

SONOMA COUNTY YOUTH RESOURCES

YOUTH ENRICHMENT PROGRAMS

VOICES Sonoma

“Provides young people aging out of foster care with family-like support, acceptance, and accountability as they set their own goals and pursue them across VOICES’ youth-led core programs.”

Location: 714 Mendocino Avenue
Santa Rosa, CA 95401

Contact: (707) 579-4327

Website:

<https://www.voicesyouthcenter.org/voices-sonoma>

Last Verified On: 02/01/2025

Sonoma Valley Teen Center

“Offers a variety of activities and opportunities and opportunities. All teens are welcome, without a fee.”

Location: 17440 Sonoma Highway
Sonoma, CA 95476

Contact: (707) 939-1452

Website: <http://teenservicessonoma.org/teen-center.html>

Last Verified On: 02/01/2025

Chop’s Teen Club

“Provides a safe, fun, and productive place where teens engage, connect and discover their true potential. Open to all Sonoma County 7th - 12th grade students after school and on weekends. Membership fee required, payment plan available.”

Location: 509 Adams Street
Santa Rosa, CA 95401

Contact: (707) 284-2467

Website: <https://www.chopsteenclub.org/>

Last Verified On: 02/01/2025



West County Community Services – Youth Employment

“Provides youth (ages 14 to 24) employment and education services from Sebastopol to the Coast.”

Location: 16390 Main Street
Guerneville, CA 95446

Contact: (707) 823-1640

Website:

<https://www.westcountyservices.org/youth-employment/>

Last Verified On: 02/01/2025

LGBTQ Connection

“Youth-led initiative working to increase awareness, inclusion, and support of LGBTQ people of all ages and races. Provide a safe and trusted space to cultivate hubs of activity and community.”

Location: 714 Mendocino Avenue,
Santa Rosa, CA 95401

Contact: (707) 595-8961

Website: <https://www.lgbtqconnection.org/>

Last Verified On: 02/01/2025

SONOMA COUNTY YOUTH RESOURCES

YOUTH ENRICHMENT PROGRAMS, Continued

YouThrive – Side by Side

“Works with 11 to 18 year olds who are on the precipice of troubling behavior, or already immersed in it, and engaged them in high-impact workshops that support the development of the youth’s assets and resilience.”

Location: 1360 N. Dutton, Ste. C
Santa Rosa, CA 95401

Contact: (707) 569-0877

Email: YouThrive@sidebysideyouth.org

Website:

<https://www.sidebysideyouth.org/programs/youthrive/>

Last Verified On: 02/01/2025

CRISIS HOTLINES

National Runaway Safeline

“Get support. We are here to listen and here to help. We will listen to your story. We are available 24/7 for youth and families in crisis.”

Contact: (800) 786-2929

Text: 66008

Website: <https://www.1800runaway.org/youth-teens/>

Last Verified On: 02/01/2025

DOMESTIC VIOLENCE & INTIMATE PARTNER VIOLENCE

Love is Respect

“Love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources.”

Contact: (866) 331-9474

Text: LOVEIS to 22522

Website: <https://www.loveisrespect.org/>

Last Verified On: 02/01/2025

EDUCATION & EMPLOYMENT

California Student Aid Commission

“If you are or were in foster care for at least one day, between the ages of 16 and 18 as a dependent or ward of the court and have financial need, you may qualify for up to \$5,000 a year for career and technical training or college. You don’t have to pay this money back. You may also be able to use your grant to help pay for child care, transportation and rent while you’re in school. You can use your Chafee Grant at any eligible California college or university or career or technical school, as well as schools in other states.”

Website: <https://chafee.csac.ca.gov/>

Last Verified On: 02/01/2025

FOSTER CARE & KINSHIP SUPPORT SERVICES

Family Urgent Response System (FURS)

“FURS is a free 24/7/365 Hotline for current and former foster youth (up to age 21) and their caregivers with immediate, trauma-informed support when they need it. FURS assists to prevent placement disruptions, promotes healing as a family and is a safe, judgement free, and private space to talk about your worries and vent.”

Call or Text Hotline: (833) 939-3877

Contact: (916) 657-1858

Website:

<https://cdss.ca.gov/inforesources/cdss-programs/foster-care/furs>

Last Verified On: 02/01/2025

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SUPPORT GROUPS

LGBTQ+ Support Groups - TransFamily Support Services

“Middle School Support Group, High School Support Group, Young Adult Support Group, Parent & Caregiver Support Group, Parents of Trans Little Support Group, and Gathering for Trans with Littles”

Contact: 858-304-0085

Email: Info@TransFamilySOS.org

Website:

<https://transfamilysos.org/services/support-groups/>

Last Verified On: 02/01/2025

TEEN CLINICS

Forestville Teen Clinic

“Confidential family planning, STD/HIV testing and treatment, Pregnancy testing, Emergency contraception, Free condoms, Mental health counseling, Peer education and comprehensive sexual health presentations”

Location: 6570 1st Street

Forestville, CA

Contact: (707) 887-0427

Website:

<https://www.wchealth.org/location/Forestville-teen-clinic/>

Last Verified On: 02/01/2025

Elsie Allen Health Center

“Provides primary care for adolescents throughout Sonoma County.”

Location: 599 Bellevue Ave, Room G17
Santa Rosa, CA 95407

Contact: (707) 583-8777

Website: <https://srhealth.org/location/elsie-allen-campus/>

Last Verified On: 02/01/2025

INFORMATION AND SUPPORT

Child Parent Institute

“Parenting Services, Counseling Services, and Creative Arts Program”

Location: 3650 Standish Avenue,
Santa Rosa, CA 95407

Contact: (707) 585-6108

Website: <https://calparents.org/>

Last Verified On: 02/01/2025

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MENTAL HEALTH SERVICES

Carelon Behavioral Health (formerly Beacon)

“Behavioral health services company that serves the full spectrum of mental health and wellness needs, from mild-to-moderate anxiety and depression to substance use disorder, suicide prevention, and crisis solutions.”

Contact: (855) 765-9703

Website: <https://www.carelon.com>

Last Verified On: 02/01/2025

CalHOPE – Soluna

“Mental Health coaching and resources for teens and young adults ages 13-25.”

Website: <https://solunaapp.com/>

Last Verified On: 02/01/2025

SafeSpace Stories – Podcast

“Weaving the voices of teens, mental health experts, and inspiring individuals into a cohesive experience, SafeSpace stories is your mental health resource.”

Website:

<https://www.safespacestories.org/projects-7>

Apple Podcast:

<https://podcasts.apple.com/us/podcast/safespace-stories/id1595738668>

Spotify:

https://open.spotify.com/show/49338MHq6LAE_nBaOq1RSSC?si=b97a00f41db94211&nd=1

Last Verified On: 02/01/2025

SafeSpace

“SafeSpace is a youth-led, mental health-focused organization that empowers young people to engage openly with their local schools and communities. We create and implement initiatives to change the conversation around mental health by educating and encouraging our peers to speak up, support others, and seek help when needed.”

Website: <https://safespace.org/>

Last Verified On: 02/01/2025

Your Life Your Voice

“You don’t have to face your problems alone. If you are having thoughts of harming yourself or you are being abused, please call us. These are serious issues that are best handled in one-on-one conversations with counselors. Counselors are ready for your call 24/7.”

Contact: (800) 448-3000

Text: VOICE to 20121

Website:

<https://www.yourlifeyourvoice.org/Pages/home.aspx>

Last Verified On: 02/01/2025