



Wharfinger Building
 Thursday, August 27, 2015
 12:00 p.m. – 6:00 p.m.

PHC's Managing Pain Safely – Northern Region Eureka Forum

“United to champion the safe use of opioids in the communities we serve”

Time	Topic	Title	Presenter(s)
12:00 – 12:30 p.m.	Check In & Lunch		
12:45 p.m. – 1:05 p.m. (20 minutes)	PHC, NCCN and IPA's Mission	Managing Pain Safely Initiative <ul style="list-style-type: none"> • Progress to date • Continuing Efforts 	Robert Moore, Chief Medical Officer <i>Partnership HealthPlan of California</i> Trisha Cooke , <i>Project Director</i> <i>North Coast Clinics Network</i> Mary Meengs, <i>Medical Director</i> <i>Humboldt Independent Practice Association</i>
1:05 p.m. – 1:25 p.m. (20 minutes)	Setting the Stage	The Opioid issue in Northern California <ul style="list-style-type: none"> • Humboldt County Data • DHHS strategies to impact the burden of substance abuse in our community 	Don Baird, M.D, <i>Humboldt County Health Officer</i>
1:25 pm. – 1:45 p.m. (20 minutes)	Prescribing Trends	How did we get here? <ul style="list-style-type: none"> • DEA and State regulations • CA Medical Board Prescribing guidelines • Effective Communication: Best practices when prescribing controlled substance 	Bryan Coleman, PharmD, RPh <i>Staff Pharmacist at Cloney's Pharmacy</i>
1:45pm-2:05pm (20 minutes)	GROUP EXERCISE	At your tables, take 10 minutes , <ol style="list-style-type: none"> 1) Discuss greatest challenges regarding opioids 2) Rank your top 3 	Facilitator: Debrief with group report outs for 10 minutes . Record answers on chart pad at front of room



Wharfinger Building
 Thursday, August 27, 2015
 12:00 p.m. – 6:00 p.m.

PHC's Managing Pain Safely – Northern Region Eureka Forum

“United to champion the safe use of opioids in the communities we serve”

2:05 p.m. – 2:20 p.m. (15 minutes)	Break		
2:20pm-3:05pm (45 minutes)	Prescribing Practices	Strategies for Opioids use <ul style="list-style-type: none"> Challenges and safe use of Chronic Opioid Therapy Defining Opioid failure Strategies for weaning Opioid failure 	William Morris, M.D, MPH <i>Clinician, Palliative Care Consult Service, Dominican Hospital, Santa Cruz, CA.</i>
3:05pm-3:50pm (45 minutes)	Opioid Tapering	The Art & Very Little Science of Tapering	Andrea Rubinstein, M.D, <i>Chief of Pain Management Kaiser Permanente, Santa Rosa</i>
3:50 p.m. – 4:05 p.m. (15 minutes)	Break		
4:05 p.m. – 4:50 p.m. (45 minutes)	Role Playing	Initiating Successful Patient Conversation <ol style="list-style-type: none"> Have audience members be the patient 	William Morris, M.D, MPH <i>Clinician, Palliative Care Consult Service, Dominican Hospital, Santa Cruz, CA.</i>
4:50pm-5:10pm (20 minutes)	Local Efforts	How one practice is tackling the issue of opioid abuse/misuse: <ol style="list-style-type: none"> Overview of Chronic Pain Program Chronic Pain-Project ECHO Buprenorphine Program Best practices for working with chronic pain patients 	Willard Hunter, M.D <i>Director Open Doors Community Health Center</i> Kelvin Vu, M.D <i>Medical Director Mobile Health Services–Open Door Community Health Center</i>
5:10pm-5:30pm (20 minutes)	GROUP EXERCISE	At your tables, take 10 minutes <ol style="list-style-type: none"> Discuss what you have learned from the forum today and come up with SMART goals to address some of the challenges identified. Rank your top 3 goals and report 	Facilitator debrief by having tables report out and capture information shared (10 minute)



Wharfinger Building
Thursday, August 27, 2015
12:00 p.m. – 6:00 p.m.

PHC's Managing Pain Safely – Northern Region Eureka Forum

“United to champion the safe use of opioids in the communities we serve”

5:30pm-5:45pm (15 minutes)	What's next	The road ahead . . .	Jeff Ribordy, M.D <i>Regional Medical Director Partnership HealthPlan of California</i> Trisha Cooke, <i>Project Director North Coast Clinics Network</i> Mary Meengs, <i>Medical Director Humboldt Independent Practice Association</i>
-------------------------------	-------------	----------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------