



SONOMA COUNTY MENTAL HEALTH RESOURCES

24-HOUR CRISIS STABILIZATION UNIT

Sonoma County Crisis Stabilization Unit

“Provides 24 hour-a-day, 7 days-a-week crisis intervention, assessment, medication, and up to 23 hours of supportive care for individuals in an acute mental health crisis.”

Location: 2225 Challenger Way
Santa Rosa, CA 95407

Contact: (707) 576-8181

Website:

<https://sonomacounty.ca.gov/Health/Behavioral-Health/Crisis-Services/>

Last Verified On: 04/17/2020

North Bay Suicide Prevention - 24 Hour Hotline

Contact: 1 (855) 587-6373

Last Verified On: 04/17/2020

MENTAL HEALTH PROGRAMS

Beacon Health Options

“Beacon’s system is built on a strong support structure of doctors, nurses, advocates, and mentors fulfilling members’ behavioral, physical, and social health needs.”

Contact: (855) 765-9703

Website:

<https://www.beaconhealthoptions.com/>

Last Verified On: 04/17/2020

Sonoma County Behavioral Health Division

“Mental health and substance abuse programs and services for individuals and their families.”

Location: 2227 Capricorn Way, Suite 207
Santa Rosa, CA 95407

Contact: (707) 565-4850

Website:

<http://sonomacounty.ca.gov/Health/Behavioral-Health/>

Last Verified On: 04/17/2020

MENTAL HEALTH SUPPORT SERVICES

NAMI Sonoma County

“Provides educational programs and support groups for families, friends, and persons living with mental illness.”

Location: 182 Farmers Lane, Suite 202
Santa Rosa, CA 95405

Contact: (707) 527-6655

Warmline Call/Text (Bilingual): (866) 960-6264

Warmline Email: warmline@namisoco.org

Website: <https://namisonomacounty.org/>

Last Verified On: 04/17/2020

Goodwill Redwood Empire – Behavioral Services

“Provides a wide variety of community programs and activities supporting choice, independence, quality of life, and personal empowerment for those with mental illnesses.”

Location: 651 Yolanda Avenue
Santa Rosa, CA 95404

Contact: (707) 523-0550

Website:

<https://www.gire.org/menu/programs.html>

Last Verified On: 04/17/2020



SONOMA COUNTY MENTAL HEALTH RESOURCES

MENTAL HEALTH SUPPORT SERVICES, Continued

Buckelew Programs – Family Service Coordination

“Offers families of those with mental illness education and referrals”

Location: 2300 Northpoint Parkway
Santa Rosa, CA 95407

Contact: (707) 571-8452

Email: katies@buckelew.org

Website:

<http://www.buckelew.org/programs/sonoma.html>

Last Verified On: 04/17/2020

Petaluma People Services Center

“Senior Services, Homeless Prevention, Adult/Youth Employment & Training, Counseling Services, Healthy Food For All”

Location: 1500A Petaluma Boulevard South
Petaluma, CA 94952

Contact: (707) 765-8488

Email: admin@petalumapeople.org

Website:

<http://petalumapeople.org/counseling/>

Last Verified On: 04/17/2020

Child Parent Institute – Children’s Counseling Clinic

“Trauma Treatment, Mental Health Treatment, Family Therapy. No-cost counseling services for children birth-18.”

Location: 3650 Standish Avenue
Santa Rosa, CA 95407

Contact: (707) 585-6108

Email: cpi@calparents.org

Website: <http://calparents.org>

Last Verified On: 04/17/2020

LifeWorks of Sonoma County

“Behavior management program for children and families who show severe, on-going, emotional or behavioral challenges.”

Location: 1260 North Dutton Avenue, Ste. 105
Santa Rosa, CA 95401

Contact: (707) 568-2300

Website: <https://www.lifeworkssc.org/lbs>

Last Verified On: 04/17/2020

Jewish Community Free Clinic – Free Counseling Services

“Offers short-term solution focused therapy at no cost to all members of the community.”

Location: 50 Montgomery Drive,
Santa Rosa, CA 95404

Contact: (707) 585-7780

Website: www.jewishfreeclinic.org

Last Verified On: 04/17/2020

West County Health Center – Counseling

“Free for 12-25 year olds!”

Location: Forestville Teen Clinic
6570 1st Street
Forestville, CA 95436

When: Mondays and Thursdays

Call to schedule: (707) 887-0427

Website:

Last Verified On: 04/17/2020

Community Counseling – Side by Side

“From short term, intensive crisis intervention to longer term case management support, Community Counseling clinical services are individualized and include home, classroom, and community-based support.”

Location: 1360 N. Dutton, Ste. C.
Santa Rosa, CA 95401

Contact: (707) 569-0877

Email:

CommCounselingSonomaNapa@sidebysideyouth.org

Website:

<https://www.sidebysideyouth.org/programs/community-counseling/>

Last Verified On: 04/17/2020



SONOMA COUNTY MENTAL HEALTH RESOURCES

WELLNESS CENTERS

The Wellness and Advocacy Center

“Peer-operated programs enable member to recognized and accept their inherent value, purpose and independence by encouraging them to make choices with self-determination, self-responsibility, peer-support, and peer advocacy”.

Location: 2245 Challenger Way # 104
Santa Rosa, CA. 95407

Contact: (707) 565-7800

Website:

<https://www.wellnessandadvocacy.org/>

Last Verified On: 04/29/2020

Interlink Self-Help Center

“Provide a safe environment in which those of us facing our mental health challenges can improve our quality of life through self-help, mutual support and empowerment.”

Location: 1033 Fourth Street,
Santa Rosa, CA 95404

Contact: (707) 546-4481

Website:

<https://interlinkselfhelpcenter.org/index.html>

Last Verified On: 05/15/2020

Petaluma Peer Recovery Center

“Peer run, mental health, self-help recovery, drop in center.”

Location: 5350 Old Redwood Hwy N, Ste. 600
Petaluma, CA 94954

Contact: (707) 565-1299

Website: <https://petalumaprp.wordpress.com/>

Last Verified On: 05/15/2020

Russian River Empowerment Center

“Peer support mental health and wellness drop-in center that provides a safe and supportive haven for those who want to transcend serious and persistent mental illness.

Location: 9925 Main Street,
Monte Rio, CA

Contact: (707) 823-1649 Ext. 207

Website:

<http://russianriverempowermentcenter.org/>

Last Verified On: 05/15/2020