

# BUTTE COUNTY PERINATAL RESOURCES

## PREGNANCY SUPPORT SERVICES

### Butte Baby Steps

“The program is open to Butte County families that are either expecting or have a child under the age of 3 months. Families participate voluntarily in the program and receive frequent home visits and activities.”

**Location:** 10 Independence Circle.  
Chico, CA 95973

**Contact:** (530) 345-1600 ext. 211560

**Website:** <https://nvcss.org/programs/butte-baby-steps/>

Last Verified On: 05/31/2024



### Planned Parenthood – Chico

“Planned Parenthood is one of the nation’s leading providers of high-quality, affordable health care, and the nation’s largest provider of sex education. With or without insurance, you can always come to us for your health care.”

**Location:** 3100 Cohasset Rd  
Chico, CA 95973

**Contact:** (530) 342-8367

**Website:** <https://www.plannedparenthood.org/healthcenter/california/chico/95973/chico-health-center-2770-90200>

Last Verified On: 05/31/2024

### MotherToBaby

“We specialize in answering questions about the safety/risk of exposures, such as medications, vaccines, chemicals, herbal products, substances of abuse, maternal health conditions and much more, during pregnancy or breastfeeding. Our no-cost information service is available to mothers, health professionals, and the general public via chat, text, phone, and email in both English and Spanish.”

**Contact:** (866) 626-6847

**Website:** <https://mothertobaby.org/pregnancy-breastfeeding-exposures/>

Last Verified On: 05/31/2024

### Postpartum Support International- DADS

**Date/Time:** First Monday of each month at 5:00 p.m.

**Call-In Number:** 1-800-944-4773

**Text in English:** 800-944-4773

**Text en Español:** 971-203-7773

**Website:** <https://www.postpartum.net/get-help/help-for-dads/>

Last Verified On: 05/31/2024

### DHCS Doula Directory

“The Doula Directory lists Medi-Cal enrolled doulas by county who opted to be included in the directory. It includes their specialties, language, ethnicity, contact information, and other information that doulas shared with DHCS for the directory.”

**Website:**

<https://www.dhcs.ca.gov/provgovpart/Pages/Doula-Services.aspx>

**Directory:**

<https://www.dhcs.ca.gov/services/med-cal/Documents/Doula-Directory.pdf>

Last Verified On: 05/31/2024



# BUTTE COUNTY PERINATAL RESOURCES

## PREGNANCY SUPPORT SERVICES, Continued

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### Teenage Pregnancy and Parenting Program (TAPP) Chico

“Serving pregnant and parenting teens enrolled before their 19th birthday. TAPP home visitation services works with moms and dads throughout Butte County.”

**Location:** 10 Independence Circle  
Chico, CA 95973

**Contact:** (530) 345-6100 ext. 2108

**Website:** <https://nvcss.org/programs/tapp-teen-services/>

Last Verified On: 05/31/2024

### Teenage Pregnancy and Parenting Program (TAPP) Oroville

“Serving pregnant and parenting teens enrolled before their 19th birthday. TAPP home visitation services works with moms and dads throughout Butte County.”

**Location:** 2185 Baldwin Ave.  
Oroville, CA 95966

**Contact:** (530) 345-61538-8221 ext. 13222

**Website:** <https://nvcss.org/programs/tapp-teen-services/>

Last Verified On: 05/31/2024

### Text4Baby

“Receive free text messages three times per week, timed to their due date or their baby’s birth date, through pregnancy and up until the baby’s first birthday.”

**English Text:** BABY to 511411

**Spanish Text:** BEBE to 511411

**Website:** <https://www.text4baby.org/>

Last Verified On: 05/31/2024

### Toolkit for Pregnant People and New Parents

“Resources and tools to help pregnant people, breastfeeding people, and new parents caring for infants to protect their health and help people who serve these communities communicate with them.”

**Website:**

<https://www.cdc.gov/coronavirus/2019-ncov/communication/toolkits/pregnant-people-and-new-parents.html>

Last Verified On: 05/31/2024

### The Village

“The Village is here to help pregnant women and families with young children connect with the services they deserve to give their children the best possible start in life. The Village was created to help coordinate and simplify the process of connecting with home-based programs in Butte County. The Village consists of local programs including Butte Baby Steps, Parents as Teachers, Early Head Start, and the Teenage Pregnancy and Parenting program, whose goals are the same: to give caregivers and children the resources and support they need to be successful as a family and in life.

**Contact:** (530) 552-3919

**Website:**

<https://www.helpmegrowbutte.org/contact-us>

Last Verified On: 05/31/2024



# BUTTE COUNTY PERINATAL RESOURCES

## ABORTION INFORMATION

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### I Need An A

“Provide simple, up-to-date, and localized source of information for people seeking abortions.”

**Website:** <https://www.ineedana.com/>

Last Verified On: 05/31/2024

### Planned Parenthood – Chico

“Planned Parenthood is one of the nation’s leading providers of high-quality, affordable health care, and the nation’s largest provider of sex education. With or without insurance, you can always come to us for your health care.”

**Location:** 3100 Cohasset Rd

Chico, Ca 95973

**Contact:** (530) 342-8367

**Website:** <https://www.plannedparenthood.org/healthcenter/california/chico/95973/chico-health-center-2770-90200>

Last Verified On: 05/31/2024

### International Abortion Federation

“Abortion is still available and there are resources to help you get the care you need.”

**Contact:** (800) 772-9100

**Website:** [https://prochoice.org/patients/find-a-provider/?fwp\\_country\\_search=united-states&fwp\\_state\\_search\\_united\\_states=ca](https://prochoice.org/patients/find-a-provider/?fwp_country_search=united-states&fwp_state_search_united_states=ca)

Last Verified On: 05/31/2024

## ADOPTION SERVICES

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### Adoption Choices

“Adoption Choices of Northern California is a private, non-profit licensed adoption facilitator which assists both birth parents and prospective adoptive parents to engage in successful adoption experience.”

**Contact:** (530) 891-0302

**Toll Free:** (800) 607-9200

**Website:** <http://ac-nc.org/>

Last Verified On: 05/31/2024

### Adoption Connection

“Counselors are here to explain all of the steps in the adoption process. We can help you understand what would happen between now and the baby’s arrival and afterwards.”

**Location:** 1710 Scott St.

San Francisco, CA 95115

**Contact:** (800) 972-9225

**Website:**

<https://adoptionconnection.jfcs.org/im-pregnant/>

Last Verified On: 05/31/2024



# BUTTE COUNTY PERINATAL RESOURCES

## CAR SEAT PROGRAMS

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### OTS - California Office of Traffic Safety

“OTS Website includes a listing of child passenger safety education and low-cost purchase or loaner programs in each county. Also included in each county’s listing is the information for the local designated Child Passenger Safety (CPS) Coordinator.”

**Toll Free Contact:** (916) 509-3030

**Website:** <https://www.ots.ca.gov/whos-got-car-seat/>

Last Verified On: 05/31/2024

### Car Seat Program

“Butte County Public Health (BCPH) offers car seat educational classes, one-on-one appointments, inspections and distribution of car seats for Butte County residents.”

**Toll Free Contract:** (800) 339-2941

**Website:**

<https://www.buttecounty.net/874/Car-Seat-Program>

Last Verified On: 05/31/2024

## HOME VISITING PROGRAMS

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### Butte Baby Steps

“The program is open to Butte County families that are either expecting or have a child under the age of 3 months. Families participate voluntarily in the program and receive frequent home visits and activities.”

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Chico, CA 95973

**Contact:** (530) 345-1600 ext. 211560

**Website:** <https://nvcss.org/programs/butte-baby-steps/>

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### The Village

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**Contact:** (530) 552-3919

**Website:**

<https://www.helpmegrowbutte.org/contact-us>

Last Verified On: 05/31/2024



# BUTTE COUNTY PERINATAL RESOURCES

## HOUSING

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### **Butte County Dept of Social Services - Chico Location**

General Assistance provides three months of cash assistance to eligible, employable adults and provides longer-term assistance to eligible adults who are temporarily disabled or who are awaiting Supplemental Security Income (SSI) approval. California Welfare and Institutions Code Section 17000 states, "Every county and every city and county shall relieve and support all incompetent, poor, indigent persons and those incapacitated by age, disease, or accident, lawfully resident therein, when such persons are not supported and relieved by their relatives or friends, by their own means, or by state hospitals or other state or private institutions."

**Location:** 765 East Ave.  
Chico, CA 95928

**Contact:** (800) 499-9189

**Website:**

<https://www.buttecounty.net/406/General-Assistance>

Last Verified On: 05/31/2024

### **Butte County Housing Authority**

"The HACB administers several programs regarding Low Income Housing. Applications are accepted through our Applicant and Tenant Portal."

**Location:** 2039 Forrest Ave  
Chico, CA 95973

**Contact:** (530) 895-4474

**Website:** <http://www.butte-housing.com/>

Last Verified On: 05/31/2024

### **Butte County Dept of Social Services - Oroville Location**

General Assistance provides three months of cash assistance to eligible, employable adults and provides longer-term assistance to eligible adults who are temporarily disabled or who are awaiting Supplemental Security Income (SSI) approval. California Welfare and Institutions Code Section 17000 states, "Every county and every city and county shall relieve and support all incompetent, poor, indigent persons and those incapacitated by age, disease, or accident, lawfully resident therein, when such persons are not supported and relieved by their relatives or friends, by their own means, or by state hospitals or other state or private institutions."

**Location:** 78 Table Mountain Blvd.  
Oroville, CA 95965

**Contact:** (800) 499-9189

**Website:**

<https://www.buttecounty.net/406/General-Assistance>

Last Verified On: 05/31/2024



# BUTTE COUNTY PERINATAL RESOURCES

## BREASTFEEDING SUPPORT SERVICE

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### La Leche League of Northern California and Hawaii

“Helping breastfeeding mothers through mother-to-mother support, encouragement, information, and education.”

**Contact:** (877) 375-6645 Ext. 3

**Website:** <https://llnocal.org/>

Last Verified On: 05/31/2024

## WOMEN, INFANTS, & CHILDREN PROGRAM (WIC)

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“The Butte County WIC program helps pregnant women, new moms and young children eat well, stay healthy and be active. With WIC you will receive: Healthy, no cost foods, Nutrition education for you and your family, Referrals to community services and information and support for breastfeeding.”

**Website:** <https://www.buttecounty.net/1272/Women-Infants-Children-WIC>

### Chico WIC Office

**Location:** 2080 E 20<sup>th</sup> St. Suite 180  
Chico, CA 95928

**Contact:** (530) 552-4025

Last Verified On: 05/31/2024

### Oroville WIC Office

**Location:** 202 Mira Loma Dr.  
Oroville, CA 95965

**Contact:** (530) 552-4025

Last Verified On: 05/31/2024

### Gridley WIC Office

**Location:** 239 Sycamore St.  
Gridley, CA 95948

**Contact:** (530) 552-4025

Last Verified On: 05/31/2024

## MATERNAL MENTAL HEALTH RESOURCES

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### Carelon Behavioral Health (formerly Beacon)

“Behavioral health services company that serves the full spectrum of mental health and wellness needs, from mild-to-moderate anxiety and depression to substance use disorder, suicide prevention, and crisis solutions.”

**Contact:** (855) 765-9703

**Website:** <https://www.carelon.com>

Last Verified On: 05/31/2024

### The Safe Place

“A Minority Mental Health app that educates and raises more awareness on Mental Illness in the Black Community.”

**Website:** <https://blackgirlnerds.com/minority-mental-health-app-the-safe-place/>

Last Verified On: 05/31/2024



# BUTTE COUNTY PERINATAL RESOURCES

## MATERNAL MENTAL HEALTH RESOURCES Continued

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### Butte County Crisis Stabilization Unit

“The Crisis Stabilization Unit (CSU) offers voluntary mental health crisis services for any adult or youth experiencing acute psychiatric symptoms, 24 hours a day, 7 days a week. Our attentive representatives helps resolve immediate crises with the goal of linking consumers and their families to more long-term local community services.”

**Location:** 560 Cohasset Road.  
Chico, CA 95926  
Last Verified On: 05/31/2024

### National Maternal Mental Health Hotline

“Free, confidential, 24/7 mental health support for moms and their families before, during, and after pregnancy. We have English- and Spanish-speaking counselors.”

**Call/text:** 1 (833) 852-6262  
**Website:** <https://mchb.hrsa.gov/national-maternal-mental-health-hotline/faq#:~:text=Call%20or%20text%20the%20National,%2D833%2D852%2D6262>  
Last Verified On: 09/20/2024

## POSTPARTUM SUPPORT SERVICES

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### Postpartum Support International Helpline

“In English and Spanish, serves more than 600 callers a month, and rapidly refers callers to appropriate local resources including emergency services.”

**PSI Helpline:** (800) 944-4773  
**Text English:** (800) 944-4773  
**Text Spanish:** (971) 203-7773  
**Website:** <https://www.postpartum.net/>  
Last Verified On: 05/31/2024

### DADS Chat with an Expert – Postpartum Support International

“Free call-in forum for dads facilitated by a perinatal mood disorder expert.”  
Date/Time: First Monday of each month at 5:00 p.m.  
**Call-In Number:** 1-800-944-4773  
**Website:** <https://www.postpartum.net/get-help/help-for-dads/>  
Last Verified On: 05/31/2024

### Paternal Postpartum Depression Guide

**Website:** <https://parentingpod.com/paternal-postpartum-depression/>  
Last Verified On: 05/31/2024

## PERINATAL SUBSTANCE USE RESOURCES

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### Butte County Office Behavioral Health Stepping Stones – Chico

“ODF, IOT, MAT”  
**Location:** 109 Parmac Road Suite 2  
Chico, CA 95926  
**Contact:** (530) 879-3363  
**Website:** [chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://www.dhcs.ca.gov/Documents/CSD\\_YV/Family%20Services/2022-Perinatal-Directory.pdf](chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://www.dhcs.ca.gov/Documents/CSD_YV/Family%20Services/2022-Perinatal-Directory.pdf)  
Last Verified On: 05/31/2024

### Butte County Office Behavioral Health Stepping Stones – Oroville

“ODF, IOT, MAT”  
**Location:** 2167 Montgomery St Ste C  
Oroville, CA 95965  
**Contact:** (530) 879-3363  
**Website:** [chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://www.dhcs.ca.gov/Documents/CSD\\_YV/Family%20Services/2022-Perinatal-Directory.pdf](chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://www.dhcs.ca.gov/Documents/CSD_YV/Family%20Services/2022-Perinatal-Directory.pdf)  
Last Verified On: 05/31/2024





# BUTTE COUNTY PERINATAL RESOURCES

## PHC MEMBER BENEFITS

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### Sensitive Services

Sensitive Services includes services for Family Planning, STD testing and treatment, AIDS/HIV testing, and Abortion (ending pregnancy) counseling and services.

You can go to your PCP directly, or any Medi-Cal provider for sensitive services. You do not need Prior Approval.

All members have the right to confidentiality when getting these services.

**Website:**

<http://www.partnershiphp.org/Members/Medi-Cal/Pages/Benefits.aspx#phpFaqltem28>

Last Verified On: 05/31/2024

## SUPPORT GROUPS

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### DADS Chat with an Expert – Postpartum Support International

“Free call-in forum for dads facilitated by a perinatal mood disorder expert.”

**Date/Time:** First Monday of each month at 5 p.m.

**Call-In Number:** 1-800-944-4773

**Website:** <https://www.postpartum.net/get-help/help-for-dads/>

Last Verified On: 05/31/2024

### PALS – Pregnancy After Infant Loss Online Support Groups

“Pregnancy After Loss Support moderates 14 online support groups on Facebook. These group encourage peer-to-peer support during the stages after pregnancy loss.”

**Website:**

<https://pregnancyafterlosssupport.org/get-support/pals-private-groups/>

Last Verified On: 05/31/2024

### Postpartum Support International Online Support Meetings

“Black Mamas Matter Support Group, Perinatal Mood Support Group, Pregnancy Mood Support Group, NICU Parents, Military Moms, Pregnancy and Infant Loss”

**Website:** <https://www.postpartum.net/get-help/psi-online-support-meetings/>

Last Verified On: 05/31/2024