

Blood Pressure Monitoring Best Practices for Enhanced Care Management Providers

Did you know?

- Controlling blood pressure reduces the risk of heart attacks, strokes, and vascular disease.
- About 25% of Partnership HealthPlan of California adult members have hypertension (blood pressure over 140/90).
- Partnership's goal is to have at least 80% of our members with hypertension maintain a blood pressure of less than 140/90.

Tips on measuring blood pressure

- No talking during the reading
- Resting your arm at chest height
- Placing the cuff on your bare skin
- Sitting with your feet flat on the floor

Blood pressure scores: What is a good or poor score?

Systolic (higher number)	Diastolic (lower number)	Next steps
Lower than 90	Lower than 60	Lead care manager should contact the primary care provider (PCP) that day and have the PCP connect with the member for guidance on their blood pressure medication.
90 - 139	60 - 89	Lead care manager can update the member's PCP for communication purposes and the member should continue to take their blood pressure medication as directed by their PCP.
140 - 179	90 - 110	Lead care manager should contact the member's PCP that day to connect with the member about guidance on their blood pressure medication.
180 - 199	Higher than 110	Lead care manager should contact the member's PCP that day to connect with the member about guidance on their blood pressure medication.
200	Higher than 120	Lead care manager should contact the member's PCP that day to connect with the member about guidance on their blood pressure medication.

Click here for the [link to the blood pressure log](#)

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If Enhanced Care management (ECM) providers cannot measure blood pressure, they may utilize results from the member's primary care provider (PCP). If you find yourself in this situation, please contact the member's PCP for a recent blood pressure screening result.

Partnership can supply you with blood pressure monitors and cuffs in the event you do not have access to them. We ask that you submit the following information to request@partnershiphp.org.

- Site name
- Mailing address
- Attention to whom the blood pressure should go to
- NPI number
- Quantities and type of blood pressure monitor and cuff equipment

As a requirement from the Department of Health Care Services, Partnership needs to report the blood pressure scores and dates screened for every member in ECM. Partnership has incorporated this measure into the Quality Incentive Program (QIP) for ECM providers to obtain and receive incentive payments for meeting this reporting requirement. The percentage of members these scores are collected from will correspond to the payment providers will receive for their efforts, as listed below.

Partnership's ECM QIP incentive payments:

- Reporting 90% or more of ECM enrolled members, providers will receive full payment
- Reporting 80-89% of ECM enrolled members, providers will receive partial payment
- Reporting 79% or less of ECM enrolled members, providers will receive no payment

For questions regarding the required measures for ECM QIP, please contact ecmqip@partnershiphp.org.