# **HOTLINE PHONE NUMBERS**

#### **LGBT National Talk Line**

"Provide a confidential safe space where callers of any age can speak about sexual orientation or gender identity/expression issues. This includes coming out issues, relationship concerns, bullying, workplace issues, HIV/AIDS anxiety, safer sex information, suicide, and much more."

Contact: (888) 843-4564 Email: help@LGBThotline.org

Website: https://lgbthotline.org/national-

hotline/

Last Verified On: 04/19/2024

### **LGBT National Youth Talk Line**

"Provide a confidential safe space where callers of any age can speak about sexual orientation or gender identity/expression issues. This includes coming out issues, relationship concerns, family, bullying, school issues, HIV/AIDS anxiety, safer sex information, suicide, and much more."

Contact: (800) 246-7743 Email: help@LGBThotline.org

Website: https://lgbthotline.org/youth-talkline/

Last Verified On: 04/19/2024



### **Trevor Lifeline**

"Website, chat, & text crisis support, specializing in LGBTQ youth suicide prevention."

Contact: (866) 488-7386 Text: START to 678-678

Website: https://www.thetrevorproject.org/get-

help-now/

Last Verified On: 04/19/2024

### **LEGAL RESOURCES**

### **National Center for Lesbian Rights (NCLR)**

"A national nonprofit law firm that protects the legal and human rights of lesbians, gay men, bisexual & transgender people across the United States through impact litigation, public policy, advocacy, public education, & direct legal services."

Contact: (415) 392-6257 Email: <a href="mailto:lnfo@NCLRights.org/">lnfo@NCLRights.org/</a> Website: <a href="http://www.nclrights.org/">http://www.nclrights.org/</a>

Last Verified On: 04/19/2024

# Transgender Law Center

"Transgender Law Center (TLC) is the largest national trans-led organization advocating for a world in which all people are free to define themselves and their futures."

**Contact**: (510) 587-9696 **Collect Line**: (510) 380-8229

Website:

https://transgenderlawcenter.org/about#missio

n-vision

Last Verified On: 04/19/2024



# **PHC MEMBER BENEFITS**

#### **Sensitive Services**

"Sensitive Services includes services for Family Planning, STD testing and treatment, AIDS/HIV testing, and Abortion (ending pregnancy) counseling and services. You can go to your PCP directly, or any Medi-Cal provider for sensitive services. You do not need Prior Approval.

All members have the right to confidentiality when getting these services."

Website:

http://www.partnershiphp.org/Members/Medi-Cal/Pages/Benefits.aspx#phpFaqItem28

Last Verified On: 04/19/2024

### RESOURCE DIRECTORIES

Pink Spots – The LGBTQ Directory

Website: https://www.gaypinkspots.com/

Last Verified On: 04/19/2024

**Queer Humboldt** 

"Humboldt County's online resource for the

LGBTIQQA community" **Contact**: (707) 502-2890

Email: info@queerhumboldt.org

Website:

https://www.queerhumboldt.org/resources

Last Verified On: 04/19/2024

# **SENIORS**

#### SAGE

"National organization offering supportive services and consumer resources for LGBTQ older adults and their caregivers."

Contact: (212) 741-2247

Website: https://www.sageusa.org/

Last Verified On: 04/19/2024



# TRANSGENDER RESOURCES

### **Open Door Gender Affirming Services**

"Open Door Community Health Centers welcomes all gender diverse patients for health

and wellness needs."

Location: Humboldt Open Door Clinic

770 10<sup>th</sup> Street, Arcata, CA 95521

Contact: (707) 826-8610

Website:

https://opendoorhealth.com/services/transgend

er-health-services/ Last Verified On: 04/19/2024

Trans Resilience - Resources

"Here are a few resources that may be useful for community organizations, trans individuals, or therapists and medical providers."

Website: https://www.trans-ilience.com/

Last Verified On: 04/19/2024

### Trans Lifeline

"Trans Lifeline connects trans people to the community support and resources we need to survive and thrive.

Contact: (877) 565-8860

Website: https://www.translifeline.org/

Last Verified On: 04/19/2024

### Transgender Map

"This free website shows how to make a

gender transition"

Website: https://www.transgendermap.com/

Last Verified On: 04/19/2024

# YOUTH RESOURCES

# **Eric Rofes Multicultural Queer Resource** Center - Cal Poly Humboldt

"Mission is to shift public opinion of the queer community on campus and in the local area from tolerance to acceptance. Creates a hub for students to learn about events and organizations on campus."

Location: Nelson Hall West 202

Arcata, CA 95521

Contact: (707) 826-3795 Email: erc@humboldt.edu

Website: https://erc.humboldt.edu/

Last Verified On: 04/19/2024

### **TrevorSpace**

"TrevorSpace is a social networking site for lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ) youth under 25 and their friends and allies."

Website: https://www.thetrevorproject.org/visit-

trevorspace/

Last Verified On: 04/19/2024

# Youth Transgender and Gender Expansive **Support Group**

"Open to all trans and gender expansive Open Door patients 12-22 as well as their

family/partners/support system."

Location: Humboldt Open Door Clinic

770 10<sup>th</sup> Street, Arcata, CA 95521

Contact: (707) 826-8610 ext. 1112

Website:

https://opendoorhealth.com/services/transgend

er-health-services/ Last Verified On: 04/19/2024



# **QUEER RESOURCES**

### **Queer Humboldt**

"Queer Humboldt is an anti-racist, anti-settler-colonialist resource center, serving 2S/LGBTQIA+ individuals and groups in Humboldt County and local Indigenous Lands through community education, mental health services, micro- grants/mutual aid, the North Coast Two-Spirit Project, networking and resource sharing."

Email: info@queerhumboldt.org

Contact: (707) 502-2890

Website:

https://www.queerhumboldt.org/home

Last Verified On: 04/19/2024