



SONOMA COUNTY COVID-19 RESOURCES

COUNTY RESOURCES

COVID-19 Case Data

Website:

https://experience.arcgis.com/experience/1edb41952a8417385652279305e878d/page/page_11/

Last Verified On: 07/27/2023

COVID TESTING

COVID-19 Testing & Tracing in Sonoma County

Website:

<https://socoemergency.org/emergency/novel-coronavirus/testing-and-tracing/>

Last Verified On: 07/27/2023

COVID-19 VACCINE INFORMATION

COVID-19 Vaccine Eligibility

“COVID-19 Vaccine Eligibility”

Website:

<https://socoemergency.org/emergency/novel-coronavirus/vaccine-information/>

Last Verified On: 07/27/2023

California Department of Public Health – My Turn

“Find out if it’s your turn by answering a few questions. It only takes a few minutes. If you’re eligible and vaccine appointments are available through My Turn, you can schedule one.”

Website: <https://myturn.ca.gov/>

Last Verified On: 07/27/2023

Vaccine Finder

“VaccineFinder is a free, online service where users can search for locations that offer vaccinations. We work with partners such as clinics, pharmacies, and health departments to provide accurate and up-to-date information about vaccination services.”

Website: <https://vaccinefinder.org/search/>

Last Verified On: 07/27/2023

Vaccine Clinics

“List of Vaccine Clinics open to Eligible Groups”

Vaccine Calendar:

<https://socoemergency.org/events/category/pop-up-vaccine/>

Website:

<https://socoemergency.org/emergency/novel-coronavirus/vaccine-information/>

Last Verified On: 07/27/2023

Digital COVID-19 Vaccine Record

“Enter a few details below to get a link to a QR code and digital copy of your COVID-19 vaccination record. If you want to share your proof of vaccination, you can use either the electronic version you’ll get from the portal or the card you were given at time of vaccination.”

Website: <https://myvaccinerecord.cdph.ca.gov/>

Last Verified On: 07/27/2023



SONOMA COUNTY COVID-19 RESOURCES

COVID-19 EXPOSURE RESOURCES

Sonoma County Resources

Website:

<https://storage.googleapis.com/proudcity/sonoma/uploads/2020/12/ResourcesENGL.pdf>

Last Verified On: 07/27/2023

AMERICAN SIGN LANGUAGE RESOURCES

COVID-19 Resources in American Sign Language

Website:

https://aging.ca.gov/covid19/American_Sign_Language/

Last Verified On: 07/27/2023

Information and Assistance Support in American Sign Language

Video Phone (VP): (833) 682-763

Hotline Online:

<https://connectdirect.aslnow.io/app/8/10003>

Last Verified On: 07/27/2023

CHILDREN AND FAMILIES

My Navigator Warm Line – Better Beginnings

“Free resources and information for women and their families during pregnancy, birth, breastfeeding, and early parenthood during the COVID-19 pandemic.”

Contact: (707) 902-3031

Dates/Hours: 7 days a week from 9 a.m. – 5 p.m.

Website:

<https://www.betterbeginningsforbabies.org/new/introducing-the-my-navigator-program>

Last Verified On: 07/27/2023

Child Parent Institute – Child & Family Therapy

“We offer therapy to individuals ages 6 through 21 who are struggling with depression, anxiety, reactions to traumatic experiences, and a wide range of other difficult life issues.”

Contact: (707) 284-1500

Website: <https://calparents.org/what-we-do/children-counseling-services/child-and-family-therapy.html>

Last Verified On: 07/27/2023

Go Noodle

“Movement and mindfulness videos created by child development experts. Available for free at school, home, and everywhere kids are!”

Website: <https://www.gonoodle.com/>

Last Verified On: 07/27/2023

Child Parent Institute Support Line

“Parents and caregivers can connect with CPI’s highly trained Parent Educators and receive personalized parenting support. Available in English and Spanish for parents and caregivers with children of any age.”

Contact: (707) 755-2858

Website: <https://calparents.org/what-we-do/parent-support-services/supportline.html>

Last Verified On: 07/27/2023

California Parent & Youth Helpline

“Emotional support for families challenged by the pressures of COVID-19”

Contact: (855) 427-2736

Website:

https://caparentyouthhelpline.org/?gclid=EAlaQobChMliaL0hfal7AIVMhh9Ch3w5AbeEAAYA_SAAEqlc7vD_BwE

Last Verified On: 07/27/2023



SONOMA COUNTY COVID-19 RESOURCES

CHILDREN AND FAMILIES, Continued

Fun and Free Educational Websites for Kids

“Free educational websites for kids are fun while offering online learning games, pintables, videos and more.”

Website: <https://www.verywellfamily.com/best-free-educational-websites-for-kids-3129084>

Last Verified On: 07/27/2023

Free Online Events and Activities for Kids at Home

“Provide some structure and schedule to your family’s day (updated regularly)”

Website:

<https://www.common sense media.org/blog/free-online-events-activities-kids-at-home-coronavirus>

Last Verified On: 07/27/2023

Play At Home

“Play at Home Playbook can be played anywhere so that children can play in any space safely and in accordance with all CDC guidelines to help prevent the spread of coronavirus”

Website: https://www.playworks.org/get-involved/play-at-home/?mkt_tok=eyJpIjoiTIRReE4yUTROVGhoT0RreilSnQiOiJoNUUpWVXZzZW51T0xxYTZzMHFMQU5wdkJE9jQk14ZnJsYTQrc2RFc2RFc1JnXC9INE9MVmpHbjNkblBQVjB0RzBGS0VDR3BVbHBSMhHxUjVcL1JvTDRGMnQ3aFwVlY3aUpFZ2JlVIRzVFFNbnlpMzFHVllvTjNDZnhhVHk1RkFrIn0%3D

Last Verified On: 07/27/2023

DOMESTIC VIOLENCE RESOURCES

National Domestic Hotline

“For anyone affected by abuse and needing support”

Hotline: (800) 799-7233

TTY: (800) 787-3224

Text: LOVEIS to 1 (866) 331-9474

Website: <https://www.thehotline.org/>

Last Verified On: 07/27/2023

Verity Rape Crisis Line

“Staffed by trained, compassionate, California State Certified sexual assault victim counselors for confidential counseling, emergency assistance, information, and referrals.”

24/7 Warm Line: (707) 545-7273

Website: <https://www.ourverity.org/>

Last Verified On: 07/27/2023

YWCA Domestic Violence Crisis Hotline

“The YWCA Sonoma County supports families affected by domestic violence by providing safe shelter, therapy, advocacy, and on-going support.”

24/7 Hotline: (707) 546-1234

Website: <https://www.ywcasc.org/what-we-do/domestic-violence-services/>

Last Verified On: 07/27/2023



SONOMA COUNTY COVID-19 RESOURCES

EQUITY

COVID-19 Black

“Health initiative to educate our community on strategies to strengthen our health and reduce the spread of COVID-19 within the Black community.”

Website: <https://covid19black.org/>

Last Verified On: 07/27/2023

FINANCIAL RESOURCES

CURA Project

“COVID-19 Urgent Response and Aid Project is a hub connecting LatinX, Indigenous, and low-income community members to community-based services that will help us ensure COVID-19.”

Contact: (707) 309-8972

Website: <https://www.laplazancc.org/cura-project>

Last Verified On: 07/27/2023

Emergency Rental Assistance Program (ERAP)

“Sonoma County as of Feb. 11, 2022, will pit a pause on accepting any new applications for the ERAP. Join the Waitlist.”

Website:

<https://socoemergency.org/emergency/novel-coronavirus/finance-housing/housing-and-renter-support/>

Last Verified On: 07/27/2023

California’s COVID Rent Relief

“Designed to help low-income Californians through the payment of unpaid rent to landlords.”

Website:

https://housing.ca.gov/covid_rr/program_overview.html#renter

Español:

https://housing.ca.gov/covid_rr/program_overview.html#renter

Last Verified On: 07/27/2023

COVID-19 Funeral Assistance

“Under the Coronavirus Response and Relief Supplemental Appropriations Act of 2021 and the American Rescue Plan Act of 2021, FEMA will provide financial assistance for COVID-19-related funeral expenses incurred after January 20, 2020. / Conforme a la Ley de Asignaciones Complementarias de Respuesta y Ayuda por Coronavirus de 2021 y la Ley del Plan de Rescate Estadounidense de 2021, FEMA proporcionará asistencia económica para los gastos fúnebres relacionados con COVID-19 incurridos después del 20 de enero de 2020.”

Website:

<https://www.fema.gov/disasters/coronavirus/economic/funeral-assistance#eligible>

Español:

<https://www.fema.gov/es/disaster/coronavirus/funeral-assistance>

Last Verified On: 07/27/2023



SONOMA COUNTY COVID-19 RESOURCES

FREE SCHOOL LUNCHES

Sonoma County Office of Education – School Lunch Map

“Federal funding is not currently available for the universal meal distribution program created in response to COVID-19 in the spring. Each school district will be providing meal *only* to the children they serve.”

Website:

<https://www.scoe.org/pub/htdocs/school-lunch.html>

Español:

<https://www.scoe.org/pub/htdocs/school-lunch.html#spanish>

Last Verified On: 07/27/2023

Santa Rosa City Schools – Meal Information

“Free meals for all students in the 2021-22 school year! / ¡Comidas gratuitas para todos los estudiantes en el año escolar 2021-22!”

Website:

<https://www.srcschools.org/Page/4423>

Español:

<https://www.srcschools.org/Page/4423>

Meal Application: <https://family.titank12.com/>

Last Verified On: 07/27/2023

FOOD REOSURCES

General Food Resources

“No one in Sonoma County should go hungry. The following community organizations are here to help you during this emergency.”

Website:

<https://socoemergency.org/emergency/novel-coronavirus/resources-for-you/food-and-meals/>

Español:

<https://socoemergency.org/emergencia/novel-coronavirus/alimentaria-comidas/>

Last Verified On: 05/02/2023

Redwood Empire Food Bank

“Food Finder / Buscador de Comida”

Website: <https://getfood.refb.org/>

Espanol: <https://getfood.refb.org/es/>

Last Verified On: 07/27/2023

Text FOOD

“Text message based tool that will give you an immediate response, connecting you to information about where to get food near you. / Solamente mandando un texto con la palabra COMIDA usted recibirá una respuesta inmediata que lo conectara con información sobre dónde obtener comida cerca a usted.”

Contact: Text FOOD or COMIDA to (707) 353-6333

Website: [https://www.sonomacity.org/free-local-food-is-one-text-](https://www.sonomacity.org/free-local-food-is-one-text-away/#:~:text=With%20Text%20FOOD%2C%20Sonoma%20County,with%20the%20informati)

[away/#:~:text=With%20Text%20FOOD%2C%20Sonoma%20County,with%20the%20informati](https://www.sonomacity.org/free-local-food-is-one-text-away/#:~:text=With%20Text%20FOOD%2C%20Sonoma%20County,with%20the%20informati)
[on%20they%20need.&text=conditions%20that](https://www.sonomacity.org/free-local-food-is-one-text-away/#:~:text=With%20Text%20FOOD%2C%20Sonoma%20County,with%20the%20informati)
[%20give%20shelterless%20and,promote%20r](https://www.sonomacity.org/free-local-food-is-one-text-away/#:~:text=With%20Text%20FOOD%2C%20Sonoma%20County,with%20the%20informati)
[esilience%20and%20good%20health.](https://www.sonomacity.org/free-local-food-is-one-text-away/#:~:text=With%20Text%20FOOD%2C%20Sonoma%20County,with%20the%20informati)

Last Verified On: 07/27/2023



SONOMA COUNTY COVID-19 RESOURCES

FOOD RESOURCES, Continued

Sonoma Overnight Support

“We offer free meals and access to a variety of different services to those in need. / Ofrecemos comidas gratis y acceso a una variedad de diferentes servicios para quienes lo necesiten.”

Location: Sonoma Springs Community Hall
18627 CA-12,
Sonoma, CA 95476

Contact: (707) 939-6777

Hours: Monday – Friday from 9 a.m. – 1 p.m.

Website:

<https://www.sonomaovernightsupport.org/>

Last Verified On: 07/27/2023

Feeding America

“Find your local Food programs & Food Banks. ... A variety of low or no contact options are now available in many areas, including seniors-only hours, drive-through pantries, expanded home delivery services, and more. Search by zip code using the food bank locator, and contact the food bank that serves your area. They will be able to give you information on the free pantries and programs nearest you.”

Website:

<https://www.feedingamerica.org/need-help-find-food>

Español: <https://www.feedingamerica.org/en-espanol/necesita-ayuda-consiga-comida>

Last Verified On: 07/27/2023

HOMELESS RESOURCES

Sonoma Overnight Support Programs

“Emergency Shelter, Winter Shelter, Brown Baggies, Day Services Program, Navigation Center, Food Program, Safe Parking”

Location: 151 1st Street W
Sonoma, CA 95476

Contact: (707) 939-6777

Hours: Monday – Friday from noon to 4 p.m.

Website:

<https://www.sonomaovernightsupport.org/programs/>

Last Verified On: 07/27/2023

SONOMA COUNTY COVID-19 RESOURCES

HOUSING RESOURCES

Fair Housing Advocates of Northern CA

“Offers fair housing counseling services to homeowners and renters located in the counties of Marin and Sonoma (with the exception of the city of Petaluma), as well as the cities of Fairfield and Vallejo, who have experienced discrimination based on their membership in a protected class.”

Contact: (415) 457-5025

Website:

<http://www.fairhousingnorcal.org/covid-19-resources.html>

Last Verified On: 07/27/2023

Tenant and Landlord Resources

“Protection Guidelines, Forms, Resources”

Website: <https://landlordtenant.dre.ca.gov/>

Last Verified On: 07/27/2023

Covid-19 Tenant Relief Information

“Are you eligible for rental assistance? We can help you screen for eligibility and provide avenues for you to access rent relief.”

TEXT: “RentSOS” to 211-211

Website:

<https://www.unitedwaysca.org/blog/entry/implications-of-the-new-statewide-eviction-moratorium>

Last Verified On: 07/27/2023

LEGAL RESOURCES

Legal Aid At Work – Legal Information for Workers during the Coronavirus Pandemic

Website:

<https://legalaidatwork.org/blog/coronavirus-update-legal-information-for-workers/>

Last Verified On: 07/27/2023

Legal Aid Sonoma County – HOME Program

“Helps low-income tenants with eviction defense, Section 8 issues, mobile home park issues, habitability problems and price gouging.”

Contact: (707) 843-4432

Website:

<https://legalaidsc.org/programs/home/>

Last Verified On: 07/27/2023

Rent Assistance

“Find rental assistance programs”

Website: <https://www.rentassistance.us/>

Last Verified On: 07/27/2023

Legal Aid Sonoma County – Resources for Tenants

“Provides free, comprehensive representation for low-income tenants in housing matters, including eviction defense, Housing Choice Voucher issues, mobile home park issues, and habitability issues.”

Contact: (707) 843-4432

Website: <https://legalaidsc.org/tenant-resources/>

Last Verified On: 07/27/2023

SONOMA COUNTY COVID-19 RESOURCES

MENTAL HEALTH RESOURCES

Carelon Behavioral Health (formerly Beacon)

“Behavioral health services company that serves the full spectrum of mental health and wellness needs, from mild-to-moderate anxiety and depression to substance use disorder, suicide prevention, and crisis solutions.”

Contact: (855) 765-9703

Website: <https://www.carelon.com>

Last Verified On: 07/27/2023

County of Sonoma Warm Line

“Call for free and private support if you or someone you know is experiencing emotional stress and anxiety during the COVID-19 pandemic.”

Contact: (707) 565-2652

Dates/Hours: Seven days a week from 10 a.m. – 7 p.m.

Website:

[https://sonomacounty.ca.gov/CAO/Press-Releases/Warm-Line-for-Emotional-and-Mental-Health-Support/#:~:text=County%20of%20Sonoma%20Launches%20Warm%20Line%20for%20Emotional%20and%20Mental%20Health%20Support&text=Call%20\(707\)%20565%2D2652,speak%20to%20a%20trained%20professional.](https://sonomacounty.ca.gov/CAO/Press-Releases/Warm-Line-for-Emotional-and-Mental-Health-Support/#:~:text=County%20of%20Sonoma%20Launches%20Warm%20Line%20for%20Emotional%20and%20Mental%20Health%20Support&text=Call%20(707)%20565%2D2652,speak%20to%20a%20trained%20professional.)

Last Verified On: 07/27/2023

Local Mental Health Resources

“Resources for All”

Website:

<https://socoemergency.org/emergency/novel-coronavirus/healthy-body-mind/mental-health/#warmLine>

Last Verified On: 07/27/2023

The Chopra Center

“Anxious About the Coronavirus? Here Are Eight Practical Tips on How to Stay Calm and Support Your Immune System.”

Website: <http://bit.ly/Chopra-calm>

Last Verified On: 07/27/2023

SOS Community Counseling

“Offering therapy services by phone and video during the Sonoma County shelter-in-place order.”

Contact: (707) 284-3444

Website: <http://soscounseling.org/>

Last Verified On: 07/27/2023

NAMI Sonoma County Support Line

“Non-crisis helpline. Answers all kinds of questions related to mental illness, treatment options, recovery strategies and communication challenges that arise for family members and loved ones.”

Contact/Text: (866) 960-6264

Dates/Hours: Monday – Friday from 10 a.m. – 5 p.m.

Website:

<https://namisonomacounty.org/resources/local-resources/nami-sonoma-county-warmline/>

Last Verified On: 07/27/2023

Humanidad Therapy Services – Strength-Based Therapy Counseling

“Culturally sensitive and trauma informed with an emphasis on social and emotional wellness for reduced rates of anxiety, stress and depression.”

Location: 1260 N Dutton Ave, Suite 230 Santa Rosa, CA 95401

Contact: (707) 525-1515

Website: <https://srosahtes.org/counseling/>

Last Verified On: 07/27/2023

Shatterproof

“‘How I’m Coping with COVID-19 and Physical Distancing as a Person in Long-Term Recovery’ article”

Website: <http://bit.ly/shatterproof-coping>

Last Verified On: 07/27/2023



SONOMA COUNTY COVID-19 RESOURCES

MENTAL HEALTH RESOURCES, Continued

CalHOPE Warm Line

“Feeling stressed by Covid-19? Help is just a phone call away!

CalHOPE builds community resiliency and helps people recover from disasters through free outreach, crisis counseling, and support services.”

Contact: (833) 317-HOPE (4673)

Website:

<https://www.calhope.org/pages/current-services.aspx>

Last Verified On: 07/27/2023

PET ASSISTANCE

RedRover

“We provide financial assistance, resources and emotional support to pet guardians struggling with economic hardship when pets are in life-threatening situations.”

Website: <https://redrover.org/relief/urgent-care-grants/>

Last Verified On: 07/27/2023

RESOURCES FOR UNDOCUMENTED INDIVIDUALS

I America

“COVID-19 Resources for Immigrants”

Website: <https://iamerica.org/es/recursos-del-covid-19-para-inmigrantes>

Last Verified On: 05/02/2023

Help for immigrants – California for All

“If you’re an immigrant living in California, here is what you need to know to protect yourself, your family, and your community from coronavirus.”

Website: <https://covid19.ca.gov/guide-immigrant-californians/>

Last Verified On: 07/27/2023

Sonoma County Secure Families Collaborative – COVID-19 Services

“From legal services to social program, the Secure Families Collaborative is here to help.”

Contact: (707) 757-8409

Website:

<https://www.sonomacountysecurefamilies.org/covid19-services>

Last Verified On: 07/27/2023

California Legal Rural Assistance – COVID-19 Resources

“The resources below can help you understand your legal rights during the COVID-19 crisis.”

Location: 1160 N. Dutton Ave, Suite 105
Santa Rosa, CA 95401

Contact: (707) 528-9941

Toll Free: (800) 337-0690

Website: <https://www.crla.org/covid-19>

Last Verified On: 07/27/2023



SONOMA COUNTY COVID-19 RESOURCES

SCHOOL RESOURCES

Coronavirus Information for Schools and Families – SCOE

“Find services and information.”

Website:

<https://www.scoe.org/pub/htdocs/coronavirus.html>

Last Verified On: 07/27/2023

Focus 5 – Focus Activities and Strategies for Students

“Set of exercises that provides students and teachers with skills to minimize distraction and develop a greater sense of focus and awareness.”

Website: <https://www.serp institute.org/focus-5>

Last Verified On: 07/27/2023

SENIOR RESOURCES

Sonoma County Senior Resources

“Support Services. Project Tablet Turnover, Transportation”

Website:

<https://socoemergency.org/emergency/novel-coronavirus/resources-for-you/seniors/>

Last Verified On: 07/27/2023

You Are Not Alone Program – Petaluma People’s Services Center

“If you are feeling lonely or anxious during the Coronavirus outbreak we want to invite you to sign up to receive a daily call from a friendly trained volunteer.”

Contact: (707) 765-8488

Email: NotAlone@petalumapeople.org

Website:

<https://petalumapeople.org/seniors/you-are-not-alone/>

Last Verified On: 07/27/2023



SONOMA COUNTY COVID-19 RESOURCES

TECHNOLOGY RESOURCES

EveryoneOn

“We help bring low-cost internet service and affordable computers to those who need it.”

Website: <https://www.everyoneon.org/>

Last Verified On: 07/27/2023

Emergency Broadband Benefit Program

“Provides a temporary discount on monthly broadband bills for qualifying low-income households.”

Website:

<https://www.getemergencybroadband.org/>

Last Verified On: 07/27/2023

VETERAN RESOURCES,

Veteran’s My HealthVet

“Committed to providing high-quality care while keeping you safe from coronavirus.”

Contact: (877) 327-0022

Website: <https://www.myhealth.va.gov/mhv-portal-web/home>

Last Verified On: 05/02/2023

Connected Care

“Brings a VA digital technology to Veterans and health care professionals, extending access to care beyond the traditional office visit.”

Website: <https://connectedcare.va.gov/>

Last Verified On: 07/27/2023

California LifeLine Program – COVID Information

Website:

<https://www.californialifeline.com/en/covid>

Last Verified On: 07/27/2023

National Call Center for Homeless Veterans

“Veterans who are homeless or at risk for homelessness can make a call or chat online with the National Call Center for Homeless Veterans, where trained counselors are ready to talk confidentially 24 hours a day, 7 days a week.”

Contact: (877) 424-3838

Website:

<https://www.va.gov/homeless/nationalcallcenter.asp>

Last Verified On: 07/27/2023

Annie App for Veterans

“Services that sends automated text messages to Veterans to help them stay focused on their self-care.”

Website: https://mobile.va.gov/app/annie-app-veterans?utm_source=vanityURL&utm_campaign=annie-app

Last Verified On: 07/27/2023



SONOMA COUNTY COVID-19 RESOURCES

YOUTH RESOURCES

Youth Crisis Line – Social Advocates for Youth

Contact: (888) 729-0012

Website: <https://www.saysc.org/programs/the-dr-james-e-coffee-house-emergency-teen-shelter/>

Last Verified On: 07/27/2023

Free Individual Grief Counseling – Social Advocates for Youth

“SAY Grief Services is now offering up to 8 free sessions of individual grief support to youth ages 10-24, who have experienced the death of a person or pet.”

English: (707) 595-0688

Spanish: (707) 800-3537 ext. 242

Website: <https://www.saysc.org/programs/say-grief-services/>

Last Verified On: 07/27/2023

Voices Youth Programs

“Provides young people aging out of foster care with family-like support, acceptance, and accountability as they set their own goals and pursue them across VOICES’ youth-led core programs.”

Location: 714 Mendocino Ave,
Santa Rosa, CA 95401

Contact: (707) 579-4327

Website:

<https://www.voicesyouthcenter.org/voices-sonoma>

Last Verified On: 07/27/2023

Teen Services Sonoma – Activities for Teens

“If you live in Sonoma Valley and are between the ages of 14 and 19, you are eligible to participate in any of our programs, all of which are completely free of charge.”

Website:

<https://www.teenservices.org/activities-for-teens/>

Last Verified On: 07/27/2023