

# YOLO COUNTY YOUTH RESOURCES

**Note: Some services may have changed due to COVID-19,  
please call to confirm hours and services available**

## EDUCATION & EMPLOYMENT

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### California Student Aid Commission

“If you are or were in foster care for at least one day, between the ages of 16 and 18 as a dependent or ward of the court and have financial need, you may qualify for up to \$5,000 a year for career and technical training or college. You don’t have to pay this money back. You may also be able to use your grant to help pay for child care, transportation and rent while you’re in school. You can use your Chafee Grant at any eligible California college or university or career or technical school, as well as schools in other states.”

**Website:** <https://chafee.csac.ca.gov/>

Last Verified On: 01/03/2023



## DOMESTIC VIOLENCE & INTIMATE PARTNER VIOLENCE

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### Love is Respect

“Love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources.”

**Contact:** (866) 331-9474

**Text:** LOVEIS to 22522

**Website:** <https://www.loveisrespect.org/>

Last Verified On: 01/03/2023

## FOSTER CARE & KINSHIP SERVICES

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### EA Family Services – Foster Family Agency

“We offer a variety of services and referrals to support and educate foster families and group home representatives, as well as the youth in their care.”

**Location:** 600 Cottonwood Street  
Woodland, CA 95695

**Contact:** (530) 406-0724

Last Verified On: 01/03/2023



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## LGBTQIA+ SUPPORT GROUPS

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### LGBTQIA+ Teen Group

“Wanna hang out and chill with other LGBTQIA+ teens? If you are questioning or an ally, that’s cool too! Teens and allies 12 to 17 years old”

**Location:** Woodland Family Wellness Center  
455 First Street

Woodland, CA 95495

**Contact:** (530) 753-3498

**Website:**

Last Verified: 01/03/2023

### Trans/Nonbinary Teen Support Group

“A place for teens to support one another around identity, friendships, school, family support, amongst other concerns.”

**Location:** Downtown Davis

**Call or Register:** (530) 771-6054

**Email to Register:**

[drkimberlyalstonstepnitz@gmail.com](mailto:drkimberlyalstonstepnitz@gmail.com)

Last Verified On: 01/03/2023

### Sacramento LGBT Community Center

“Community Resource Navigation, Mental Health Services including Respite/Support Groups/Counseling, Sexual Health Services, Housing & Homeless Services, Crime Victim Services, Q-Spot Youth Groups & Activities, Individual Advocacy & Legal Assistance, Latinas Sin Fronteras, Transgender Outreach, Queer Voices”

**Location:** 1015 20<sup>th</sup> Street

Sacramento, CA 95811

**Contact:** (916) 442-0185

**Email:** [info@saccenter.org](mailto:info@saccenter.org)

**Website:** <https://saccenter.org/>

Last Verified On: 01/03/2022

## MENTAL HEALTH SERVICES

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### Your Life Your Voice

“You don’t have to face your problems alone. If you are having thoughts of harming yourself or you are being abused, please call us. These are serious issues that are best handled in one-on-one conversations with counselors. Counselors are ready for your call 24/7.”

**Contact:** (800) 448-3000

**Text:** VOICE to 20121

**Website:**

<https://www.yourlifeyourvoice.org/Pages/home.aspx>

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## MENTAL HEALTH SUPPORT SERVICES

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### SafeSpace

“SafeSpace is a youth-led, mental health-focused organization that empowers young people to engage openly with their local schools and communities. We create and implement initiatives to change the conversation around mental health by educating and encouraging our peers to speak up, support others, and seek help when needed.”

**Website:** <https://safespace.org/>

Last Verified On: 01/03/2023

### SafeSpace Stories – Podcast

“Weaving the voices of teens, mental health experts, and inspiring individuals into a cohesive experience, SafeSpace stories is your mental health resource.”

**Website:**

<https://www.safespacestories.org/projects-7>

**Apple Podcast:**

<https://podcasts.apple.com/us/podcast/safespace-stories/id1595738668>

**Spotify:**

<https://open.spotify.com/show/49338MHg6LAE nBaOq1RSSC?si=b97a00f41db94211&nd=1>

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## YOUTH PROGRAMS

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### RISE, Inc. – Esparto Youth Program

“Parent Engagement Program, Kinder – 5<sup>th</sup> Grade After School Program, 6<sup>th</sup> – 8<sup>th</sup> grade Middle School After School Program.”

**Location:** 17317 Fremont Street  
Esparto, CA 95627

**Contact:** (530) 787-4110

**Website:** <https://www.riseinc.org/esparto-youth-programs>

Last Verified On: 01/03/2023

### RISE, Inc. – Winters Youth Program

“Parent Engagement Program, Kinder – 5<sup>th</sup> Grade After School Program, 6<sup>th</sup> – 8<sup>th</sup> grade Middle School After School Program.”

**Location:** 200 Baker Street  
Winters, CA 95694

**Contact:** (530) 794-6000

**Website:** <https://www.riseinc.org/winters-youth-programs>

Last Verified On: 01/03/2023

### Empower Yolo – Knights Landing

“Empower Yolo provide services to help assure that every youth has the opportunity for a safe, nurturing, and stimulating environment to develop and grow their potential.”

**Location:** 9586 Mill Street  
Knights Landing, CA 95645

**Contact:** (530) 661-6336

**Website:** <http://empoweryolo.org/youth-programs/>

Last Verified On: 01/03/2023

### Empower Yolo – Davis

“Empower Yolo provide services to help assure that every youth has the opportunity for a safe, nurturing, and stimulating environment to develop and grow their potential.”

**Location:** 412 C Street  
Davis, CA 95616

**Contact:** (530) 661-6336

**Website:** <http://empoweryolo.org/youth-programs/>

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## YOUTH PROGRAMS, Continued

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### **Empower Yolo – Woodland**

“Empower Yolo provide services to help assure that every youth has the opportunity for a safe, nurturing, and stimulating environment to develop and grow their potential.”

**Location:** 175 Walnut Street  
Woodland, CA 95695

**Contact:** (530) 661-6336

**Website:** <http://empoweryolo.org/youth-programs/>

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