

SONOMA COUNTY CHILDREN & FAMILY RESOURCES

CHILDCARE RESOURCES

4Cs – Community Child Care Council of Sonoma County

“Providing access to quality child care and early education in Sonoma County.”

Location: 131-A Stony Circle, Suite 300
Santa Rosa, CA 95401

Contact: (707) 544-3077

Website: <https://www.sonoma4cs.org>

Last Verified On: 02/07/2025

Children & Family Circle

“Free or low-cost child care and support services to infants and toddlers from low-income families, especially those at high-risk of abuse and neglect”

Location: 1260 N Dutton Ave., Ste. 242
Santa Rosa, CA 95401

Contact: (707) 544-4653

Website: <http://cfckids.org/>

Last Verified On: 02/07/2025

River to Coast Children’s Services

“Offer a variety of services that, together with child care and children's activities, lead to positive growth for children and their parents.”

Location: 16300 1st Street
Guerneville, CA 95446

Contact: (707) 869-3613

Website: <https://rcc-services.org/>

Last Verified On: 02/07/2025



Catholic Charities of Santa Rosa – Sonoma WORKS

“Provides temporary help for families with children who have little or no money.”

Location: 2227 Capricorn Way, Ste. 100
Santa Rosa, CA 95407

Contact: (707) 565-5500

Website: <http://sonomacounty.ca.gov/Human-Services/Employment-and-Training/SonomaWORKS/>

Last Verified On: 02/07/2025

MENTAL HEALTH RESOURCES

BrightLife Kids (CalHOPE)

“Personalized support for California families. Kids ages 0–12 get free, expert coaching for sleep issues, worry, social skills, and more. Live, 1:1 video sessions, secure chat, on-demand content, and more.”

Contact: (888) 275-5357

Website:

<https://www.hellobrightline.com/brightlifekids/>

Last Verified On: 02/07/2025



SONOMA COUNTY CHILDREN & FAMILY RESOURCES

CHILD DEVELOPMENT RESOURCES

Early Learning Institute

“Dedicated to providing and promoting developmental services, education and support to young children, their families and their community.”

Location: 2300 Northpoint Pkwy,
Santa Rosa, CA 95407

Contact: (707) 591-0170

Website: <http://earlylearninginstitute.com>

Last Verified On: 02/07/2025

Child Parent Institute – Child & Family Counseling Clinic

“Provides comprehensive mental health services to children ages 0-18 and their families.”

Contact: (707) 284-1500

Email: intake@calparents.org

Website: www.calparents.org

Last Verified On: 02/07/2025

Lytton Head Start

“Provides preschool services, modelled after Head Start, to 20 additional children in the Santa Rosa”

Website: <https://crihb.org/tribal-head-start/>

Last Verified On: 02/07/2025

Community Action Partnership of Sonoma County – Head Start

“Goal is to build a strong foundation for school readiness by recognizing each child’s individual strengths and needs as we provide opportunities for each child to grow physically, socially, emotionally, and intellectually.”

Location: 141 Stony Circle, Suite 210
Santa Rosa, CA 95401

Contact: (707) 544-6911

Application Line: (707) 535-3386

Website: <https://www.capsonoma.org/head-start/>

Last Verified On: 02/07/2025

DIAPER RESOURCES

Child Parent Institute – Diaper Project

“Families can request diapers for their children twice a month. A new form must be completed for each request. After submitting the form you will receive a confirmation of your application. You will also receive a receipt of the application to the email you provide.”

Contact: (707) 585-6108

Email: diaperproject@calparents.org

Website: <https://calparents.org/what-we-do/parent-support-services/diaperproject/request-diapers.html>

English Application:

calparents.org/diaperproject

Formulario en Español:

<https://forms.gle/mBN9hUbY2eJkDKnC6>

Last Verified On: 02/07/2025



SONOMA COUNTY CHILDREN & FAMILY RESOURCES

EDUCATION & EMPLOYMENT

Dolly Parton's Imagination Library

"Dolly Parton's Imagination Library is dedicated to inspiring a love of reading by gifting books free of charge to children from birth to age five, through funding shared by Dolly Parton and local community partners in the United States."

Website: <https://imaginationlibrary.com/check-availability/>

Last Verified On: 02/07/2025

CalKIDS

"The California Kids Investment and Development Savings Program (CalKIDS) was launched in 2022 by the State of California with a clear mission: make it easier for more children to save for their future education."

Administered by the ScholarShare Investment Board, CalKIDS takes the initiative by automatically offering newborns and eligible low-income public school children in California an initial seed deposit, along with other potential financial incentives. This ensures that they can start their college and career savings journey right from the beginning."

Contact: (888) 445-2377, Monday-Friday, 8:00am – 5:00pm PST

Website: <https://calkids.org/>

Confirm Eligibility: <https://calkids.org/get-started/>

Claim CalKIDS Account:

<https://calkids.outcometracker.app/p/CalKids/calkids/registration/>

Last Verified On: 02/07/2025

FAMILY RESOURCE CENTERS

La Luz Center – El Verano School Family Resource Center

"Helps families connect to services and navigate resources related to the academic, social and emotional needs of El Verano K-5th grade students and their parents."

Location: 18606 Riverside Drive, El Verano, CA 95476

Contact: (707) 935-6025

Website: <https://www.laluzcenter.org/family-services>

Last Verified On: 02/07/2025

Action Network – Gualala

"Offer services, programs, and activities to help meet the growing needs of individuals and families of all ages and all backgrounds."

Location: 39144 Ocean Drive, Suite 3 & 4 Gualala, CA 95455

Contact: (707) 884-5413

Website: <https://www.actionnetwork.info/>

Last Verified On: 02/07/2025



SONOMA COUNTY CHILDREN & FAMILY RESOURCES

FAMILY RESOURCE CENTERS, Continued

Matrix Parent Network and Resource Center

“Empowers families of children with special needs to successfully understand and access the systems that serve them.”

Location: 2400 Las Gallinas Avenue, Suite 100, San Rafael, CA 94903

Contact: (415) 884-3555

Website: <https://www.matrixparents.org>

Last Verified On: 02/07/2025

Southwest Family Resource Center

“Early intervention, school-based program providing family support to address issues that may negatively impact a student’s success in school.”

Location: 141 Stony Circle, Suite 210 Santa Rosa, CA 95401

Contact: (707) 579-4816 ext. 3198

Website:

<https://www.capsonoma.org/southwest-family-resource-center/>

Last Verified On: 02/07/2025

Child Parent Institute – Resource Assistance

“Through referrals from Family, Youth and Children, Resource Specialists at CPI provide two service types: Resource Assistance and Intensive Case Management”

Location: 3650 Standish Avenue, Santa Rosa, CA 95407

Contact: (707) 585-6108 ext. 1244

Website: <https://calparents.org/what-we-do/parent-support-services/resource-assistance.html>

Last Verified On: 02/07/2025

FINANCIAL ASSISTANCE RESOURCES

PG&E Medical Baseline Program

“Assistance program for residential customers who depend on power for certain medical and independent living needs.”

Contact: (800) 743-5000

Website:

<https://www.pge.com/medicalbaseline>

Last Verified On: 02/07/2025

Andrew McDonough B+ Foundation Family Assistance Program – Financial Help for Kids With Cancer

“Gives qualified families money for expenses that are attributable to their child’s cancer diagnosis. The goal of the program is to lessen the financial burden so families can focus on helping their children get well.”

Contact: (302) 563-8389

Website: <https://bepositive.org/need-help/>

Last Verified On: 02/07/2025



SONOMA COUNTY CHILDREN & FAMILY RESOURCES

FOSTER CARE & KINSHIP SUPPORT SERVICES

Sonoma County Foster Care

“Protects local children and youth who must be removed from unsafe homes due to abuse or neglect.”

Location: 1202 Apollo Way
Santa Rosa, CA 95407

Contact: (707) 565-4300

Website: <http://sonomacounty.ca.gov/Human-Services/Family-Youth-Children/Foster-Care/>

Last Verified On: 02/07/2025

TLC Child & Family Services – Foster Care and Adoption

“Help you help children in need by becoming a resource parent (foster parent).”

Location: 4861 Old Redwood Highway,
Santa Rosa, CA 95403

Contact: (707) 634-9935

Website: <https://tlc4kids.org/foster-adoption/>

Last Verified On: 02/07/2025

Redwood Empire Foster Parent Association

“Support Sonoma County foster care community and the children they serve.”

Website: <http://refpa.org>

Email: contact.refpa@gmail.com

Last Verified On: 02/07/2025

VOICES Sonoma

“VOICES Sonoma provides young people aging out of foster care with family-like support, acceptance, and accountability as they set their own goals and pursue them across VOICES’ youth-led core programs: Health and Wellness, Career and Education, and ILP-Independent Living Program.”

Location: 714 Mendocino Avenue
Santa Rosa, CA 95401

Contact: (707) 579-4327

Website: <https://www.voicesyouthcenter.org>

Last Verified On: 02/07/2025

Alternative Family Services

“Provides thoughtful, informed foster care, adoption and mental health series throughout Northern California.”

Location: 1421 Guerneville Road, Suite 218
Santa Rosa, CA 95403

Contact: (707) 576-7700

Website: <https://www.afs4kids.org>

Last Verified On: 02/07/2025

Child Parent Institute – Parenting Services

“Offers Resource Family Pre-Service

Trainings: mandatory training modules that need to be completed before resource families are approved to foster children.”

Location: 3650 Standish Avenue
Santa Rosa, CA 95407

Contact: (707) 585-6108

Website: <https://calparents.org/what-we-do/parent-support-services/parenting-services-overview.html>

Last Verified On: 02/07/2025

Family Urgent Response System (FURS)

“FURS is a free 24/7/365 Hotline for current and former foster youth (up to age 21) and their caregivers with immediate, trauma-informed support when they need it. FURS assists to prevent placement disruptions, promotes healing as a family and is a safe, judgement free, and private space to talk about your worries and vent.”

Call or Text Hotline: (833) 939-3877

Contact: (916) 657-1858

Website:

<https://cdss.ca.gov/inforesources/cdss-programs/foster-care/furs>

(Spanish) Sitio Web:

<https://www.cdss.ca.gov/Portals/9/Child-Welfare-Programs/Foster-Care/FURs/FURS-Hotline-Flyer-Youth-SP.pdf>

Last Verified On: 02/07/2025



SONOMA COUNTY CHILDREN & FAMILY RESOURCES

HOME VISITING

Nurse Family Partnership – Sonoma County

“An evidence-based nurse home visiting program serving low-income, first-time mothers. Visits begin during the first or second trimester of pregnancy and continue until the child's second birthday.”

Location: 625 5th Street

Santa Rosa, CA 95404

Contact: 707-565-4440

Website:

<https://sonomacounty.ca.gov/Health/Public-Health/Maternal-Child-and-Adolescent-Health/Home-Visiting/>

Last Verified On: 02/07/2025

Child Parent Institute – In-Home Parent Education

“Offers in-home parenting services for parents who are unable to attend classes or who may want individual attention.”

Contact: (707) 585-6108 x1218

Website: <https://calparents.org/what-we-do/parent-support-services/in-home-support.html>

Last Verified On: 02/07/2025

Early Learning Institute – Early Start Home Visiting

“For children birth to three years of age who qualify for Early Start developmental services, ELI’s Developmental Specialists provide targeted activities in the home to support optimal developmental growth.”

Location: 311 Professional Center Dr., Ste. 100

Rohnert Park, CA 94928

Contact: 707-591-0170

Website:

<https://www.earlylearninginstitute.com/early-intervention>

Last Verified On: 02/07/2025

LEGAL SERVICES

California Family Law Facilitator’s Office

“The Family Law Facilitator's Office is a self-help program staffed by attorneys, paralegals and clerks that provides free legal assistance to unrepresented family law litigants.”

Website: <https://flf.sdcourt.ca.gov/>

Last Verified On: 02/14/2025

Legal Services for Children

“Legal Services for Children provides free, trauma-informed legal and social work services to San Francisco Bay Area children and youth who are seeking a safe and stable home with loving caregivers, access to legal immigration status, freedom from detention, and access to education.”

Location: 870 Market Street, Suite 356, San Francisco, CA 94102

Contact: (415) 863-3762

Website: <https://lsc-sf.org/>

Last Verified On: 05/02/2025



SONOMA COUNTY CHILDREN & FAMILY RESOURCES

YOUTH ENRICHMENT PROGRAMS

YouThrive – Side by Side

“Works with 11 to 18 year olds who are on the precipice of troubling behavior, or already immersed in it, and engaged them in high-impact workshops that support the development of the youth’s assets and resilience.”

Location: 1360 N. Dutton, Ste. C
Santa Rosa, CA 95401

Contact: (707) 569-0877

Email: YouThrive@sidebysideyouth.org

Website:

<https://www.sidebysideyouth.org/programs/youthrive/>

Last Verified On: 02/07/2025

PARENT RESOURCES

Action Network – Parent Support and Family Advocacy

“Support services and family advocacy programs include counseling and family assistance and are designed to strengthen family dynamics.”

Location: 39144 Ocean Drive, Suite 3 & 4
Gualala, CA 95445

Contact: (707) 707) 884-5413

Website: <https://www.actionnetwork.info>

Last Verified On: 02/07/2025

Carson’s Village

“If you have never experienced the sudden loss of a loved one, you can’t prepare yourself for how many practical details there are to manage... Carson’s Village can provide a wide range of free support services to help your family navigate this difficult time.”

Website: <https://carsonsvillage.org/contact-us/>

Last Verified On: 02/07/2025

Parent’s Resource Guide – First 5 Sonoma County

“The programs and services it describes will help you as you care for your young children in these early years.”

Website:

<https://first5sonomacounty.org/resources-for-parents/parents-resource-guide/>

Last Verified On: 02/07/2025

California Parent and Youth Helpline

“Parents and youth can call, text and chat for emotional support and referrals in English, Spanish, and other languages.”

Contact: (855) 427-2736

Hours: Everyday 8 a.m. – 8 p.m.

Website: <https://caparentyouthhelpline.org/>

Last Verified On: 02/07/2025



SONOMA COUNTY CHILDREN & FAMILY RESOURCES

PET ASSISTANCE

RedRover

"We provide financial assistance, resources and emotional support to pet guardians struggling with economic hardship when pets are in life-threatening situations."

Website: <https://redrover.org/relief/urgent-care-grants/>

Last Verified On: 02/07/2025

24petconnect

"Our goals are to benefit the animals by providing mechanisms for them to be adopted if they are available or found if they are lost....Benefit the public by empowering them to adopt a new animal companion, find a lost pet or re-unite an owner with a lost pet that we have found..."

Website: <https://24petconnect.com/>

Last Verified On: 02/07/2025

Finding Rover

"With Facial Recognition Pets Find Their Home"

Website: <https://findingrover.com/>

Last Verified On: 02/07/2025

CDSS Assistance Dog Special Allowance Program

"Provides a monthly payment of \$50 to eligible persons who use a guide, signal, or service dog to help them with their disability-related needs. The allowance is to help pay the costs of food, grooming, and health care for the dog."

Contact: 916-657-2628

Website: <https://www.cdss.ca.gov/assistance-dogs>

Last Verified On: 02/07/2025

WOMEN, INFANTS, & CHILDREN PROGRAM (WIC)

Sonoma County WIC

"Nutritional program that helps pregnant women, mothers, and young children eat well and stay healthy. WIC provides access to nutritious foods, nutrition education, breastfeeding support, and referrals to local resources."

Website: [https://sonomacounty.ca.gov/health-and-human-services/health-services/divisions/public-health/woman-infants-and-children-\(wic\)](https://sonomacounty.ca.gov/health-and-human-services/health-services/divisions/public-health/woman-infants-and-children-(wic))

State Website: <https://www.myfamily.wic.ca.gov/>

Last Verified On: 04/14/2025

Santa Rosa WIC Office

Location: 1450 Guerneville Road
Santa Rosa, CA 95403

Contact: (707) 565-6590

Last Verified On: 04/14/2025

Guerneville WIC Office

Location: 16390 Main Street
Guerneville, CA 95446

Contact: (707) 565-6590

Last Verified On: 04/14/2025

Petaluma Health Center

Location: 1179 North McDowell Boulevard
Petaluma, CA 94954

Contact: (707) 565-6590

Last Verified On: 04/14/2025

Sonoma WIC Office

Location: 19080 Lomita Ave
Sonoma, CA 95476

Contact: (707) 565-6590

Last Verified On: 04/14/2025