

Change Management Resources

5-Popular Model Overviews

Blog 1: <https://blog.smarp.com/5-change-management-models-to-take-a-look-at>

Evidence Based Models and Related Resources

Book 1: [The Science of Organizational Change: How Leaders Set Strategy, Change Behavior, and Create An Agile Culture. \(Paul Gibbons, 2019\)](#)

Book 2: [The Power of Habit: Why We Do What We Do in Life and Business. \(Charles Duhigg 2012\)](#)

Book 3: [Nudge: Improving Decisions About Health, Wealth, and Happiness. \(Richard H. Thaler and Cass R. Sunstein, 2009\).](#)

Article 1: [IHI Psychology of Change Framework. \(Hilton K, Anderson A. 2018\)](#)

Video 1: [Paul Gibbons Talk at Microsoft, 2016](#)

LEAN

Book 1 [Lean Change Management: Innovative Practices for Managing Organizational Change. \(Jason Little 2014\)](#)

ADKAR

Book 1: [ADKAR: A Model for Change in Business, Government, and Our Community. \(Jeffery Hiatt, 2006\).](#)

Book 2: [Change Management: The People Side of Change. \(Jeffery Hiatt and Timothy Creasey 2013\).](#)

Blog 1: <https://blog.prosci.com/change-management-and-project-management-comparison>

Blog 2: <https://www.prosci.com/adkar/adkar-model>

Kotter

Book 1: [Leading Change. \(John P Kotter, 1996\).](#)

Blog 1: <https://www.kotterinc.com/8-steps-process-for-leading-change/>