## LAKE COUNTY SENIOR RESOURCES



### Senior Information & Assistance

#### The Area Agency on Aging (AAA) of Lake County

AAA Coordinates and Implements the development of, and access to, communitybased support services for seniors and their caregivers, allowing older individual 60 year of age or older to maintain their dignity of live and stay safe and independent in in their own homes and comminutes. There are no fees charged for AAA services, and no one is denied because of an inability to contribute. Location: 16170 Main St. Unit F Lower Lake, CA 95457 Contact: (707) 995-3744 Website: https://www.lakecountyca.gov/727/Area-Agency-on-Aging Last Verified On: 02/01/2025

### **ADULT PROTECTIVE SERVICES & PREVENTION**

### Lake County Adult Protective Services

"Adult Protective Service (APS) is committed to helping adults age 65 and older, as well as adults whose physical or mental limitations restrict their day-to-day life activities, live in a safe environment." Location: 16170 Main Street Lower Lake, CA 95457 Toll Free: (888) 221-2204 **Contact:** (707) 995-4680 Website: https://www.lakecountyca.gov/726/Adult-**Protective-Services** 

Last Verified On: 02/01/2025

### **Department of Social Services**

Location: 15975 Anderson Ranch Parkway Lower Lake, CA 95457 Contact: (707) 995-4200 Toll Free: (800) 628-5288 Website:

https://www.lakecountyca.gov/715/Social-Services Last Verified On: 02/01/2025



Page 1 of 6 Need assistance? Have a new resource to add? Contact the Population Health Department at (855) 798-8764 Of PopHealthOutreach@partnership.org



### ADVANCED CARE PLANNING

### **Hospice Services of Lake County**

"We support and comfort people by providing the highest quality medical, emotional, social, and spiritual care in partnership with our culturally diverse communities." **Location:** 1862 Parallel Drive Lakeport, CA 95453 **Contact:** (707) 263-6222 **Toll Free:** (800) 900-8820 **Website:** <u>http://www.lakecountyhospice.org/</u> Last Verified On: 02/01/2025

### **CASE MANAGEMENT**

Community Care – Multipurpose Senior Services Program (MSSP) Location: 8050 Lake Street, Ste. B Lower Lake, CA 95457 Contact: (707) 995-7010 Website: http://communitycare707.com/mssp.html Last Verified On: 02/01/2025

### **IN-HOME SUPPORT SERVICES**

### Lake County In-Home Supportive Services

"Program is designed to provide domestic and personal care services to low-income aged, blind and disabled persons. IHSS services can include assistance with meal preparation, laundry, shopping, transportation, bathing, dressing, and personal care." **Location:** 16170 Main Street Lower Lake, CA 95457 **Toll Free:** (888) 221-2204 **Contact:** (707) 995-4680 **Website:** https://www.lakecountyca.gov/783/In-Home-<u>Supportive-Services-IHSS</u> Last Verified On: 02/01/2025





# LAKE COUNTY SENIOR RESOURCES

### LEGAL SERVICES

### **Disability Services & Legal Center**

"DSLC Ukiah provides assistance with benefits, housing, legal issues and more for residents of Mendocino and Lake Counties, California." **Location:** 415 Talmage Road, Suite B Ukiah, CA 95482 **Contact:** (707) 463-8876

Website: http://mydslc.org/ukiah-branch-staff/ Last Verified On: 02/01/2025

### Legal Services of Northern California

"The mission of Legal Services of Northern California is to provide quality legal services to empower the poor to identify and defeat the causes and effects of poverty within our community, efficiently utilizing all available resources."

Location: 421 North Oak Street Ukiah, CA 95482 Contact: (707) 462-1471 Toll Free: (877)529-7700 Website: <u>https://lsnc.net/</u> Last Verified On: 02/01/2025

### **MEAL ON WHEELS**

This program prepares and delivers hot food five days a week and frozen weekend meals to homebound elderly and disabled individuals. Age 60+, spouses living with 60+ seniors, homebound and unable to cook or shop, and lacking assistance.

Website: https://www.lakecountyca.gov/781/Senior-Meal-Programs Last Verified On: 02/01/2025

### **Highlands Senior Services Center**

Location: 3245 bowers Road Clearlake, CA 95422 Contact: (707) 994-3051

### Live Oaks Senior – Drive Thru

Location: 12519 Foothill Boulevard Clearlake, CA 95423 Contact: (707) 998-1950

### Senior Center Lakeport

Location: 527 Konocti Avenue Lakeport, CA 95453 Contact: (707) 263-4218

### Lucerne Alpine Seniors

Location: 3985 County Club Drive Lucerne, CA 95458 Contact: (707) 274-2512

### PET RESOURCES

#### Caring.com

#### Assisted Living for seniors with Pets

"Caring.com exists to help family caregivers like you make better decisions, save time and money and feel less alone." **Contact**: (800) 973-1540 **Website**: <u>https://www.caring.com/seniorliving/assisted-living/benefits-of-elderly-owningpets/ Last Verified On: 02/01/2025</u>





### PHC MEMBER BENEFITS

### **Sensitive Services**

Sensitive Services includes services for Family Planning, STD testing and treatment, AIDS/HIV testing, and Abortion (ending pregnancy) counseling and services.

You can go to your PCP directly, or any Medi-Cal provider for sensitive services. You do not need Prior Approval. All members have the right to confidentiality when getting these services. **Website:** 

http://www.partnershiphp.org/Members/Medi-Cal/Pages/Benefits.aspx#phpFaqItem28 Last Verified On: 02/01/2025

### **RECREATION & ACTIVITIES**

### **Disabled Discount Lifetime Park Pass**

"For persons with permanent disabilities, this pass entitles the bearer to a 50% discount for vehicle day use, family camping, and boat use fees at California State Park operated units." **Location:** California State Parks Sonoma-Mendocino Coast District Office 12301 North Highway 1, Mendocino, CA 95460 **Phone:** (707) 937-5804 **Website:** 

https://www.parks.ca.gov/?page\_id=1049 Last Verified On: 02/01/2025

### **Free Annual Fishing License**

"Available for a person who is blind, developmentally disabled, or mobility impaired. Your first Free Sport Fishing License must be obtained from the CDFW License and Revenue Branch."

#### Website:

https://wildlife.ca.gov/Licensing/Fishing Last Verified On: 02/01/2025

# Free Annual Fishing License-Native American

"Available for any Native American who is a resident of the State and is financially unable to pay the fee required for a resident sport fishing license."

### Website:

https://wildlife.ca.gov/Licensing/Fishing Last Verified On: 02/01/2025

### **Reduced Fee Annual Fishing License**

"Available for low-income California residents, 65 years of age and older who meet the specified annual income requirements. The Reduced-Fee Sport Fishing License for Low Income Seniors is only available at CDFW License Sales Offices."

### Website:

https://wildlife.ca.gov/Licensing/Fishing Last Verified On: 02/01/2025

### Reduced Fee Annual Fishing License-Disabled Veteran

"Available for any resident or nonresident honorably discharged disabled veteran with a 50 percent or greater service-connected disability. **Website:** 

https://wildlife.ca.gov/Licensing/Fishing Last Verified On: 02/01/2025





### **RECREATION & ACTIVITIES, Continued**

Reduced Fee Annual Fishing License-Recovering Service Member and Low-Income Seniors (65 years or older)

"Available for any recovering service member of the US military. After you prequalify for your Recovering Service Member Reduced-Fee Sport Fishing License, you can purchase recovering service member licenses anywhere licenses are sold."

#### Website:

https://wildlife.ca.gov/Licensing/Fishing Last Verified On: 02/01/2025

### Golden Bear Annual Park Pass

"Under the law, any qualifying person receiving Supplemental Security Income (SSI) any person receiving aid under the CalWORKs Program; or any person 62 years of age or older with income limitations specified on the current application form is eligible to receive the Golden Bear Pass. Entitles the bearer and spouse or registered domestic partner entry to most California State Park operated units where vehicle day use fees are collected at no charge."

**Location:** California State Parks Sonoma-Mendocino Coast District Office 12301 North Highway 1, Mendocino, CA 95460 **Phone:** (707) 937-5804

### Website:

https://www.parks.ca.gov/?page\_id=1049 Last Verified On: 02/01/2025

### **RESPITE CARE & CAREGIVER SUPPORT SERVICES**

Redwood Caregiver Resource Center "Redwood Caregiver Resource Center continues to provide services to family caregivers throughout the Redwood Empire, including the counties of Del Norte, Humboldt, Mendocino, Lake, Sonoma, Napa, and Solano." Location: 1140 Sonoma Avenue, Suite 1B

**Contact:** (707) 542-0282 **Toll Free:** (800) 834-1636

Website: <u>http://www.redwoodcrc.org</u> Last Verified On: 02/01/2025





### SUPPORT HOTLINES

### Miracle Messages Buddy Program

"Miracle Friends, is a phone and text-based buddy system that matches trained volunteers with individuals experiencing homelessness for weekly phone calls and texts, to provide basic companionship and social support... Miracle Friends supports unhoused neighbors and formerly homeless senior citizens." **Hotline:** 1-800 – MISS-YOU **Website:** <u>https://www.miraclemessages.org</u> Last Verified On: 02/01/2025

### SUPPORT SERVICES

### Miracle Messages Program

"Miracle Messages provides reunion services for individuals experiencing homelessness. A person experiencing homelessness records a message to a loved one (or vice versa)." Hotline: 1-800 – MISS-YOU Website: <u>https://www.miraclemessages.org</u> Last Verified On: 02/01/2025

### **VISUAL IMPAIRMENT RESOURCES**

### Lakeport Support Group

"Open to visually impaired Seniors age 55+." Location: Lakeport Public Library 1425 North High Street, Lakeport, CA When: Every 4<sup>th</sup> Thursday of the month 10:30 am – 11:30 am Contact: (707) 523-3222 Note: These group schedules may change on short notice. Please call to confirm. Last Verified On: 02/01/2025

### Earle Baum Center For The Blind

"Assistive Technology Services, Braille Instruction, Independent Living Skills, Introduction to Vision Loss, Learning the Language of Vision, Living With Vision Loss, Orientation and Mobility" Location: 4539 Occidental Road Santa Rosa, CA 95401 Contact: (707) 523-3222 Website: <u>https://earlebaum.org</u> Last Verified On: 02/01/2025

