### 24-HOUR CRISIS STABILIZATION UNIT

**Sonoma County Crisis Stabilization Unit**  
“Provides 24 hour-a-day, 7 days-a-week crisis intervention, assessment, medication, and up to 23 hours of supportive care for individuals in an acute mental health crisis.”  
**Location:** 2225 Challenger Way, Santa Rosa, CA 95407  
**Contact:** (707) 576-8181  
**Website:** [https://sonomacounty.ca.gov/Health/Behavioral-Health/Crisis-Services/](https://sonomacounty.ca.gov/Health/Behavioral-Health/Crisis-Services/)  
*Last Verified On: 04/17/2020*

**North Bay Suicide Prevention - 24 Hour Hotline**  
**Contact:** 1 (855) 587-6373  
*Last Verified On: 04/17/2020*

### MENTAL HEALTH PROGRAMS

**Beacon Health Options**  
“Beacon’s system is built on a strong support structure of doctors, nurses, advocates, and mentors fulfilling members’ behavioral, physical, and social health needs.”  
**Contact:** (855) 765-9703  
**Website:** [https://www.beaconhealthoptions.com/](https://www.beaconhealthoptions.com/)  
*Last Verified On: 04/17/2020*

**Sonoma County Behavioral Health Division**  
“Mental health and substance abuse programs and services for individuals and their families.”  
**Location:** 2227 Capricorn Way, Suite 207, Santa Rosa, CA 95407  
**Contact:** (707) 565-4850  
**Website:** [http://sonomacounty.ca.gov/Health/Behavioral-Health/](http://sonomacounty.ca.gov/Health/Behavioral-Health/)  
*Last Verified On: 04/17/2020*

### MENTAL HEALTH SUPPORT SERVICES

**NAMI Sonoma County**  
“Provides educational programs and support groups for families, friends, and persons living with mental illness.”  
**Location:** 182 Farmers Lane, Suite 202, Santa Rosa, CA 95405  
**Contact:** (707) 527-6655  
**Warmline Call/Text (Bilingual):** (866) 960-6264  
**Warmline Email:** warmline@namisoco.org  
**Website:** [https://namisonomacounty.org/](https://namisonomacounty.org/)  
*Last Verified On: 04/17/2020*

**Goodwill Redwood Empire – Behavioral Services**  
“Provides a wide variety of community programs and activities supporting choice, independence, quality of life, and personal empowerment for those with mental illnesses.”  
**Location:** 651 Yolanda Avenue, Santa Rosa, CA 95404  
**Contact:** (707) 523-0550  
**Website:** [https://www.gire.org/menus/programs.html](https://www.gire.org/menus/programs.html)  
*Last Verified On: 04/17/2020*
MENTAL HEALTH SUPPORT SERVICES, Continued

**Buckelew Programs – Family Service Coordination**
"Offers families of those with mental illness education and referrals"
**Location:** 2300 Northpoint Parkway
Santa Rosa, CA 95407
**Contact:** (707) 571-8452
**Email:** keties@buckelew.org
**Website:** http://www.buckelew.org/programs/sonoma.html
Last Verified On: 04/17/2020

**Petaluma People Services Center**
"Senior Services, Homeless Prevention, Adult/Youth Employment & Training, Counseling Services, Healthy Food For All"
**Location:** 1500A Petaluma Boulevard South
Petaluma, CA 94952
**Contact:** (707) 765-8488
**Email:** admin@petalumapeople.org
**Website:** http://petalumapeople.org/counseling/
Last Verified On: 04/17/2020

**Child Parent Institute – Children’s Counseling Clinic**
"Trauma Treatment, Mental Health Treatment, Family Therapy. No-cost counseling services for children birth-18."
**Location:** 3650 Standish Avenue
Santa Rosa, CA 95407
**Contact:** (707) 585-6108
**Email:** cpi@calparents.org
**Website:** http://calparents.org
Last Verified On: 04/17/2020

**LifeWorks of Sonoma County**
"Behavior management program for children and families who show severe, on-going, emotional or behavioral challenges."
**Location:** 1260 North Dutton Avenue, Ste. 105
Santa Rosa, CA 95401
**Contact:** (707) 568-2300
**Website:** https://www.lifeworkssc.org/lbs
Last Verified On: 04/17/2020

**Jewish Community Free Clinic – Free Counseling Services**
"Offers short-term solution focused therapy at no cost to all members of the community."
**Location:** 50 Montgomery Drive,
Santa Rosa, CA 95404
**Contact:** (707) 585-7780
**Website:** www.jewishfreeclinic.org
Last Verified On: 04/17/2020

**West County Health Center – Counseling**
"Free for 12-25 year olds!"
**Location:** Forestville Teen Clinic
6570 1st Street
Forestville, CA 95436
**When:** Mondays and Thursdays
**Call to schedule:** (707) 887-0427
**Website:**
Last Verified On: 04/17/2020

**Community Counseling – Side by Side**
"From short term, intensive crisis intervention to longer term case management support, Community Counseling clinical services are individualized and include home, classroom, and community-based support."
**Location:** 1360 N. Dutton, Ste. C.
Santa Rosa, CA 94501
**Contact:** (707) 569-0877
**Email:** CommCounselingSonomaNapa@sidebysideyouth.org
**Website:** https://www.sidebysideyouth.org/programs/community-counseling/
Last Verified On: 04/17/2020
WELLNESS CENTERS

The Wellness and Advocacy Center
“Peer-operated programs enable members to recognize and accept their inherent value, purpose and independence by encouraging them to make choices with self-determination, self-responsibility, peer-support, and peer advocacy.”
Location: 2245 Challenger Way # 104
Santa Rosa, CA. 95407
Contact: (707) 565-7800
Website: https://www.wellnessandadvocacy.org/
Last Verified On: 04/29/2020

Interlink Self-Help Center
“Provide a safe environment in which those of us facing our mental health challenges can improve our quality of life through self-help, mutual support and empowerment.”
Location: 1033 Fourth Street,
Santa Rosa, CA 95404
Contact: (707) 546-4481
Website: https://interlinkselfhelpcenter.org/index.html
Last Verified On: 05/15/2020

Petaluma Peer Recovery Center
“Peer run, mental health, self-help recovery, drop in center.”
Location: 5350 Old Redwood Hwy N, Ste. 600
Petaluma, CA 94954
Contact: (707) 565-1299
Website: https://petalumaprp.wordpress.com/
Last Verified On: 05/15/2020

Russian River Empowerment Center
“Peer support mental health and wellness drop-in center that provides a safe and supportive haven for those who want to transcend serious and persistent mental illness.
Location: 9925 Main Street,
Monte Rio, CA
Contact: (707) 823-1649 Ext. 207
Website: http://russianriverempowermentcenter.org/
Last Verified On: 05/15/2020