SONOMA COUNTY
MENTAL HEALTH RESOURCES

Note: Some services may have changed due to COVID-19, please call to confirm hours and services available

24-HOUR CRISIS STABILIZATION UNIT

Sonoma County Crisis Stabilization Unit
“Provides 24 hour-a-day, 7 days-a-week crisis intervention, assessment, medication, and up to 23 hours of supportive care for individuals in an acute mental health crisis.”
Location: 2225 Challenger Way
Santa Rosa, CA 95407
Contact: (707) 576-8181
Website: https://sonomacounty.ca.gov/Health/Behavioral-Health/Crisis-Services/
Last Verified On: 04/17/2020

North Bay Suicide Prevention - 24 Hour Hotline
Contact: 1 (855) 587-6373
Last Verified On: 04/17/2020

Strength After
“If you are experiencing emotional distress or other mental health concerns after a disaster, the Disaster Distress Helpline is here for you 24/7. Our mission is to provide a hub to share stories of hope and recovery encompassing all types of natural and human-caused disaster. Strength After…highlights the resilience of individuals and communities while providing a resource for other survivors and responders.”
Contact: (800) 985-5990
Website: https://strengthafterdisaster.org/
Last Verified On: 12/14/2020

MENTAL HEALTH PROGRAMS

Beacon Health Options
“Beacon’s system is built on a strong support structure of doctors, nurses, advocates, and mentors fulfilling members' behavioral, physical, and social health needs.”
Contact: (855) 765-9703
Website: https://www.beaconhealthoptions.com/
Last Verified On: 04/17/2020

Sonoma County Behavioral Health Division
“Mental health and substance abuse programs and services for individuals and their families.”
Location: 2227 Capricorn Way, Suite 207
Santa Rosa, CA 95407
Contact: (707) 565-4850
Website: http://sonomacounty.ca.gov/Health/Behavioral-Health/
Last Verified On: 04/17/2020
MENTAL HEALTH SUPPORT SERVICES

NAMI Sonoma County
“Provides educational programs and support
groups for families, friends, and persons living
with mental illness.”
Location: 182 Farmers Lane, Suite 202
Santa Rosa, CA 95405
Contact: (707) 527-6655
Warmline Call/Text (Bilingual): (866) 960-
6264
Warmline Email: warmline@namisoco.org
Website: https://namisonomacounty.org/
Last Verified On: 04/17/2020

Buckelew Programs – Family Service
Coordination
“Offers families of those with mental illness
education and referrals”
Location: 2300 Northpoint Parkway
Santa Rosa, CA 95407
Contact: (707) 571-8452
Email: katies@buckelew.org
Website: http://www.buckelew.org/programs/sonoma.ht
ml
Last Verified On: 04/17/2020

Child Parent Institute – Children’s
Counseling Clinic
“Trauma Treatment, Mental Health Treatment,
Family Therapy. No-cost counseling services
for children birth-18.”
Location: 3650 Standish Avenue
Santa Rosa, CA 95407
Contact: (707) 585-6108
Email: cpi@calparents.org
Website: http://calparents.org
Last Verified On: 04/17/2020

Goodwill Redwood Empire – Behavioral
Services
“Provides a wide variety of community
programs and activities supporting choice,
independence, quality of life, and personal
empowerment for those with mental illnesses.”
Location: 651 Yolanda Avenue
Santa Rosa, CA 95404
Contact: (707) 523-0550
Website:
https://www.gire.org/menus/programs.html
Last Verified On: 04/17/2020

Petaluma People Services Center
“Senior Services, Homeless Prevention,
Adult/Youth Employment & Training,
Counseling Services, Healthy Food For All”
Location: 1500A Petaluma Boulevard South
Petaluma, CA 94952
Contact: (707) 765-8488
Email: admin@petalumapeople.org
Website:
http://petalumapeople.org/counseling/
Last Verified On: 04/17/2020

LifeWorks of Sonoma County
“Behavior management program for children
and families who show severe, on-going,
emotional or behavioral challenges.”
Location: 1260 North Dutton Avenue, Ste. 105
Santa Rosa, CA 95401
Contact: (707) 568-2300
Website: https://www.lifeworkssc.org/lbs
Last Verified On: 04/17/2020
MENTAL HEALTH SUPPORT SERVICES, Continued

Jewish Community Free Clinic – Free Counseling Services
“Offers short-term solution focused therapy at no cost to all members of the community.”
**Location:** 50 Montgomery Drive, Santa Rosa, CA 95404
**Contact:** (707) 585-7780
**Website:** [www.jewishfreeclinic.org](http://www.jewishfreeclinic.org)
Last Verified On: 04/17/2020

West County Health Center – Counseling
“Free for 12-25 year olds!”
**Location:** Forestville Teen Clinic 6570 1st Street
Forestville, CA 95436
**When:** Mondays and Thursdays
**Call to schedule:** (707) 887-0427
**Website:** [Last Verified On: 04/17/2020]

Community Counseling – Side by Side
“From short term, intensive crisis intervention to longer term case management support, Community Counseling clinical services are individualized and include home, classroom, and community-based support.”
**Location:** 1360 N. Dutton, Ste. C. Santa Rosa, CA 94501
**Contact:** (707) 569-0877
**Website:** [https://www.sidebysideyouth.org/programs/community-counseling/](https://www.sidebysideyouth.org/programs/community-counseling/)
Last Verified On: 04/17/2020

WELLNESS CENTERS

The Wellness and Advocacy Center
“Peer-operated programs enable member to recognized and accept their inherent value, purpose and independence by encouraging them to make choices with self-determination, self-responsibility, peer-support, and peer advocacy.”
**Location:** 2245 Challenger Way # 104 Santa Rosa, CA. 95407
**Contact:** (707) 565-7800
**Website:** [https://www.wellnessandadvocacy.org/](https://www.wellnessandadvocacy.org/)
Last Verified On: 04/29/2020

Interlink Self-Help Center
“Provide a safe environment in which those of us facing our mental health challenges can improve our quality of life through self-help, mutual support and empowerment.”
**Location:** 1033 Fourth Street, Santa Rosa, CA 95404
**Contact:** (707) 546-4481
**Website:** [https://interlinkselfhelplcenter.org/index.html](https://interlinkselfhelplcenter.org/index.html)
Last Verified On: 05/15/2020

Petaluma Peer Recovery Center
“Peer run, mental health, self-help recovery, drop in center.”
**Location:** 5350 Old Redwood Hwy N, Ste. 600 Petaluma, CA 94954
**Contact:** (707) 565-1299
**Website:** [https://petalumaprp.wordpress.com/](https://petalumaprp.wordpress.com/)
Last Verified On: 05/15/2020
Note: Some services may have changed due to COVID-19, please call to confirm hours and services available

WELLNESS CENTERS, Continued

Russian River Empowerment Center
“Peer support mental health and wellness drop-in center that provides a safe and supportive haven for those who want to transcend serious and persistent mental illness.
Location: 9925 Main Street, Monte Rio, CA
Contact: (707) 823-1649 Ext. 207
Website: http://russianriverempowermentcenter.org/
Last Verified On: 05/15/2020