DEL NORTE COUNTY MENTAL HEALTH RESOURCES

24-HOUR CRISIS STABILIZATION UNIT

Del Norte County Crisis Intervention

"A fast response service enabling you to cope with a crisis and remain in the community."

Location: 455 K Street Crescent City, CA 95531

24-Hour Crisis Services: (888) 446-4408

Website: https://www.co.del-

norte.ca.us/departments/BehavioralHealth Last

Verified On: 05/31/2024

National Maternal Mental Health Hotline

"Free, confidential, 24/7 mental health support for moms and their families before, during, and after pregnancy. We have English- and Spanish-speaking counselors."

Call/text: 1 (833) 852-6262

Website: https://mchb.hrsa.gov/national-

maternal-mental-health-

hotline/faq#:~:text=Call%20or%20text%20the %20National,%2D833%2D852%2D6262

Last Verified On: 09/20/2024



WELLNESS CENTERS

Open Door Community Health Center Wellness Gardens

"Next to the Del Norte Community Wellness Center in Crescent City is a community garden where individuals and families may rent a garden plot for free." The "Willow Creek Community Health Center is a community garden of raised beds for veggies, fruit trees, and flowers. This garden has been a great place for staff and patients to rest, learn and harvest fresh food."

Del Norte Community Health and Wellness Garden

Location: 550 E Washington Blvd. Crescent

City, CA 95531

Contact: (707)382-5079

Website:

https://opendoorhealth.com/services/communit

<u>y-wellness-gardens/</u> Last Verified On: 05/31/2024 Willow Creek Community Health and Wellness Garden

Location: 38883 Hwy 299 Willow Creek, CA. 95573 **Contact:** (530) 629-3111

Website:

https://opendoorhealth.com/locations/willow-

creek-community-health-center/

Last Verified On: 05/31/2024



DEL NORTE COUNTY MENTAL HEALTH RESOURCES

MENTAL HEALTH PROGRAMS

Del Norte County Behavioral Health Branch

"Provide specialty mental health services for people who live in Del Norte County, including

those who are eligible for Medi-Cal."

Location: 455 K Street Crescent City, CA 95531 Contact: (707) 464-7224 Toll Free: (888) 446-4408 Website: https://www.co.del-

norte.ca.us/departments/BehavioralHealth

Last Verified On: 05/31/2024

Carelon Behavioral Health (formerly Beacon)

"Behavioral health services company that serves the full spectrum of mental health and wellness needs, from mild-to-moderate anxiety and depression to substance use disorder. suicide prevention, and crisis solutions."

Contact: (855) 765-9703

Website: https://www.carelon.com

Last Verified On: 05/31/2024

CalHOPE – BrightLife Kids

"Mental Health coaching and resources for parents with kids ages 0-12."

Website:

https://www.hellobrightline.com/brightlifekids/? utm_medium=referral&utm_source=calhopewe bsite

Last Verified On: 05/31/2024

SafeSpace

"SafeSpace is a youth-led, mental healthfocused organization that empowers young people to engage openly with their local schools and communities. We create and implement initiatives to change the conversation around mental health by educating and encouraging our peers to speak up, support others, and seek help when needed."

Contact: (650)714-4417

Crisis TextLine: Text HOME to 741741

Website: https://safespace.org/

Last Verified On: 05/31/2024

SafeSpace Stories - Podcast

"Bringing you impactful teen mental health stories, expert advice from industry professionals, and inspiring individuals."

Website:

https://www.safespacestories.org/projects-7

Apple Podcast:

https://podcasts.apple.com/us/podcast/safespa ce-stories/id1595738668

Spotify:

https://open.spotify.com/show/49338MHg6LAE nBaOq1RSSC?si=b97a00f41db94211&nd=1

Last Verified On: 05/31/2024



DEL NORTE COUNTY MENTAL HEALTH RESOURCES

MENTAL HEALTH SUPPORT SERVICES

Remi Vista, Inc.

"Children's Specialty Mental Health Services, Supported Living Services, Special Education Classroom Support, Wraparound (W.R.A.P.), Therapeutic Behavioral Services."

Remi Vista, Inc. - Crescent City, 370 9th

Street Office

"Location: 370 9th Street Crescent City, CA 95531 Contact: (707) 464-4349

Website: https://remivistainc.org/

Last Verified On: 05/31/2024

Remi Vista, Inc. - Crescent City, 418 9th

Street Office

Location: 418 9th Street Crescent City, CA 95531 Contact: (707) 460-6393

Website: https://remivistainc.org/

Last Verified On: 05/31/2024

