HOTLINE PHONE NUMBERS

LGBT National Talk Line

"Provide a confidential safe space where callers of any age can speak about sexual orientation or gender identity/expression issues. This includes coming out issues, relationship concerns, bullying, workplace issues, HIV/AIDS anxiety, safer sex information, suicide, and much more."

Contact: (888) 843-4564 Email: help@LGBThotline.org

Website: https://lqbthotline.org/national-

hotline/

Last Verified On: 04/19/2024

LGBT National Youth Talk Line

"Provide a confidential safe space where callers of any age can speak about sexual orientation or gender identity/expression issues. This includes coming out issues, relationship concerns, family, bullying, school issues, HIV/AIDS anxiety, safer sex information, suicide, and much more."

Contact: (800) 246-7743 Email: <u>help@LGBThotline.org</u>

Website: https://labthotline.org/vouth-talkline/

Last Verified On: 04/19/2024



Trevor Lifeline

"Website, chat, & text crisis support, specializing in LGBTQ youth suicide prevention."

Contact: (866) 488-7386 Text: START to 678-678

Website: https://www.thetrevorproject.org/get-

help-now/

Last Verified On: 04/19/2024

LGBTQ National Senior Hotline

"Free and Confidential peer support for the LGBT and questioning community ages 50 and above."

Contact: (888) 234-7243 Email: help@LGBThotline.org

Website: https://www.lgbthotline.org/senior-

hotline

Last Verified On: 04/19/2024

LEGAL RESOURCES

National Center for Lesbian Rights (NCLR)

"A national nonprofit law firm that protects the legal and human rights of lesbians, gay men, bisexual & transgender people across the United States through impact litigation, public policy, advocacy, public education, & direct legal services."

Contact: (415) 392-6257

Website: http://www.nclrights.org/

Last Verified On: 04/19/2024

Lambda Legal

"Lambda Legal's Help desk is a resource for the community we serve in providing general legal information and resources relating to discrimination based on sexual orientation, gender identity and gender expression, and HIV status.

Website⁻

https://www.lambdalegal.org/helpdesk

Last Verified On: 04/19/2024



LEGAL RESOURCES, Continued

Transgender Legal Defense & Education Fund

"Committed to ending discrimination based upon gender identity and expression and to achieving equality for transgender people through public education, test-case litigation, direct legal services, and public policy efforts."

Contact: (646) 862-9396

Email: info@transgenderlegal.org

Website: https://www.transgenderlegal.org/

Last Verified On: 04/19/2024

TRANSGENDER RESOURCES

Transgender Map

"This free website shows how to make a gender transition"

Website: https://www.transgendermap.com/

Last Verified On: 04/04/2023

Trans Resilience - Resources

"Here are a few resources that may be useful for community organizations, trans individuals, or therapists and medical providers."

Website: https://www.trans-ilience.com/

Last Verified On: 04/19/2024

OTHER LGBTO RESOURCES

Planned Parenthood LGBTQ Services

"Clearlake Health Center offers the following services specifically for clients who identify as LGBTQ: Education, Resources, Services

referral."

Location: 14671 Olympic Drive

Clearlake, CA 95422 Contact: (707) 995-2261

Website:

https://www.plannedparenthood.org/health-center/california/clearlake/95422/clearlake-

health-center-4068-90200/lgbtg

Last Verified On: 04/19/2024

Trans Lifeline

"Trans Lifeline connects trans people to the community support and resources we need to survive and thrive.

Contact: (877) 565-8860

Website: https://www.translifeline.org/

Last Verified On: 04/19/2024

Bisexual Resource Center

"The Bisexual Resource Center works to connect the bi+ community and help its members thrive through resources, support, and celebration."

Website: https://biresource.org/

Last Verified On: 04/19/2024



PHC MEMBER BENEFITS

Sensitive Services

"Sensitive Services includes services for Family Planning, STD testing and treatment, AIDS/HIV testing, and Abortion (ending pregnancy) counseling and services. You can go to your PCP directly, or any Medi-Cal provider for sensitive services. You do not need Prior Approval.

All members have the right to confidentiality when getting these services."

Website:

http://www.partnershiphp.org/Members/Medi-Cal/Pages/Benefits.aspx#phpFaqItem28

Last Verified On: 04/19/2024

RESOURCE DIRECTORIES

Pink Spots – The LGBTQ Directory
Website: https://www.gaypinkspots.com/

Last Verified On: 04/19/2024

SENIORS

SAGE

"National organization offering supportive services and consumer resources for LGBTQ older adults and their caregivers."

Contact: (212) 741-2247 Sage Hotline: (877) 360-5428 Website: https://www.sageusa.org/

Last Verified On: 04/19/2024

TRANSGENDER RESOURCES

Trans Lifeline

"Trans Lifeline connects trans people to the community support and resources we need to survive and thrive."

Contact: (877) 565-8860

Website: https://www.translifeline.org/

Last Verified On: 04/04/2023



YOUTH RESOURCES

Harbor on Main

"A resource facility for all youth in the community to access services-smoothing the transition to adulthood, while providing social, emotional, and physical supports and programs."

Location: 150 S. Main Street

Lakeport, CA 95453 Contact: (707) 994-5486

Website:

https://www.redwoodcommunityservices.org/yr

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Last Verified On: 04/19/2024

