

# LAKE COUNTY MENTAL HEALTH RESOURCES

## 24-HOUR CRISIS STABILIZATION UNIT

### 24 Hour Crisis Services

"If you are in crisis: help is available 24 hours per day, 7 days a week."

**Contact:** 9-8-8

Last Verified On: 12/27/2022

### National Suicide Prevention Hotline

"We can help prevent suicide."

**Hotline:** 9-8-8

**Website:** <https://suicidepreventionlifeline.org/>

Last Verified On: 05/01/2023

## MENTAL HEALTH PROGRAMS

### Carelon Behavioral Health (formerly Beacon)

"Beacon's system is built on a strong support structure of doctors, nurses, advocates, and mentors fulfilling members' behavioral, physical, and social health needs."

**Contact:** (855) 765-9703

**Website:** : <https://www.carelon.com>

Last Verified On: 05/01/2023

### Lake County Behavioral Health Services – South Shore Office

"Provides recovery-oriented care including crisis resolution, assessment, counseling, and access to hospital and residential services for adults experiencing serious mental illness and children with emotional disturbance."

**Location:** 7000 B South Center Drive  
Clearlake, CA 95422

**Contact:** (707) 994-7090

**Contact Nights & Weekends:** (800) 900-2075

**Website:**

<https://www.lakecountyca.gov/173/Behavioral-Health-Services>

Last Verified On: 05/01/2023



### Lake County Behavioral Health Services – North Shore Office

"Provides recovery-oriented care including crisis resolution, assessment, counseling, and access to hospital and residential services for adults experiencing serious mental illness and children with emotional disturbance."

**Location:** 6302 Thirteenth Avenue  
Lucerne, CA 95458

**Contact:** (707) 274-9101

**Contact Nights & Weekends:** (800) 900-2075

**Website:**

<https://www.lakecountyca.gov/173/Behavioral-Health-Services>

Last Verified On: 05/01/2023



# LAKE COUNTY MENTAL HEALTH RESOURCES

## MENTAL HEALTH SUPPORT SERVICES

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### CalHOPE – BrightLife Kids

“Mental Health coaching and resources for parents with kids ages 0-12.”

**Website:**

[https://www.hellobrightline.com/brightlifekids/?utm\\_medium=referral&utm\\_source=calhopewebsite](https://www.hellobrightline.com/brightlifekids/?utm_medium=referral&utm_source=calhopewebsite)

Last Verified On: 01/25/2024

### Lake County Resources & Services

**Website:**

“To improve the quality of life for the people of Lake County experiencing mental illness or substance use disorder by offering recovery-oriented services.”

<https://www.lakecountyca.gov/1242/County-Services>

Last Verified On: 05/01/2023

### Community Peer Support Center Directory

**Website:**

<https://www.lakecountyca.gov/344/Community-Peer-Support-Centers>

Last Verified On: 05/01/2023

### Konocti Senior Support – Senior Peer Counseling

“Provide companionship and counseling to seniors in their homes and at senior centers”

**Contact:** (707) 995-1417

**Website:** <https://konoctiseniorsupport.com/>

Last Verified On: 05/01/2023

### Lake County Prevention

What commonly used stigmatizing words would you like to remove from everyday use?

**Facebook page:**

<https://www.facebook.com/LakeCountyCAPrevention>

Last Verified On: 05/01/2023

### SafeSpace

“SafeSpace is a youth-led, mental health-focused organization that empowers young people to engage openly with their local schools and communities. We create and implement initiatives to change the conversation around mental health by educating and encouraging our peers to speak up, support others, and seek help when needed.”

**Website:** <https://safespace.org/>

Last Verified On: 05/01/2023

### SafeSpace Stories – Podcast

“Weaving the voices of teens, mental health experts, and inspiring individuals into a cohesive experience, SafeSpace stories is your mental health resource.”

**Website:**

<https://www.safespacestories.org/projects-7>

**Apple Podcast:**

<https://podcasts.apple.com/us/podcast/safespace-stories/id1595738668>

**Spotify:**

<https://open.spotify.com/show/49338MHg6LAE nBaOq1RSSC?si=b97a00f41db94211&nd=1>

Last Verified On: 05/01/2023



# LAKE COUNTY MENTAL HEALTH RESOURCES

## PEER SUPPORT & RECOVERY CENTERS OF LAKE COUNTY

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### Circle of Native Minds

“Culturally relevant wellness-oriented services to the Native American Community.”

**Location:** 845 Bevins Street, Lakeport

**Contact:** (707) 263-4880

**Facebook:**

<https://www.facebook.com/groups/circleofnativeminds/cbhs/>

Last Verified On: 05/01/2023

### La Voz de la Esperanza Centro Latino

“The Voice of Hope, is a wellness center that provides culturally relevant wellness-oriented services to community members.”

**Location:** 14585 Olympic Drive, Suite B  
Clearlake, CA 95422

**Contact:** (707) 994-4261

Last Verified On: 05/01/2023

### The Big Oak

“A center of learning for self-improvement and a link to mental health services for the community of Lake County.”

**Location:** 13340 East Highway 20, Suite O  
Clearlake Oaks, CA 95423

**Contact:** (707) 998-0310

Last Verified On: 05/01/2023

### Family Hope and Peer Support Center

“Focusing on peer support to parents and families with children in Lake County”

**Location:** 21389 Stewart Street.  
Middleton, CA 95461

**Contact:** (707) 987-9601

Last Verified On: 05/01/2023