LAKE COUNTY SUBSTANCE USE RESOURCES

LAKE COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES

Behavioral Health – Substance Use Services

"Lake County Behavioral Health Services provides services for individuals in crisis, for youth, for adults, and for alcohol and drug treatment."

Lucerne Office: (707) 274-9101 **Clearlake Office**: (707) 994-7090

Website:

https://www.lakecountyca.gov/364/Substance-

<u>Use-Disorder-Services-SUDS</u>
Last Verified On: 02/01/2025



TREATMENT PROVIDERS

Hilltop Recovery Services

"Providing quality Substance Use Treatment Services."

Location:

14715 East Highway 20 Clear Lake Oaks, CA 95423 **Contact:** (707) 998-1800

Website: http://hilltoprecovery.net/

Last Verified On: 02/01/2025

Redwood Community Services Tule House

"Tule House is a residential treatment program specifically designed for mothers. This program aims to address substance use disorder in a nurturing environment that allows mothers to have their children with them."

Location: 75 1st St., Upper Lake, CA 95485 **Contact:** (707) 275-8776

Website:

https://www.redwoodcommunityservices.org/lo

cations

Last Verified On: 02/01/2025



LAKE COUNTY SUBSTANCE USE RESOURCES

ANONYMOUS SUPPORT SERVICES

Alcoholics Anonymous of Lake County

Hotline: (707) 995-3316

Website: http://lakecountycaaa.com/

Last Verified On: 09/06/2024

CoDependents (CoDa) Anonymous

Website:

https://coda.org/find-a-meeting/

Last Verified On: 02/01/2025

Al-Anon/Alateen Northern California District

"Whether you live in Mendocino/Lake County or are just visiting, we welcome you! If you live, or have lived, with the problem of alcoholism in a relative or friend, you have a home in the Al-Anon Family Groups."

Toll-free Meeting Line: (888) 425 2666 Website: https://mendo.northernca-al-

anon.org/

Last Verified On: 09/06/2024

Lake Country Narcotics Anonymous Website: https://www.nalakecounty.org/

Contact: (707) 262-0132 Last Verified On: 02/01/2025

ALCOHOL SUPPORT

Alcohol Rehab Help

"If you or a loved one is struggling with alcohol addiction, you can rely on us to guide you to the best rehabilitation and treatment resources."

24/7 Helpline: (928) 436-6654

Website: https://alcoholrehabhelp.org/

Last Verified On: 02/01/2025

WELLNESS CENTER

Circle of Native Minds

"Culturally relevant wellness-oriented services to the Native American Community."

Location: 525 North Main Street,

Lakeport, CA 95453 Contact: (707) 263-4880

Facebook:

https://www.facebook.com/groups/circleofnativ

emindslcbhs/?mibextid=6NoCDW

Last Verified On: 02/01/2025

The Big Oak Peer Center

"The Big Oak Peer Support Center serves as a center of learning for

self-improvement and a link to mental health services for the community of Lake County. The Big Oak Peer Support Center provides a positive and supportive environment, for people who may be facing life struggles." **Location:** 13300 East Highway 20, Suite O

Clearlake Oaks, CA 95423 Contact: (707) 998-0310

Website:

https://www.facebook.com/groups/bigoakpeers upportcenterlcbhs/

Last Verified On: 02/01/2025



LAKE COUNTY SUBSTANCE USE RESOURCES

WELLNESS CENTER, Continued

La Voz de la Esperanza Centro Latino

"The Voice of Hope, is a wellness center that provides culturally relevant wellness-oriented services to community members."

Location: 14092 Lakeshore Drive,

Clearlake, CA 95422 Contact: (707) 994-4261

Facebook:

https://www.facebook.com/groups/1396092077

257623

Last Verified On: 02/01/2025

SUPPORT SERVICES

Colusa County Recovery

"Virtual Recovery: Anytime, Anywhere. Welcome to Colusa County Recovery, your virtual companion and online resource. We are your launchpad to hope, shared experiences, mutual empowerment, and essential recovery tools – all from the comfort and privacy of your own space."

Text/Call: (530) 845-2364

Email: colusacountyrecovery@gmail.com

Website:

https://www.colusacountyrecovery.com/

Last Verified On: 02/01/2025

QUIT SMOKING ASSISTANCE

Kick It California

"We're a free program that helps Californians quit tobacco and nicotine with the help of proven, science-based strategies. Take the first step toward quitting."

Call and Chat Counseling: English: 1-800-300-8086 Español: 1-800-600-8191 Chinese: 1-800-838-8917 Korean: 1-800-556-5564 Vietnamese: 1-800-778-8440

Quit Pouches:

https://www.kickitca.org/pouches Website: https://www.kickitca.org/

Last Verified On: 02/01/2025

Alexa Skills Stop Vaping Coach

"With the Stop Vaping Coach skill, get quit vaping tips or sign up to speak with a quit coach."

Website:

https://www.amazon.com/dp/B07YBTN1GY/ref =sr 1 1?keywords=stop%20vaping%20coach

&qid=1569431942&s=gateway&sr=8-

1&fbclid=IwAR0Bqqyt0UWfJ7MYVSYHQ2NMA bvvhO0UMkCbv7dP7vHPi9fEZwliaP-SEZI

Last Verified On: 02/01/2025

