to help teens overcome personal challenges. Substance abuse brief counseling also offered."

Location: 680 Wilson Ave

Novato, CA 94949

Contact: (415) 892-1643

Website:

https://www.northmarincs.org/health-programs/individual-and-family-therapy/

Last Verified On: 02/07/2025

Young Moms Marin

"Offers a wide variety of parent education and support based on the significant needs of the young parents."

Contact: (415) 686-3273

Email: youngmomsmarin@gmail.com
Website: https://youngmomsmarin.org/

Last Verified On: 02/07/2025

North Marin Community Services – Parenting Skills and Support

"Case managers help parents one-to-one with guidance and parenting skills to help parents learn ways to reduce their stress and improve their ability to care for their children."

Location: 1907 Novato Boulevard

Novato, CA 94947

Contact: (415) 897-4147

Email: info@northmarincs.org

Website:

https://www.northmarincs.org/educationprograms/parenting-classes-and-skill-building/





DOMESTIC VIOLENCE RESOURCES

Love is Respect

"Love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources."

Contact: (866) 331-9474 **Text**: LOVEIS to 22522

Website: https://www.loveisrespect.org/

Last Verified On: 02/07/2025

EDUCATIONAL RESOURCES

California Chafee Grant for Foster Youth "The California Chafee Grant for Foster Youth (Chafee Grant) awards up to \$5,000 a year to eligible foster youth."

Website: https://chafee.csac.ca.gov/

Last Verified On: 02/14/2025

CalKIDS

"CalKIDS takes the initiative by automatically offering newborns and eligible low-income public school children in California an initial seed deposit, along with other potential financial incentives. This ensures that they can start their college and career savings journey right from the beginning."

Contact: (888) 445-2377
Website: https://calkids.org/
Last Verified On: 02/14/2025

FINANCIAL ASSISTANCE RESOURCES

The B+ Foundation Family Assistance Program

"Our program gives qualified families money for expenses that are attributable to their child's cancer diagnosis. The goal of the program is to lessen the financial burden so families can focus on helping their children get well."

Contact: (302) 563-8389

Website: https://bepositive.org/need-help/





FOSTER CARE & KINSHIP SERVICES

Marin Foster Care Association – Community Resource Center

"Bring together all resource families, agency personnel, and community members committed to supporting foster youth"

Location: 35 Mitchell Blvd., #5b

San Rafael, CA 94903 Contact: (415) 507-0557

Website: http://marinfostercare.org/

Last Verified On: 02/07/2025

Alternative Family Services

"Transition Aged Youth Services, Transitional Housing, and Independent Living Skills" **Location:** 361 Third Street, Suite G

San Rafael, CA 94901 Contact: (415) 482-1640

Website:

https://www.afs4kids.org/services/transition-

aged-youth/

Last Verified On: 02/07/2025

TLC Child & Family Services

"Comprehensive quality foster care and adoption services, residentially based services, special education services, transitional housing, and counseling."

Location: 1800 N. Gravenstein Highway

Sebastopol, CA 95472
Contact: (707) 823-7300
Website: https://tlc4kids.org
Last Verified On: 02/07/2025

Family Urgent Response System (FURS)

"FURS is a free 24/7/365 Hotline for current and former foster youth (up to age 21) and their caregivers with immediate, trauma-informed support when they need it. FURS assists to prevent placement disruptions, promotes healing as a family and is a safe, judgement free, and private space to talk about

your worries and vent."

Call or Text Hotline: (833) 939-3877

Contact: (916) 657-1858

Website:

https://cdss.ca.gov/inforesources/cdssprograms/foster-care/furs

(Spanish) Sitio Web:

https://www.cdss.ca.gov/Portals/9/Child-Welfare-Programs/Foster-Care/FURs/FURS-

Hotline-Flyer-Youth-SP.pdf Last Verified On: 02/07/2025

HOME VISITING PROGRAMS

CalWORKs Home Visiting Program

"CalWORKs HVP aims to support positive health development and well-being outcomes for pregnant and parenting people, families, and infants born into poverty, expand their future educational, economic, and financial capability opportunities, and improve the likelihood that they will exit poverty."

Email: CalWORKsHVP@dss.ca.gov

Website: https://www.cdss.ca.gov/calworks-

home-visiting-program/families





LEGAL SERVICES

California Family Law Facilitator's Office

"The Family Law Facilitator's Office is a selfhelp program staffed by attorneys, paralegals and clerks that provides free legal assistance to unrepresented family law litigants."

Website: https://flf.sdcourt.ca.gov/

Last Verified On: 02/14/2025

LIBRARY RESOURCES

California State Libray

"Description of resource pulled straight from the resource's website, with quotations."

Website: https://www.library.ca.gov/

Last Verified On: 02/14/2025

MENTAL HEALTH SERVICES

Carelon Behavioral Health (formerly Beacon)

"Behavioral health services company that serves the full spectrum of mental health and wellness needs, from mild-to-moderate anxiety and depression to substance use disorder, suicide prevention, and crisis solutions."

Contact: (855) 765-9703

Website: https://www.carelon.com

Last Verified On: 05/31/2024

Bright Life Kids (CalHOPE)

"Personalized support for California families. Kids ages 0–12 get free, expert coaching for sleep issues, worry, social skills, and more. Live, 1:1 video sessions, secure chat, ondemand content, and more"

Contact: (888) 275-5357 Email: ce@hellobrightline.com

Website:

https://www.hellobrightline.com/brightlifekids/

Last Verified On: 02/14/2025

Your Life Your Voice

"You don't have to face your problems alone. If you are having thoughts of harming yourself or you are being abused, please call us. These are serious issues that are best handled in one-on-one conversations with counselors. Counselors are ready for your call 24/7."

Contact: (800) 448-3000 **Text**: VOICE to 20121

Website:

https://www.yourlifeyourvoice.org/Pages/home.

aspx





PARENT EDUCATION & SUPPORT

Carson's Village

"If you have never experienced the sudden loss of a loved one, you can't prepare yourself for how many practical details there are to manage... Carson's Village can provide a wide range of free support services to help your family navigate this difficult time."

Website: https://carsonsvillage.org/contact-us/

Last Verified On: 02/07/2025

PET SERVICES

CDSS Assistance Dog Special Allowance Program

"The California Department of Social Services offers the Assistance Dog Special Allowance, which provides a monthly stipend of \$50 to eligible people who use a guide, service, or signal dog. The allowance is to help cover the food, grooming, and health costs of the dog."

Contact: 916-657-2628

Website: https://www.cdss.ca.gov/assistance-

dogs

Last Verified On: 02/07/2025

Petco Lovelost

"Our mission [is] to reunite lost pets. Together, we'll spread the word and help lost pets find their way home. Use a photo to search our national lost and found database for your missing pet."

Website: https://lost.petcolove.org/

Last Verified On: 02/07/2025

RedRover

"We provide financial assistance, resources and emotional support to pet guardians struggling with economic hardship when pets are in life-threatening situations."

Website: https://redrover.org/relief/urgent-

care-grants/

Last Verified On: 02/07/2025

Pet Harbor

"Our goals are to benefit the animals by providing mechanisms for them to be adopted if they are available or found if they are lost.... Benefit the public by empowering them to adopt a new animal companion, find a lost pet or re-unite an owner with a lost pet that we have found..."

Website: http://petharbor.com/ Last Verified On: 02/07/2025

Marin Humane – Pet Care Assistance Program

"Helps more than 225 low-income residents and other in need with pet food deliveries, transportation to the veterinarian, dog walking, pet grooming, litter box maintenance, and emergency boarding of pets in the event of hospitalization."

Website:

https://www.marinhumane.org/abovebeyond/community-engagement/pet-careassistance/





UTILITY ASSISTANCE

California Alternate Rates for Energy (CARE) program.

"Qualified households can save 20 percent or more each month on their energy bill. Apply is easy and only takes a few minutes. Your income eligibility is based on current earnings going forward and not past income, so if you have had a change in circumstances you may now qualify."

Contact: (800) 743-5000

Website:

https://www.pge.com/medicalbaseline

Last Verified: 02/07/2025

California Phones, CA Telephone Access Program

"California Phones, from the California Telephone Access Program (CTAP) provides free specialized phones and accessories for your mobile phone to all qualified Californians. These devices make it easier to hear, dial, and call. A Program of the California Public Utilities Commission."

Website: https://californiaphones.org/contact-

us

Last Verified On: 02/07/2025

Family Electric Rate Assistance (FERA) Program

"Separate from CARE, income-qualified households with three or more persons can apply for a monthly discount on their electric bill"

Contact : (800) 743-5000

Website:

https://www.pge.com/medicalbaseline

Last Verified: 02/07/2025

PG&E Medical Baseline Program

"Assistance program for residential customers who depend on power for certain medical and independent living needs."

Contact: (800) 743-5000

Website:

https://www.pge.com/medicalbaseline

Last Verified On: 02/07/2025

Relief for Energy Assistance through Community Help (REACH)

"Provides income qualified customers with financial assistance during times of hardship. Customers impacted by the COVID-19 will be provided with up to an additional \$100 in bill payment assistance through March 4, 2021."

Contact: (800) 743-5000

Website:

https://www.pge.com/medicalbaseline





YOUTH ENRICHMENT PROGRAMS

YouThrive - Side by Side

"Works with 11 to 18 year olds who are on the precipice of troubling behavior, or already immersed in it, and engaged them in high-impact workshops that support the development of the youth's assets and

resilience."

Location: 300 Sunny Hills Drive, Bldg #5

San Anselmo, CA 94960 **Contact:** (415) 457-3200

Email: YouThrive@sidebysideyouth.org

Website:

https://www.sidebysideyouth.org/programs/you

thrive/

Last Verified On: 02/07/2025

BrightLife Kids (Cal HOPE)

"Personalized support for California families. Kids ages 0–12 get free, expert coaching for sleep issues, worry, social skills, and more. Live, 1:1 video sessions, secure chat, on-

demand content, and more" **Contact:** (888) 275-5357

Website:

https://www.hellobrightline.com/brightlifekids/

Last Verified On: 02/07/2025

WOMEN, INFANTS, AND CHILDREN (WIC)

Marin County WIC

"The Women, Infants, and Children (WIC) Supplemental Nutrition Program is a supplemental food and nutrition program for low-income pregnant, breastfeeding, and postpartum women and children under age five who have a nutritional risk."

Website: https://www.marinhhs.org/wic-hours-locations

State Website: https://www.myfamily.wic.ca.gov/

Last Verified On: 04/07/2025

Marin Health & Wellness Center Location: 3250 Kerner Boulevard

San Rafael, CA 94901 Contact: (415) 473-6889

Email: MarinCountyWIC@marincounty.gov **Dates/Hours:** Monday through Friday, 8:00 a.m. – 5:00 p.m., 2nd and 4th Tuesday of every

month from 5:00 p.m. - 7:00 p.m.

Last Verified On: 04/07/2025

Novato WIC Office

Location: 1682 Novato Blvd. Ste. 102

Novato, CA 94947

Contact: (415) 473-6889

Email: MarinCountyWIC@marincounty.gov **Dates/Hours:** Wednesdays and Fridays 8 a.m.

– 4:30 p.m. Closed noon – 1 p.m. for lunch

Last Verified On: 04/07/2025

West Marin Services Center

Location: 1 Sixth St

Pt Reyes Station, CA 94956 **Contact:** (415) 473-6889

Email: MarinCountyWIC@marincounty.gov **Dates/Hours:** 3rd Thursday of every month from 8 a.m. – 4:30 p.m. Closed noon – 1 p.m.

for lunch

Last Verified On: 04/07/2025

Marin City Health & Wellness Center

Location: 630 Drake Ave, Marin City, CA 94965 **Contact:** (415) 473-6889

Email: MarinCountyWIC@marincounty.gov **Dates/Hours:** 1st Friday of every month from
1:30 p.m. – 5 p.m. and 3rd Friday of every

PARTNERSHIF

month from 8:30 a.m. – noon