

## PREGNANCY SUPPORT SERVICES

### Glenn County Maternal Child Adolescent Health

“MCAH coordinates programs for women of childbearing years and children 0 to 18 years of age. The program provides direct services such as pregnancy testing and home visits, as well as outreach, education and referrals.”

**Location:** 240 N. Villa Ave.  
Willows, CA 95677

**Contact:** (530) 934-6588

**Toll Free:** (800) 655-5418

**Website:**

<https://www.countyofglenn.net/dept/health-human-services/public-health/services/maternal-child-adolescent-health-mcah>

Last Verified On: 05/31/2024

### Text4Baby

“Receive free text messages three times per week, timed to their due date or their baby’s birth date, through pregnancy and up until the baby’s first birthday.”

**English Text:** BABY to 511411

**Spanish Text:** BEBE to 511411

**Website:** <https://www.text4baby.org/>

Last Verified On: 05/31/2024



### Toolkit for Pregnant People and New Parents

“Resources and tools to help pregnant people, breastfeeding people, and new parents caring for infants to protect their health and help people who serve these communities communicate with them.”

**Website:**

<https://www.cdc.gov/coronavirus/2019-ncov/communication/toolkits/pregnant-people-and-new-parents.html>

Last Verified On: 05/31/2024

## ADOPTION SERVICES

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### Adoption Choices

“Adoption Choices of Northern California is a **private, non-profit licensed adoption facilitator** which assists both birth parents and prospective adoptive parents to engage in successful adoption experience. We provide adoption facilitation of newborns.”

**Contact:** (530) 891-0302

**Toll Free:** (800) 607-9200

**Website:** <http://ac-nc.org/>

Last Verified On: 05/31/2024

### Adoption Connection

“Counselors are here to explain all of the steps in the adoption process. We can help you understand what would happen between now and the baby’s arrival and afterwards.”

**Location:** 1710 Scott St.  
San Francisco, CA 95115

**Contact:** (888) 517-5580

**Website:**

<https://adoptionconnection.jfcs.org/im-pregnant/>

Last Verified On: 05/31/2024

### American Adoptions

“Interested in making an adoption plan for your child? Talk to an adoption specialist today.”

**Toll Free Contact:** (800) – ADOPTION (236-7846)

**Website:**

[https://www.americanadoptions.com/pregnant/free\\_info](https://www.americanadoptions.com/pregnant/free_info)

Last Verified On: 05/31/2024

### Lifetime Adoption

“Pregnant or considering adoption for your child? Get a FREE adoption planning kit today.”

**Toll Free Contact:** (800) 923-6784

**Website:**

<https://lifetimeadoption.com/birthmothers/adopt-ion-kit/>

Last Verified On: 05/31/2024

## BREASTFEEDING SUPPORT

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### La Leche League of Northern California and Hawaii

“Helping breastfeeding mothers through mother-to-mother support, encouragement, information, and education.”

**Contact:** (707) 485-1940

**Website:** <http://lllnorcal.org/groups/reddingca>

Last Verified On: 05/31/2024



# GLENN COUNTY PERINATAL RESOURCES

## WOMEN, INFANTS & CHILDREN (WIC)

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### Women, Infants, & Children

“The WIC program will provide women, infants, and children healthy food and the knowledge and opportunity to make healthy choices that are consistent with local, federal, and state guidelines. By placing people first, in an atmosphere of dignity and respect, we can promote the health and well-being for all Californians to enjoy a higher quality of life. Parents, including single fathers, can receive benefits for infants and children under five years old.”

**Website:** <https://www.countyofglenn.net/dept/health-human-services/public-health/women-infants-children-wic#Sites>

Last Verified On: 05/31/2024

### WIC - Orland

**Location:** 127 E. Walker St., Orland, CA 95963

**Contact:** (530) 865-8791

Last Verified On: 05/31/2024

### WIC - Willows

**Location:** 245 N. Villa Ave., Willows, CA 95988

**Contact:** (530) 865-8791

Last Verified On: 05/31/2024

## HOME VISITING PROGRAMS

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### Glenn County Office of Education – Home Based/Prenatal Home Visiting

“Offers regularly scheduled visits by a developmental specialist to support women throughout their pregnancy. Full-year home-based programs offering weekly home visits with activities for parent and child. Available in Orland, Willows, and Hamilton City for children 0-3.”

**Location:** 311 South Villa Avenue, Willows, CA 95988

**Contact:** (530) 934-6575

**Website:**

<https://www.glenncoe.org/Departments/Child--Family-Services/Preschool-and-Child-Development-Programs/Home-BasedPrenatal/>

Last Verified On: 05/31/2024



# GLENN COUNTY PERINATAL RESOURCES

## HOUSING RESOURCES

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### CalWORKS Housing Support Program

“HSP offers financial assistance and housing-related wraparound supportive services, including but not limited to: rental assistance, housing navigation, case management, security deposits, utility payments, moving costs, interim shelter assistance, legal services, and credit repair.”

**Location:** 127 E. Walker St., Orland, CA 95963

**Contact:** (530) 865-1165

**Website:**

<https://www.countyofglenn.net/dept/health-human-services/welcome>

Last verified on: 05/31/2024

## MATERNAL MENTAL HEALTH

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### Carelon Behavioral Health (formerly Beacon)

“Behavioral health services company that serves the full spectrum of mental health and wellness needs, from mild-to-moderate anxiety and depression to substance use disorder, suicide prevention, and crisis solutions.”

**Contact:** (855) 765-9703

**Website:** <https://www.carelon.com>

Last Verified On: 05/31/2024

### Paternal Postpartum Depression Guide

**Website:** <https://parentingpod.com/paternal-postpartum-depression/>

Last Verified On: 05/31/2024

### National Maternal Mental Health Hotline

“Free, confidential, 24/7 mental health support for moms and their families before, during, and after pregnancy. We have English- and Spanish-speaking counselors.”

**Call/text:** 1 (833) 852-6262

**Website:** <https://mchb.hrsa.gov/national-maternal-mental-health-hotline/faq#:~:text=Call%20or%20text%20the%20National,%2D833%2D852%2D6262>

Last Verified On: 09/20/2024

### Mind Body Pregnancy

“Mind Body Pregnancy covers all topics related to emotional health during the reproductive period of a woman’s life. This includes your mood, your anxiety, mental illness, hormones, treatments, and many others.”

**Website:** <http://mindbodypregnancy.com/>

Last Verified on: 05/31/2024



# GLENN COUNTY PERINATAL RESOURCES

## PERINATAL SUBSTANCE USE RESOURCES

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### Mother To Baby

“We specialize in answering questions about the safety/risk of exposures, such as medications, vaccines, chemicals, herbal products, substances of abuse, maternal health conditions and much more, during pregnancy or breastfeeding. Our no-cost information service is available to mothers, health professionals, and the general public via chat, text, phone, and email in both English and Spanish.”

**Contact:** (866) 626-6847

**Website:** <https://mothertobaby.org/pregnancy-breastfeeding-exposures/>

Last Verified On: 05/31/2024

### Glenn County Perinatal Program – Discovery House

“Glenn County Perinatal Program (Discovery House) in Orland, California is a drug treatment facility focusing on substance abuse treatment services. Providing substance abuse treatment with outpatient care. Dual diagnosis or persons with co-occurring disorders, pregnant or postpartum women, women, and criminal justice clients are supported for drug rehab.”

**Location:** 1187 East South Street  
Orland, CA 95963

**Contact:** (530) 623-1362

**Toll Free Crisis Line:** (530) 865-1146

**Website:** <https://www.drug-rehab-headquarters.com/california/facility/glenn-county-perinatal-program-orland/>

Last Verified On: 05/31/2024

## POSTPARTUM SUPPORT SERVICES

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### Postpartum Support International Helpline

“In English and Spanish, serves more than 600 callers a month, and rapidly refers callers to appropriate local resources including emergency services.”

**PSI Helpline:** (800) 944-4773

**Text English:** (503) 894-9453

**Text Spanish:** (971) 420-0294

**Website:** <https://www.postpartum.net/>

Last Verified On: 05/31/2024

### DADS Chat with an Expert – Postpartum Support International

“Free call-in forum for dads facilitated by a perinatal mood disorder expert.”

**Date/Time:** First Monday of each month at 5 p.m.

**Call-In Number:** 1-800-944-8766, code 73162#

**Website:** <https://www.postpartum.net/get-help/chat-with-an-expert-for-dads/>

Last Verified On: 05/31/2024



# GLENN COUNTY PERINATAL RESOURCES

## SUPPORT GROUPS

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### Postpartum Support International Online Support Meetings

“Black Mamas Matter Support Group, Perinatal Mood Support Group, Pregnancy Mood Support Group, NICU Parents, Military Moms, Pregnancy and Infant Loss”

**Website:** <https://www.postpartum.net/get-help/psi-online-support-meetings/>

Last Verified On: 05/31/2024

### Postpartum Support International Online Support Groups

“PSI offers over 50+ FREE and virtual support groups. Our groups are 90 minutes (1.5 hours) in length. The first ~30 minutes is providing information, education, and establishing group guidelines. The next ~60 minutes is ‘talk time,’ in which group members share and talk with each other.”

**Website:** <https://www.postpartum.net/get-help/psi-online-support-meetings/>

Last Verified On: 11/08/2024

### PALS – Pregnancy After Infant Loss Online Support Groups

“Pregnancy After Loss Support moderates 14 online support groups on Facebook. These group encourage peer-to-peer support during the stages after pregnancy loss.”

**Website:** <https://pregnancyafterlosssupport.org/get-support/pals-private-groups/>

Last Verified On: 05/31/2024

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