SONOMA COUNTY
MENTAL HEALTH RESOURCES

Note: Some services may have changed due to COVID-19, please call to confirm hours and services available

24-HOUR CRISIS STABILIZATION UNIT

Sonoma County Crisis Stabilization Unit
“Provides 24 hour-a-day, 7 days-a-week crisis intervention, assessment, medication, and up to 23 hours of supportive care for individuals in an acute mental health crisis.”
Location: 2225 Challenger Way
Santa Rosa, CA 95407
Contact: (707) 576-8181
Website: https://sonomacounty.ca.gov/Health/Behavioral-Health/Crisis-Services/
Last Verified On: 04/17/2020

North Bay Suicide Prevention - 24 Hour Hotline
Contact: 1 (855) 587-6373
Last Verified On: 04/17/2020

MENTAL HEALTH PROGRAMS

Beacon Health Options
“Beacon’s system is built on a strong support structure of doctors, nurses, advocates, and mentors fulfilling members' behavioral, physical, and social health needs.”
Contact: (855) 765-9703
Website: https://www.beaconhealthoptions.com/
Last Verified On: 04/17/2020

Sonoma County Behavioral Health Division
“Mental health and substance abuse programs and services for individuals and their families.”
Location: 2227 Capricorn Way, Suite 207
Santa Rosa, CA 95407
Contact: (707) 565-4850
Website: http://sonomacounty.ca.gov/Health/Behavioral-Health/
Last Verified On: 04/17/2020

MENTAL HEALTH SUPPORT SERVICES

NAMI Sonoma County
“Provides educational programs and support groups for families, friends, and persons living with mental illness.”
Location: 182 Farmers Lane, Suite 202
Santa Rosa, CA 95405
Contact: (707) 527-6655
Warmline Call/Text (Bilingual): (866) 960-6264
Warmline Email: warmline@namisoco.org
Website: https://namisonomacounty.org/
Last Verified On: 04/17/2020

Goodwill Redwood Empire – Behavioral Services
“Provides a wide variety of community programs and activities supporting choice, independence, quality of life, and personal empowerment for those with mental illnesses.”
Location: 651 Yolanda Avenue
Santa Rosa, CA 95404
Contact: (707) 523-0550
Website: https://www.gire.org/menus/programs.html
Last Verified On: 04/17/2020
MENTAL HEALTH SUPPORT SERVICES, Continued

<table>
<thead>
<tr>
<th>Service Name</th>
<th>Description</th>
<th>Location</th>
<th>Contact</th>
<th>Email</th>
<th>Website</th>
<th>Last Verified On</th>
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<tbody>
<tr>
<td>Buckelew Programs – Family Service Coordination</td>
<td>&quot;Offers families of those with mental illness education and referrals&quot;</td>
<td>2300 Northpoint Parkway, Santa Rosa, CA 95407</td>
<td>(707) 571-8452</td>
<td><a href="mailto:kaities@buckelew.org">kaities@buckelew.org</a></td>
<td><a href="http://www.buckelew.org/programs/sonoma.html">http://www.buckelew.org/programs/sonoma.html</a></td>
<td>04/17/2020</td>
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<tr>
<td>Petaluma People Services Center</td>
<td>&quot;Senior Services, Homeless Prevention, Adult/Youth Employment &amp; Training, Counseling Services, Healthy Food For All&quot;</td>
<td>1500A Petaluma Boulevard South, Petaluma, CA 94952</td>
<td>(707) 765-8488</td>
<td><a href="mailto:admin@petalumapeople.org">admin@petalumapeople.org</a></td>
<td><a href="http://petalumapeople.org/counseling/">http://petalumapeople.org/counseling/</a></td>
<td>04/17/2020</td>
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<tr>
<td>Child Parent Institute – Children’s Counseling Clinic</td>
<td>&quot;Trauma Treatment, Mental Health Treatment, Family Therapy. No-cost counseling services for children birth-18.&quot;</td>
<td>3650 Standish Avenue, Santa Rosa, CA 95407</td>
<td>(707) 585-6108</td>
<td><a href="mailto:cpi@calparents.org">cpi@calparents.org</a></td>
<td><a href="http://calparents.org">http://calparents.org</a></td>
<td>04/17/2020</td>
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<td>LifeWorks of Sonoma County</td>
<td>&quot;Behavior management program for children and families who show severe, on-going, emotional or behavioral challenges.&quot;</td>
<td>1260 North Dutton Avenue, Ste. 105, Santa Rosa, CA 95401</td>
<td>(707) 568-2300</td>
<td></td>
<td><a href="https://www.lifeworkssc.org/lbs">https://www.lifeworkssc.org/lbs</a></td>
<td>04/17/2020</td>
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<tr>
<td>Jewish Community Free Clinic – Free Counseling Services</td>
<td>&quot;Offers short-term solution focused therapy at no cost to all members of the community.&quot;</td>
<td>50 Montgomery Drive, Santa Rosa, CA 95404</td>
<td>(707) 585-7780</td>
<td></td>
<td><a href="http://www.jewishfreeclinic.org">www.jewishfreeclinic.org</a></td>
<td>04/17/2020</td>
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<tr>
<td>West County Health Center – Counseling</td>
<td>&quot;Free for 12-25 year olds!&quot;</td>
<td>Forestville Teen Clinic, 6570 1st Street, Forestville, CA 95436</td>
<td>(707) 887-0427</td>
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<td>Last Verified On: 04/17/2020</td>
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<tr>
<td>Community Counseling – Side by Side</td>
<td>&quot;From short term, intensive crisis intervention to longer term case management support, Community Counseling clinical services are individualized and include home, classroom, and community-based support. &quot;</td>
<td>1360 N. Dutton, Ste. C, Santa Rosa, CA 94501</td>
<td>(707) 569-0877</td>
<td></td>
<td><a href="https://www.sidebysideyouth.org/programs/community-counseling/">https://www.sidebysideyouth.org/programs/community-counseling/</a></td>
<td>04/17/2020</td>
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SONOMA COUNTY
MENTAL HEALTH RESOURCES

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WELLNESS CENTERS

The Wellness and Advocacy Center
“Peer-operated programs enable member to recognized and accept their inherent value, purpose and independence by encouraging them to make choices with self-determination, self-responsibility, peer-support, and peer advocacy”.
Location: 2245 Challenger Way # 104
Santa Rosa, CA. 95407
Contact: (707) 565-7800
Website: https://www.wellnessandadvocacy.org/
Last Verified On: 04/29/2020

Interlink Self-Help Center
“Provide a safe environment in which those of us facing our mental health challenges can improve our quality of life through self-help, mutual support and empowerment.”
Location: 1033 Fourth Street,
Santa Rosa, CA 95404
Contact: (707) 546-4481
Website: https://interlinkselfhelpcenter.org/index.html
Last Verified On: 05/15/2020

Petaluma Peer Recovery Center
“Peer run, mental health, self-help recovery, drop in center.”
Location: 5350 Old Redwood Hwy N, Ste. 600
Petaluma, CA 94954
Contact: (707) 565-1299
Website: https://petalumaprp.wordpress.com/
Last Verified On: 05/15/2020

Russian River Empowerment Center
“Peer support mental health and wellness drop-in center that provides a safe and supportive haven for those who want to transcend serious and persistent mental illness.
Location: 9925 Main Street,
Monte Rio, CA
Contact: (707) 823-1649 Ext. 207
Website: http://russianriverempowermentcenter.org/
Last Verified On: 05/15/2020