

LASSEN COUNTY CRISIS RESOURCES

Available resources and services for those experiencing a crisis. In the case of a life threatening emergency, call 911.

24-HOUR CRISIS SERVICES

Lassen County Crisis

"If you are experiencing a behavioral health crisis, we are here to help 24 hours a day, seven days a week." **Location:** 555 Hospital Lane Susanville, CA 96130 **24-Hour Crisis Services:** (888) 530-8688 **Contact:** (530) 251- 8108 **Website:**

http://www.lassencounty.org/node/142 Last verified on: 02/07/2025

COUNTY EMERGENCY SERVICES

NIXLE

"Nixle provides an open communication forum that connect public safety, municipalities, schools, businesses and the communities they serve. Nixle enables real-time, two-way communication through text, email, voice messages, social media, and the Nixle mobile app."

Text: Your zip code to 888-777 Website: <u>https://local.nixle.com/register/</u> Last Verified On: 02/07/2025







LASSEN COUNTY CRISIS RESOURCES

24-HOUR CRISIS HOTLINES

CA Youth Crisis Line (CYCL)

"CYCL operates 24/7 as the statewide emergency response system for youth (ages 12-24) and families in crisis. Professionally trained staff and volunteer counselors provide crisis intervention counseling and resource referrals to service providers in the caller's local community. Thoughts of suicide, depression, bullying, health and identity questions, trauma, human trafficking or any teen-related struggle are discussed with a crisis counselor in confidence and without judgement. We do not provide advice. We listen with compassion."

Call or Text: (800) 843-5200 Website: <u>https://calyouth.org/cycl/</u> Last Verified On: 02/07/2025

National Runaway Safeline

"Our crisis services center team is available 24/7365. Reach out to us in a way that works best for you. We are here to listen and here to help."

Contact: (800) -RUNAWAY

Website: <u>https://www.1800runaway.org/youth-teens/</u> Last Verified On: 02/07/2025

The Rape, Abuse & Incest National Network (RAINN)

"Largest anti-sexual violence organization. Carries out programs to prevent sexual violence, help survivors, and ensure that perpetrators are brought to justice." **24/7 Help Hotline:** (800) 656-4673 **Website:** <u>https://www.rainn.org/</u> Last Verified On: 02/07/2025

National Suicide Prevention Lifeline

"Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24/7."

Contact: (800) 273-8255

Website: https://suicidepreventionlifeline.org/ Last Verified On: 02/07/2025

Your Life Your Voice

"If you are having thoughts of harming yourself or you are being abused, please call us. These are serious issues that are best handled in one-on-one conversations with counselors." **Contact:** (800) 448-3000 **Text:** VOICE to 20121 **Website:**

https://www.yourlifeyourvoice.org/Pages/home. aspx Last Verified On: 02/07/2025

Strength After

"If you are experiencing emotional distress or other mental health concerns after a disaster, the Disaster Distress Helpline is here for you 24/7/365."

Contact: (800) 985-5990 Website: <u>https://strengthafterdisaster.org/</u> Last Verified On: 02/07/2025

The Trevor Project, LGBTQ Youth

"We provide information & support to LGBTQ young people 24/7, all year round." **Contact:** (866) 488-7386 **Text:** START to 678-678 **Website:** <u>https://www.thetrevorproject.org/</u> Last Verified On: 02/07/2025

Helping Survivors

"Helping Survivors is an organization on a mission to help heal, educate, and empower people who have been impacted by sexual assault and abuse. We provide individuals with accurate, trustworthy and up-to-date information regarding their legal, financial, and healthcare options for individuals after experiencing sexual assault and abuse." **National Sexual Assault Hotline:** (800) 656-4673

Website: <u>https://helpingsurvivors.org/</u> Last Verified On: 03/04/2025





MENTAL HEALTH RESOURCES

Carelon Behavioral Health (formerly Beacon)

"Behavioral health services company that serves the full spectrum of mental health and wellness needs, from mild-to-moderate anxiety and depression to substance use disorder, suicide prevention, and crisis solutions." Contact: (855) 765-9703 Website: https://www.carelon.com Last Verified On: 02/07/2025

CalHOPE Warm Line

"The CalHOPE warm line connects callers to other people who have persevered through struggles with stress, anxiety, depressionemotions triggered by the COVID-19 pandemic. The peer counselors listen with compassion, provide non-judgmental support and guide you to additional resources that can give hope and help them cope." Contact: (833) 317-HOPE (4673) Website: https://www.calhope.org/ Last Verified On: 02/07/2025

DOMESTIC VIOLENCE & ABUSE RESOURCES

Adult Protective Services

"An emergency response system that provides in-person response 24 hours a day, seven days a week, to referrals of abuse to an elder or dependent adult for the purpose of providing immediate intake or intervention, or both, to new referrals involving immediate life threats and crises in existing cases. Case management. Provide emergency shelter or inhome protection as resources are available." Location: 1445 Paul Bunyan Road Susanville, CA 96130 24/7 Adult Protection Hotline: (800) 667-0404 Contact: (530) 251-8158 Website:

https://www.lassencounty.org/dept/adultservices/adult-services Last Verified on: 02/07/2025

The Child Abuse Prevention Center – Lassen County Location: 1445 Paul Bunyan Road Susanville, CA 96130 **Contact:** (530) 251-8277 After Hours Contact: (530) 310-3682 Website: http://www.thecapcenter.org/countyresources.php?countv=Lassen

Last verified on: 02/07/2025

Lassen Family Services

"Committed to ending abuse through prevention, healing, advocacy, safety, and education. Services: emergency shelter, peer counseling, child trauma therapy." Location: 1306 Riverside Drive Susanville, CA 96130 24-Hour Crisis Line: (888) 289-5004 Contact: (530) 257-5004 Website: http://lassenfamilyservices.org Last verified on: 02/07/2025

Love is Respect

"Love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources." Contact: (866) 331-9474 Text: LOVEIS to 22522 Website: https://www.loveisrespect.org/

Last Verified On: 02/07/2025

RedRover

"Provides emergency sheltering, training, consultations for animals displaced by natural disasters and other crises." Contact: (916) 429-2457 Website: https://redrover.org/relief/ Last Verified On: 02/07/2025





PERINATAL SUBSTANCE USE AND SUBTANCE USE RESOURCES

Lassen County Promises Program

"To provide culturally relevant prevention, intervention, and treatment through a collaborative community process to improve the lives of individuals and families in our community who are affected by alcohol and other drugs."

Location: 700 Brashear St. Susanville, CA 96130 Contact: (530) 251-8108 24-Hour Toll Free Crisis Line: (888) 530-8688 Website:

http://www.lassencounty.org/dept/behavioralhealth/substance-use-disorder-services Last verified on: 02/07/2025

SUPPORT SERVICES

Alyssa Araiza Wings of Angels Organization

"Committed to aiding families who have children suffering with pediatric cancer or life threatening illness by providing unique support in ways other organizations do not. Families served live in Shasta, Siskiyou, Trinity, Lassen, and Modoc counties in Northern California." Location: 6907 Weeks Road Redding, CA 96002 Contact: (530) 378-2373 Website: http://www.aawoa.com/ Last Verified: 02/07/2025

Substance Use Disorder Services

"Provide comprehensive approach of culturally relevant prevention, intervention, and treatment." Location: 555 Hospital Lane Susanville, CA 96130 Contact: (530) 251-8108 24-Hour Toll Free Crisis Line: (888) 530-8688 Website: http://www.lassencounty.org/dept/behavioral-

health/substance-use-disorder-services Last Verified On: 02/07/2025

Lassen Foster Youth Services

"Foster Youth Services Coordinating Programs provide support services to foster children who suffer the traumatic effects of displacement from family and schools and multiple placements in foster care. Services: enrollment in school, transportation planning, academic tutoring referral."

Location: 2950 Riverside Drive, Susanville, CA 96130 Contact: (530) 251-8173 Website: <u>https://www.lassenfys.com/</u> Last Verified On: 02/07/2025

